

THE HEALTHY MINDS STUDY (HMS): QUESTIONNAIRE MODULES



MENU OF MODULES:

Standard Modules¹	Page Number	Number of Items³
(1) Demographics	4-20	39-52
(2) Mental Health Status	21-32	52-78
(3) Mental Health Service Utilization/Help-Seeking	33-43	45-67
Elective Modules²		
(4) Substance Use	44-447	25-30
(5) Sleep	48-50	12-13
(6) Eating and Body Image	51-54	26-30
(7) Sexual Assault	55-61	26-44
(8) Overall Health	62-68	21-35
(9) Knowledge and Attitudes about Mental Health and Mental Health Services	69-71	24-26
(10) Upstander/Bystander Behaviors	72-74	9-13
(11) Mental Health Climate	75-76	15
(12) Climate for Diversity and Inclusion	77-94	25-29
(13) Competition	95-96	12
(14) Resilience and Coping	97-98	13
(15) Persistence and Retention	99-102	22-25
(16) Financial Stress	103-104	13
(17) Attitudes about Mobile Resources	105-108	16-28
(18) Student Athletes	109-110	6-12

Notes: ¹Standard modules are fielded at all participating institutions. The standard modules include a limited number of questions spanning the majority of the elective module topics, in addition to providing rich data on students' demographics, mental health status, and mental health service utilization and help-seeking behaviors.

²Elective modules are chosen by participating institution from the options listed above. To ensure that the overall survey (standard modules+elective modules)

remains reasonable in length, participating institutions typically choose 1 elective module per survey sent to their students (schools may have multiple surveys sent to different randomly or non-randomly chosen subsamples of students).

3The number of items per module is determined by 2 factors: (1) skip logic embedded within the survey (i.e., some measures are assessed only for students with certain responses to survey items), and (2) which elective modules are selected by the participating institution. In terms of the order of modules presented to students, the 'Demographics' module is always first, followed by the 'Mental Health Status' module and then the 'Mental Health Service Utilization/Help-Seeking' module; the order of the remaining modules varies based on which elective modules are selected.

ABOUT THIS DOCUMENT:

Contents:

This document outlines all survey items included in HMS, beginning with the standard modules ('Demographics', 'Mental Health Status', and 'Mental Health Service Utilization/Help-Seeking') and then the elective modules.

Each module is presented within a table. Above each table is the module name (in all capital letters, bolded and underlined). Directly beneath the module name is the text shown to student participants at the beginning of that module. For example, students beginning the 'Demographics' module see the following text above the first question in that module: "Basic Information: This section will ask you to provide basic information about yourself". Information in the column 'Section' outlines organization within the module and is not visible to students within the survey.

Color Coding:

As noted above, some items are based on embedded skip logic within the survey (i.e., some measures are assessed only for students with certain responses to survey items). For example, only students who respond "No" to the question "Are you a United States citizen (or permanent resident)?" are asked the follow-up question "What is your country of citizenship (passport country)?" This follow-up question is shown in gray, indicating that the item is based on embedded skip logic.

HMS is a web-based survey. As such, there are numerous coding and programming decisions (the vast majority of which are rather boring so we'll spare you). A few are important: for example, many items allow student respondents to "Select all that apply". In some cases, one of the response options is 'mutually exclusive' meaning that a student respondent who selects that response option cannot select any of the other options (e.g., the response category "None" is mutually exclusive for the item "What activities do you currently participate in at your school?"). Programming notes are included in blue within the module tables.

Finally, certain items within the standard modules include a note in red (in the 'Citation/Notes' column) indicating that the item is included only if the elective module on that topic is not selected. In other words, a small number of items about important topics are included even if the elective module on that topic is not selected. This ensures that institutions have basic information about important topics that are not selected for in-depth assessment through elective modules. Foreexample, if an institution does not select the 'Sleep' half module, a small number of items about sleep habits are included in the 'Mental Health Status' module. If an institution does select the 'Sleep' half module, the items about sleep are not included in the 'Mental Health Status' module (because sleep habits are being assessed separately in more detail through the 'Sleep' half module).

To review:

ITEM BASED ON EMBEDDED SKIP LOGIC

LOGISTIC/PROGRAMMING NOTES

ITEM INCLUDED IF ELECTIVE MODULE ON THAT TOPIC NOT SELECTED

STANDARD MODULES:

(1) DEMOGRAPHICS

Basic Information

This section will ask you to provide basic information about yourself. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Age	age	How old are you? (You must be 18 years or older to complete this survey.)	1= _____years old	
Sex/gender/sexuality	sex_birth	What was your sex at birth?	1=Female 2=Male 3=Intersex	
	gender_male gender_female gender_transm gender_transf gender_queernv gender_nonbin gender_selfID gender_text	What is your gender identity? (Select all that apply)	1=Male 2=Female 3=Trans male/Trans man 4=Trans female/Trans woman 5=Genderqueer/Gender non-conforming 6=Self-identify (please specify) 7= Gender non-binary	
	sexual_h sexual_l sexual_g sexual_bi sexual_queer sexual_quest sexual_other sexual_text	How would you describe your sexual orientation?(Select all that apply)	1=Heterosexual 2=Lesbian 3=Gay 4=Bisexual 5=Queer 6=Questioning 7=Self-identify (please specify)	
	relship relship_text	How would you characterize your current relationshipstatus?	1=Single 2=In a relationship 3=Married, in a domestic partnership, orengaged 4=Divorced or separated 5=Widowed 6=Other (please specify)	

Race/ethnicity	<p>race_black race_ainaan race_asian race_his_temp race_pi race_mides race_white race_other race_other_text</p>	<p>What is your race/ethnicity?(Select all that apply)</p>	<p>1=African American/Black 2=American Indian or Alaskan Native 3=Asian American/Asian 4=Hispanic/Latino/a 5=Native Hawaiian or Pacific Islander 6=Middle Eastern, Arab, or Arab American 7=White 8=Self-identify (please specify)</p>	
	<p>black_african black_africanam black_caribbean black_afrolatin black_other black_other_text</p>	<p>Which group best represents your race/ethnicity? (Select all that apply)</p>	<p>1=African 2=African American 3=Caribbean/West Indian 4=Afro-Latina/o/x 5=Other (please describe)</p>	<p>Display if “1=African American/Black” is selected for “What is your race/ethnicity?”</p>
	<p>asian_east asian_southeast asian_south asian_filipin asian_other</p>	<p>Which group best represents your race/ethnicity? (Select all that apply)</p>	<p>1=East Asian (eg Chinese, Japanese, Korean, Taiwanese) 2=Southeast Asian (eg Cambodian, Vietnamese, Hmong) 3=South Asian (eg Indian, Pakistani, Nepalese, Sri Lankan) 4=Filipina/o/x 5=Other (please describe)</p>	<p>Display if “3=Asian American/Asian” is selected for “What is your race/ethnicity?”</p>
	<p>his_mexican his_centralam his_southam his_caribbean his_other his_other_text</p>	<p>Which group best represents your race/ethnicity? (Select all that apply)</p>	<p>1=Mexican/Mexican American 2=Central American 3=South American 4=Caribbean/West Indian 5=Other (please describe)</p>	<p>Display if “4=Hispanic/Latin(x) is selected for “What is your race/ethnicity?”</p>
Citizenship	<p>international</p>	<p>Are you an international student?</p>	<p>1=Yes 0=No</p>	<p>Adapt for non-U.S. colleges and universities</p>

		What is your country of origin?	1=Afghanistan 2=Albania 3=Angola 4=Antigua and Barbuda 5=Argentina 6=Armenia 7=Australia 8=Austria 9=Azerbaijan 10=Bahamas 11=Bahrain 12=Bangladesh 13=Barbados 14=Belarus 15=Belgium 16=Belize 17=Bolivia 18=Bosnia and Herzegovina 19=Brazil 20=Brunei 21=Bulgaria 22=Burma 23=Burundi 24=Cambodia 25=Cameroon 26=Canada 27=Central African Republic 28=Chad 29=Chile 30=China 31=Colombia 32=Congo, The Democratic Republic 33=Costa Rica 34=Cote d'Ivoire 35=Croatia 36=Cyprus 37=Czech Republic 38=Denmark 39=Dominica 40=Dominican Republic 41=Ecuador 42=Egypt 43=El	Instructions for this item: "(Use command or control key to select more than one country.)" Adapted for non-U.S. colleges and universities
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			Salvador 44=Estonia 45=Ethiopia 46=Finland 47=France 48=Gabon 49=Gambia 50=Gaza Strip 51=Georgia	
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			52=Germany 53=Ghana 54=Greece 55=Guatemala 56=Guinea 57=Guyana 58=Haiti 59=Honduras 60=Hungary 61=Iceland 62=India 63=Indonesia 64=Iran 65=Iraq 66=Ireland 67=Israel 68=Italy 69=Jamaica 70=Japan 71=Jordan 72=Kazakhsta n 73=Kenya 74=North Korea 75=South Korea 76=Kosovo 77=Kuwait 78=Kyrgyzsta n 79=Laos 80=Latvia 81=Lebanon 82=Libya 83=Lithuania 84=Luxembou rg 85=Macedonia 86=Madagasc ar 87=Malawi 88=Malaysia 89=Mali 90=Mauritani a 91=Mauritius 92=Mexico 93=Moldova 94=Mongolia	
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			95=Morocco 96=Mozambique e 97=Namibia 98=Nepal 99=Netherlands 100=New Zealand 101=Nicaragua 102=Nigeria 103=Norway 104=Oman	
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			105=Pakistan 106=Palestine 107=Panama 108=Paraguay 109=Peru 110=Philippin es111=Poland 112=Portugal 113=Qatar 114=Romania 115=Russia 116=Saint Kitts and Nevis117=Saint Lucia 118=Saudi Arabia 119=Senegal 120=Serbia 121=Sierra Leone 122=Singapore 123=Slovakia 124=Slovenia 125=Somalia 126=South Africa 127=Spain 128=Sri Lanka 129=St Vincent and the Grenadines130=Sudan 131=Swaziland 132=Sweden 133=Switzerla nd134=Syria 135=Taiwan 136=Tanzania 137=Thailand 138=Trinidad and Tobago139=Tunisia 140=Turkey 141=Turkmenist an142=Uganda 143=Ukraine 144=United Arab Emirates145=United Kingdom 146=Uruguay 147=Uzbekistan 148=Venezuela 149=Vietnam	
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			150=WestBank 151=Yemen 152=Yugoslavia 153=Zambia 154=Zimbabwe 155=Other	
		What is your country of origin?	[open text]	Display if "Other" is selected for "What is your

<p>st_citizen st_permanentres st_tempres st_visa st_TPS st_DACA st_refugee st_undoc st_otherdoc st_citizenship_dk st_notcomfid</p>		<p>The following questions will ask you about your background, including citizenship status. At no time will you be identified through this data and your citizenship status will never be shared with your school for any reason.</p> <p>What is your citizenship status in the U.S.?(Select all that apply)</p>	<p>1=US Citizen 2=Permanent Resident/Green Card Holder 3=Temporary Resident/Green Card Holder 4=A visa holder (F-1, J-1, H1-B, A, L, G, E, andTN) 5=Temporary Protected Status (TPS) 6=Deferred Action for Childhood Arrivals(DACA) 7=Refugee 8=Other legally documented status (e.g., adjustment of status to permanent Resident)(please specify) 9=I don't know [mutually exclusive] 10=I don't feel comfortable identifying mycitizenship status in the U.S. [mutually exclusive] 11=Undocumented</p>	<p>Adapted from Perception of Campus Climate(Rankin, 1998)</p>
<p>age_US</p>		<p>At what age did you come to live in the U.S.?</p>	<p>1=U.S.-born 2=Less than 12 years 3=12-17 years 4=18-35 years 5=More than 35 years</p>	
<p>bp_US</p>		<p>Where in the U.S. were you born?</p>	<p>1=Continental U.S. 2=Alaska 3=Hawaii 4=Puerto Rico 5=American Samoa 6=Guam 7=U.S. Virgin Islands 8=Northern Mariana Islands 9=Baker Island 10=Howland Island 11=Jarvis Island 12=Johnston Atoll 13=Kingman Reef 14=Midway Islands 15=Navassa Island 16=Palmyra Atoll 17=Wake Island</p>	<p>Display if "U.S.-born" is selected for "At what agedid you come to live in the U.S.?"</p>

		In which country were you born?	1=Afghanistan 2=Albania 3=Angola 4=Antigua and Barbuda 5=Argentina 6=Armenia 7=Australia 8=Austria 9=Azerbaijan 10=Bahamas 11=Bahrain 12=Bangladesh 13=Barbados 14=Belarus	Display if "U.S.-born" is not selected for "At what age did you come to live in the U.S.?"
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			15=Belgium 16=Belize 17=Bolivia 18=Bosnia and Herzegovina 19=Brazil 20=Brunei 21=Bulgaria 22=Burma 23=Burundi 24=Cambodia 25=Cameroon 26=Canada 27=Central African Republic 28=Chad 29=Chile 30=China 31=Colombia 32=Congo, The Democratic Republic 33=Costa Rica 34=Cote d'Ivoire 35=Croatia 36=Cyprus 37=Czech Republic 38=Denmark 39=Dominica 40=Dominican Republic 41=Ecuador 42=Egypt 43=El Salvador 44=Estonia 45=Ethiopia 46=Finland 47=France 48=Gabon 49=Gambia 50=Gaza Strip 51=Georgia	
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			52=Germany 53=Ghana 54=Greece 55=Guatemala 56=Guinea 57=Guyana 58=Haiti 59=Honduras 60=Hungary 61=Iceland 62=India 63=Indonesia 64=Iran 65=Iraq 66=Ireland 67=Israel	
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			68=Italy 69=Jamaica 70=Japan 71=Jordan 72=Kazakhstan 73=Kenya 74=North Korea 75=South Korea 76=Kosovo 77=Kuwait 78=Kyrgyzstan 79=Laos 80=Latvia 81=Lebanon 82=Libya 83=Lithuania 84=Luxembourg 85=Macedonia 86=Madagascar 87=Malawi 88=Malaysia 89=Mali 90=Mauritania 91=Mauritius 92=Mexico 93=Moldova 94=Mongolia 95=Morocco 96=Mozambique 97=Namibia 98=Nepal 99=Netherlands 100=New Zealand 101=Nicaragua 102=Nigeria 103=Norway 104=Oman 105=Pakistan 106=Palestine 107=Panama 108=Paraguay 109=Peru 110=Philippines 111=Poland 112=Portugal	
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			113=Qatar 114=Romania 115=Russia 116=Saint Kitts and Nevis 117=Saint Lucia 118=Saudi Arabia 119=Senegal 120=Serbia	
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			<p>121=Sierra Leone 122=Singapore 123=Slovakia 124=Slovenia 125=Somalia 126=South Africa 127=Spain 128=Sri Lanka 129=St Vincent and the Grenadines 130=Sudan 131=Swaziland 132=Sweden 133=Switzerland 134=Syria 135=Taiwan 136=Tanzania 137=Thailand 138=Trinidad and Tobago 139=Tunisia 140=Turkey 141=Turkmenistan 142=Uganda 143=Ukraine 144=United Arab Emirates 145=United Kingdom 146=Uruguay 147=Uzbekistan 148=Venezuela 149=Vietnam 150=West Bank 151=Yemen 152=Yugoslavia 153=Zambia 154=Zimbabwe 155=Other (please specify in the following questions)</p>	
	bp_foreign_text	Please specify in which country you were born.	[open text]	Display if "Other" is selected for "In which country were you born?"

	langpast	What language was spoken at home growing up?	1=Only English 2=Mostly English 3= English and 1 other language 4=Mostly 1 other language 5=Only 1 other language 6=More than two languages	
	langcur	What language do you use when you speak with your friends?	1=Only English 2=Mostly English 3=Both English and native language equally 4=Mostly native language 5=Only native language	
	deport_worry	Regardless of your own immigration or citizenship status, how much do you worry that you, a family member, or a close friend could be deported?	1=Not at all 2=Not too much 3=Some 4=A lot	(Pew Hispanic Center, 2007 National Survey of Latinos)

	bp_par1	Where were your parents born? (Parent 1)	1=United States 2=United States territories 3=Outside of the U.S./U.S. territories 4=I don't know 5=Not applicable	
	bp_par2	Where were your parents born? (Parent 2)	1=United States 2=United States territories 3=Outside of the U.S./U.S. territories 4=I don't know 5=Not applicable	
	bp_USterr_par1	In which U.S. territory was (Parent 1/Parent 2) born?	1=Puerto Rico 2=American Samoa 3=Guam 4=U.S. Virgin Islands 5=Northern Mariana Islands 6=Baker Island 7=Howland Island 8=Jarvis Island 9=Johnston Atoll 10=Kingman Reef 11=Midway Islands 12=Navassa Island 13=Palmyra Atoll 14=Wake Island	Display if "U.S. territories" is selected for "Where were your parents born? (Parent 1)" or "Where were your parents born? (Parent 2)".

	bp_USterr_par1	In which country was (Parent 1/Parent 2) born?	1=Afghanistan 2=Albania 3=Angola 4=Antigua and Barbuda 5=Argentina 6=Armenia 7=Australia 8=Austria 9=Azerbaijan 10=Bahamas 11=Bahrain 12=Bangladesh 13=Barbados 14=Belarus 15=Belgium 16=Belize 17=Bolivia 18=Bosnia and Herzegovina 19=Brazil 20=Brunei 21=Bulgaria 22=Burma 23=Burundi 24=Cambodia 25=Cameroon 26=Canada 27=Central African Republic 28=Chad	Display if "Outside of the U.S./U.S. territories" is selected for "Where were your parents born? (Parent 1)" or "Where were your parents born? (Parent 2)".
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			29=Chile 30=China 31=Colomb ia 32=Congo, The Democratic Republic33=Costa Rica 34=Cote d'Ivoire 35=Croatia 36=Cyprus 37=Czech Republic 38=Denmark 39=Dominica 40=Dominican Republic41=Ecuador 42=Egypt 43=El Salvador 44=Estonia 45=Ethiopia 46=Finland 47=France 48=Gabon 49=Gambia 50=Gaza Strip 51=Georgia 52=Germany 53=Ghana 54=Greece 55=Guatemal a 56=Guinea 57=Guyana 58=Haiti 59=Honduras 60=Hungary 61=Iceland 62=India 63=Indonesia 64=Iran 65=Iraq 66=Ireland 67=Israel 68=Italy 69=Jamaica 70=Japan 71=Jordan 72=Kazakhsta	
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			n 73=Kenya 74=North Korea 75=South Korea 76=Kosovo 77=Kuwait 78=Kyrgyzsta n 79=Laos 80=Latvia 81=Lebanon	
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			82=Libya 83=Lithuania 84=Luxembourg 85=Macedonia 86=Madagascar 87=Malawi 88=Malaysia 89=Mali 90=Mauritania 91=Mauritius 92=Mexico 93=Moldova 94=Mongolia 95=Morocco 96=Mozambique 97=Namibia 98=Nepal 99=Netherlands 100=New Zealand 101=Nicaragua 102=Nigeria 103=Norway 104=Oman 105=Pakistan 106=Palestine 107=Panama 108=Paraguay 109=Peru 110=Philippines 111=Poland 112=Portugal 113=Qatar 114=Romania 115=Russia 116=Saint Kitts and Nevis 117=Saint Lucia 118=Saudi Arabia 119=Senegal 120=Serbia 121=Sierra Leone 122=Singapore 123=Slovakia 124=Slovenia 125=Somalia	
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			126=South Africa 127=Spain 128=Sri Lanka 129=St Vincent and the Grenadines 130=Sudan 131=Swaziland 132=Sweden 133=Switzerland 134=Syria	
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			<p>135=Taiwan 136=Tanzania 137=Thailand 138=Trinidad and Tobago 139=Tunisia 140=Turkey 141=Turkmenistan 142=Uganda 143=Ukraine 144=United Arab Emirates 145=United Kingdom 146=Uruguay 147=Uzbekistan 148=Venezuela 149=Vietnam 150=West Bank 151=Yemen 152=Yugoslavia 153=Zambia 154=Zimbabwe 155=Other (please specify in the following questions)</p>	
	Q13_47 Q13_48	Please specify in which country Parent 1/Parent 2 was born.	[open text]	Display if "Other" is selected for "In which country was Parent 1/Parent 2 born?"
Socioeconomic status	Q2_11	How would you describe your financial situation right now?	<p>1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful</p>	<p>Included if 'Financial Stress' module not selected</p> <p>CCMH Standardized Data Set</p>
	fin_COVID	How has your financial situation been affected by the COVID-19 pandemic?	<p>1=A lot more stressful 2=Somewhat more stressful 3=No significant change 4=Somewhat less stressful 5=A lot less stressful</p>	
	Q2_12	How would you describe your financial situation while growing up?	<p>1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful</p>	Included if 'Financial Stress' module not selected

			5=Never stressful	CCMH Standardized Data Set
	Q2_45	Within the past 12 months I was worried whether our food would run out before we got money to buy more.	1=Never true 2=Sometimes true 3=Often true	Included if 'Financial Stress' module not selected Adapted from Hager ER, Quigg AM, Black MM, et al. Development and validity of a 2-item screen to identify families at risk for food insecurity. Pediatrics. 2010;126(1):26
	Q2_46	Within the past 12 months the food I bought just didn't last and I didn't have money to get more.	1=Never true 2=Sometimes true 3=Often true	Included if 'Financial Stress' module not selected Adapted from Hager ER, Quigg AM, Black MM, et al. Development and validity of a 2-item screen to identify families at risk for food insecurity. Pediatrics. 2010;126(1):26
Family characteristics	child_dep	What is the current number of children or other dependents living in your household, for whom you are responsible?	1=None 2=1 3=2 4=3 5=4 or more	
	pregnant_cur	Are you currently pregnant?	1=Yes 2=No 3=Prefer not to say 4=I don't know	Display if "1=Female or 3=Intersex" is selected for "What was your sex at birth?"

	pregnant_PY	Have you been pregnant or given birth within the last 12 months?	1=Yes 2=No 3=Prefer not to say 4=I don't know	Display if "2=No" is selected for "Are you currently pregnant?"
Work responsibilities	hours_work_paid	What is the average number of hours you work per week during the school year (paid employment only)?	Free response	CCMH Standardized Data Set
	educ_par1/ educ_part2 educ_par1_rel educa_par2_rel	What is the highest level of education completed by your parents or stepparents? Parent 1/Parent 2	This parent's education: 1=8th grade or lower 2=Between 9th and 12th grade (but no high school degree) 3=High school degree 4=Some college (but no college degree) 5=Associate's degree 6=Bachelor's degree 7=Graduate degree 8=Don't know	

Religiosity	religios	How important is religion in your life?	1=Very important 2=Important 3=Neutral 4=Unimportant 5=Very unimportant	CCMH Standardized Data Set
	relig_aff_ag relig_aff_at relig_aff_b relig_aff_ca relig_aff_ch relig_aff_h relig_aff_j relig_aff_m relig_aff_LDS relig_aff_no relig_aff_other relig_aff_other_text	What is your religious affiliation? (Select all that apply)	1=Agnostic 2=Atheist 3=Buddhist 4=Christian-Catholic 5=Christian-Protestant 6=Hindu 7=Jewish 8=Muslim 9= Church of Jesus Christ of Latter-day Saints 10=No preference [mutually exclusive] 11=Self-identify (please specify)	CCMH Standardized Data Set
Academic information	degree_ass degree_bach degree_ma degree_jd degree_md degree_phd degree_other degree_nd degree_other_text	In what degree program are you currently enrolled? (Select all that apply)	1=Associate's 2=Bachelor's 3=Master's 4=JD 5=MD 6=PhD (or equivalent doctoral program) 8=Other (please specify) 9=Non-degree student [mutually exclusive]	
	COVID_clsformat COVID_clsformat_txt	How are you taking your classes this semester?	1=All in-person 2=Hybrid (both in-person and online) 3=All online 4=Other (please specify)	

	transfer	Did you transfer from another campus/institution to this school?	1=Yes, I transferred from a community or junior college. 2=Yes, I transferred from a 4-year college or university. 3=No	Display if "2=Bachelor's" is selected for "In what degree program are you currently enrolled?"
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	yr_sch	What year are you in your current degree program?	1=1st year 2=2nd year 3=3rd year 4=4th year 5=5th year 6=6th year 7=7th+ year	Display if “Non-degree student” not selected for “In what degree program are you currently enrolled?”
	enroll enroll_text	What is your enrollment status?	1=Full-time student 2=Part-time student 3=Other (please specify)	
	field_hum field_nat field_soc field_arc field_art field_bus field_den field_ed field_eng field_law field_med field_mus field_nur field_pharm field_prep field_ph field_pp field_sw field_und field_other field_other_text	What is your field of study? (Select all that apply)	1=Humanities (history, languages, philosophy, etc.) 2=Natural sciences or mathematics 3=Social sciences (economics, psychology, etc.) 4=Architecture or urban planning 5=Art and design 6=Business 7=[if graduate, ask→Dentistry] 8=Education 9=Engineering 10=[if graduate, ask→Law] 11=[if graduate, ask→Medicine] 12=Music, theatre, or dance 13=Nursing 14=Pharmacy 15=[if undergraduate, ask→Pre-professional (pre-business, pre-health, pre-law)] 16=Public health 17=Public policy 18=[if graduate, ask→Social work] 19=[if undergraduate, ask→Undecided][mutually exclusive] 20=Other (please specify)	

	gr_A gr_B gr_C gr_D gr_F gr_none gr_dk	What is your current overall GPA?	1=Mostly A's 2=Mostly B's 3=Mostly C's 4=Mostly D's 5=Mostly F's 6=None of these [mutually exclusive] 7=No grade or don't know [mutually exclusive]	
	aca_impa	In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your academic performance?	1=None 2=1-2 days 3=3-5 days 4=6 or more days	
	timeclass	How much time do you spend during a typical week attending classes/lab?	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week	

			5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
	timestud	How much time do you spend during a typical week studying doing school work, or writing/doing your dissertation research?	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
Housing	residenc residenc_text	Where do you currently live?	1=On-campus housing, residence hall 2=On-campus housing, apartment 3=Fraternity or sorority house 4=On- or off-campus co-operative housing 5=Off-campus, non-university housing 6=Off-campus, with my parents (or relatives) 7=Other (please specify)	
	resid_10mi resid_samestate resid_diffstate	How close do you live to your school?	1=I live within 10 miles of my school 2=I live in the same state as my school, but am more than 10 miles away 3=I live in a different state than my school	Display if “On- or off-campus co-operative housing, Off-campus, non-university housing, Off-campus, with my parents (or relatives), or Other” is selected for “Where do you currently live?”
	resid_numpeople	Including yourself, with how many people do you live?	1= Just myself 2= 1 other person 3= 2-4 other people 4=5+ people	

<p>Extracurricular activities</p>	<p>activ_ac activ_athv activ_athc activ_athi activ_cs activ_cu activ_da activ_fs activ_gs activ_gov activ_hw activ_mp activ_md activ_rel activ_soc activ_art activ_other activ_none activ_other_text</p>	<p>What activities do you currently participate in at your school? (Select all that apply)</p>	<p>1=Academic or pre-professional organization 2=Athletics (intercollegiate varsity) 3=Athletics (club) 4=Athletics (intramural) 5=Community service 6=Cultural or racial organization 7=Dance 8=Fraternity or sorority 9=Gender or sexuality organization 10=Government or politics (including student government) 11=Health and wellness organization 12=Media or publications 13=Music or drama 14=Religious organization 15=Social organization (that is not a fraternity or sorority) 16=Visual or fine arts 17=Other (please specify) 18=None [mutually exclusive]</p>	
<p>For SKL Ko1 and WTG TGNC research</p>	<p>Q2_WTG_1_1 Q2_WTG_1_2 Q2_WTG_1_3 Q2_WTG_1_4 Q2_WTG_1_5 Q2_WTG_1_6 Q2_WTG_1_7 Q2_WTG_1_8 Q2_WTG_1_9 Q2_WTG_1_10 Q2_WTG_1_11</p>	<p>How important were each of the following reasons for why you chose to attend [school name]?</p> <ul style="list-style-type: none"> —Academic reputation —Availability of majors of interest to you —Size of school and/or classes —Reputation for diversity/inclusivity —Gender-inclusive campus facilities (e.g., housing and restrooms) —Campus location —Attractiveness of campus —Quality of on-campus housing —Quality of social life/extracurricular activities —Cost/affordability —Other 	<p>1=Very important 2=Somewhat important 3=Not important</p>	<p>Notes:</p> <p>Matrix question with response options as columns</p> <p>Display if “1st year” is selected for “What year are you in your current degree program?”.</p> <p>Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”.</p> <p>Response categories/options adapted from the Admitted Student</p>

				<p>Questionnaire Plus (https://professionals.collegeboard.org/pdf/asq-questionnaire-plus.pdf)</p>
	<p>Q2_WTG_2_1 Q2_WTG_2_2 Q2_WTG_2_3 Q2_WTG_2_4 Q2_WTG_2_5 Q2_WTG_2_6</p>	<p>For each of the following policies, programs, and resources, please indicate whether they exist at your school:</p> <ul style="list-style-type: none"> —Gender-neutral/gender-inclusive restroom options —Gender-neutral/gender-inclusive housing options —Comprehensive nondiscrimination policy that includes protections based on gender identity and expression —Policy/procedure allowing students to indicate their preferred name and pronoun on campus records (e.g., course rosters and directory listings) —Student health insurance coverage for transition-related medical expenses (e.g., hormone replacement therapy) —Counselor(s) trained in providing therapy/mental health counseling to transgender and genderqueer students 	<p>1=Yes, this definitely exists at my school. 2=Yes, I think this exists at my school. 3=No, I don't think this exists at my school. 4=No, this definitely does not exist at my school. 5=I do not know.</p>	<p>Notes:</p> <p>Matrix question with response options as columns</p> <p>Display if "1st year" is selected for "What year are you in your current degree program?".</p> <p>Display if "Associate's" and/or "Bachelor's" is selected for "In what degree program are you currently enrolled? (Select all that apply)".</p>
	<p>Q2_WTG_3</p>	<p>Since you began at your school, have you personally experienced any discriminatory, exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) behavior at your school?</p>	<p>1= No 2=Yes, but it did not interfere with my ability to work or learn. 3=Yes, and it interfered with my ability to work or learn.</p>	<p>Notes:</p> <p>Display if "1st year" is selected for "What year are you in your current degree program?".</p> <p>Display if "Associate's" and/or "Bachelor's" is selected for "In what degree program are you currently enrolled? (Select all that apply)"</p> <p>Adapted from Perception of</p>

				Campus Climate (Rankin, 1998)
	Q2_WTG_4	Since you began at your school, how often have you experienced discriminatory, exclusionary, intimidating, offensive, and/or hostile behavior at your school?	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Notes: Display if “1st year” is selected for “What year are you in your current degree program?”. Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)” Display if “Yes, but it did not interfere with my ability to work or learn.” or “Yes, and it interfered with my ability to work or learn.” to “Over the past 12 months, have you personally experienced any discriminatory, exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) behavior at your school?” Adapted from Perception of Campus Climate (Rankin, 1998)
	Q2_WTG_5_1 Q2_WTG_5_2 Q2_WTG_5_3 Q2_WTG_5_4 Q2_WTG_5_5 Q2_WTG_5_6 Q2_WTG_5_7 Q2_WTG_5_7_TEXT	What do you believe the conduct was based upon? (Select all that apply)	1=Gender identity or gender expression 2=Race/ethnicity 3=Immigrant/citizen status 4=Sexual identity/orientation 5=Socioeconomic status 6=Don’t know	Notes” Display if “1st year” is selected for “What year are you in your current degree program?”. Display if “Associate’s” and/or

			<p>7=Other (please specify)</p>	<p>“Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”</p> <p>Display if “Yes, but it did not interfere with my ability to work or learn.” or “Yes, and it interfered with my ability to work or learn.” to “Over the past 12 months, have you personally experienced any discriminatory, exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) behavior at your school?”</p> <p>Adapted from Perception of Campus Climate (Rankin, 1998)</p>
	<p>Q2_WTG_6_1</p>	<p>How much do you agree with the following statements? I resent my gender identity or expression.</p>	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	<p>Notes:</p> <p>Matrix with the next 2 items</p> <p>Display if “1st year” is selected for “What year are you in your current degree program?”.</p> <p>Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”</p> <p>Adapted from Gender Minority Stress and Resilience Scale, Internalized Transphobia subscale</p>

	Q2_WTG_6_2	How much do you agree with the following statements? When I think about my gender identity or expression, I feel unhappy.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Notes: Display if “1st year” is selected for “What year are you in your current degree program?”. Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)” Adapted from Gender Minority Stress and Resilience Scale, Internalized Transphobia subscale
	Q2_WTG_6_3	How much do you agree with the following statements? Because of my gender identity or expression, I feel like an outcast.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Notes: Display if “1st year” is selected for “What year are you in your current degree program?”. Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)” Adapted from Gender Minority Stress and Resilience Scale, Internalized Transphobia subscale
	Q2_WTG_7GenMin	Thinking about your experience at your school, how often have you been referred to by the wrong pronoun by someone at your school (student, faculty, staff)?	1=Never 2=Once in a while 3=Sometimes 4=A lot 5=Most of the time 6=Almost all of the time	Notes: Display if “1st year” is selected for “What year are you in your current degree program?”. Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently

				<p>enrolled? (Select all that apply)”</p> <p>Display if “Trans male/Trans man, Trans female/Trans woman, Genderqueer/Gender non-conforming, Gender non-binary, and/or Selfidentify” is selected.</p> <p>Display if “Female” is selected for “What was your sex at birth?” but “Female” is not selected for “What is your gender identity?”.</p> <p>Display if “Male” is selected for “What was your sex at birth?” but “Male” is not selected for “What is your gender identity?”.</p> <p>Display if “Intersex” is selected for “What was your sex at birth?” but neither “Female” or “Male” is selected for “What is your gender identity?”.</p> <p>Adapted from the U.S. Transgender Survey</p>
	<p>Q2_WTG_8_1 Q2_WTG_8_2 Q2_WTG_8_3 Q2_WTG_8_4</p>	<p>Please rate the climate at your school in general for persons from the following backgrounds:</p> <ul style="list-style-type: none"> —Racial/ethnic minority students —Gay, lesbian and bisexual students —Transgender and genderqueer students —Students of low socioeconomic status 	<p>1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming</p>	<p>Notes:</p> <p>Matrix question</p> <p>Display if “1st year” is selected for “What year are you in your current degree program?”.</p> <p>Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently</p>

				enrolled? (Select all that apply)” Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)
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Overall school experience	satisfied_overall	How satisfied are you with your overall experience at yourschool?	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
Sense of belonging	belong1	How much do you agree with the following statement?:I see myself as a part of the campus community.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Perceived Cohesion Scale(Bollen & Hoyle, 1990)
	env_mh_demo	How much do you agree with the following statement?: At my school, I feel that the campus environment has a negative impact on students' mental and emotional health.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Mental Health Climate' module not selected
Anti-racism	antiracism	How much do you agree with the following statement?: I believe my school actively works towards combating racism within the campus community.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Military experience	mil_no mil_ROT mil_reserves mil_activenow mil_activePY mil_past	Have you ever served in the United States Armed Forces, military Reserves, or National Guard? (Select all that apply)	1=No, never served in the military [mutuallyexclusive] 2=Yes, currently in Reserve Officers' TrainingCorps (ROTC) 3=Yes, currently in military Reserves orNational Guard 4=Yes, now on active duty 5=Yes, on active duty during the past 12months, but not now 6=Yes, on active duty in the past, but notduring the past 12 months	
Disabilities	disab_1	Are you registered, with the office for disability services onthis campus, as having a documented and diagnosed disability?	1=Yes 0=No	CCMH Standardized Data Set

	disab_1_1 disab_1_2 disab_1_3 disab_1_4 disab_1_5 disab_1_6 disab_1_7 disab_1_8 disab_1_9 disab_1_9_text	Please indicate which category of disability you are registered for: (Select all that apply)	1=Attention deficit/hyperactivity disorders 2=Deaf or hard of hearing 3=Learning disorders 4=Mobility Impairments 5=Neurological disorders 6=Physical/health related disorders 7=Psychological disorder/condition 8=Visual impairments 9=Other (please specify)	CCMH Standardized Data Set
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	disab_2	How often have you used the disability-related accommodations recommended for you?	1=Not at all 2=Occasionally 3=Frequently	
Chronic disease	dx_chronic_15 dx_chronic_14 dx_chronic_14_TEXT	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Diabetes 2=High blood pressure 3=Asthma 4=Thyroid disease (e.g., hypothyroid or hyperthyroid) 5=Gastrointestinal disease (e.g., Crohn's Disease, Ulcerative Colitis) 6=Arthritis 7=Sickle cell anemia 8=Seizure disorders (e.g., epilepsy) 9=Cancers 10=High cholesterol 11=HIV/AIDS 12=Other autoimmune disorder (please specify) 13=Other chronic disease (please specify) 14=No, never been diagnosed with a chronic disease. [mutually exclusive] 15=Don't know [mutually exclusive]	Included if 'Overall Health' module not selected

(2) MENTAL HEALTH STATUS

Mental and Emotional Health

The next set of questions will ask you about your overall well-being. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Positive mental health	diener1	I lead a purposeful and meaningful life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: “Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement.”
	diener2	My social relationships are supportive and rewarding.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: “Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement.”
	diener3	I am engaged and interested in my daily activities.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: “Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement.”

	diener4	I actively contribute to the happiness and well-being of others.	<p>1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree</p>	<p>Flourishing Scale (Diener & Biswas-Diener, 2009)</p> <p>Instructions for this item: “Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement.”</p>
	diener5	I am competent and capable in the activities that are important to me.	<p>1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree</p>	<p>Flourishing Scale (Diener & Biswas-Diener, 2009)</p> <p>Instructions for this item: “Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement.”</p>

	diener6	I am a good person and live a good life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: “Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement.”
	diener7	I am optimistic about my future.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: “Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement.”
	diener8	People respect me.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: “Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement.”
Depression	phq9_1	Over the last 2 weeks, how often have you been bothered by any of the following problems? Little interest or pleasure in doing things	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_2	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling down, depressed or hopeless	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_3	Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble falling or staying asleep, or sleeping too much	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)

	phq9_4	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling tired or having little energy	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
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phq9_5	Over the last 2 weeks, how often have you been bothered by any of the following problems? Poor appetite or overeating	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9(Kroenke et al., 2001)
phq9_6	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling bad about yourself—or that you are a failure or have let yourself or your family down	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
phq9_7	Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble concentrating on things, such as reading the newspaper or watching television	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9(Kroenke et al., 2001)
phq9_8	Over the last 2 weeks, how often have you been bothered by any of the following problems? Moving or speaking so slowly that other people could have noticed; or the opposite—being so fidgety or restless that you have been moving around a lot more than usual	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9(Kroenke et al., 2001)
phq9_9	Over the last 2 weeks, how often have you been bothered by any of the following problems? Thoughts that you would be better off dead or of hurting yourself in some way	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9(Kroenke et al., 2001)
dep_impa	How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?	1=Not difficult at all 2=Somewhat difficult 3=Very difficult 4=Extremely difficult	Adapted from Patient Health Questionnaire-9 (Kroenke et al., 2001)
phq2_1	During that period, how often were you bothered by these problems? Little interest or pleasure in doing things	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Adapted from Patient Health Questionnaire-2 Instructions for this item: “Think about the 2-week period in the past year when you experienced the 2 problems below the most frequently.”

	phq2_2	During that period, how often were you bothered by these problems? Feeling down, depressed or hopeless	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Adapted from Patient Health Questionnaire-2 Instructions for this item: "Think about the 2-week period in the past year when you experienced the 2 problems below the most frequently."
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Anxiety	gad7_1	Over the last 2 weeks, how often have you been bothered by the following problems? Feeling nervous, anxious or on edge	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_2	Over the last 2 weeks, how often have you been bothered by the following problems? Not being able to stop or control worrying	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_3	Over the last 2 weeks, how often have you been bothered by the following problems? Worrying too much about different things	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_4	Over the last 2 weeks, how often have you been bothered by the following problems? Trouble relaxing	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_5	Over the last 2 weeks, how often have you been bothered by the following problems? Being so restless that it's hard to sit still	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_6	Over the last 2 weeks, how often have you been bothered by the following problems? Becoming easily annoyed or irritable	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_7	Over the last 2 weeks, how often have you been bothered by the following problems? Feeling afraid as if something awful might happen	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_impa	How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?	1=Not difficult at all 2=Somewhat difficult 3=Very difficult 4=Extremely difficult	

Eating and body image	lean_good	Do you need to be very lean in order to feel good about yourself?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected
		I think I am...	1=Very underweight 2=Somewhat underweight 3=Normal weight 4=Somewhat overweight 5=Very overweight	Included if 'Eating and Body Image' module not selected
	height	What is your current height? (If you don't know, please provide your best guess.)	1=_____feet [force numeric, ≤7] 2=_inches [force numeric, ≤11]	Included if 'Eating and Body Image' module not selected
	weight	What is your current weight? (If you don't know, please provide your best guess.)	1=_____pounds[force numeric]	Included if 'Eating and Body Image' module not selected
	scoff_1	Do you ever make yourself sick because you feel uncomfortably full?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_2	Do you worry that you have lost control over how much you eat?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_3	Have you recently lost more than 15 pounds in a 3-month period?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."

	scoff_4	Do you believe yourself to be fat when others say you are too thin?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_5	Would you say that food dominates your life?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
Non-suicidal self-injury	sib_cut sib_burn sib_punc sib_scr sib_pull sib_bite sib_woun sib_carv sib_rub sib_wall sib_oth sib_none sib_other_text	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Cut myself 2=Burned myself 3=Punched or banged myself 4=Scratched myself 5=Pulled my hair 6=Bit myself 7=Interfered with wound healing 8=Carved words or symbols into skin 9=Rubbed sharp objects into skin 10=Punched or banged an object to hurt myself 11=Other (please specify) 12=No, none of these [mutually exclusive]	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	sib_freq	On average, how often in the past year did you hurt yourself on purpose, without intending to kill yourself?	1=Once or twice 2=Once a month or less 3=2 or 3 times a month 4=Once or twice a week 5=3 to 5 days a week 6=Nearly everyday, or everyday	Display if "12=No, none of these" is not selected for "In the past year, have you ever done any of the following intentionally?"
Suicidality	sui_idea	In the past year, did you ever seriously think about attempting suicide?	1=Yes 0=No	

	suic_plan	In the past year, did you make a plan for attempting suicide?	1=Yes 0=No	Display if "1=Yes" is selected for "In the past year, did you ever seriously think about attempting suicide?"
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	suic_att	In the past year, did you attempt suicide?	1=Yes 0=No	Display if “1=Yes” is selected for “In the past year, did you ever seriously think about attempting suicide?”
	Q3_WTG_1	On average, how often in the past year did you seriously think about attempting suicide?	1=Once or twice 2=Once a month or less 3=2 or 3 times a month 4=Once or twice a week 5=3 to 5 days a week 6=Nearly everyday, or everyday	Display if “1st year” is selected for “What year are you in your current degree program?”. Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)” Display if “Yes” is selected for “In the past year, did you ever seriously think about attempting suicide?”.
	Q3_WTG_2	We are also interested in whether you had suicidal thoughts prior to coming to college. Thinking back to 12-24 months ago , did you ever seriously think about attempting suicide?	1=Yes 0=No	Display if “1st year” is selected for “What year are you in your current degree program?”. Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”
	Q3_WTG_3	We are also interested in whether you attempted suicide prior to coming to college. Thinking back to 12-24 months ago , did you attempt suicide?	1=Yes 0=No	Display if “1st year” is selected for “What year are you in your current degree program?”. Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”

Psychosis	psychosis_unexpl	Have you ever experienced: A feeling that something strange and unexplainable was going on that other people would find hard to believe?	1=Yes 2=No	
	psychosis_plotharm	A feeling that people were too interested in you or that there was a plot to harm you?	1=Yes 0=No	
	psychosis_control	A feeling that your thoughts were being directly interfered or controlled by another person, or your mind was being taken over by strange forces?	1=Yes 0=No	
	psychosis_vision	An experience of seeing visions or hearing voices that others could not see or hear when you were not half asleep, dreaming, or under the influence of alcohol or drugs?	1= Yes 2= No	
	psychosis_freq	Have any of these experiences happened in the past 12 months?	1=Yes 2=No	
Loneliness	lone_lackcompanio n	Please answer the following: How often do you feel that you lack companionship?	1=Hardly ever 2=Some of the time 3=Often	UCLA 3-item Loneliness Scale
	lone_leftout	How often do you feel left out?	1=Hardly ever 2=Some of the time 3=Often	UCLA 3-item Loneliness Scale

	lone_isolated	How often do you feel isolated from others?	1=Hardly ever 2=Some of the time 3=Often	UCLA 3-item Loneliness Scale
Violence	abuse_life	In your lifetime, how many times has anyone struck or physically injured you? Please do not report any injuries in an inappropriate athletic context (i.e. contact sports)	1=Never 2=1 time 3=2-3 times 4=4-5 times 5=More than 5 times	
	abuse_recent	When was the last time anyone has struck or physically injured you?	1=Within the last 2 weeks 2=Within the last month 3=Within the last year 4=Within the last 1-5 years 5=More than 5 years ago	
	abuse_recent_perpet	Over the past 12 months, did you strike or physically injure anyone? Please do not report any injuries in an appropriate athletic context (i.e. contact sports)	1=Yes 0=No	
Emotional abuse	assault_emo	Over the past 12 months, were you called names, yelled at, humiliated, judged, threatened, coerced, or controlled by another person?	1=Yes 0=No	
Physical abuse	assault_phys	Over the past 12 months, were you kicked, slapped, punched or otherwise physically mistreated by another person?	1=Yes 0=No	
Sexual assault	assault_sex	In the past 12 months, has anyone had unwanted sexual contact with you? (Please count any experience of unwanted sexual contact [e.g., touching of your sexual body parts, oral sex, anal sex, sexual intercourse, and penetration of your vagina or anus with a finger or object] that you did not consent to and did not want to happen regardless of where it happened.)	1=Yes 0=No	Instructions for this item: "Unwanted sexual contact could happen when: someone touches or grabs your sexual body parts (e.g., butt, crotch, or breasts); someone uses force against you, such as holding you down with his or her body weight, pinning your arms, hitting or kicking you; someone threatens to hurt you or someone close to you; or you are unable to provide consent because you are incapacitated, passed out, unconscious, blacked out, or asleep. This could happen after you voluntarily used alcohol or drugs, or after

				you were given a drug without your knowledge or consent.”
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	<p>sa_who_st sa_who_fam sa_who_sh sa_who_acq sa_who_prof sa_who_coach sa_who_team sa_who_trainer sa_who_med sa_who_fr sa_who_part sa_who_so sa_who_dk sa_who_ns</p>	<p>Who was the person who had unwanted sexual contact with you? (Select all that apply)</p>	<p>1=A stranger 2=A family member 3=Someone you had seen or heard about but not talked to 4=An acquaintance, friend of a friend, or someone that you had just met 5=A professor or teaching assistant 6=Coach or coaching staff 7=Teammate 8=Trainer 9=Medical or health professional 10=A current or ex friend or roommate 11=A current or ex dating partner or spouse 12=Someone else 13=Unsure/don't know 14=Prefer not to say</p>	<p>Definition from CDC NISVS 2010 Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience." Display if "1=Yes" is selected for the question "In the past 12 months, has anyone had unwanted sexual contact with you?"</p>
	<p>sa_disclose_no sa_disclose_rm sa_disclose_fr sa_disclose_par sa_disclose_fam sa_disclose_coun sa_disclose_fs sa_disclose_res sa_disclose_cop sa_disclose_part sa_disclose_advo sa_disclose_title9 sa_disclose_oth sa_disclose_oth_T EXT</p>	<p>Whom did you tell about the incident?(Select all that apply)</p>	<p>1=No one [mutually exclusive] 2=Roommate 3=Close friend other than roommate 4=Parent or guardian 5=Other family member 6=Counselor 7=Faculty or staff 8=Residence hall staff 9=Police 10=Romantic partner (other than the one who did this to you) 11=Campus sexual assault advocate 12=Other (please specify) 13=Title IX officer</p>	<p>Adapted from Not Alone: The First Report of the White House TaskForce to Protect Students From Sexual Assault (2014)</p>
<p>Substance use</p>	<p>alc_any</p>	<p>Over the past 2 weeks, did you drink any alcohol?</p>	<p>1=Yes 0=No</p>	

	binge_fr_f binge_fr_m binge_fr_o	Over the past 2 weeks, about how many times did you have 4 [female]/5 [male]/4 or 5 [not female or male] or more alcoholic drinks in a row? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=0 times 2=1 time 3=2 times 4=3 to 5 times 5=6 to 9 times 6=10 or more times 7=Don't know	Definition adapted from National Institute on Alcohol Abuse and Alcoholism Display if "1=Yes" is selected for "Over the past 2 weeks, did you drink any alcohol?"
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	smok_freq	Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	Included if 'Substance Use' and 'Overall Health' modules both notselected
	smok_vape	Over the past 30 days, have you used an electronic cigarette orvape pen?	1=Yes 2=No	Included if 'Substance Use' and 'Overall Health' modules both notselected
	smok_vape_mist	What did you think was in the mist you inhaled the last time youused a vaping device?	1=Any vaping 2=Vaping nicotine 3=Vaping Marijuana 4=Vaping "just flavoring"	Display if "Yes" is selected for "Over the past 30 days, have you used anelectronic cigarette or vape pen?" National Institutes of Health Monitoring the Future survey (2017)

dr	drug_other2_text	Over the past 30 days, have you used any of the following drugs?(Select all that apply)	<p>1=Marijuana 2=Cocaine (any form, including crack, powder, or freebase) 3=Heroin 4=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed 5=Benzodiazepines (such as Valium, Ativan, Klonopin, Xanax, Rohypnal (Roofies)) 6=Methamphetamines (also known as speed, crystal meth, Tina, T, or ice) 7=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed 8=MDMA (also known as Ecstasy or Molly) 9=Ketamine (also known as K, Special K) 10=LSD (also known as acid) 11=Psilocybin (also known as magic mushrooms, boomers, shrooms) 12=Kratom 13=Athletic performance enhancers (anything that violates policies set by your school or any athletic governing body) 14=Other drugs without a</p>	<p>Included if 'Substance Use' and 'Overall Health' modules both not selected</p> <p>Display response option "13=Performance enhancers" if "3= Athletics (intercollegiate varsity)" is selected for "What activities do you currently participate in at your school?"</p>
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			prescription (please specify) 15=No, none of these [mutually exclusive]	
		Over the past 30 days, how often have you used marijuana (either smoking, vaping, edibles or otherwise)?	1= Every day 2=Nearly every day 3=3-4 days per week 4=1-2 days per week 5=Less than once per week	Included if 'Substance Use' and 'Overall Health' modules both not selected Display if "Marijuana" is selected for "Over the past 30 days, have you used any of the following drugs?(Select all that apply)"
Sleep	sleep_wk1	During this school year, at approximately what time have you typically gone to sleep on: Weeknights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	Included if 'Sleep' and 'Overall Health' modules both not selected
	sleep_wk2	During this school year, at approximately what time have you typically gone to sleep on: Weekend nights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm	Included if 'Sleep' and 'Overall Health' modules both not selected

			10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	
	sleep_wd1	During this school year, at approximately what time have you typically woken up on: Weekdays?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	Included if 'Sleep' and 'Overall Health' modules both not selected

	sleep_wd2	During this school year, at approximately what time have you typically woken up on: Weekend days?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am	Included if 'Sleep' and 'Overall Health' modules both not selected
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			14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	
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(3) MENTAL HEALTH SERVICE UTILIZATION/HELP-SEEKING

Experiences with Services and Support

The next questions will ask you about your experiences using mental health services. Remember that your responses are confidential and you may choose to skip questions or stop responding at anypoint.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Diagnosed mental illnesses	dx_dep1 dx_bip dx_anx dx_ocd dx_trauma dx_neurodev dx_ea1 dx_psy1 dx_pers dx_sa1 dx_no dx_dk	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Depression (e.g., major depressive disorder, persistent depressive disorder) 2=Bipolar (e.g., bipolar I or II, cyclothymia) 3=Anxiety (e.g., generalized anxiety disorder, phobias) 4=Obsessive-compulsive or related disorders (e.g., obsessive-compulsive disorder, body dysmorphia) 5=Trauma and Stressor Related Disorders (e.g, posttraumatic stress disorder) 6=Neurodevelopmental disorder or intellectual disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, intellectual disability, autism spectrum disorder) 7=Eating disorder (e.g., anorexia nervosa, bulimianervosa) 8=Psychosis (e.g., schizophrenia, schizo-affective disorder) 9=Personality disorder (e.g., antisocial personality disorder, paranoid personality disorder, schizoid personality disorder) 10=Substance use disorder (e.g., alcohol abuse, abuse of other drugs) 11=No, none of these [mutually exclusive] 12=Don't know	
	dx_dep_1 dx_dep_2 dx_dep_3_new dx_dep_4_new dx_dep_5_new dx_dep_4_text_new	Specifically, which of the following depression disorders were you diagnosed with by a professional? (Select all that apply)	1=Major depressive disorder 2=Dysthymia or persistent depressive disorder 3=Premenstrual dysphoric disorder 4=Other (please specify) 5=Don't know	
	dx_bip_1 dx_bip_2 dx_bip_3 dx_bip_4 dx_bip_4_text	Specifically, which of the following bipolar and related disorders were you diagnosed with by a professional? (Select all that apply)	1=Bipolar I disorder 2=Bipolar II disorder 3=Cyclothymic disorder 4=Other (please specify) 5=Don't know	

	<p>dx_ax_1 dx_ax_2 dx_ax_3 dx_ax_4 dx_ax_5 dx_ax_6_new dx_ax_7_new dx_ax_6_text_new</p>	<p>Specifically, which of the following anxiety disorders were you diagnosed with by a professional? (Select all that apply)</p>	<p>1 =Generalized anxiety disorder 2=Panic disorder 3=Agoraphobia 4=Specific phobia (e.g., claustrophobia, arachnophobia, etc.) 5=Social anxiety disorder (or social phobia) 6=Other (please specify) 7=Don't know</p>	
	<p>dx OCD_1 dx OCD_2 dx OCD_3 dx OCD_4 dx OCD_5 dx OCD_6 dx OCD_6_text</p>	<p>Specifically, which of the following obsessive-compulsive or related disorders were you diagnosed with by a professional? (Select all that apply)</p>	<p>1=Obsessive-compulsive disorder 2=Body dysmorphic disorder 3=Hoarding disorder 4=Trichotillomania (hair-pulling disorder) 5=Excoriation (skin picking) disorder 6=Other (please specify) 7=Don't know</p>	

<p>dx_trauma_1 dx_trauma_2 dx_trauma_3 dx_trauma_4 dx_trauma_4_text</p>	<p>Specifically, which of the following trauma and stressor related disorders were you diagnosed with by a professional? (Select all that apply)</p>	<p>1=Posttraumatic stress disorder 2=Acute stress disorder 3=Adjustment disorder 4=Other (please specify) 5=Don't know</p>	
<p>dx_neurodev_1 dx_neurodev_2 dx_neurodev_5 dx_neurodev_3 dx_neurodev_4 dx_neurodev_3_text</p>	<p>Specifically which of the following neurodevelopmental disorder or intellectual disability were you diagnosed with by a professional? (Select all that apply)</p>	<p>1=Attention deficit hyperactivity disorder (ADHD or ADD) 2=Other intellectual disability 3=Autism spectrum disorder 4=Other (please specify) 5=Don't know</p>	
<p>dx_ea_1 dx_ea_2 dx_ea_3 dx_ea_6_new dx_ea_7_new dx_ea_4 dx_ea_5 dx_ea_4_text</p>	<p>Specifically, which of the following eating disorders were you diagnosed with by a professional? (Select all that apply)</p>	<p>1=Anorexia nervosa 2=Bulimia nervosa 3=Binge-eating disorder 4=Pica 5=Avoidant/restrictive food intake disorder (selective eating disorder) 6=Other (please specify) 7=Don't know</p>	
<p>dx_psy_1 dx_psy_2 dx_psy_3 dx_psy_4 dx_psy_5 dx_psy_7 dx_psy_8 dx_psy_7_text</p>	<p>Specifically, which of the following psychotic disorders were you diagnosed with by a professional? (Select all that apply)</p>	<p>1=Schizophrenia 2=Schizo-affective disorder 3=Brief psychotic disorder 4=Delusional disorder 5=Schizophreniform disorder 6=Other (please specify) 7=Don't know</p>	
<p>dx_perso_1 dx_perso_2 dx_perso_3 dx_perso_4 dx_perso_5 dx_perso_6 dx_perso_7 dx_perso_8 dx_perso_9 dx_perso_10 dx_perso_11 dx_perso_12 dx_perso_11_text</p>	<p>Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)</p>	<p>1=Antisocial personality disorder 2=Avoidant personality disorder 3=Borderline personality disorder 4=Dependent personality disorder 5=Histrionic personality disorder 6=Narcissistic personality disorder 7=Obsessive-Compulsive personality disorder 8=Paranoid personality disorder 9=Schizoid personality disorder 10=Schizotypal personality disorder 11=Other (please specify) 12=Don't know</p>	
<p>dx_sa_1 dx_sa_2 dx_sa_3 dx_sa_2_text</p>	<p>Specifically, which of the following substance disorders were you diagnosed with by a professional? (Select all that apply)</p>	<p>1=Alcohol abuse or other alcohol-related disorders 2=Other (please specify) 3=Don't know</p>	

Perceived need	percneed	How much do you agree with the following statement?: In the past 12 months, I needed help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Back to Page 1
	percneed_cur	How much do you agree with the following statement?: I currently need help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display only if “Somewhat Agree,” “Agree” or “Strongly Agree” you agree with the following statement?: In the past 12 months, I needed help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.
Help-seeking intentions	talk1_1 talk1_2 talk1_3 talk1_4 talk1_5 talk1_6 talk1_7 talk1_8 talk1_9 talk1_8_text	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=Professional clinician (e.g., psychologist, counselor, or psychiatrist) 2=Roommate 3=Friend (who is not a roommate) 4=Significant other 5=Family member 6=Religious counselor or other religious contact 7=Support group 8=Other non-clinical source (please specify) 9=No one [mutually exclusive]	
Use of counseling/therapy	ther_ever	Have you ever received counseling or therapy for mental health concerns?	1=No, never 2=Yes, prior to starting college 3=Yes, since starting college 4=Yes, both of the above (prior to college and since starting college)	CCMH Standardized Data Set
	ther_vis	How many total visits or sessions for counseling or therapy have you had in the past 12 months?	0=0 1=1-3 2=4-6 3=7-9 4=10 or more	Display only if “Yes, prior to starting college” or “Yes, both of the above (prior to college and since starting college)” for “Have you ever received counseling or therapy?”

	ther_cur1	Are you currently receiving counseling or therapy?	1=Yes 0=No	Display only if previous item answered in the past 12 months
	prov_1 prov_2 prov_3 prov_4 prov_5 prov_6 prov_7 prov_8 prov_9 prov_10	Please include any counseling or therapy you may have received from these places, whether that be in-person, remotely, or a combination of in-person and remote. Select all that apply From which of the following places did you receive counseling or therapy?	1=[Insert name of institution's student counseling services] 2=[Insert name of institution's campus health services] 3=[Insert other campus counseling or health service] 4=Psychiatric Emergency Services/Psych Emergency Room (ER) 5=Inpatient psychiatric hospital 6=Partial hospitalization program 7=Provider in the local community (not on campus) 8=Provider in another location (such as your hometown) 9=Other (please specify) 10=Don't know	Display only if "Are you currently receiving counseling or therapy?" is answered
	prov_3_text prov_9_text	From which campus counseling or health service did you receive counseling or therapy?	[open text]	Display only if "Insert other campus counseling or health service" is selected
	COVID_prov_1 COVID_prov_2 COVID_prov_3 COVID_prov_4 COVID_prov_5 COVID_prov_6 COVID_prov_7 COVID_prov_8 COVID_prov_9	Of the places you reported receiving counseling or therapy, how were your counseling or therapy sessions conducted? [pipe in selected options from the question, "From which of the following places did you receive counseling or therapy?"]	1=In-person only 2=Remote/telehealth only (digital video conferencing, text/app chat, etc...) 3=Both in-person and remote	Display only if "Are you currently receiving counseling or therapy?" is answered
	COVID_accessMHserv	How has your access to mental health care been affected by the COVID-19 pandemic?	1=Much more difficult or limited access 2=Somewhat more difficult or limited access 3=No significant change in access 4=Somewhat less difficult or limited access 5=Much less difficult or limited access 6=Don't know or not applicable (have not tried to access care)	
Satisfaction with counseling/therapy	sat_hours_1	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Convenient hours	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	

sat_loc_1	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Location	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
sat_qual_1	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Quality of therapists/counselors	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
sat_priv_1	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Respect for your privacy concerns	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
sat_sched_1	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?:	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied	

		Ability to schedule appointments without long delays	5=Satisfied 6=Very satisfied
	ther_helped_me	How helpful, overall, do you think therapy or counseling was or has been for your mental or emotional health?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful
Use of medication	meds_1 meds_2 meds_3 meds_4 meds_5 meds_6 meds_7 meds_8 meds_9 meds_7_text	In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)	1=Psychostimulants (methylphenidate (Ritalin or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexeridine), etc.) 2=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.) 3=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.) 4=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.) 5=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.) 6=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.) 7=Other medication for mental or emotional health (please specify) 8=No, none of these [mutually exclusive] 9=Don't know
	meds_reason_1 meds_reason_2 meds_reason_3 meds_reason_4 meds_reason_5 meds_reason_5_text	For what purpose(s) have you taken the medication(s) you just indicated? (Select all that apply)	1=Mental or emotional health 2=Other health reasons 3=Academic performance 4=Recreation/fun 5=Other (please specify)
	meds_dis	In the past 12 months how many times have you discussed with a doctor or other health professional your use of the medication(s) you just noted?	1=Not at all 2=1-2 times 3=3-5 times 4=More than 5 times 5=Don't know

	meds_w_1 meds_w_2 meds_w_3 meds_w_4 meds_w_5 meds_w_3_text	Who wrote your most recent prescription for the medication(s) you noted in the last question? (Select all that apply)	1=A general practitioner, nurse practitioner, or primary care physician 2=A psychiatrist 3=Other type of doctor (please specify) 4=Took the medication(s) without a prescription 5=Don't know
	meds_cur_1 meds_cur_2 meds_cur_3 meds_cur_4 meds_cur_5 meds_cur_6 meds_cur_7 meds_cur_8	Of the medication(s) you just noted, which are you currently taking? (Select all that apply)	1=Psychostimulants (methylphenidate (Ritalin, or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexeridine), etc.) 2=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.)

			<p>3=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.)</p> <p>4=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.)</p> <p>5=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.)</p> <p>6=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.)</p> <p>7=Other medication for mental or emotional health (please specify)</p> <p>8=None of the above [mutually exclusive]</p>
	<p>meds_time_1</p> <p>meds_time_2</p> <p>meds_time_3</p> <p>meds_time_4</p> <p>meds_time_5</p> <p>meds_time_6</p> <p>meds_time_7</p>	<p>During the past year, for how long, in total, have you taken the following medication(s)?</p>	<p>1=Less than 1 month</p> <p>2=Between 1 and 2 months</p> <p>3=2 months or more</p> <p>4=Did not take</p>
	<p>meds_helped_me</p>	<p>How helpful, overall, do you think the medication(s) was or has been for your mental or emotional health?</p>	<p>1=Very helpful</p> <p>2=Helpful</p> <p>3=Somewhat helpful</p> <p>4=Not helpful</p>
	<p>why_tx_1</p> <p>why_tx_2</p> <p>why_tx_3</p> <p>why_tx_4</p> <p>why_tx_5</p> <p>why_tx_6</p> <p>why_tx_10</p> <p>why_tx_11</p> <p>why_tx_8</p> <p>why_tx_12</p> <p>why_tx_9</p> <p>why_tx_6_text</p> <p>why_tx_8_text</p> <p>why_tx_9_text</p>	<p>Which of the following are important reasons why you received those services? (Select all that apply)</p>	<p>1=I decided on my own to seek help.</p> <p>2=A friend encouraged me to seek help.</p> <p>3=A friend pressured me to seek help.</p> <p>4=A family member encouraged me to seek help.</p> <p>5=A family member pressured me to seek help.</p> <p>6=Someone other than a friend or family member encouraged me to seek help (please specify person's relationship to you).</p> <p>7=I was mandated to seek help by campus staff.</p> <p>8=I acquired more information about my options from (please specify where).</p> <p>9=Other (please specify)</p>

<p>Barriers to help-seeking</p>	<p>bar_hs_1 bar_hs_2 bar_hs_3 bar_hs_4 bar_hs_5 bar_hs_6 bar_hs_9 bar_hs_10 bar_hs_7 bar_hs_8 bar_hs_7_text</p>	<p>In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received? (Select all that apply)</p>	<p>1=No need for services 2=Financial reasons (too expensive, not covered by insurance) 3=Not enough time 4=Not sure where to go 5=Difficulty finding an available appointment 6=Prefer to deal with issues on my own or with support from family/friends 7=Other (please specify) 8=No barriers [mutually exclusive]</p>
	<p>bar_ns_1 bar_ns_2 bar_ns_3 bar_ns_4 bar_ns_5 bar_ns_6 bar_ns_7 bar_ns_8 bar_ns_9 bar_ns_8_text</p>	<p>In the past 12 months which of the following explain why you haven't received medication or therapy for your mental or emotional health? (Select all that apply)</p>	<p>1=I haven't had the chance to go but I plan to. 2=No need for services 3=Financial reasons (too expensive, not covered by insurance) 4=Not enough time 5=Not sure where to go 6=Difficulty finding an available appointment</p>

			7=Prefer to deal with issues on my own or with support from family/friends 8=Other (please specify) 9=No barriers [mutually exclusive]	
Visit to medical providers	anyprovi	In the past 12 months, have you visited any medical provider, such as a primary care doctor or other type of doctor, for a check-up or any other medical reasons?	1=Yes 0=No	
Informal help-seeking	inf_1 inf_2 inf_3 inf_4 inf_5 inf_6 inf_9 inf_10 inf_7 inf_8 inf_7_text	In the past 12 months have you received counseling or support for your mental or emotional health from any of the following sources?(Select all that apply)	1=Roommate 2=Friend (who is not a roommate) 3=Significant other 4=Family member 5=Religious counselor or other religious contact 6=Support group 7=Other non-clinical source (please specify) 8=No, none of these [mutually exclusive]	
	Inf_help	How helpful was it to discuss these concerns?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	talk2_1 talk2_2 talk2_3 talk2_4 talk2_5 talk2_6 talk2_7 talk2_8 talk2_7_text	If you had a mental health problem that you believed was affecting your academic performance, which people at school would you talk to? (Select all that apply)	1=Professor from one of my classes 2=Academic advisor 3=Another faculty member 4=Teaching assistant 5=Student services staff 6=Dean of Students or class dean 7=Other (please specify) 8=No one [mutually exclusive]	
	talkaca	During this school year have you talked with any academic personnel (such as instructors, advisors, or other academic staff) about any mental health problems that were affecting your academic performance?	1=Yes 0=No	
	talksup	Overall, how supportive was the response of the academic personnel with whom you talked?	1=Very supportive 2=Supportive 3=Not supportive 4=Very unsupportive	

<p>Insurance</p>	<p>ins_1 ins_2 ins_3 ins_4 ins_5 ins_6 ins_7 ins_8 ins_9 ins_10</p>	<p>What is the source of your current health insurance coverage?(Select all that apply)</p>	<p>1=I do not have any health insurance coverage(uncovered). [mutually exclusive] 2=I have health insurance through my parent(s) ortheir employer. 3=I have health insurance through my employer.4=I have health insurance through my spouse's employer. 5=I have a student health insurance plan. 6=I have health insurance through an embassy orsponsoring agency for international students. 7=I have individual health insurance purchaseddirectly from an insurance carrier. 8=I have Medicaid or other governmentalinsurance. 9=I am uncertain about whether I have health insurance.</p>	
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			10=I have health insurance but am uncertain about where it is from.	
	ins_mh	Do you know if your health insurance plan would provide any coverage for a visit to a mental health professional (psychiatrist, psychologist, clinical social worker, etc.)?	1=Yes, it definitely would. 2=I think it would but am not sure. 3=I have no idea. 4=I think it would not but am not sure. 5=No, it definitely would not.	
	ins_ade	Does your current health insurance plan meet your needs for mental health services?	1=I have not needed to use my current insurance plan to cover mental health services. 2=Yes, everything I have needed is covered. 3=No, the coverage is inadequate to meet my needs.	
	ins_ina_1 ins_ina_2 ins_ina_3 ins_ina_4 ins_ina_5 ins_ina_6 ins_ina_7 ins_ina_8 ins_ina_8_text	I feel that coverage is inadequate because my plan...(Select all that apply)	1=...doesn't cover any mental health services. 2=...doesn't cover preexisting conditions. 3=...doesn't cover certain conditions. 4=...has a co-pay that is too expensive. 5=...has a deductible that is too expensive. 6=...doesn't cover certain types of services or providers. 7=...has a limit on the number of services that are covered. 8=Other (please specify)	
	pay_mh	This semester, how easy or difficult has it been paying for mental health care?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult 7=Not applicable	

			7=7 8=8 9=9 10=10 (Significant emotional distress)11=Not applicable	
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ELECTIVE MODULES:

(4) SUBSTANCE USE

Substance Use

The next questions will ask you about your experiences with and opinions about alcohol and other drugs. Remember that your responses are confidential and you may choose to skip questions or stopresponding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Personal alcohol use	audit1	How often do you have a drink containing alcohol?	1=Never 2=Monthly or less 3=2-4 times a month 4=2-3 times a week 5=4 or more times a week	AUDIT (Saunders et al., 1993)
	audit2	How many drinks containing alcohol do you have on a typical day when you are drinking? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=1 or 2 2=3 or 4 3=5 or 6 4=7 to 9 5=10 or more	AUDIT (Saunders et al., 1993) Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	audit_3_f audit_3_m audit_3_o	How often do you have 4 [female]/5 [male]/4 or 5 [not female or male] or more drinks on 1 occasion? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993) Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	audit4	How often during the last year have you found that you were not able to stop drinking once you had started?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	audit5	How often during the last year have you failed to do what was normally expected of you because of drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	audit6	How often during the last year have you needed a drink in the morning to get yourself going after a heavy drinking session?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)

	audit7	How often during the last year have you had a feeling of guilt or remorse after drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	audit8	How often during the last year have you been unable to remember what happened the night before of your drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	audit9	Have you or someone else been injured because you had been drinking?	0=No 1=Yes, but not in the last year	AUDIT (Saunders et al., 1993)

			2=Yes, during the last year	
	audit10	Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?	1=No 2=Yes, but not in the last year 3=Yes, during the last year	AUDIT (Saunders et al., 1993)
	alc_lastconsume	On the last occasion you drank alcohol, how much did you consume? (1 drink is a can of beer, a glass of wine, a shot of liquor, or a mixed drink)	1=1 drink 2=2 drinks 3=3 drinks 4=4 drinks 5=5 or more drinks 6=I don't remember 7=I don't drink	
	alc_tx	Have you ever received counseling or treatment for an alcohol- related problem from a health professional (such as psychiatrist, psychologist, social worker, or primary care doctor)?	1=Yes 0=No	
Personal substance use	drug_mar drug_coc drug_her drug_met drug_stim drug_ect drug_other drug_none drug_opi drug_benzo drug_keta drug_LSD drug_psilo drug_kratom drug_ath drug_other1_text	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Marijuana 2=Cocaine (any form, including crack, powder, or freebase) 3=Heroin 4=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed 5=Benzodiazepines (such as Valium, Ativan, Klonopin, Xanax, Rohypnal (Roofies)) 6=Methamphetamines (also known as speed, crystal meth, Tina, T, or ice) 7=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed 8=MDMA (also known as Ecstasy or Molly) 9=Ketamine (also known as K, SpecialK) 10=LSD (also known as acid) 11=Psilocybin (also known as magic mushrooms, boomers, shrooms) 12=Kratom 13=Athletic performance enhancers (anything that violates policies set by your school or any athletic governing body) 14=Other drugs without a prescription (please specify) 15=No, none of these [mutually exclusive]	

		Over the past 30 days, how often have you used marijuana (either smoking, vaping, edibles or otherwise)?	1= Every day 2=Nearly every day 3=3-4 days per week	Included if 'Overall Health' module not selected Display if "Marijuana" is selected for "Over the past 30 days, have you
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			4=1-2 days per week 5=Less than once per week	used any of the following drugs?(Select all that apply)”
	smok_freq	Over the past 30 days, about how many cigarettes did you smoke perday?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	
	smok_vape	Over the past 30 days, have you used an electronic cigarette or vapepen?	1=Yes 2=No	Included if ‘Overall Health’ module not selected
	smok_vape_mist	What did you think was in the mist you inhaled the last time youused a vaping device?	1=Any vaping 2=Vaping nicotine 3=Vaping Marijuana 4=Vaping “just flavoring”	Display if “Yes” is selected for “Over the past 30 days, have you used anelectronic cigarette or vape pen?” National Institutes of Health Monitoring the Future survey (2017)
Perception of risk regarding substance use	risk_alc	How much do you think people risk harming themselves physically or in other ways when they have 5 or more drinks containing alcoholonce or twice a week? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot ofliquor, or a mixed drink.)	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation ofCore Measures Survey (2012) Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	risk_cig	How much do you think people risk harming themselves physically or in other ways if they smoke 1 or more packs of cigarettes per day?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation ofCore Measures Survey (2012)
	risk_mar	How much do you think people risk harming themselves physicallyor in other ways if they smoke marijuana once or twice a week?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation ofCore Measures Survey (2012)
	risk_presc	How much do you think people risk harming themselves physically or in other ways if they use prescription drugs that are not prescribedto them?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation ofCore Measures Survey (2012)
	risk_vape	How much do you think people risk harming themselves physicallyor in other ways if they vape daily?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	
Other students alcoholuse	peer_alc_care	In the past 30 days, how often have you had to "baby-sit" or take careof another student who drank too much?	1=0 times 2=1 times 3=2 times 4=3 times 5=4 or more times	
Perceptions of peer	peer_alc_est	In the past 30 days, about what percent of students at your school	1= _____%	Instructions for this item: “The next few items ask for your perceptions

substance use		drank alcohol?	[force numeric, 0-100]	of other students' behaviors regarding alcohol substance use. Please provide your best guess.
	peer_cig_est	In the past 30 days, about what percent of students at your school smoked cigarettes?	1= _____% [force numeric, 0-100]	Instructions for this item: "The next few items are perceptions of other students' behaviors regarding substance use. Please provide your best guess."
	peer_mar_est	In the past 30 days, about what percent of students at your school smoked (or otherwise used) marijuana?	1= _____% [force numeric, 0-100]	Instructions for this item: "The next few items are perceptions of other students' behaviors regarding substance use. Please provide your best guess."
	peer_vape_est	In the past 30 days, about what percent of students at your school vaped?	1= _____% [force numeric, 0-100]	Instructions for this item: "The next few items are perceptions of other students' behaviors regarding substance use. Please provide your best guess."
	alc_prob	How much do you agree with the following statement?: Alcohol use is a problem for students on my campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

(5) SLEEP

Sleep Habits

The next questions will ask you about your sleep habits. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Sleep habits	sleep_wk1	During this school year, at approximately what time have you typically gone to sleep on: Weeknights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	

	sleep_wk2	During this school year, at approximately what time have you typically gone to sleep on:Weekend nights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am	
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			22=9:00am 23=10:00am 24=11:00am
sleep_wd1		During this school year, at approximately what time have you typically woken up on: Weekdays?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am
sleep_wd2		During this school year, at approximately what time have you typically woken up on: Weekend days?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am

			24=11:00am	
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Insomnia severity	isi_1	Difficulty falling asleep	1=None 2=Mild 3=Moderate 4=Severe 5=Very severe	Insomnia Severity Index(Morin et al., 2011) Instruction for this item: "Please rate (i.e., last 2 weeks) severity of your insomnia problem(s)."
	isi_2	Difficulty staying asleep	1=None 2=Mild 3=Moderate 4=Severe 5=Very severe	Insomnia Severity Index(Morin et al., 2011) Instruction for this item: "Please rate (i.e., last 2 weeks) severity of your insomnia problem(s)."
	isi_3	Problem waking up too early	1=None 2=Mild 3=Moderate 4=Severe 5=Very severe	Insomnia Severity Index(Morin et al., 2011) Instruction for this item: "Please rate (i.e., last 2 weeks) severity of your insomnia problem(s)."
	isi_4	How satisfied/dissatisfied are you with your current sleep pattern?	1=Very satisfied 2=Satisfied 3=Moderately satisfied 4=Dissatisfied 5=Very dissatisfied	Insomnia Severity Index(Morin et al., 2011)
	isi_5	How noticeable to others do you think your sleep problem is in terms of impairing the quality of your life?	1=Not at all noticeable 2=A little 3=Somewhat 4=Much 5=Very much noticeable	Insomnia Severity Index(Morin et al., 2011)
	isi_6	How worried/distressed are you about a current sleep problem?	1=Not at all worried 2=A little 3=Somewhat 4=Much 5=Very much worried	Insomnia Severity Index(Morin et al., 2011)
	isi_7	To what extent do you consider a sleep problem to interfere with your daily functioning (e.g., daytime fatigue, mood, ability to function at work/daily chores, concentration, memory, etc.) currently?	1=Not at all interfering 2=A little 3=Somewhat 4=Much 5=Very much interfering	Insomnia Severity Index(Morin et al., 2011)

(6) EATING AND BODY IMAGE

Eating and Body Image

The next questions will ask you about your behaviors and attitudes related to eating, body shape and weight. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Weight concerns	wcs_1_f wcs_1_m wcs_1_o	How much more or less do you feel you worry about your weight and bodyshape than [other women/men/peers] your age?	1=I worry a lot less than [other women/men/my peers]. 2=I worry a little less than [other women/men/my peers]. 3=I worry about the same as [other women/men/my peers]. 4=I worry a little more than [other women/men/my peers]. 5=I worry a lot more than [other women/men/my peers].	Weight Concerns Scale (Killen et al., 1994; Killen et al., 1994; Killen et al., 1994)
	wcs_2	How afraid are you of gaining 3 pounds?	1=Not afraid of gaining 2=Slightly afraid of gaining 3=Moderately afraid of gaining 4=Very afraid of gaining 5=Terrified of gaining	Weight Concerns Scale (Killen et al., 1994; Killen et al., 1994; Killen et al., 1994)
	wcs_3	When was the last time you went on a diet?	1=I've never been on a diet. 2=I was on a diet about 1 year ago. 3=I was on a diet about 6 months ago. 4=I was on a diet about 3 months ago. 5=I was on a diet about 1 month ago. 6=I was on a diet less than 1 month ago. 7=I'm now on a diet.	Weight Concerns Scale (Killen et al., 1994; Killen et al., 1994; Killen et al., 1994)
	wcs_4	Compared to other things in your life, how important is your weight to you?	1=My weight is not important compared to other things in my life. 2=My weight is a little more important than some other things in my life. 3=My weight is more important than most, but not all, things in my life. 4=My weight is the most important thing in my life.	Weight Concerns Scale (Killen et al., 1994; Killen et al., 1994; Killen et al., 1994)
	wcs_5	Do you ever feel fat?	1=Never 2=Rarely 3=Sometimes 4=Often 5=Always	Weight Concerns Scale (Killen et al., 1994; Killen et al., 1994; Killen et al., 1994)
	lean_good	Do you need to be very thin in order to feel good about yourself?	1=Yes 2=No	

	body_con_change	How much do you agree with the following statement?: I have become more concerned about my body shape and weight since I began as a student at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	fresh15	How much do you agree with the following statement?: I am worried about gaining the "freshman fifteen".	1=Strongly agree 2=Agree	

			3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	weight_judged	In your day-to-day life, how often do people act as if they're better than you because of your weight?	1=Never 2=Rarely 3=Sometimes 4=Often 5=Always	
	weight_fairtxt	How much do you agree with the following statement?: I am concerned that I will not be treated fairly by others because of my weight.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Height/weight	weigh_freq	About how often do you weigh yourself?	1=Never 2=Less than once per month 3=Once per month 4=2 to 3 times per month 5=Once per week 6=2 to 3 times per week 7=4 to 6 times per week 8=Once per day 9=More than once per day	
	weight_idealYN	Do you have an ideal weight for yourself?	1=Yes 2=No	
	weight_ideal weight_ideal_text	What would your ideal weight be if you could choose it?	1=_____pounds (please specify) 2=I don't have an ideal weight for myself.	Display if "Yes" is selected have an ideal weight for myself.
Eating disorder symptoms	scoff_1	Do you ever make yourself sick because you feel uncomfortably full?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this questionnaire: answer the following questions as honestly as possible.
	scoff_2	Do you worry that you have lost control over how much you eat?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this questionnaire: answer the following questions as honestly as possible.

				answer thefollowing honestly as possible.
	scoff_3	Have you recently lost more than 15 pounds in a 3-month period?	1=Ye s 0=N o	SCOFF questionnaire (Morgan, Reid, & Laco 1999) Instructions for this answer thefollowing honestly as possible.

	scoff_4	Do you believe yourself to be fat when others say you are too thin?	1=Yes 2=Somewhat 3=Neutral 4=Disagree 5=Strongly disagree	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this questionnaire: answer the following questions honestly as possible.
	scoff_5	Would you say that food dominates your life?	1=Yes 2=Somewhat 3=Neutral 4=Disagree 5=Strongly disagree	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this questionnaire: answer the following questions honestly as possible.
Binging and purging	binge	Over the past 4 weeks (28 days), on how many days have you eaten an unusually large amount of food and have had a sense of loss of control at the time?	Range: 0-28 days	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & Taylor, 2003)
	purge_1	Over the past 4 weeks (28 days), how many times have you made yourself sick (vomit) as a means of controlling your shape or weight?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & Taylor, 2003)
	purge_2	Over the past 4 weeks (28 days), how many times have you taken laxatives as a means of controlling your shape or weight?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & Taylor, 2003)
	purge_3	Over the past 4 weeks (28 days), how many times have you taken diuretics (water pills) or diet pills as a means of controlling your shape or weight?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & Taylor, 2003)
	purge_4	Over the past 4 weeks (28 days), how many times have you exercised in a "driven" or "compulsive" way as a means of controlling your weight, shape or amount of fat, or to burn off calories?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & Taylor, 2003)
	ea_fast	Over the past 4 weeks (28 days), how many times have you fasted (intentionally not eaten anything at all for at least 8 waking hours)?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & Taylor, 2003)
Eating habits	diet	For about what percentage of the last 12 months were you on a diet?	1=More than 75% (more than 270 days total) 2=Between 50% and 75% (180 to 270 days total) 3=Between 25% and 49% (90 to 179 days total) 4=Less than 25% (1 to 90 days total) 5=I was not on a diet at all in the last 12 months.	
	eat_change	How much do you agree with the following statement?: My eating habits have changed a lot since I began as a student at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree	

			6=Strongly disagree	
	<p>eat_change_how_1 eat_change_how_2 eat_change_how_3 eat_change_how_4 eat_change_how_5 eat_change_how_6 eat_change_how_7 eat_change_how_8 eat_change_how_9 eat_change_how_10 eat_change_how_11</p>	<p>How have your eating habits changed since you began as a student at your school? (Select all that apply)</p>	<p>1=I think about food more often. 2=I think about food less often. 3=I am more concerned about what I eat. 4=I am less concerned about what I eat. 5=I consume more calories on average per day. 6=I consume fewer calories on average per day. 7=I eat more junk food/fast food. 8=I eat less junk food/fast food. 9=I eat more junk food late at night. 10=I eat more fruits/vegetables. 11=I eat less fruits/vegetables.</p>	

	eat_change_how_12 eat_change_how_13 eat_change_how_14 eat_change_how_15 eat_change_how_15 eat_change_how_15_text		12=I became a vegetarian/vegan. 13=I began limiting (or increased the extent to which I limit) the quantity or types of foods and drinks I consume in order to influence my body shape or weight. 14=I began purging (vomiting, using laxatives, diet pills etc.).15=Other (please specify)	
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(7) SEXUAL ASSAULT

Perceptions and Experiences of Sexual Assault on Campus

The next set of questions asks you about perceptions and experiences related to sexual assault. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Perceptions of leadership, policies, and reporting	sa_perc_1	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take the report seriously?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)
	sa_perc_2	If someone were to report a sexual assault to a campus authority, how likely is it that your school would keep knowledge of the report limited to those who need to know in order for your school to respond properly?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)
	sa_perc_3	If someone were to report a sexual assault to a campus authority, how likely is it that your school would forward the report outside the campus to criminal investigators?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)
	sa_perc_4	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take steps to protect the safety of the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)
	sa_perc_5	If someone were to report a sexual assault to a campus authority, how likely is it that your school would support the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)
	sa_perc_6	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take corrective action to address factors that may have led to the sexual assault?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)
	sa_perc_7	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take corrective action against the offender?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)
	sa_perc_8	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take steps to protect the person making the report from retaliation?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)

			all likely	
sa_perc_9	If someone were to report a sexual assault to a campus authority, how likely is it that students would label the person making the report as a troublemaker?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely		Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)
sa_perc_10	If someone were to report a sexual assault to a campus authority, how likely is it that students would support the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely		Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)
sa_perc_11	If someone were to report a sexual assault to a campus authority, how likely is it that the alleged offender(s) or their associates would retaliate against the person	1=Very likely 2=Moderately likely 3=Slightly likely		Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)

		making the report?	4=Not at all likely	
	sa_perc_12	If someone were to report a sexual assault to a campus authority, how likely is it that the educational achievement/career of the person making the report would suffer?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)
Sexual violence and sexual assault	sa_train_pol	Have you received training in policies and procedures regarding incidents of sexual assault (e.g., what is defined as sexual assault, how to report an incident, confidential resources, procedures for investigating)?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)
	sa_train_prev	Have you received training in prevention of sexual assault?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)
	sa_train_use	How useful did you think the training was?	1=Very 2=Moderately 3=Somewhat 4=Slightly 5=Not useful	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014)
	sa_res_know	If a friend or I were sexually assaulted, I know where to go to get help.	1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014) Instruction for this item: "Please indicate your level of agreement following statements:"
	sa_proc_know	I understand my school's formal procedures to address complaints of sexual assault.	1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014) Instruction for this item: "Please indicate your level of agreement following statements:"
	sa_proc_conf	I have confidence that my school administers the formal procedures to address complaints of sexual assault fairly.	1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know	Not Alone: The First Report of the White House Task Force Students From Sexual Assault (2014) Instruction for this item: "Please indicate your level of agreement following statements:"

sa_exp_touch		Forced touching of a sexual nature (forced kissing, touching of private parts, grabbing, fondling, rubbing up against you in a sexual way, even if it was over your clothes)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Prevent Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual sexual contact you may have experienced since beginning at this institution with a person with whom you had the unwanted sexual contact could be a stranger or someone you know, such as a family member or someone you were dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact:"
sa_exp_oral		Oral sex (someone's mouth or tongue making contact with your genitals or your mouth or tongue making contact with someone else's genitals)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Prevent Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual sexual contact you may have experienced since beginning at this institution with a person with whom you had the unwanted sexual contact could be a stranger or someone you know, such as a family member or someone you were dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact:"

sa_exp_inc		Sexual intercourse (someone's penis being put in your vagina or anus)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual sexual contact you may have experienced since beginning at your school with whom you had the unwanted sexual contact could be a stranger or someone you know, such as a family member or friend, dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact."
sa_exp_anal		Anal sex (someone's penis being put in your anus)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual sexual contact you may have experienced since beginning at your school with whom you had the unwanted sexual contact could be a stranger or someone you know, such as a family member or friend, dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact."
sa_exp_pen		Sexual penetration with a finger or object (someone putting their finger or an object like a bottle or a candle in your vagina or anus)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual sexual contact you may have experienced since beginning at your school with whom you had the unwanted sexual contact could be a stranger or someone you know, such as a family member or friend, dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact."
sa_suc_phyforc_1		Has anyone had sexual contact with you by using physical force or threatening to physically harm you?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for these items: "The questions below ask about sexual contact that involved force or threats of force against you that began at your school. Force could include someone holding you down with their arms, hitting or kicking you, or using or threatening to use a weapon against you."
sa_att_phyforc		Has anyone attempted but not succeeded in having sexual contact with you by using or threatening to use physical force against you?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for these items: "The questions below ask about sexual contact that involved force or threats of force against you that began at your school. Force could include someone holding you down with their arms, hitting or kicking you, or using or threatening to use a weapon against you."

sa_drunk_1		<p>Since beginning at your school, has someone had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep?</p>	<p>1=Yes, I am certain this has happened. 2=I suspect this has happened but am not certain. 3=No, this has not happened.</p>	<p>Adapted from Not Alone: The First Report of the White House Task Force to Prevent Sexual Assault (2014)</p> <p>Instructions for this item: “The next question asks about your unwanted sexual contact while you were unable to provide consent. This question asks about times that you voluntarily consented to sexual contact while you were passed out, drugged, drunk, or incapacitated. These situations might include times that you voluntarily consented to sexual contact while you were given drugs and times that you were given drugs without your knowledge or consent.”</p>
sa_drunk_2_1		<p>When the person had sexual contact with you by using or threatening you with physical force, which of the following happened? (Select all that apply)</p>	<p>1=Forced touching of a sexual nature 2=Oral sex 3=Sexual intercourse 4=Anal sex 5=Sexual penetration with a finger or</p>	<p>Adapted from Not Alone: The First Report of the White House Task Force to Prevent Sexual Assault (2014)</p> <p>Instructions for this item: “Earlier you indicated that since beginning at your school, someone has had sexual contact with you by using or threatening to</p>

			object 6=Other (please specify)	physically harm you. The question below asks about that experience.
sa_drunk_2_1 sa_drunk_2_2 sa_drunk_2_3 sa_drunk_2_4 sa_drunk_2_5 sa_drunk_2_6 sa_drunk_2_6_text sa_drunk_2_7	When the person had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep, which of the following happened? (Select all that apply)		1=Forced touching of a sexual nature 2=Oral sex 3=Sexual intercourse 4=Anal sex 5=Sexual penetration with a finger or object 6= Other (please specify) 7=Don't know [mutually exclusive]	Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning of school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience."
sa_drunk_3	Just prior to the incident(s), had you been drinking alcohol?		1=Yes 0=No	Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning of school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience. Keep in mind that you are in no way responsible for the assault that occurred, even if you had been drinking alcohol."
sa_drunk_4	Were you drunk?		1=Yes 0=No	Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning of school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience."
sa_drunk_5	Just prior to the incident(s), had you voluntarily been taking or using any drugs other than alcohol?		1=Yes 0=No	Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning of school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience."
sa_drugged	Just prior to the incident(s), had you been given a drug without your knowledge or consent?		1=Yes 2=No 3=Don't know	Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning of school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience."

<p>Context and disclosure</p>	<p>sa_who_1 sa_who_2 sa_who_3 sa_who_4 sa_who_5 sa_who_6 sa_who_7 sa_who_8 sa_who_9 sa_who_10 sa_who_11 sa_who_12 sa_who_12_text</p>	<p>Whom did the unwanted behavior involve?(Select all that apply)</p>	<p>1=Stranger 2=Family member 3=Acquaintance 4=Coworker 5=Employer/supervisor 6=College professor/instructor 7=College staff 8=Non-romantic friend 9=Casual or first date 10=Current romantic partner 11=Ex-romantic partner 12=Other (please specify)</p>	<p>Adapted from Not Alone: The First Report of the White House Task Force to Prevent Campus Sexual Assault (2014)</p> <p>Instructions for these items: “For the next set of questions, please select the most serious incident if you had more than one, and answer the questions below about this experience.”</p>
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sa_who_stud		Was this person a student at your school?	1=Yes 2=No 3=Don't know	Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for these items: "For the next set of questions, please select the most serious incident if you had more than one, and answer the questions below about this experience."
sa_who_employ		Was this person affiliated with your school as an employee, staff, or faculty member?	1=Yes 2=No 3=Don't know	Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for these items: "For the next set of questions, please select the most serious incident if you had more than one, and answer the questions below about this experience."
sa_who_gender		What was the gender of the individual who did this to you?	1=Man 2=Woman 3=Another gender identity (please specify) 4=Don't know	Adapted from Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for these items: "For the next set of questions, please select the most serious incident if you had more than one, and answer the questions below about this experience."
sa_op_substance_1 sa_op_substance_2 sa_op_substance_3 sa_op_substance_4 sa_op_substance_5		Did the incident involve any of the following? (Select all that apply)	1=The other person's use of alcohol 2=Your use of alcohol 3=The other person's use of drugs 4=Your use of drugs 5=None of the above [mutually exclusive]	Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for these items: "For the next set of questions, please select the most serious incident if you had more than one, and answer the questions below about this experience."
sa_frighten		How frightened were you by the incident?	1=Extremely frightened 2=Somewhat frightened 3=Only a little frightened 4=Not at all frightened	Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for these items: "For the next set of questions, please select the most serious incident if you had more than one, and answer the questions below about this experience."
sa_loc_off sa_loc_on		Where did the incident occur? (Select all that apply)	1=Off-campus 2=On-campus	Adapted from Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for these items: "For the next set of questions, please select the most serious incident if you had more than one, and answer the questions below about this experience."

<p>sa_tell_1 sa_tell_2 sa_tell_3 sa_tell_4 sa_tell_5 sa_tell_6 sa_tell_7 sa_tell_8 sa_tell_9 sa_tell_10 sa_tell_11 sa_tell_12 sa_tell_12_text</p>	<p>Whom did you tell about the incident?(Select all that apply)</p>	<p>1=No one [mutually exclusive]2=Roommate 3=Close friend other than roommate4=Parent or guardian 5=Other family member6=Counselor 7=Faculty or staff 8=Residence hall staff9=Police 10=Romantic partner (other than the one who did this to you) 11=Campus sexual assault advocate12=Other (please specify)</p>	<p>Adapted from Not Alone: The First Report of the White House Task Force to Prevent Sexual Assault on Campus (2014)</p> <p>Instructions for these items: “For the next set of questions, pick the most serious incident if you had more than one, and answer the questions below about this experience.”</p>
<p>sa_sch_report</p>	<p>Did you use your school’s formal procedures to report the incident(s)?</p>	<p>1=Yes 0=No</p>	<p>Adapted from Not Alone: The First Report of the White House Task Force to Prevent Sexual Assault on Campus (2014)</p>

				Instructions for these items: "For the next set of questions, pick the most serious incident if you had more than one, and answer below about this experience."
	sa_sch_help	Did your school's formal procedures help you deal with the problem?	1=Didn't help me at all 2=Helped me a little 3=Helped, but could have helped more 4=Helped me a lot 5=Completely solved the problem	Not Alone: The First Report of the White House Task Force on Sexual Assault (2014) Instructions for these items: "For the next set of questions, pick the most serious incident if you had more than one, and answer below about this experience."

<p>sa_nodiscl_1 sa_nodiscl_2 sa_nodiscl_3 sa_nodiscl_4 sa_nodiscl_5 sa_nodiscl_6 sa_nodiscl_7 sa_nodiscl_8 sa_nodiscl_9 sa_nodiscl_10 sa_nodiscl_11 sa_nodiscl_12 sa_nodiscl_13 sa_nodiscl_14 sa_nodiscl_15 sa_nodiscl_16 sa_nodiscl_17 sa_nodiscl_18 sa_nodiscl_19 sa_nodiscl_20 sa_nodiscl_21 sa_nodiscl_22 sa_nodiscl_23 sa_nodiscl_24 sa_nodiscl_24_text</p>	<p>Why did you not tell anyone?(Select all that apply)</p>	<p>1=Ashamed/embarrassed 2=Is a private matter-wanted to dealwith it on own 3=Concerned others would find out 4=Didn't want the person who did it toget in trouble 5=Fear of retribution from the personwho did it 6=Fear of not being believed 7=Thought I would be blamed for whathappened 8=Didn't think what happened was serious enough to talk about 9=Didn't think others would think itwas serious 10=Thought people would try to tell mewhat to do 11=Would feel like an admission offailure 12=Didn't think others would think itwas important 13=Didn't think others wouldunderstand 14=Didn't have time to deal with it dueto academics, work, etc. 15=Didn't know reporting procedureon campus 16=Feared I or another would be punished for infractions or violations(such as underage drinking) 17=Did not feel the campus leadershipwould solve my problems 18=Feared others would harass me orreact negatively toward me 19=Thought nothing would be done 20=Didn't want others to worry aboutme 21=Wanted to forget it happened 22=Had other things I needed to focuson and was concerned about (classes, work) 23=Didn't think the school would do</p>	<p>Adapted from Not Alone: The First Report of the White House Task Force to Prevent Sexual Assault on Campus (2014)</p> <p>Instructions for these items: "For the next set of questions, pick the most seriousincident if you had more than one, and answer the questions below about this experience."</p>
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			anything about my report24=Other (please specify)	
Stalking	stalk	In the past 12 months, have you experienced stalking(e.g., someone waiting for you outside of your home, classroom, or workplace; repeated unwanted emails/phone calls)?	1=Ye s 0=N o	

(8) OVERALL HEALTH

Overall Health

The next questions will ask you about various aspects of your overall health. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Perceived healthstatus	health_perc	Overall, how you would describe your health?	1=Excellent 2=Good 3=Fair 4=Poor 5=Very poor	
Chronic disease	dx_chronic_1 dx_chronic_2 dx_chronic_3 dx_chronic_4 dx_chronic_5 dx_chronic_6 dx_chronic_7 dx_chronic_8 dx_chronic_9 dx_chronic_10 dx_chronic_11 dx_chronic_11_text dx_chronic_12 dx_chronic_13 dx_chronic_14 dx_chronic_14_TEXT dx_chronic_15 dx_chronic_any	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Diabetes 2=High blood pressure 3=Asthma 4=Thyroid disease (e.g., hypothyroid or hyperthyroid) 5=Gastrointestinal disease (e.g., Crohn's Disease, Ulcerative Colitis) 6=Arthritis 7=Sickle cell anemia 8=Seizure disorders (e.g., epilepsy) 9=Cancers 10=High cholesterol 11=HIV/AIDS 12=Other autoimmune disorder (please specify) 13=Other chronic disease (please specify) 14=No, never been diagnosed with a chronic disease. [mutually exclusive] 15=Don't know	
	exerc_changed	How much do you agree with the following statement?: My exercise habits have changed a lot since I began as a student at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

Concussion history	dx_conc	How many concussions have you experienced (diagnosed by a medical professional)?	1=None 2=1 3=2 4=3-5 5=6 or more	Instructions for this item: "Please read the following definition of symptoms of concussions before answering the next two questions." Definition of Concussion: A change in brain function following a blow to the head, which may be accompanied by temporary loss of consciousness but is identified in awake individuals with measures of neurocognitive dysfunction. Common concussion symptoms include: Feeling slowed down, Difficulty concentrating or focusing, Balance problems, loss of balance, Fatigue/lack of energy, Irritability, Drowsiness, Forgetting things (that happened before injury), Sensitivity to
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				light/noise, Blurred vision, Nausea. Important to remember: A concussion can occur without being 'knocked out' or unconscious. Getting your 'bell rung' and 'clearing the cobwebs' is a concussion."
	concussion_1	After reading the above description, how many undiagnosed concussions have you experienced?	1=None 2=1 3=2 4=3-5 5=6 or more	Instructions for this item: "Please read the following definition and symptoms of concussions before answering the next two of questions. Definition of Concussion: A change in brain function following a force to the head, which may be accompanied by temporary loss of consciousness, but is identified in awake individuals with measures of neurologic and cognitive dysfunction. Common concussion symptoms include: Headache, Feeling slowed down, Difficulty concentrating or focusing, Dizziness, balance problems, loss of balance, Fatigue/lack of energy, Feeling in a fog, Irritable, Drowsiness, Forgetting things (that happened before or after the injury), Sensitivity to light/noise, Blurred vision, Nausea. IMPORTANT TO REMEMBER: A concussion can occur without being 'knocked out' or unconscious. Getting your 'bell rung' and 'clearing the cobwebs' is a concussion."
	concussion_2	Please check the symptoms you experienced related to a concussion: (Select all that apply)	1=Headache 2=Vertigo (dizziness and/or balance problems) 3=Nausea 4=Fatigue 5=Increased sensitivity to noise or light 6=Depression 7=Anxiety 8=Anger/Irritability 9=Problems paying attention 10=Memory lapses (memories from before or after the injury) 11=Blurred vision 12=Other (please specify)	Display if response options 2-5 are selected for "After reading the above description, how many concussions have you experienced (diagnosed by a medical professional)?" or "After reading the above description, how many undiagnosed concussions have you experienced?"
Nutrition	eatprac_1	Do the following eating practices apply to you?: I am a vegetarian.	1=Yes 0=No	

	eatprac_2	Do the following eating practices apply to you?:I am vegan.	1=Yes 0=No	
	eatprac_3	Do the following eating practices apply to you?:I eat raw food (most of or all the time).	1=Yes 0=No	
	eatprac_frveg	How many servings of fruits and vegetables do you usually have per day? (1 serving is 1 medium piece of fruit, 1 cup raw leafy vegetables, 1/2 cup fresh/frozen/canned fruits/vegetables, 3/4 cup fruit/vegetable juice, or 1/4 dried fruit)	1=0 2=1-2 3=3-4 4=5 or more	Definition from American Heart Association 2014
Sexual health and behavior	sex_partner	With how many people have you had oral sex, vaginal intercourse, or anal intercourse in the past 12 months?	1=0 2=1 3=2 4=3 5=4 6=5-9 7=10 or more	
	sex_partner_f	In the past 12 months, did you have sexual partner(s) who were female?	1=Yes 0=No	

sex_partner_m	In the past 12 months, did you have sexual partner(s) who were male?	1=Yes 0=No	
sex_partner_t	In the past 12 months, did you have sexual partner(s) who were transgender?	1=Yes 0=No	
sex_30	In the past 30 days, with how many people have you had oral sex, vaginal intercourse, or anal intercourse?	1=0 2=1 3=2 4=3 or more	
sex_30_oral	In the past 30 days, did you have oral sex?	1=Yes 2=No 3=Don't know	
sex_30_vag	In the past 30 days, did you have vaginal intercourse?	1=Yes 2=No 3=Don't know	
sex_30_anal	In the past 30 days, did you have anal intercourse?	1=Yes 2=No 3=Don't know	
birthcontrol_1 birthcontrol_2 birthcontrol_3 birthcontrol_4 birthcontrol_5 birthcontrol_6 birthcontrol_7 birthcontrol_8 birthcontrol_9 birthcontrol_10 birthcontrol_10_text birthcontrol_11 birthcontrol_12	In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? (Select all that apply)	1=Male condom 2=Withdrawal (i.e., "pulling out") 3=Contraceptive pills 4=Contraceptive patch 5=Contraceptive ring (e.g., Nuvaring) 6=Contraceptive injectable (e.g., Depo-Provera shot) 7=Intrauterine device (IUD) 8=Contraceptive implant (e.g., implanon/nexplanon) 9=Emergency contraception (i.e., "morning after pill") 10=Other contraceptive method (please specify) 11=No contraceptive method was used. [mutually exclusive] 12=Don't know	
birthcontrol_always	In the past 30 days, did you or your partner(s) use	1=Yes	

		some form of birth control or protection (e.g. condoms, birth control pills) every single time you had sex?	2=N 0 3=Don't know	
	preg_no preg_yes_u preg_yes_in preg_dk	Have you or a sexual partner (current or past) ever become pregnant? (Select all that apply)	1=No [mutually exclusive] 2=Yes, unintentionally 3=Yes, intentionally 4=Don't know	
Substance use	alc_any	Over the past 2 weeks, did you drink any alcohol?	1=Yes 0=N 0	Included if 'Substance Use' module not selected
	binge_fr_m binge_fr_f binge_fr_o	Over the past 2 weeks, about many times have you had: five or more drinks* in a row (for males) OR four or more drinks* in a row (for females)? (* A drink is a bottle of beer, a glass of wine, a winecooler, a shot glass of liquor, or a mixed drink.)	1=Non e 2=Once e 3=Twice e 4=3 to 5 times 5=6 to 9 times 6=10 or more times 7=Don't know	Included if 'Substance Use' module not selected Definition adapted from National Institute on Alcohol Abuse and Alcoholism SDS19

smok_freq		Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	Included if 'Substance Use' module not selected
smok_vape		Over the past 30 days, have you used an electronic cigarette or vape pen?	1=Yes 2=No	Included if 'Substance Use' and 'Overall Health' modules both selected
smok_vape_mist		What did you think was in the mist you inhaled the last time you used a vaping device?	1=Any vaping 2=Vaping nicotine 3=Vaping Marijuana 4=Vaping "just flavoring"	Display if "Yes" is selected for "Over the past 30 days, have you used an electronic cigarette or vape pen?" National Institutes of Health Monitoring the Future survey (2011-2012)
drug_other2_text		Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Marijuana 2=Cocaine (any form, including crack, powder, or freebase) 3=Heroin 4=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed 5=Benzodiazepines (such as Valium, Ativan, Klonopin, Xanax, Rohypnal (Roofies)) 6=Methamphetamines (also known as speed, crystal meth, Tina, T, or ice) 7=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed 8=MDMA (also known as Ecstasy or Molly) 9=Ketamine (also known as K, Special K) 10=LSD (also known as acid) 11=Psilocybin (also known as magic mushrooms, boomers, shrooms) 12=Kratom 13=Athletic performance enhancers (anything that violates policies set by your school or any athletic governing body) 14=Other drugs without a prescription or more than prescribed	Included if 'Substance Use' module not selected Display response option "13=Performance enhancers" if "3=Intercollegiate varsity" is selected for "What activities do you participate in at your school?"

			prescription (please specify) 15=No, none of these [mutually exclusive]	
Sleep	Q9_22_1	During this school year, at approximately what time have you typically gone to sleep on:	1=12:00pm 2=1:00pm	Included if 'Sleep' module not selected

		Weeknights?	3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	
	Q9_22_2	During this school year, at approximately what time have you typically gone to sleep on: Weekend nights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	Included if 'Sleep' module not selected

	Q9_23_1	During this school year, at approximately what time have you typically woken up on Weekdays?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm	Included if 'Sleep' module not selected
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			<p>7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am</p>	
	Q9_23_2	<p>During this school year, at approximately what time have you typically woken up on: Weekend days?</p>	<p>1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am</p>	<p>Included if 'Sleep' module not selectedSES</p>
	Q9_24	<p>During this school year, on how many days have you taken naps during a typical week?</p>	<p>1=I don't take naps. 2=1 3=2 4=3 5=4 6=5 7=6 8=7</p>	<p>Included if 'Sleep' module not selected</p>

(g) KNOWLEDGE AND ATTITUDES ABOUT MENTAL HEALTH AND MENTAL HEALTH SERVICES

Knowledge and Beliefs about Services

The next questions will ask you about your knowledge and beliefs about services and treatment for mental health. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Knowledge of mental illness and treatments	know_sp	Relative to the average person, how knowledgeable are you about mental illnesses (such as depression and anxiety disorders) and their treatments?	1=Well above average 2=Above average 3=Average 4=Below average 5=Well below average	
	dep_tx_know_1 dep_tx_know_2 dep_tx_know_3 dep_tx_know_4	As far as you know, which of the following are generally considered highly effective treatments for depression? (Select all that apply)	1=Cognitive behavioral therapy (CBT) 2=Antidepressant medication 3=Psychoanalysis 4=Psychostimulant medication (e.g., Ritalin)	
	dep_sx_know_1 dep_sx_know_2 dep_sx_know_3 dep_sx_know_4	As far as you know, which of the following are common symptoms of depression? (Select all that apply)	1=Sleep changes (substantial increases or decreases) 2=Hallucinations or delusions 3=Appetite changes (substantial increases or decreases) 4=Reduced interest in usual activities	
	anx_help_know_1 anx_help_know_2 anx_help_know_3 anx_help_know_4	As far as you know, which of the following are considered to be effective self-help strategies for reducing anxiety? (Select all that apply)	1=Physical exercise 2=Spending more time alone 3=Slow breathing exercises 4=Meditation	
	ea_sx_know_1 ea_sx_know_2 ea_sx_know_3 ea_sx_know_4 ea_sx_know_5 ea_sx_know_6	As far as you know, which of the following are common symptoms of eating disorders? (Select all that apply)	1=Dramatic weight loss 2=Strong need for control 3=Restrictive eating/fasting 4=Self-induced vomiting, abuse of laxatives, diet pills and/or diuretics 5=Rapid, uninterruptible speech 6=Eating an unusually large amount of food while feeling out of control	
	gk_1	How much do you agree with the following statement?: I have a good idea of how to recognize that someone is in emotional or mental distress.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

	gk_2	How much do you agree with the following statement?:I feel confident in helping someone with a mental health problem.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	gkt_any	Have you ever participated in a mental healthgatekeeper-training program? (A program to enhance your skills to recognize signs ofemotional distress in other people and refer them to	1=Ye s 0=N o	

		appropriate resources. Examples include Mental Health First Aid, Question, Persuade, Refer (QPR), and At-Risk.)		
Knowledge and perceptions of campus services	knowwher	How much do you agree with the following statement?: If I needed to seek professional help for my mental or emotional health, I would know where to go on my campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	outreach_aware	Are you aware of mental health outreach efforts on your campus (such as educational programs, awareness events, anti-stigma campaigns, screening days)?	1=Yes 0=No	
	heard	What have you heard from other students about the quality of mental health and psychological counseling services on your campus?	1=I have mostly heard negative opinions. 2=I have heard an even mix of negative and positive opinions. 3=I have mostly heard positive opinions. 4=I haven't heard anything.	
	camp_supp	How much do you agree with the following statement?: There is a good support system on campus for students going through difficult times.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Beliefs about treatment efficacy	med_help	How helpful on average do you think medication is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	meds_help_me	How helpful on average do you think medication would be for you if you were having mental or emotional health problems?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	ther_help	How helpful on average do you think therapy or counseling is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	

	ther_help_me	How helpful on average do you think therapy or counseling would be for you if you were having mental or emotional health problems?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
Identity, secrecy, and disclosure	dep_secret	How much do you agree with the following statement?: When I feel depressed or sad, I tend to keep those feelings to myself.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	men_ill_ash	How much do you agree with the following statement?: Sometimes I feel ashamed of having a mental illness.	1=Strongly agree 2=Agree 3=Somewhat agree	Display if "Strongly Agree", "Agree", or "Somewhat agree" is "When I feel depressed or sad, I tend to keep those feelings to myself."

			4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	men_ill_secret	How much do you agree with the following statement?: Sometimes I keep my mental illness a secret.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display if “Strongly Agree”, “Agree”, or “Somewhat agree” is “When I feel depressed or sad, I tend to keep those feelings t
Perceived stigma	stig_pcv_2	How much do you agree with the following statement?: Most people would willingly accept someone who has received mental health treatment as a close friend.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	stig_pcv_3	How much do you agree with the following statement?: Most people feel that receiving mental health treatment is a sign of personal failure.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	stig_per_1	How much do you agree with the following statement?: Most people think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Personal stigma	stig_per_2	How much do you agree with the following statement?: I would willingly accept someone who has received mental health treatment as a close friend.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	stig_per_3	How much do you agree with the following statement?: I feel that receiving mental health treatment is a sign of personal failure.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

Other factors	txfrf	As far as you know, how many of your close friends or family have ever sought professional help for an emotional or mental health problem?	1=None 2=At least 1 or 2 3=3 or more 4=Don't know	
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(10) UPSTANDER/BYSTANDER BEHAVIORS

Witnessing and Reacting to Difficult Situations on Campus

The next questions will ask you about difficult situations that you may have witnessed on your campus in the past year and whether you have intervened (by trying to help). Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Campus climate around upstanding	cli_look	How much do you agree with the following statement?: At my school, we are a campus where we look out for each other.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	cli_resp_fr	How much do you agree with the following statement?: I am responsible to help if a friend is struggling.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	cli_resp_cl	How much do you agree with the following statement?: I am responsible to help if a classmate is struggling.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Witnessing	witness_1 witness_2 witness_3 witness_4 witness_5 witness_6 witness_6_text witness_7	In the past year, I have witnessed the following situations on my campus: (Select all that apply)	1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight 6=Other (please specify) 7=None of the above [mutually exclusive]	
Upstanding	inter_hy_dr	How much do you agree with the following statement?: If I saw someone was drinking too much, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

	inter_hy_sa	How much do you agree with the following statement?:If I saw someone was at risk of being sexually assaulted, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	inter_hy_hl	How much do you agree with the following statement?:	1=Strongly agree	

		If I saw someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments), I would intervene (by trying to help).	2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	inter_hy_sui	How much do you agree with the following statement?: If I saw someone was experiencing significant emotional distress or thoughts of suicide, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	inter_hy_phys	How much do you agree with the following statement?: If I saw there was a physical altercation/fight, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	inter_y_1 inter_y_2 inter_y_3 inter_y_4 inter_y_5 inter_y_6 inter_y_6_text inter_y_7	In the past year, I have intervened (by trying to help) in the following situations on my campus: (Select all that apply)	1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight 6=Other (please specify) 7=None of the above [mutually exclusive]	
	inter_help	How much do you agree with the following statement?: When I intervened, I was able to make the situation better. (If you intervened in multiple situations, please consider them as a whole.)	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

Bystanding	<p>inter_n_1 inter_n_2 inter_n_3 inter_n_4 inter_n_5 inter_n_6 inter_n_6_text inter_n_7</p>	<p>In the past year, I witnessed the following risky or difficult situations on my campus but did not intervene: (Select all that apply)</p>	<p>1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight. 6=Other (please specify) 7=None of the above [mutually exclusive]</p>	
	inter_n_why_1	I decided not to intervene because...	1=I was afraid of embarrassing myself.	

	inter_n_why_2 inter_n_why_3 inter_n_why_4 inter_n_why_5 inter_n_why_6 inter_n_why_6 inter_n_why_7 inter_n_why_8 inter_n_why_9 inter_n_why_9_text	(Select all that apply)	2=I assumed someone else would dosomething. 3=I didn't know what to do. 4=I didn't feel confident. 5=I felt it was none of my business. 6=I was afraid my friends wouldn'tsupport me. 7=I felt it was unsafe. 8=I was afraid I'd get in trouble. 9=Other (please specify)	
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(11) MENTAL HEALTH CLIMATE

Campus Climate and Culture

The next questions will ask you about the campus climate and culture and how you feel about this. Remember that your responses are confidential and you may choose to skip questions or stopresponding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Sense of belonging	belong2	How much do you agree with the following statement?: I fit in well at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Sense of and Academic Fit (Walton & Cohen, 2007)
	belong8	How much do you agree with the following statement?: I feel isolated from campus life.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	belong9	How much do you agree with the following statement?: Other people understand more than I do about what is going on at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Sense of and Academic Fit (Walton & Cohen, 2007)
Perceptions of campus climate	mh_prior	How much do you agree with the following statement?: At my school, I feel that students' mental and emotional well-being is a priority.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	cli_free	How much do you agree with the following statement?: At my school, I feel that the campus climate encourages free and open discussion about mental and emotional health.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

	st_promote	How much do you agree with the following statement?: At my school, students are working to promote mental health on campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	admin_listen	How much do you agree with the following statement?: At my school, the administration is listening to the concerns of students when it comes to health and wellness.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	env_mh	How much do you agree with the following statement?:	1=Strongly agree	

		At my school, I feel that the campus environment has a negative impact on students' mental and emotional health.	2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	env_body	How much do you agree with the following statement?: At my school, I feel that the campus environment has a negative impact on students' eating and body image.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Feelings of safety	safe_on_day	How safe do you feel on your campus during the day?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
	safe_on_night	How safe do you feel on your campus at night?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
	safe_off_day	How safe do you feel in the community surrounding your campus during the day?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
	safe_off_night	How safe do you feel in the community surrounding your campus at night?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
Diversity and discrimination	divers	How much do you agree with the following statement?: At my school, I have been exposed to diverse opinions, cultures, and values.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree	

			6=Strongly disagree	
	discrim	In the past 12 months, how many times have you been treated unfairly because of your race, ethnicity, gender, sexual orientation, or cultural background?	1=Never 2=Once in awhile 3=Sometimes 4=A lot 5=Most of the time 6=Almost all of the time	

(12) CLIMATE FOR DIVERSITY AND INCLUSION

Climate for Diversity and Inclusion

The next questions will ask you about your perceptions of campus climate, sense of belonging, and student identity. Remember that your responses are confidential, your participation voluntary, and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATIONS/NOTE
School climate				
	hostile_friendly	Using the scale below, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Friendly - Hostile	1=Very hostile 2=Somewhat hostile 3=Neither hostile nor friendly 4=Somewhat friendly 5=Very friendly	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this section: "Please read the following definition of climate before answering the next questions. Definition of Climate: Climate refers to your view of how things generally work in your campus environment e.g.: common attitudes, practices, or behaviors.
	uncoop_coop	Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Cooperative - Uncooperative	1= Very uncooperative 2= Somewhat uncooperative 3=Neither uncooperative nor cooperative 4= Somewhat cooperative 5= Very cooperative	Adapted from Perception of Campus Climate (Rankin, 1998)
	notwelc_welc	Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Welcoming - Not welcoming	1=Welcoming 2=Somewhat welcoming 3=Neither welcoming nor not welcoming 4=Somewhat not welcoming 5=Not Welcoming	Adapted from Perception of Campus Climate (Rankin, 1998)
	disresp_resp	Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Respectful - Disrespectful	1=Very respectful 2=Somewhat respectful 3=Neither respectful nor disrespectful 4=Somewhat disrespectful 5=Very disrespectful	Adapted from Perception of Campus Climate (Rankin, 1998)

	uncomfort_comfort	Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Comfortable - Uncomfortable	1=Very comfortable 2=Somewhat comfortable 3=Neither comfortable nor uncomfortable 4=Somewhat uncomfortable 5=Very uncomfortable	Adapted from Perception of Campus Climate (Rankin, 1998)
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	cli_disab	Students with disabilities	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	cli_women	Women students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	cli_nonwhite	Racial/ethnic minority students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	cli_LGB	Gay, lesbian and bisexual students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	cli_TQ	Transgender and genderqueer students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	cli_relig_nch	Students from religious beliefs and backgrounds other than Christian	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"

	cli_relig_ch	Students with Christian religious beliefs and backgrounds	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	cli_immigrant	Students who are immigrants	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)

			5=Welcoming	Instructions for this item: “Please rate the climate at [school name] in general for persons from the following backgrounds:”
	cli_firstgen	Students who are the first in their family to attend college (first- generation)	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: “Please rate the climate at [school name] in general for persons from the following backgrounds:”
	cli_noncitizen	Students who are not U.S. citizens	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: “Please rate the climate at [school name] in general for persons from the following backgrounds:”
	cli_nonengl	Students who are non-native Englishspeakers	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: “Please rate the climate at [school name] in general for persons from the following backgrounds:”
	cli_lowses	Students of low socioeconomic status	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: “Please rate the climate at [school name] in general for persons from the following backgrounds:”
	cli_black	African American/African/Black	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don’t know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	cli_ainaan	American Indian/Alaskan Native	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don’t know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?

	cli_asian	Asian/Asian American	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
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	cli_sai	South Asian/Indian	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	cli_his	Hispanic/Latinx	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	cli_mides	Middle Eastern/Arab/ArabAmerican	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	cli_pi	Pacific Islander/Native Hawaiian	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	cli_white	White	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?

	cli_sh_exclass cli_sh_dydept cli_sh_campusnews cli_sh_natnews cli_sh_othstu cli_sh_faculty cli_sh_staff cli_sh_oth cli_sh_oth_TEXT	You just answered several questions about the climate at [school name]. What most shaped your answers and your sense of the climate at [school name]? (Click-and-drag to rank-order the influences below)	1=Your experiences in the classroom 2= Dynamics in your department, major, or school 3=General campus-wide news and events 4=National events, news, and headlines 5=Interactions with other students 6=Interactions with faculty 7=Interactions with staff 8=Other (please specify)	Adapted from Perception of Campus Climate (Rankin, 1998)
	excl_env	Over the past 12 months, have you observed any conduct or communications directed toward a	1= Yes 2= No	Adapted from Perception of Campus Climate (Rankin, 1998)

		person or group of people at [schoolname] that you believe has created an exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) working, learning or living environment?		
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	<p>excl_age excl_ancestry excl_country excl_field excl_edu excl_accent excl_ethn excl_genderid exl_genderexp excl_immigrant excl_international excl_idisab excl_relship excl_medical excl_org excl_military excl_children excl_heightweight excl_pdisab excl_phil excl_poli excl_position excl_preg excl_psych excl_race excl_relig excl_sex excl_ses excl_oth excl_org_TEXT excl_oth_TEXT</p>	<p>What do you believe were the basesfor this conduct? (Select all that apply)</p>	<p>1=Age 2=Ancestry (where persons family or relatives are from) 3=Country of origin (where person was born or raised) 4=Discipline of study 5=Educational level 6=English language proficiency/accent 7=Ethnicity 8=Gender identity (how a person identifies; for example as male, female, transgender, gender fluid, or something else) 9=Gender expression (usually expressed through behavior, clothing, haircut or voice; may or may not conform to socially defined behaviors and characteristics typically associated with being masculine or feminine) 10=Immigrant/citizen status 11=International status 12=Learning/intellectual disability 13=Marital status (e.g., single, married, partnered) 14=Medical condition 15=Military/veteran status 16=Parental status (e.g., having children) 17=Participation in an organization/team (Please specify in the box below) 18=Height/weight 19=Physical disability 20=Philosophical views 21=Political views 22=Position (staff, faculty, student) 23=Pregnancy 24=Psychological condition 25=Race</p>	<p>Adapted from Perception of Campus Climate(Rankin, 1998)</p>
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			26=Religious/spiritual views 27=Sexual identity/orientation 28=Socioeconomic status 29=Don't know 30=Other (please specify)	
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Sense of belonging				
	exp_value	I feel valued as an individual at this school.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Considering your experiences over the past 12 months, indicate the extent to which you agree or disagree with the following statement."
	exp_belong	I feel I belong at this school.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Considering your experiences over the past 12 months, indicate the extent to which you agree or disagree with the following statement."
	exp_leave	I have considered leaving this school because I felt isolated or unwelcomed.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Considering your experiences over the past 12 months, indicate the extent to which you agree or disagree with the following statement."
	exp_fullpot	This university is a place where I am able to perform up to my full potential.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Considering your experiences over the past 12 months, indicate the extent to which you agree or disagree with the following statement."
	exp_community	I have found one or more communities or groups where I feel I belong at this school.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Considering your experiences over the past 12 months, indicate the extent to which you agree or disagree with the following statement."

	val_faculty	Faculty	1=Strongly disagree 2=Disagree	Instructions for this item: "At [school], I feel valued and listened to by:"
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			3=Neither agree nordisagree 4=Agree 5=Strongly agree	
	val_TA	Student instructors (GSIs/TAs)	1=Strongly disagree 2=Disagree 3=Neither agree nordisagree 4=Agree 5=Strongly agree	Instructions for this item: “At [school], I feel valued and listened to by:”
	val_othstu	Other students	1=Strongly disagree 2=Disagree 3=Neither agree nordisagree 4=Agree 5=Strongly agree	Instructions for this item: “At [school], I feel valued and listened to by:”
	val_staff	Staff members	1=Strongly disagree 2=Disagree 3=Neither agree nordisagree 4=Agree 5=Strongly agree	Instructions for this item: “At [school], I feel valued and listened to by:”
	val_admin	University administrators	1=Strongly disagree 2=Disagree 3=Neither agree nordisagree 4=Agree 5=Strongly agree	Instructions for this item: “At [school], I feel valued and listened to by:”
	val_oth_uni	Other university mentors/advisors	1=Strongly disagree 2=Disagree 3=Neither agree nordisagree 4=Agree 5=Strongly	Instructions for this item: “At [school], I feel valued and listened to by:”

			agree	
Experiences of discrimination	fair_campus	...on campus in general	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements: 'I am treated fairly and equitably...'"
	fair_inclass	...in classrooms and classroom settings (e.g., labs, recitation sessions, clinical environments, etc.)	1=Strongly disagree 2=Disagree	Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements: 'I am treated fairly and equitably...'"

			3=Neither agree nor disagree 4=Agree 5=Strongly agree	
	fair_outclass	...in out-of-classroom University spaces (e.g., workshops, co- curricular offerings, etc.)	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements: 'I am treated fairly and equitably...'"
	safe_campus	I have been concerned about my personal safety on campus.	1=Strongly agree 2=Agree 3=Disagree 4=Strongly disagree 5=Haven't thought about this	We are interested in learning about your experiences at your school in the past 12 months. Please indicate the extent to which you agree or disagree with the following statement:
	excl_pers	Over the past 12 months, have you personally experienced any exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) behavior at your school?	1= No 2=Yes, but it did not interfere with my ability to work or learn. 3=Yes, and it interfered with my ability to work or learn.	Adapted from Perception of Campus Climate (Rankin, 1998)
	excl_pers_age	Age	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	excl_pers_ancestry	Ancestry	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"

	excl_pers_country	Country of origin	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, often have you experienced it?"
	excl_pers_field	Discipline of study	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998)

				Instructions for this item: “What do you believe the conduct was based upon, often have you experienced it?”
	excl_pers_edu	Educational level	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: “What do you believe the conduct was based upon, often have you experienced it?”
	excl_pers_accent	English language proficiency/accnt	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: “What do you believe the conduct was based upon, often have you experienced it?”
	excl_pers_ethn	Ethnicity	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: “What do you believe the conduct was based upon, often have you experienced it?”
	excl_pers_genderid	Gender identity	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: “What do you believe the conduct was based upon, often have you experienced it?”
	excl_pers_genderexp	Gender expression	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: “What do you believe the conduct was based upon, often have you experienced it?”
	excl_pers_immigrant	Immigrant/citizen status	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: “What do you believe the conduct was based upon, often have you experienced it?”

	excl_pers_international	International status	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, often have you experienced it?"
	excl_pers_idisab	Learning/intellectual disability	1=Never	Adapted from Perception of Campus Climate

			2=1-2 times 3=3 or more times 4=Not applicable	(Rankin, 1998) Instructions for this item: “What do you believe the conduct was based upon, often have you experienced it?”
	excl_pers_relship	Marital status (e.g., single, married,partnered)	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: “What do you believe the conduct was based upon, often have you experienced it?”
	excl_pers_medical	Medical condition	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: “What do you believe the conduct was based upon, often have you experienced it?”
	excl_pers_military	Military/veteran status	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: “What do you believe the conduct was based upon, often have you experienced it?”
	excl_pers_children	Parental status (e.g. having children)	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: “What do you believe the conduct was based upon, have you experienced it?”
	excl_pers_org excl_pers_org_TEX T	Participation in an organization/team (please specify in box below)	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: “What do you believe the conduct was based upon, have you experienced it?”
	excl_pers_heightweight	Height/weight	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: “What do you believe the conduct was based upon, have you experienced it?”

			applicable	
	excl_pers_pdisab	Physical disability	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, have you experienced it?"

	excl_pers_phil	Philosophical views	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, have you experienced it?"
	excl_pers_poli	Political views	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, have you experienced it?"
	excl_pers_position	Position (e.g., staff, faculty, student)	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, have you experienced it?"
	excl_pers_preg	Pregnancy	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, have you experienced it?"
	excl_pers_psych	Psychological condition	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, have you experienced it?"
	excl_pers_race	Race	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, have you experienced it?"

	excl_pers_relig	Religious/spiritual views	1=Never 2=1-2 times 3=3 or more times4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, have you experienced it?"
	excl_pers_sexid	Sexual identity/orientation	1=Never 2=1-2 times 3=3 or more times	Adapted from Perception of Campus Climate(Rankin, 1998)

			4=Not applicable	Instructions for this item: "What do you believe the conduct was based upon, have you experienced it?"
	excl_pers_ses	Socioeconomic status	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, have you experienced it?"
	excl_pers_dk	Don't know	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, have you experienced it?"
	excl_pers_oth excl_pers_oth_TEXT	Other (please specify in box below)	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate(Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, have you experienced it?"
	exp_rude	Being treated rudely or disrespectfully	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles(Harrell, 1997) Instructions for this item: "Please note whether and how often you have experienced each of the following events in the past year at [school]:"
	exp_accuse	Being accused of something or treated suspiciously	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles(Harrell, 1997) Instructions for this item: "Please note whether and how often you have experienced each of the following events in the past year at [school]:"
	exp_othersafraid	Others reacting to you as if they were afraid or intimidated	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles(Harrell, 1997) Instructions for this item: "Please note whether and how often you have experienced each of the following events in the past year at [school]:"

	exp_ideaignore	Your ideas or opinions minimized, ignored or devalued	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles(Harrell, 1997) Instructions for this item: "Please note whether and how often you have experienced each of the following events in the past year at [school]."
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	exp_offendjoke	Overhearing or being told anoffensive joke or comment	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: “Please note whether and how often you have experienced each of the following events in the past year at [school]:”
	exp_stupid	Being treated as if you were “stupid”,being “talked down to”	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: “Please note whether and how often you have experienced each of the following events in the past year at [school]:”
	exp_notserious	Not being taken seriously	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: “Please note whether and how often you have experienced each of the following events in the past year at [school]:”
	exp_superficial	Being treated in an “overly” friendlyor superficial way	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: “Please note whether and how often you have experienced each of the following events in the past year at [school]:”
	exp_re_prof	...did professors call on you less thanothers because of your race/ethnicity?	1=Almost never 2=Not very often 3=Sometimes 4=Fairly often 5=Very often	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: “Please note whether and how often you have experienced each of the following events in the past year at [school]:”
	exp_re_fear	...did you have fears of representingyour racial/ethnic group in a negative way discouraged you from participating in class?	1=Almost never 2=Not very often 3=Sometimes 4=Fairly often 5=Very often	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: “Please note whether and how often you have experienced each of the following events in the past year at [school]:”

	exp_re_speakall	...did you feel that others were taking your opinion as speaking for all members of your racial/ethnic group?	1=Almost never 2=Not very often 3=Sometimes 4=Fairly often 5=Very often	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experienced each of the following events in the past year at [school]:"
Identity connectedness				
	group_belong	Please indicate the extent to which you agree or disagree with the	1=Strongly disagree 2=Somewhat disagree	

		following statement: I have a group, community, or social circle at [school] where I feel I belong (feel at home, known, connected to, supported in my identity)	3=Somewhat agree 4=Strongly agree	
	group_TEXT	Please describe this group/community/social circle:	[open text]	
	group_postive	Participating in this community is a positive thing for you.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012) Instructions for this item: “Thinking about this group, community or social circle, please indicate the extent to which you agree or disagree with the following statements:”
	group_bond	You feel a bond with this community.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012) Instructions for this item: “Thinking about this group, community or social circle, please indicate the extent to which you agree or disagree with the following statements:”
	group_proud	You are proud of this community.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012) Instructions for this item: “Thinking about this group, community or social circle, please indicate the extent to which you agree or disagree with the following statements:”
	group_active	It is important to you to be active in this community.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012) Instructions for this item: “Thinking about this group, community or social circle, please indicate the extent to which you agree or disagree with the following statements:”

	friend_re	Racial/ethnic identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: "What percentage of your friends share your:"
	friend_sexid	Sexual identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: "What percentage of your friends share your:"
	friend_genderid	Gender/gender identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: "What percentage of your friends share your:"

	friend_religid	Religious/spiritual identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: "What percentage of your friends share your:"
	social_re	Racial/ethnic identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: "How often do you attend meetings, events, activities, clubs, social gatherings, etc., that support your:"
	social_sexid	Sexual identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: "How often do you attend meetings, events, activities, clubs, social gatherings, etc., that support your:"
	social_genderid	Gender/gender identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: "How often do you attend meetings, events, activities, clubs, social gatherings, etc., that support your:"
	social_religid	Religious/spiritual identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: "How often do you attend meetings, events, activities, clubs, social gatherings, etc., that support your:"
	re_find	I have spent time trying to find out more about my ethnic group, such as its history, traditions, and customs.	1=Strongly disagree 2=Disagree 3=Agree 4=Strongly agree	Revised MEIM-R (adapted from Phinney, 1992 and Phinney & Ong, 2007) Instructions for this item: "The following questions ask you about your ethnicity. Remember there are no right or wrong answers, just answer as accurately as you can. Please indicate the extent to which you agree or disagree with the following statements."
	re_done	I have often done things that will help me understand my ethnic background better.	1=Strongly disagree 2=Disagree 3=Agree 4=Strongly agree	Revised MEIM-R (adapted from Phinney, 1992 and Phinney & Ong, 2007) Instructions for this item: "The following questions ask you about your ethnicity. Remember there are no right or wrong answers, just answer as accurately as you can. Please indicate the extent to which you agree or disagree with the following statements."
	re_talkothers	I have often talked to other people in order to learn more about my ethnic group.	1=Strongly disagree 2=Disagree	Revised MEIM-R (adapted from Phinney, 1992 and Phinney & Ong, 2007)

			3=Agree 4=Strongly agree	
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				<p>Instructions for this item: “The following questions ask you about your ethnic identity. Remember there are no right or wrong answers, just answer as accurately as you can. Please indicate the extent to which you agree or disagree with the following statements.”</p>
	re_important	Being a member of my racial/ethnic group is an important reflection of who I am.	<p>1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree</p>	<p>(Crocker, 1992; Sellers, 1998)</p> <p>Instructions for this item: “People may think about their racial or ethnic identity in different ways. Please respond how much you agree or disagree with the following statements.”</p>
	re_belong	I have a strong sense of belonging with other people in my racial/ethnic group.	<p>1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree</p>	<p>(Crocker, 1992 and Sellers, 1998)</p> <p>Instructions for this item: “People may think about their racial or ethnic identity in different ways. Please respond how much you agree or disagree with the following statements.”</p>
	re_attachment	I have a strong attachment to other people in my racial/ethnic group.	<p>1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree</p>	<p>(Crocker, 1992 and Sellers, 1998)</p> <p>Instructions for this item: “People may think about their racial or ethnic identity in different ways. Please respond how much you agree or disagree with the following statements.”</p>

<p>Perceptions of campus programs/policies/efforts</p>	<p>campus_DEI campus_CDO campus_DEIpres campus_LGBTQc campus_multisc campus_firstgenc campus_international campus_DEImission campus_diversreq campus_DEIlearn campus_inclteach campus_diversscholar campus_undocufund campus_genderbathroom campus_nondiscrimination campus_pronoun campus_vetcoord campus_oth campus_oth_TEXT</p>	<p>Please check the policies, programs or initiatives that you are aware yourschool has (check all that apply):</p>	<p>1=Diversity, Equity, Inclusion or related strategic plan 4=Chief Diversity Officer or other senior-level administrator focused on diversity, equity and inclusion 5=President who cares about diversity, equity and inclusion 6=LGBTQ Center 7=Multicultural student Center 8=Resources for international students 9=Diversity, inclusion and equity are part of the core mission of the university 10=Race, ethnicity, diversity or related course requirement 11=Ample opportunities and options to enhance student learning about diversity, inclusion and equity issues on campus and within the larger community 12=Many resources for faculty/staff to support the development of inclusive teaching and meet the needs of a diverse campus. 13=Scholarships designed to help diversify the student body 14=In state tuition, funding or scholarships available for undocumented students 15=Gender neutral bathroom options 16=Comprehensive nondiscrimination policy that includes race, sex, gender identity and expression, sexuality, color,</p>	<p>Awareness of Campus Diversity, Equity, and Inclusion Efforts</p>
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			religion, creed, national origin or ancestry, age, and marital status 17=Policy/procedure allowing students to indicate their preferred name and pronoun on campus records (e.g. course rosters and directory listings) 18=Veterans services coordinator 17=Student health insurance coverage for transition-related medical expenses (e.g., hormone replacement therapy) 18=gender neutral housing options 19=Other (please specify) 20=Center for First-Generation Students	
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	effort_divers	[School name] makes a genuine effort to recruit a diverse community of students.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Racial Climate subscale(Reid & Radhakrishnan, 2003) Instructions for this item: "Please rate the extent to which you agree or disagree the following statements:..."
	resp_culture	[School name] fosters respect for cultural differences.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Racial Climate subscale(Reid & Radhakrishnan, 2003) Instructions for this item: "Please rate the extent to which you agree or disagree the following statements:..."
	effort_divers_belong	[School name] has made a special effort to help students from diverse backgrounds feel like they belong on campus.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Racial Climate subscale(Reid & Radhakrishnan, 2003) Instructions for this item: "Please rate the extent to which you agree or disagree the following statements:..."
	time_activ	How much time do you spend during a typical week participating in campus activities, organizations, sports, or extracurriculars connected to [School name]? (Do not include time spent in classes or homework.)	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	

(13) COMPETITION

Stress and Competition

The next questions will ask you about stress and competition. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Stress mindset	stress1	Experiencing stress depletes health and vitality.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013) Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements."
	stress2	Experiencing stress enhances performance and productivity.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013) Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements."
	stress3	Experiencing stress inhibits learning and growth.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013) Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements."
	stress4	The effects of stress are positive and should be utilized.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013) Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements."
Perceived competition	compet_cl	How would you rate the overall competitiveness among students in your current classes?	1=Very competitive 2=Competitive 3=Somewhat competitive 4=Not competitive 5=Very uncompetitive	
	compet_sch	How would you rate the overall competitiveness among students at your school?	1=Very competitive 2=Competitive 3=Somewhat competitive 4=Not competitive 5=Very uncompetitive	

	compet_field	How would you rate the overall competitiveness among students in your field of study?	1=Very competitive 2=Competitive 3=Somewhat competitive 4=Not competitive 5=Very uncompetitive	
	grade_curv	How frequently do instructors in your major/field of study grade your work on a curve (adjust grades based on the grade distribution among students in a class)?	1=Never 2=Almost never 3=Occasionally/sometimes 4=Almost every time 5=Every time	
Clarifying achievement goals and their impact	achieve1	How much do you agree with the following statements?: It is very important to me to do well in my courses.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree	Adapted from Achievement Goal Inventory (Grant & Dweck, 2003)

			5=Strongly agree	
	achieve4	How much do you agree with the following statements?: It is important to me to confirm my intelligence through myschoolwork.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Achievement Goal Inventory(Grant & Dweck, 2003)
	achieve14	How much do you agree with the following statements?: In school I am always seeking opportunities to develop new skills andacquire new knowledge.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Achievement Goal Inventory(Grant & Dweck, 2003)
	achieve18	How much do you agree with the following statements?: It is very important to me to feel that my coursework offers me realchallenges.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Achievement Goal Inventory(Grant & Dweck, 2003)

(14) RESILIENCE AND COPING

Resilience and Coping

The next questions will ask you about how you respond to stressful feelings and experiences. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Psychological inflexibility/experiential avoidance	AAQ_1	My painful experiences and memories make it difficult for me to live a life that I would value.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	AAQ_2	I'm afraid of my feelings.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	AAQ_3	I worry about not being able to control my worries and feelings.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	AAQ_4	My painful memories prevent me from having a fulfilling life.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."

			always true 7=Always true	
	AAQ_5	Emotions cause problems in my life.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	AAQ_6	It seems like most people are handling their lives better than I am.	1=Never true 2=Very seldom true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011)

			3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	AAQ_7	Worries get in the way of my success.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
Emotional resilience	BRS_1	I tend to bounce back quickly after hard times.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements."
	BRS_2	I have a hard time making it through stressful events.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements."
	BRS_3	It does not take me long to recover from a stressful event.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements."
	BRS_4	It is hard for me to snap back when something bad happens.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements."

	BRS_5	I usually come through difficult times with little trouble.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent you agree with each of the following statements:"
	BRS_6	I tend to take a long time to get over setbacks in my life.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent you agree with each of the following statements:"

(15) PERSISTENCE AND RETENTION

Academic Experiences and Goals

The next questions will ask you about your experiences as a student, your academic goals, and factors that may affect your classroom performance. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATIONS
Overall academic experience	choose_sch	How much do you agree with the following statement?: If I could make my choice over, I would still choose to enroll at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	persist_challenge_1 persist_challenge_2 persist_challenge_3 persist_challenge_4 persist_challenge_5 persist_challenge_6 persist_challenge_7 persist_challenge_8 persist_challenge_9 persist_challenge_10 persist_challenge_11 persist_challenge_11_text	Which of the following challenges are most likely to prevent you from finishing your degree? (Select all that apply)	1=Financial challenges 2=Mental or emotional health problems 3=Other health problems (not directly related to mental or emotional health) 4=Family obligations 5=Family or relationship difficulties 6=Academic challenges (struggling to pass classes) 7=[if not U.S. citizen, ask→Visa or other challenges related to being a non-U.S. citizen] 8=Lack of motivation or desire 9=Work or professional commitments 10=Career opportunities 11=Other challenge(s) (please specify)	
	highestdeg	What is the highest degree you plan to pursue?	1=2-year college degree (associate's) 2=4-year college degree (bachelor's) 3=Master's degree 4=Doctoral degree (JD, MD, PhD, etc.) 5=Other degree (please specify) 6=Don't know	
	doubt_school_1	How much do you agree with the following statement?: I have doubts about whether [college/graduate school] is worth the time, money, and effort that I'm spending on it.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

	fam_support_aca	How much do you agree with the following statement?:My family is very supportive of my educational goals.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
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	prof_support_aca	How much do you agree with the following statement?: My professors believe in my potential to succeed academically.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	adjust_aca_1	How has it been to adjust to the academic demands of [college/graduate school] since you began as a student at your school?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult	
	different_maj	Have you decided to pursue a different major since you began as a student at your school?	1=Yes 0=No	
	failed	Have you failed one or more courses since you began as a student at your school?	1=Yes 0=No	
Experiences with faculty and academic support services	aca_support_serv	How often have you utilized academic support services (e.g., a writing center, tutor, etc.) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
	office_hrs	How often have you interacted with faculty during office hours since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
	faculty_out	How often have you interacted with faculty outside of class or office hours (e.g., by phone, email, text, or in person) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
	advisor_interact	How often have you interacted with academic advisors/counselors (e.g., by phone, email, text, or in person) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	

	gradstud_interact	How often have you interacted with graduate students/teaching assistants (e.g., by phone,email, text, or in person) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
Overall social experience	friend_devel	How has it been to develop close friendships with other students at your school?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult	

			6=Very difficult	
	time_manage	How has it been to manage your time effectively since you began as a student at your school?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult	
Issues affecting academic performance	aca_anx_1 aca_anx_2 aca_anx_3 aca_anx_4 aca_anx_5 aca_anx_6 aca_anx_7	In the past year, how has the following affected your academic performance?: (Select all that apply) Anxiety/stress	1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other	Adapted America Health A National Health A
	aca_dep_1 aca_dep_2 aca_dep_3 aca_dep_4 aca_dep_5 aca_dep_6 aca_dep_7	In the past year, how has the following affected your academic performance?: (Select all that apply) Depression/suicidality	1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other	
	aca_eat_1 aca_eat_2 aca_eat_3 aca_eat_4 aca_eat_5 aca_eat_6 aca_eat_7	In the past year, how has the following affected your academic performance?: (Select all that apply) Eating/body image concern	1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other	

	aca_add_1 aca_add_2 aca_add_3 aca_add_4 aca_add_5 aca_add_6 aca_add_7	In the past year, how has the following affected your academic performance?: (Select all that apply) Attention disorder or learning disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, learning disability)	1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other
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<p>aca_substance_1 aca_substance_2 aca_substance_3 aca_substance_4 aca_substance_5 aca_substance_6 aca_substance_7</p>	<p>In the past year, how has the following affected your academic performance?:(Select all that apply) Alcohol/substance use</p>	<p>1=I did not experience this. 2=I experienced this but it did not affect myacademic performance. 3=I received a lower grade on one or more exams orprojects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or morecourses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other</p>	
<p>aca_phys_health_1 aca_phys_health_2 aca_phys_health_3 aca_phys_health_4 aca_phys_health_5 aca_phys_health_6 aca_phys_health_7</p>	<p>In the past year, how has the following affected your academic performance?:(Select all that apply) Physical health condition</p>	<p>1=I did not experience this. 2=I experienced this but it did not affect myacademic performance. 3=I received a lower grade on one or more exams orprojects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or morecourses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other</p>	
<p>aca_phys_assault_1 aca_phys_assault_2 aca_phys_assault_3 aca_phys_assault_4 aca_phys_assault_5 aca_phys_assault_6 aca_phys_assault_7</p>	<p>In the past year, how has the following affected your academic performance?:(Select all that apply) Physical assault</p>	<p>1=I did not experience this. 2=I experienced this but it did not affect myacademic performance. 3=I received a lower grade on one or more exams orprojects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or morecourses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other</p>	
<p>aca_sex_assault_1 aca_sex_assault_2 aca_sex_assault_3 aca_sex_assault_4 aca_sex_assault_5 aca_sex_assault_6 aca_sex_assault_7</p>	<p>In the past year, how has the following affected your academic performance?:(Select all that apply) Sexual assault</p>	<p>1=I did not experience this. 2=I experienced this but it did not affect myacademic performance. 3=I received a lower grade on one or more exams orprojects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or morecourses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other</p>	

(16) FINANCIAL STRESS

Financial Stress

The next questions will ask you about your financial situation and ways in which this may be impacting your college experience. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATIONS
Socioeconomic status	Q17_2	How would you describe your financial situation while growing up?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	CCMH Standard Set
	Q17_3	How would you describe your financial situation right now?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	CCMH Standard Set
	fin_comp1	On a scale from 0 (much poorer) to 10 (much wealthier), how do you think your socioeconomic status compares relative to other students at your school?	1=0=Much poorer than most students at my school 2=1 3=2 4=3 5=4 6=5=Average (about 50% of students are poorer and about 50% are wealthier than me) 7=6 8=7 9=8 10=9 11=10=Much wealthier than most students at my school	
	fin_comp2	How much do you agree with the following statement?: Other students at my school are able to do things that I cannot afford to do.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	food_worry	Within the past 12 months I worried whether our food would run out before we got money to buy more.	1=Often true 2=Sometimes true 3=Never true	

	food_notlast	Within the past 12 months the food I bought just didn't last and I didn't have money to get more.	1=Often true 2=Sometimes true 3=Never true	
	afford_school afford_food afford_transp afford_cc afford_hc afford_books afford_na	Which of these statements describe your experiences currently? (Please select all that apply)	1=I have difficulty paying for school 2=I have difficulty paying for food 3=I have difficulty paying for transportation 4=I have difficulty paying for childcare 5=I have difficulty paying for health care 6=I have difficulty paying for textbooks or course materials 7=None of these apply to me	

Financing education	pay_worry	How much do you agree with the following statement?: I am worried about my ability to pay for school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	pay_fam	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by family resources (parents, relatives, spouse, etc.)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	
	pay_self	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by your own resources (income from work, work-study, etc.)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	
	pay_grant	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by aid that need not be repaid (grants, scholarships, military, etc.)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	
	pay_loan	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by aid that must be repaid (loans)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	

	pay_other	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by other sources?	1=None 2=\$1- \$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	
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(17) ATTITUDES ABOUT MOBILE RESOURCES

ATTITUDES ABOUT MOBILE RESOURCES

As technology continues to grow and develop, we are offered more and more opportunities to use smartphone apps to help us manage our well-being or mental/emotional health. Examples of these apps include meditation apps, mood-tracking apps, therapy apps, etc.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
	app_open	Would you be open to using an app for wellness or mental/emotional health?	1=Yes 2=Mayb e3=No	
	app_open_goal	What would you hope to get out of an app for wellness or mental/emotionalhealth?	[open text]	Display if “Yes” or “Maybe” is selected “Wouldyou be open to using an app for wellness or mental/emotional health?”
	app_prefer	Would you prefer to use a mental health app instead of seeing a mental healthprofessional, if you were experiencing a mental health condition?	1=Yes 2=Mayb e3=No	Display if “Yes” or “Maybe” is selected “Wouldyou be open to using an app for wellness or mental/emotional health?”
	app_freq	If you were using a wellness or mental/emotional health app, how frequentlywould you like to use it?	1=Daily 2=Weekly 3=Monthly 4=I don’t know 5=Other	Display if “Yes” or “Maybe” is selected “Wouldyou be open to using an app for wellness or mental/emotional health?”
	app_whynot_open	Why would you not use a mental health app?	[open text]	Display if “No” is selected for “Would you be open to using an app for wellness or mental/emotional health?”
	app_ever	Have you ever used a smartphone app to manage your wellness ormental/emotional health?	1=No, never 2=Yes	
	noapp_priv noapp_evid noapp_useful noapp_cost noapp_diff noapp_suit noapp_dl noapp_device noapp_time noapp_interest noapp_need noapp_other noapp_other_TEXT	What are the reasons why you have not used a mental health app? (Select all thatapply)	1=I have concerns about privacy and security ofdata 2=There is a lack of research support available3=I’m unsure about how useful the app will be4=I have concerns about cost 5=Apps seem difficult to use 6=I don’t know if I could find a suitable app7=I don’t know which app to download 8=I don’t have a suitable device/enough space todownload new apps 9=I don’t have time to use apps 10=I’m not interested in using mental health apps	Display if “No, never” is selected for “Have you ever used a smartphone app to manage your wellness ormental/emotional health?”

			11=I don't think I need these kinds of apps 12=Other (please specify)	
	app_when_beforesch app_when_sincesch app_when_curr	When did you use a smartphone app to manage your wellness or mental/emotional health?	1=Before starting college 2=Since starting college 3=I currently use an app	Display if "Yes" is selected for "Have you ever used a smartphone app to manage your wellness or mental/emotional health?"
	app_helpMHprob app_managestress app_betterself app_difftime app_other app_other_TEXT	What were your reasons for using a wellness or mental/emotional health app?	1=To help with mental health problems or	Display if "Yes" is selected for "Have you used a smartphone app to manage your wellness or mental/emotional health?"

		(Select all that apply)	<p>symptoms, such as depression, anxiety, etc.2=To manage stress 3=To better myself and improve overall wellbeing4=To help me during a difficult time 5=Other (please specify)</p>	a smartphone app to manage your wellness or mental/emotional health
	app_help	How helpful, overall, do you think the smartphone app(s) was or has been for your mental or emotional health?	<p>1=Very helpful 2=Helpful 3=Somewhat helpful4=Not helpful</p>	Display if “Yes” is selected for “Have you ever used a smartphone app to manage your wellness or mental/emotional health?”
	app_who_own app_who_fr app_who_fam app_who_MD app_who_couns app_who_someone app_who_heard app_who_other app_who_someone_TEXT app_who_heard_TEXT app_who_other_TEXT	What prompted your decision to use a smartphone app for wellness or mental/emotional health? (Select all that apply)	<p>1=I decided to use the app(s) on my own 2=A friend encouraged me to use the app(s) 4=A family member recommended using theapp(s) 5=A medical professional recommended using theapps 6=A college advisor or counselor recommendedusing the apps 7=Someone else recommended using the app(s)(please specify person’s relationship to you) 8=I heard about apps for wellness or mental/emotional health somewhere else (pleasespecify where) 9=Other (please specify)</p>	Display if “Yes” is selected for “Have you ever used a smartphone app to manage your wellness or mental/emotional health?”
	app_like_easy app_like_design app_like_visual app_like_simple app_like_content app_like_evid app_like_fun app_like_interact app_like_pos app_like_lowtime app_like_activ app_like_prompt	What do you like about the wellness or mental/emotional health app(s) you haveused? Please choose your top three.	<p>1=They are easy to use 2=They are nicely designed and visually appealing3=They contain high quality graphics and images 4=They are written in simple language, with easy to follow instructions 5=They have well-written, coherent content 6=There is research supporting their effectiveness7=They are fun/entertaining to use 8=They have interactive features 9=I feel positive effects from using them 10=They don’t require me to invest too much timeto use them 11=I enjoyed the activities in the app 12=They have useful reminders and prompts</p>	<p>Display if “Yes” is selected for “Have you ever used a smartphone app to manage your wellness or mental/emotional health?”</p> <p>Select top three and then rank importance of thethree selected</p>

	app_freq_curr	Around how often did you use the mental health app(s), on average?	<p>1=A few times a day 2=Once a day 3=A few times a week 4=Once a week 5=A few times a month 6=Once a month 7=Less frequently</p>	Display if "Yes" is selected for "Have you ever used a smartphone app to manage your wellness or mental/emotional health?"
	app_search_store app_search_eng app_search_schweb app_search_schres app_search_MD app_search_couns app_search_frfam app_search_other app_search_other_ TEXT	Imagine you are looking for an app for wellness or mental/emotional health. Where would you start your search? (Select all that apply)	<p>1=App store (Android Play store, Apple iTunesstore) 2=Search engine (e.g. Google) 3=My school's website or online resources 4=My school's on-campus resources 5=Ask a medical professional for a recommended</p>	

			<p>app</p> <p>6=Ask a college counselor/advisor for arecommended app</p> <p>7=Ask a friend/family member for arecommended app</p> <p>8=I don't know</p> <p>9=Somewhere else – please specify</p>	
<p>app_where_MD</p> <p>app_where_PA</p> <p>app_where_ind</p> <p>app_where_fr</p> <p>app_where_fam</p> <p>app_where_sm</p> <p>app_where_couns</p> <p>app_where_col</p> <p>app_where_web</p> <p>app_where_other</p> <p>app_where_NA</p>	<p>Where do you hear about new mental health apps? (Select all that apply)</p>	<p>1= Medical professional (please specify which typeof medical professional – e.g. nurse, general practitioner, psychiatrist)</p> <p>2=Public advertisements</p> <p>3=Independent search</p> <p>4=Friends</p> <p>5=Family</p> <p>6=Social Media</p> <p>7=College counselor/Advisor</p> <p>8=Other college resources (please specify)</p> <p>9=Website (please specify which website(s))</p> <p>10=Other (please specify)</p> <p>11=Not applicable - I don't hear anything aboutnew mental health apps</p>		
<p>app_sm_fb</p> <p>app_sm_twitter</p> <p>app_sm_insta</p> <p>app_sm_snap</p> <p>app_sm_pint</p> <p>app_sm_other</p> <p>app_sm_other_TEXT</p>	<p>Which social media platforms?</p>	<p>1=Facebo</p> <p>k 2=Twitter</p> <p>3=Instagra</p> <p>m</p> <p>4=SnapCha</p> <p>t</p> <p>5=Pinterest</p> <p>6=Other (please specify)</p>	<p>Display if “Social Media” is select</p> <p>“Where doyou hear about new m</p> <p>apps?”</p>	
<p>app_find_trust</p>	<p>How much do you agree with the following statement?:</p> <p>“If I wanted to seek out a wellness or mental/emotional health app, I would knowhow to find an app I could trust.”</p>	<p>1=Strongly agree</p> <p>2=Agree</p> <p>3=Somewhat agree</p> <p>4=Somewhat disagree</p> <p>5=Disagree</p> <p>6=Strongly disagree</p>		
<p>app_imp_evid</p>	<p>Now imagine you are trying to decide which wellness or mental/emotional healthapp to use. How important would each of the following features be in your decision?:</p> <p>The app has research supporting it's benefits</p>	<p>1= Not at all important</p> <p>2=Slightly important</p> <p>3=Moderately important</p> <p>4=Important</p> <p>5=Very important</p>		

	app_imp_easy	Now imagine you are trying to decide which wellness or mental/emotional health app to use. How important would each of the following features be in your decision?: The app is well designed and easy to use	1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important	
	app_imp_priv	Now imagine you are trying to decide which wellness or mental/emotional health app to use. How important would each of the following features be in your decision?: The app has information about data privacy and storage policies	1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important	
			1= Not at all important	

	app_imp_userrev	Now imagine you are trying to decide which wellness or mental/emotional healthapp to use. How important would each of the following features be in your decision?: The app has reviews from users	2=Slightly important 3=Moderately important 4=Important 5=Very important	
	app_imp_expertrev	Now imagine you are trying to decide which wellness or mental/emotional healthapp to use. How important would each of the following features be in your decision?: The app has reviews from experts in the field (e.g. psychologist)	1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important	
	app_imp_reput	Now imagine you are trying to decide which wellness or mental/emotional healthapp to use. How important would each of the following features be in your decision?: The app developer	1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important	
	app_imp_cost	Now imagine you are trying to decide which wellness or mental/emotional healthapp to use. How important would each of the following features be in your decision?: The cost of the app	1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important	
	app_imp_time	Now imagine you are trying to decide which wellness or mental/emotional healthapp to use. How important would each of the following features be in your decision?: The time commitment required by the app seems manageable to me	1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important	
	app_imp_other app_imp_other_TEXT	Now imagine you are trying to decide which wellness or mental/emotional healthapp to use. How important would each of the following features be in your decision?: Something else (please specify)	1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important	
	app_MH_help	How helpful on average do you think wellness or mental/emotional health apps are for people your age who are having mental or emotional health problems?	1=Very helpful 2=Helpful 3=Somewhat helpful	

			4=Not helpful	
	app_knowwhat	How much do you agree with the following statement? “If I wanted to seek out a smartphone app for my mental/emotional health, I would know what kind of app to look for, given my needs.”	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

(18) STUDENT ATHLETES MODULE

STUDENT ATHLETES

The next questions will ask you about unique experiences student athletes may face that may impact your college experience. Remember your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Academic Information	sp_time	How much time do you spend participating in your sport(including practice, team meetings, workouts, etc.)? (If this varies by season, please approximate the average week across the whole academic year)	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
Eating and Body Image	lean_good	Do you need to be very lean in order to feel good about yourself?	1=Yes 0=No	
Emotional Abuse	assault_emo_who ab_emo_par ab_emo_rm ab_emo_fr ab_emo_coach ab_emo_tm ab_emo_train ab_emo_med ab_emo_oth ab_emo_oth_TEXT	Earlier in the survey, you indicated that you were called names, yelled at, humiliated, judged, threatened, coerced, or controlled by another person. By whom? Select all that apply.”	1=Parent or Guardian 2=Roommate 3=Friend 4=Coach 5=Teammate 6=Trainer 7=Medical staff member 8=Other:_____	Display if “1= Yes” is selected for “Over the past 12 months, were you called names, yelled at, humiliated, judged, threatened, coerced, or controlled by another person?”
	assault_emo_content ab_emo_charc ab_emo_pers ab_emo_aca ab_emo_ath ab_emo_oth ab_emo_oth_TEXT	Earlier in the survey, you indicated that you were called names, yelled at, humiliated, judged, threatened, coerced, or controlled by another person. What was the content of the statements? Select all that apply.”	1=Character/Personality 2=Personal Content 3=Academics 4=Athletic Ability 5=Other:_____	Display if “1= Yes” is selected for “Over the past 12 months, were you called names, yelled at, humiliated, judged, threatened, coerced, or controlled by another person?” Display if “3= Athletics (intercollegiate varsity)” is selected for “What activities do you currently participate in at your school?”

Physical Abuse	assault_phys_who ab_phys_par ab_phys_rm ab_phys_fr ab_phys_coach ab_phys_tm ab_phys_train ab_phys_med ab_phys_oth ab_phys_oth_TEXT	“Earlier in the survey, you indicated that you were kicked, slapped, punched, or otherwise physically mistreated by another person. By whom? Select all that apply.”	1=Parent or Guardian 2=Roommate 3=Friend 4=Coach 5=Teammate 6=Trainer 7=Medical staff member 8=Other: _____	Display if “1= Yes” is selected for “Over the past 12 months, were you kicked, slapped, punched or otherwise physically mistreated by another person?”
Violation	drug_caught	Have you ever been caught violating any drug/substance policies set by your school or any other athletic governing body?	1=Yes 0=No	Display if “3= Athletics (intercollegiate varsity)” is selected for “What activities do you currently participate in at your school?”
	drug_caught_who drug_caught_who_TEXT	Who were you reported to for this violation?	1=Coach 2=Athletic Counselor 3=Medical Professional 4=Athletic Trainer 5=Other (please specify)	Display if “1=Yes” is selected for “Have you ever been caught violating any drug/substance policies set by your school or any other athletic governing body?”
	drug_conseq	What were the consequences for this violation?	1=Suspension 2=Expulsion 3=Loss of days in competition 4=A strike (related to 3 strike policy)	Display if “1=Yes” is selected for “Have you ever been caught violating any drug/substance policies set by your school or any other athletic governing body?”

<p>Concussion History</p>	<p>exp_conc_head exp_conc_vert exp_conc_naus exp_conc_fati exp_conc_light exp_conc_dep exp_conc_anx exp_conc_anger exp_conc_attn exp_conc_memory exp_conc_blur exp_conc_oth exp_conc_no exp_conc_oth_TEXT</p>	<p>Have you ever had your “bell rung” or been “knocked out” and experienced any of the following symptoms?”</p>	<p>5=Nothing 1=Headache 2=Vertigo (dizziness and/or balance problems) 3=Nausea 4=Fatigue 5=Increased sensitivity to noise or light 6=Depression 7=Anxiety 8=Anger/Irritability 9=Problems paying attention 10=Memory lapses (memories from before or after the injury) 11=Blurred vision 12=Other (please specify) 13=I’ve never had my bell rung or been knockedout [mutually exclusive]</p>	
	<p>exp_conc_anydr</p>	<p>How many times did you see a medical professional forexperiencing [symptoms indicated above]?</p>	<p>1=None 2=1 3=2 4=3-5 5=6 or more</p>	<p>Display if “1” (or more) is selected for “Which ofthe following symptoms have you experienced following getting your “bell rung” or being “knocked out?”</p>
	<p>dx_conc</p>	<p>How many concussions have you experienced (diagnosed by a medical professional)</p>	<p>1=None 2=1 3=2 4=3-5 5=6 or more</p>	
	<p>athther_better</p>	<p>Do you believe counseling provided through the athleticdepartment is more effective than counseling provided through the campus counseling center?</p>	<p>1=Yes 2=No 3=Don’t know 4=Counseling isn’t provided through my athleticdepartment</p>	<p>Display if “3= Athletics (intercollegiate varsity)” is selected for “What activities do you currently participate in at your school?”</p>