

**THE HEALTHY MINDS STUDY (HMS): QUESTIONNAIRE MODULES****MENU OF MODULES:****Student Version:**

<i>Standard Modules<sup>1</sup></i>	<b>Page Number</b>	<b>Number of Items</b>	<b>Estimated Completion Time</b>
(1) <a href="#">Demographics</a>	4-22	48-60	5 minutes
(2) <a href="#">Mental Health Status</a>	23-35	81-91	8 minutes
(3) <a href="#">Mental Health Service Utilization/Help-Seeking</a>	36-45	14-52	5 minutes
<i>Elective Modules<sup>2</sup></i>			
(4) <a href="#">Substance Use</a>	46-49	31-36	4 minutes
(5) <a href="#">Sleep</a>	50-51	10-11	3 minutes
(6) <a href="#">Eating and Body Image</a>	52-55	27-31	6 minutes
(7) <a href="#">Sexual Assault</a>	56-61	26-44	6 minutes
(8) <a href="#">Overall Health</a>	62-65	13-24	3 minutes
(9) <a href="#">Knowledge and Attitudes about Mental Health and Mental Health Services</a>	66-69	35-37	5 minutes
(10) <a href="#">Upstander/Bystander Behaviors</a>	70-71	9-13	5 minutes
(11) <a href="#">Mental Health Climate</a>	72-73	14	3 minutes
(12) <a href="#">Climate for Diversity and Inclusion</a>	74-91	82-87	12 minutes
(13) <a href="#">Academic Persistence, Retention, and Competition</a>	92-97	34-37	8 minutes
(14) <a href="#">Resilience and Coping</a>	98-99	13	4 minutes
(15) <a href="#">Financial Stress</a>	100-102	13	5 minutes
(16) <a href="#">Student Athletes</a>	103-107	35-39	4 minutes
(17) <a href="#">Peer Support</a>	108-115	14-28	5 minutes
(18) <a href="#">Public Safety and Policing</a>	116-121	30-36	7 minutes

**Faculty and Staff Version:**

<i>Standard Modules<sup>1</sup></i>	<b>Page Number</b>	<b>Number of Items</b>	<b>Estimated Completion Time</b>
(1) <a href="#">Demographics</a>	122-125	13-26	4 minutes
(2) <a href="#">Faculty &amp; Staff Wellbeing</a>	126-132	48-53	7 minutes
(3) <a href="#">Mental Health Service Utilization, Support, &amp; Help-Seeking</a>	133-136	12-18	3 minutes
(4) <a href="#">Supporting Students</a>	137-140	17-23	4 minutes
(5) <a href="#">Campus Climate</a>	141-144	18-21	4 minutes

**Notes:** <sup>1</sup>Standard modules are fielded at all participating institutions. The standard modules include a limited number of questions spanning the majority of the elective module topics, in addition to providing rich data on students' demographics, mental health status, and mental health service utilization and help-seeking behaviors.

<sup>2</sup>Elective modules are chosen by participating institutions from the options listed above. To ensure that the overall survey (*standard modules+elective modules*) remains reasonable in length, participating institutions typically choose 1 elective module per survey sent to their students (*schools may have multiple surveys sent to different randomly or non-randomly chosen subsamples of students*).

<sup>3</sup>The number of items per module is determined by 2 factors: (1) skip logic embedded within the survey (*i.e., some measures are assessed only for students with certain responses to survey items*), and (2) which elective modules are selected by the participating institution. In terms of the order of modules presented to students, the 'Demographics' module is always first, followed by the 'Mental Health Status' module and then the 'Mental Health Service Utilization/Help-Seeking' module; the order of the remaining modules varies based on which elective modules are selected.

## **ABOUT THIS DOCUMENT:**

### **Contents:**

This document outlines all survey items included in HMS.

Each module is presented within a table. Above each table is the module name (in all capital letters, bolded and underlined). Directly beneath the module name is the text shown to participants at the beginning of that module. For example, participants beginning the ‘Demographics’ module see the following text above the first question in that module: “Basic Information: *This section will ask you to provide basic information about yourself*”. Information in the column ‘Section’ outlines organization within the module and is not visible to participants within the survey.

### **Color Coding:**

As noted above, some items are based on embedded skip logic within the survey (i.e., some measures are assessed only for students with certain responses to survey items). For example, only those who respond “No” to the question “Are you a United States citizen (or permanent resident)?” are asked the follow-up question “What is your country of citizenship (passport country)?”. This follow-up question is shown in gray, indicating that the item is based on embedded skip logic.

HMS is a web-based survey. As such, there are numerous coding and programming decisions (*the vast majority of which are rather boring so we’ll spare you*). A few are important: for example, many items allow student respondents to “Select all that apply”. In some cases, one of the response options is ‘mutually exclusive’ meaning that a respondent who selects that response option cannot select any of the other options (e.g., the response category “None” is mutually exclusive for the item “What activities do you currently participate in at your school?”). Programming notes are included in blue within the module tables.

Finally, certain items within the standard modules include a note in red (in the ‘Citation/Notes’ column) indicating that the item is included only if the elective module on that topic is not selected. In other words, a small number of items about important topics are included even if the elective module on that topic is not selected. This ensures that institutions have basic information about important topics that are not selected for in-depth assessment through elective modules. For example, if an institution does not select the ‘Sleep’ module, a small number of items about sleep habits are included in the ‘Mental Health Status’ module. If an institution does select the ‘Sleep’ module, the items about sleep are not included in the ‘Mental Health Status’ module (because sleep habits are being assessed separately in more detail through the ‘Sleep’ module).

To review:

ITEM BASED ON EMBEDDED SKIP LOGIC

LOGISTIC/PROGRAMMING NOTES

ITEM INCLUDED IF ELECTIVE MODULE ON THAT TOPIC NOT SELECTED

**STANDARD MODULES:****(1) DEMOGRAPHICS**

## Basic Information

*This section will ask you to provide basic information about yourself. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.*

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Age	How old are you? (You must be 18 years or older to complete this survey.)	1= _____ years old	
Sex/gender/sexuality	What was your sex at birth?	1=Female 2=Male 3=Intersex	
	What is your gender identity? (Select all that apply)	1=Male 2=Female 3=Trans male/Trans man 4=Trans female/Trans woman 5=Genderqueer/Gender non-conforming 6=Self-identify (please specify) 7=Gender non-binary 8=Prefer not to respond	
	How would you describe your sexual orientation? (Select all that apply)	1=Heterosexual 2=Lesbian 3=Gay 4=Bisexual 5=Queer 6=Questioning 7=Self-identify (please specify) 8=Asexual 9=Pansexual 10=Prefer not to respond	
Race/ethnicity	What is your race/ethnicity? (Select all that apply)	1=African American/Black 2=American Indian or Alaskan Native 3=Asian American/Asian 4=Hispanic/Latin(x) 5=Native Hawaiian or Pacific Islander 6=Middle Eastern, Arab, or Arab American 7=White 8=Self-identify (please specify)	
	Which group best represents your race/ethnicity? (Select all that apply)	1=African 2=African American 3=Caribbean/West Indian 4=Afro-Latina/o/x 5=Other (please describe)	Display if “1=African American/Black” is selected for “What is your race/ethnicity?”
	Which group best represents your race/ethnicity? (Select all that apply)	1=East Asian (eg Chinese, Japanese, Korean, Taiwanese) 2=Southeast Asian (eg Cambodian, Vietnamese, Hmong) 3=South Asian (eg Indian, Pakistani, Nepalese, Sri Lankan)	Display if “3=Asian American/Asian” is selected for “What is your race/ethnicity?”

		4=Filipina/o/x 5=Other (please describe)	
	Which group best represents your race/ethnicity? (Select all that apply)	1=Mexican/Mexican American 2=Central American 3=South American 4=Caribbean 5= Spain/Portugal 6=Other (please describe)	Display if "4=Hispanic/Latin(x) is selected for "What is your race/ethnicity?"
Citizenship	Are you an international student?	1=Yes 0=No	Adapt for non-U.S. colleges and universities
	What is your country of origin?	1 =Afghanistan 2=Albania 158=Algeria 159=Andorra 3=Angola 160=Anguilla 4=Antigua and Barbuda 5=Argentina 6=Armenia 161=Aruba 7=Australia 8=Austria 9=Azerbaijan 10=Bahamas 11=Bahrain 12=Bangladesh 13=Barbados 14=Belarus 15=Belgium 16=Belize 162=Benin 163=Bermuda 164=Bhutan 17=Bolivia 18=Bosnia and Herzegovina 165=Botswana 19=Brazil 166=British Virgin Islands 20=Brunei 21=Bulgaria 167=Burkina Faso 23=Burundi 24=Cambodia 25=Cameroon 26=Canada 168=Cape Verde 169=Cayman Islands 27=Central African Republic 28=Chad 29=Chile 30=China 31=Colombia	Instructions for this item: "(Use command or control key to select more than one country.)"  Adapted for non-U.S. colleges and universities

		170=Comoros 32=Congo 171=Cook Islands 33=Costa Rica 34=Côte d'Ivoire 35=Croatia 157=Cuba 172=Curaçao 36=Cyprus 37=Czech Republic 38=Denmark 173=Djibouti 39=Dominica 40=Dominican Republic 41=Ecuador 42=Egypt 43=El Salvador 174=Equatorial Guinea 175=Eritrea 44=Estonia 45=Ethiopia 176=Fiji 46=Finland 47=France 177=French Polynesia 48=Gabon 49=Gambia 50=Gaza Strip 51=Georgia 52=Germany 53=Ghana 54=Greece 178=Greenland 179=Grenada 55=Guatemala 56=Guinea 180=Guinea-Bissau 57=Guyana 58=Haiti 59=Honduras 60=Hungary 61=Iceland 62=India 63=Indonesia 64=Iran 65=Iraq 66=Ireland 67=Israel 68=Italy 69=Jamaica 70=Japan 71=Jordan	
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		72=Kazakhstan 73=Kenya 131=Kingdom of Eswatini 181=Kiribati 76=Kosovo 77=Kuwait 78=Kyrgyzstan 79=Lao People's Democratic Republic 80=Latvia 81=Lebanon 182=Lesotho 183=Liberia 82=Libya 184=Liechtenstein 83=Lithuania 84=Luxembourg 86=Madagascar 87=Malawi 88=Malaysia 185=Maldives 89=Mali 186=Malta 187=Marshall Islands 90=Mauritania 91=Mauritius 188=Melanesia 92=Mexico 189=Micronesia 93=Moldova 190=Monaco 94=Mongolia 191=Montenegro 192=Montserrat 95=Morocco 96=Mozambique 22=Myanmar 97=Namibia 193=Nauru 98=Nepal 99=Netherlands 194=New Caledonia 100=New Zealand 101=Nicaragua 195=Niger 102=Nigeria 74=North Korea, Democratic People's Republic of Korea 85=North Macedonia 103=Norway 104=Oman 105=Pakistan 196=Palau	
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		106=Palestine 107=Panama 197=Papua New Guinea 108=Paraguay 109=Peru 110=Philippines 111=Poland 198=Polynesia 112=Portugal 199=Puerto Rico 113=Qatar 114=Romania 115=Russian Federation 200=Rwanda 116=Saint Kitts and Nevis 117=Saint Lucia 201=Saint Vincent and the Grenadines 202=Samoa 203=San Marino 204=Sao Tome and Principe 118=Saudi Arabia 119=Senegal 120=Serbia 205=Seychelles 121=Sierra Leone 122=Singapore 123=Slovakia 124=Slovenia 206=Solomon Islands 125=Somalia 126=South Africa 75=South Korea, Republic of Korea 207=South Sudan 127=Spain 128=Sri Lanka 129=St Vincent and the Grenadines 130=Sudan 208=Suriname 132=Sweden 133=Switzerland 134=Syrian Arab Republic 135=Taiwan 209=Tajikistan 136=Tanzania 137=Thailand 210=Timor-Leste 211=Tongo 212=Tonga 138=Trinidad and Tobago 139=Tunisia 140=Turkey 141=Turkmenistan	
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		213=Turks and Caicos Islands 214=Tuvalu 142=Uganda 143=Ukraine 144=United Arab Emirates 145=United Kingdom of Great Britain and Northern Ireland 156=United States of America 146=Uruguay 147=Uzbekistan 215=Vanuatu 148=Venezuela 149=Viet Nam 150=West Bank 151=Yemen 152=Yugoslavia 153=Zambia 154=Zimbabwe 155=Other (please specify in the following question)	
Socioeconomic status	How would you describe your financial situation right now?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	Included if 'Financial Stress' module not selected  CCMH Standardized Data Set
	How would you describe your financial situation while growing up?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	Included if 'Financial Stress' module not selected  CCMH Standardized Data Set
	Within the past 12 months I was worried whether our food would run out before we got money to buy more.	1=Never true 2=Sometimes true 3=Often true	Included if 'Financial Stress' module not selected  Adapted from HagerER, Quigg AM, Black MM, et al. Development and validity of a 2-item screen to identify families at risk for food insecurity. Pediatrics. 2010;126(1):26.
	Within the past 12 months the food I bought just didn't last and I didn't have money to get more.	1=Never true 2=Sometimes true 3=Often true	Included if 'Financial Stress' module not selected  Adapted from HagerER, Quigg AM, Black MM, et al. Development and validity of a 2-item screen to identify families at risk for food insecurity. Pediatrics. 2010;126(1):26
	What is the highest level of education completed by your parents, step-parents, or guardians?	1=8th grade or lower 2=Between 9th and 12th grade (but no high school degree) 3=High school degree 4=Some college (but no college degree) 5=Associate's degree	

		6=Bachelor's degree 7=Graduate degree 8=Don't know	
Scholarship Status	Do you receive scholarship funding from your institution? (Select all that apply)	1=No 2=Yes, a need based scholarship 3=Yes, an academic scholarship 4=Yes, an athletic scholarship 5=Other (please specify)	
Family characteristics	What is the current number of children or other dependents living in your household, for whom you are responsible?	1=None 2=1 3=2 4=3 5=4 or more	
	Are you currently pregnant?	1=Yes 2=No 3=Prefer not to say 4=I don't know	Display if "1=Female or 3=Intersex" is selected for "What was your sex at birth?"
Work responsibilities	What is the average number of hours you work per week during the school year (paid employment only)?	Free response	CCMH Standardized Data Set
Academic information	In what degree program are you currently enrolled? (Select all that apply)	1=Associate's 2=Bachelor's 3=Master's 4=JD 5=MD 6=PhD (or equivalent doctoral program) 8=Other (please specify) 9=Non-degree student <a href="#">[mutually exclusive]</a>	
Extracurricular activities	What activities do you currently participate in at your school? (Select all that apply)	1=Academic or pre-professional organization 3=Athletics (intercollegiate varsity) 2=Athletics (club) 4=Athletics (intramural) 5=Community service 6=Cultural or racial organization 7=Dance 8=Fraternity or sorority 9=Gender or sexuality organization 10=Government or politics (including student government) 11=Health and wellness organization 12=Media or publications 13=Music or drama 14=Religious organization 15=Social organization (that is not a fraternity or sorority) 16=Visual or fine arts 17=Other (please specify) 18=None <a href="#">[mutually exclusive]</a>	
	What sport(s) do you participate in at your school?	1=Baseball 2=Basketball 3=Boxing	Instructions for this item: "(Use command or control key to select more than 1 sport.)" <a href="#">[multi-select box]</a>

		4=Cheering and/or dancing 5=Cross-country 6=Cycling 7=Fencing 8=Field hockey 9=Football 10=Golf 11=Gymnastics 12=Ice hockey 13=Lacrosse 14=Rowing 15=Rugby 16=Sailing 17=Soccer 18=Softball 19=Swimming and/or diving 20=Tennis 21=Track and field 22=Volleyball 23=Water polo 24=Wrestling 25=Other (please specify)	
	How are you taking your classes this semester?	1=All in-person 2=Hybrid (both in-person and online) 3=All online 4=Other (please specify)	
	Did you transfer from another campus/institution to this school?	1=Yes, I transferred from a community or junior college. 2=Yes, I transferred from a 4-year college or university. 3=No	Display if "2=Bachelor's" is selected for "In what degree program are you currently enrolled?"
	What year are you in your current degree program?	1=1st year 2=2nd year 3=3rd year 4=4th year 5=5th year 6=6th year 7=7th+ year	Display if "Non-degree student" not selected for "In what degree program are you currently enrolled?"
	What is your enrollment status?	1=Full-time student 2=Part-time student 3=Other (please specify)	
	What is your field of study? (Select all that apply)	1=Humanities (history, languages, philosophy, etc.) 2=Natural sciences or mathematics 3=Social sciences (economics, psychology, etc.) 4=Architecture or urban planning 5=Art and design 6=Business 7=[if graduate, ask→Dentistry] 8=Education 9=Engineering 10=[if graduate, ask→Law]	

		11=[if graduate, ask→Medicine] 12=Music, theatre, or dance 13=Nursing 14=Pharmacy 15=[if undergraduate, ask→Pre-professional (pre-business, pre-health, pre-law)] 16=Public health 17=Public policy 18=[if graduate, ask→Social work] 19=[if undergraduate, ask→Undecided] <a href="#">[mutually exclusive]</a> 20=Other (please specify)	
	What is your current overall GPA?	1=Mostly A's 2=Mostly B's 3=Mostly C's 4=Mostly D's 5=Mostly F's 6=None of these <a href="#">[mutually exclusive]</a> 7=No grade or don't know <a href="#">[mutually exclusive]</a>	
	In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your academic performance?	1=None 2=1-2 days 3=3-5 days 4=6 or more days	
	How much time do you spend during a typical week attending classes/labs?	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
	How much time do you spend during a typical week studying, doing school work, or writing/doing your dissertation research?	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
	How much do you agree with the following statement?: I am confident that I will be able to finish my degree no matter what challenges I may face.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Persistence and Retention' module not selected
Housing	Where do you currently live?	1=On-campus housing, residence hall 2=On-campus housing, apartment 3=Fraternity or sorority house 4=On- or off-campus co-operative housing 5=Off-campus, non-university housing 6=Off-campus, with my parent(s)/guardian(s) (or relatives) 7=Other (please specify)	

1st Year Experience	<p>For each of the following policies, programs, and resources, please indicate whether they exist at your school:</p> <ul style="list-style-type: none"> <li>—Gender-neutral/gender-inclusive restroom options</li> <li>—Gender-neutral/gender-inclusive housing options</li> <li>—Comprehensive nondiscrimination policy that includes protections based on gender identity and expression</li> <li>—Policy/procedure allowing students to change their name/pronouns name and pronoun on campus records (e.g., course rosters and directory listings)</li> <li>—Student health insurance coverage for transition-related medical expenses (e.g., hormone replacement therapy)</li> <li>—Counselor(s) trained in providing therapy/mental health counseling to transgender and genderqueer students</li> </ul>	<p>1=Yes, this definitely exists at my school.  2=Yes, I think this exists at my school.  3=No, I don't think this exists at my school.  4=No, this definitely does not exist at my school.  5=I do not know.</p>	<p>Notes:</p> <p>Matrix question with response options as columns</p> <p>Display if “1st year” is selected for “What year are you in your current degree program?”.</p> <p>Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”.</p>
	<p>Since you began at your school, have you personally experienced any discriminatory, exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) behavior at your school?</p>	<p>1= No  2=Yes, but it did not interfere with my ability to work or learn.  3=Yes, and it interfered with my ability to work or learn.</p>	<p>Notes:</p> <p>Display if “1st year” is selected for “What year are you in your current degree program?”.</p> <p>Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”</p> <p>Adapted from Perception of Campus Climate (Rankin, 1998)</p>
	<p>Since you began at your school, how often have you experienced discriminatory, exclusionary, intimidating, offensive, and/or hostile behavior at your school?</p>	<p>1=Never  2=1-2 times  3=3 or more times  4=Not applicable</p>	<p>Notes:</p> <p>Display if “1st year” is selected for “What year are you in your current degree program?”.</p> <p>Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”</p> <p>Display if “Yes, but it did not interfere with my ability to work or learn.” or “Yes, and it interfered with my ability to work or learn.” to “Over the past 12 months, have you personally experienced any discriminatory, exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) behavior at your school?”</p> <p>Adapted from Perception of Campus Climate (Rankin, 1998)</p>
	<p>What do you believe the conduct was based upon?  (Select all that apply)</p>	<p>1=Gender identity or gender expression  2=Race/ethnicity  3=Immigrant/citizen status  4=Sexual identity/orientation  5=Socioeconomic status  6=Don't know  7=Other (please specify)</p>	<p>Notes:</p> <p>Display if “1st year” is selected for “What year are you in your current degree program?”.</p> <p>Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”</p>

			<p>Display if “Yes, but it did not interfere with my ability to work or learn.” or “Yes, and it interfered with my ability to work or learn.” to “Over the past 12 months, have you personally experienced any discriminatory, exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) behavior at your school?”</p> <p>Adapted from Perception of Campus Climate (Rankin, 1998)</p>
	How much do you agree with the following statements? I resent my gender identity or expression.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	<p>Notes:</p> <p>Matrix with the next 2 items</p> <p>Display if “1st year” is selected for “What year are you in your current degree program?”.</p> <p>Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”</p> <p>Adapted from Gender Minority Stress and Resilience Scale, Internalized Transphobia subscale</p>
	How much do you agree with the following statements? When I think about my gender identity or expression, I feel unhappy.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	<p>Notes:</p> <p>Display if “1st year” is selected for “What year are you in your current degree program?”.</p> <p>Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”</p> <p>Adapted from Gender Minority Stress and Resilience Scale, Internalized Transphobia subscale</p>
	How much do you agree with the following statements? Because of my gender identity or expression, I feel like an outcast.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	<p>Notes:</p> <p>Display if “1st year” is selected for “What year are you in your current degree program?”.</p> <p>Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”</p> <p>Adapted from Gender Minority Stress and Resilience Scale, Internalized Transphobia subscale</p>
	Thinking about your experience at your school, how often have you been referred to by the wrong pronoun by someone at your school (e.g., student, faculty, staff)?	1=Never 2=Once in a while 3=Sometimes 4=A lot 5=Most of the time 6=Almost all the time	<p>Notes:</p> <p>Display if “1st year” is selected for “What year are you in your current degree program?”.</p> <p>Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”</p> <p>Display if “Trans male/Trans man, Trans female/Trans woman, Genderqueer/Gender non-conforming, Gender non-binary, and/or Self-identify” is selected.</p>

			<p>Display if “Female” is selected for “What was your sex at birth?” but “Female” is not selected for “What is your gender identity?”.</p> <p>Display if “Male” is selected for “What was your sex at birth?” but “Male” is not selected for “What is your gender identity?”.</p> <p>Display if “Intersex” is selected for “What was your sex at birth?” but neither “Female” or “Male” is selected for “What is your gender identity?”.</p> <p>Adapted from the U.S. Transgender Survey</p>
	<p>Please rate the climate at your school in general for persons from the following backgrounds:</p> <ul style="list-style-type: none"> <li>—Racial/ethnic minority students</li> <li>—Gay, lesbian and bisexual students</li> <li>—Transgender and genderqueer students</li> <li>—Students of low socioeconomic status</li> </ul>	<p>1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming</p>	<p>Notes:</p> <p>Matrix question</p> <p>Display if “1st year” is selected for “What year are you in your current degree program?”.</p> <p>Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”</p> <p>Climate for Diverse Groups (Hutchinson, Raymond, &amp; Black, 2008)</p>
Overall school experience	How satisfied are you with your overall experience at your school?	<p>1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied</p>	
Sense of belonging	How much do you agree with the following statement?: I see myself as a part of the campus community.	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	Adapted from Perceived Cohesion Scale (Bollen & Hoyle, 1990)
	How much do you agree with the following statement?: At my school, I feel that the campus environment has a negative impact on students’ mental and emotional health.	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	Included if ‘Mental Health Climate’ module not selected
	<p>In the past 12 months, have you been treated unfairly at your school because of any of the following?</p> <p>Race/Ethnicity Cultural background Gender Sexual orientation Other (please specify)</p>	<p>1=Yes 2=No</p>	
Anti-racism	How much do you agree with the following statement?:	<p>1=Strongly agree 2=Agree</p>	

	I believe my school actively works towards combating racism within the campus community.	3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Relationship	How would you characterize your current relationship status?	1=Single 2=In a relationship 3=Married, in a domestic partnership, or engaged 4=Divorced or separated 5=Widowed 6=Other (please specify)	
Military experience	Have you ever served in the United States Armed Forces, military Reserves, or National Guard? (Select all that apply)	1=No, never served in the military [mutually exclusive] 2=Yes, currently in Reserve Officers' Training Corps (ROTC) 3=Yes, currently in military Reserves or National Guard 4=Yes, now on active duty 5=Yes, on active duty during the past 12 months, but not now 6=Yes, on active duty in the past, but not during the past 12 months	
Disabilities	Are you registered, with the office for disability services on this campus, as having a documented and diagnosed disability?	1=Yes 0=No 2=I have a diagnosed disability but have not registered with the office of disability services	CCMH Standardized Data Set
	Please indicate which category of disability you are registered for: (Select all that apply)	1=Attention deficit/hyperactivity disorders 2=Deaf or hard of hearing 3=Learning disorders 4=Mobility Impairments 5=Neurological disorders 6=Physical/health related disorders 7=Psychological disorder/condition 8=Visual impairments 9=Other (please specify)	CCMH Standardized Data Sethos
	How often have you used the disability-related accommodations recommended for you?	1=Not at all 2=Occasionally 3=Frequently	
Chronic disease	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Diabetes 2=High blood pressure 3=Asthma 4=Thyroid disease (e.g., hypothyroid or hyperthyroid) 5=Gastrointestinal disease (e.g., Crohn's Disease, Ulcerative Colitis) 6=Arthritis 7=Sickle cell anemia 8=Seizure disorders (e.g., epilepsy) 9=Cancers 10=High cholesterol 11=HIV/AIDS 12=Other autoimmune disorder (please specify) 13=Other chronic disease (please specify)	Included if 'Overall Health' module not selected



		14=No, never been diagnosed with a chronic disease. [mutually exclusive] 15=Don't know [mutually exclusive]	
Religiosity	How important is religion in your life?	1=Very important 2=Important 3=Neutral 4=Unimportant 5=Very unimportant	CCMH Standardized Data Set
	What is your religious affiliation? (Select all that apply)	1=Agnostic 2=Atheist 3=Buddhist 4=Christian-Catholic 5=Christian-Protestant 6=Hindu 7=Jewish 8=Muslim 9=Christian-Church of Jesus Christ of Latter-day Saints 10=No affiliation [mutually exclusive] 11=Self-identify (please specify)	CCMH Standardized Data Set
Citizenship	What is your citizenship status in the U.S.? (Select all that apply)	1=US Citizen 2=Permanent Resident/Green Card Holder 3=Temporary Resident/Green Card Holder 4=A visa holder (F-1, J-1, H1-B, A, L, G, E, and TN) 5=Temporary Protected Status (TPS) 6=Deferred Action for Childhood Arrivals (DACA) 7=Refugee 8=Other legally documented status (e.g., adjustment of status to permanent Resident) (please specify) 9=I don't know [mutually exclusive] 10=I don't feel comfortable identifying my citizenship status in the U.S. [mutually exclusive] 11=Undocumented	
	At what age did you come to live in the U.S.?	1=U.S.-born 2=Less than 12 years 3=12-17 years 4=18-35 years 5=More than 35 years	
	Where in the U.S. were you born?	1=Continental U.S. 2=Alaska 3=Hawaii 4=Puerto Rico 5=American Samoa 6=Guam 7=U.S. Virgin Islands 8=Northern Mariana Islands 9=Baker Island 10=Howland Island 11=Jarvis Island	Display if "U.S.-born" is selected for "At what age did you come to live in the U.S.?"

		12=Johnston Atoll 13=Kingman Reef 14=Midway Islands 15=Navassa Island 16=Palmyra Atoll 17=Wake Island	
	In which country were you born?	1=Afghanistan 2=Albania 158=Algeria 159=Andorra 3=Angola 160=Anguilla 4=Antigua and Barbuda 5=Argentina 6=Armenia 161=Aruba 7=Australia 8=Austria 9=Azerbaijan 10=Bahamas 11=Bahrain 12=Bangladesh 13=Barbados 14=Belarus 15=Belgium 16=Belize 162=Benin 163=Bermuda 164=Bhutan 17=Bolivia 18=Bosnia and Herzegovina 165=Botswana 19=Brazil 166=British Virgin Islands 20=Brunei 21=Bulgaria 167=Burkina Faso 23=Burundi 24=Cambodia 25=Cameroon 26=Canada 168=Cape Verde 169=Cayman Islands 27=Central African Republic 28=Chad 29=Chile 30=China 31=Colombia 170=Comoros 32=Congo 171=Cook Islands 33=Costa Rica	Display if "U.S.-born" is not selected for "At what age did you come to live in the U.S.?"

		34=Côte d'Ivoire 35=Croatia 157=Cuba 172=Curaçao 36=Cyprus 37=Czech Republic 38=Denmark 173=Djibouti 39=Dominica 40=Dominican Republic 41=Ecuador 42=Egypt 43=El Salvador 174=Equatorial Guinea 175=Eritrea 44=Estonia 45=Ethiopia 176=Fiji 46=Finland 47=France 177=French Polynesia 48=Gabon 49=Gambia 50=Gaza Strip 51=Georgia 52=Germany 53=Ghana 54=Greece 178=Greenland 179=Grenada 55=Guatemala 56=Guinea 180=Guinea-Bissau 57=Guyana 58=Haiti 59=Honduras 60=Hungary 61=Iceland 62=India 63=Indonesia 64=Iran 65=Iraq 66=Ireland 67=Israel 68=Italy 69=Jamaica 70=Japan 71=Jordan 72=Kazakhstan 73=Kenya 131=Kingdom of Eswatini 181=Kiribati	
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		76=Kosovo 77=Kuwait 78=Kyrgyzstan 79=Lao People's Democratic Republic 80=Latvia 81=Lebanon 182=Lesotho 183=Liberia 82=Libya 184=Liechtenstein 83=Lithuania 84=Luxembourg 86=Madagascar 87=Malawi 88=Malaysia 185=Maldives 89=Mali 186=Malta 187=Marshall Islands 90=Mauritania 91=Mauritius 188=Melanesia 92=Mexico 189=Micronesia 93=Moldova 190=Monaco 94=Mongolia 191=Montenegro 192=Montserrat 95=Morocco 96=Mozambique 22=Myanmar 97=Namibia 193=Nauru 98=Nepal 99=Netherlands 194=New Caledonia 100=New Zealand 101=Nicaragua 195=Niger 102=Nigeria 74=North Korea, Democratic People's Republic of Korea 85=North Macedonia 103=Norway 104=Oman 105=Pakistan 196=Palau 106=Palestine 107=Panama 197=Papua New Guinea 108=Paraguay	
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		109=Peru 110=Philippines 111=Poland 198=Polynesia 112=Portugal 199=Puerto Rico 113=Qatar 114=Romania 115=Russian Federation 200=Rwanda 116=Saint Kitts and Nevis 117=Saint Lucia 201=Saint Vincent and the Grenadines 202=Samoa 203=San Marino 204=Sao Tome and Principe 118=Saudi Arabia 119=Senegal 120=Serbia 205=Seychelles 121=Sierra Leone 122=Singapore 123=Slovakia 124=Slovenia 206=Solomon Islands 125=Somalia 126=South Africa 75=South Korea, Republic of Korea 207=South Sudan 127=Spain 128=Sri Lanka 129=St Vincent and the Grenadines 130=Sudan 208=Suriname 132=Sweden 133=Switzerland 134=Syrian Arab Republic 135=Taiwan 209=Tajikistan 136=Tanzania 137=Thailand 210=Timor-Leste 211=Tongo 212=Tonga 138=Trinidad and Tobago 139=Tunisia 140=Turkey 141=Turkmenistan 213=Turks and Caicos Islands 214=Tuvalu 142=Uganda 143=Ukraine	
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		144=United Arab Emirates 145=United Kingdom of Great Britain and Northern Ireland 156=United States of America 146=Uruguay 147=Uzbekistan 215=Vanuatu 148=Venezuela 149=Viet Nam 150=West Bank 151=Yemen 152=Yugoslavia 153=Zambia 154=Zimbabwe 155=Other (please specify in the following question)	
	Please specify in which country you were born.	[open text]	Display if “Other” is selected for “In which country were you born?”

**(2) MENTAL HEALTH STATUS**

## Mental and Emotional Health

The next set of questions will ask you about your overall well-being. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Positive mental health	I lead a purposeful and meaningful life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	My social relationships are supportive and rewarding.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	I am engaged and interested in my daily activities.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	I actively contribute to the happiness and well-being of others.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	I am competent and capable in the activities that are important to me.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."

	I am a good person and live a good life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	I am optimistic about my future.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	People respect me.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
Depression	Over the last 2 weeks, how often have you been bothered by any of the following problems? Little interest or pleasure in doing things	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling down, depressed or hopeless	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble falling or staying asleep, or sleeping too much	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling tired or having little energy	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)



	Over the last 2 weeks, how often have you been bothered by any of the following problems? Poor appetite or overeating	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling bad about yourself—or that you are a failure or have let yourself or your family down	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble concentrating on things, such as reading the newspaper or watching television	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Moving or speaking so slowly that other people could have noticed; or the opposite—being so fidgety or restless that you have been moving around a lot more than usual	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Thoughts that you would be better off dead or of hurting yourself in some way	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?	1=Not difficult at all 2=Somewhat difficult 3=Very difficult 4=Extremely difficult	Adapted from Patient Health Questionnaire-9 (Kroenke et al., 2001)
	During that period, how often were you bothered by these problems? Little interest or pleasure in doing things	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Adapted from Patient Health Questionnaire-2  Instructions for this item: “Think about the 2-week period in the past year when you experienced the 2 problems below the most frequently.”
	During that period, how often were you bothered by these problems? Feeling down, depressed or hopeless	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Adapted from Patient Health Questionnaire-2  Instructions for this item: “Think about the 2-week period in the past year when you experienced the 2 problems below the most frequently.”

Anxiety	Over the last 2 weeks, how often have you been bothered by the following problems? Feeling nervous, anxious or on edge	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Not being able to stop or control worrying	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Worrying too much about different things	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Trouble relaxing	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Being so restless that it's hard to sit still	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Becoming easily annoyed or irritable	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Feeling afraid as if something awful might happen	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?	1=Not difficult at all 2=Somewhat difficult 3=Very difficult 4=Extremely difficult	

Eating and body image	Do you need to be very thin in order to feel good about yourself?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected
	I think I am...	1=Very underweight 2=Somewhat underweight 3=Normal weight 4=Somewhat overweight 5=Very overweight	Included if 'Eating and Body Image' module not selected
	What is your current height? (If you don't know, please provide your best guess.)	1=_____ feet [force numeric, ≤7] 2=_____ inches [force numeric, ≤11]	Included if 'Eating and Body Image' module not selected
	What is your current weight? (If you don't know, please provide your best guess. If you would prefer not to answer, please skip this question.)	1=_____ pounds [force numeric]	Included if 'Eating and Body Image' module not selected  Instructions for this item: "If you would prefer not to respond, please skip this question."
	Do you ever make yourself sick because you feel uncomfortably full?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected  SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
	Do you worry that you have lost control over how much you eat?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected  SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
	Have you recently lost more than 15 pounds in a 3-month period?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected  SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."

	Do you believe yourself to be fat when others say you are too thin?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected  SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
	Would you say that food dominates your life?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected  SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
Non-suicidal self-injury	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Cut myself 2=Burned myself 3=Punched or banged myself 4=Scratched myself 5=Pulled my hair 6=Bit myself 7=Interfered with wound healing 8=Carved words or symbols into skin 9=Rubbed sharp objects into skin 10=Punched or banged an object to hurt myself 11=Other (please specify) 12=No, none of these <a href="#">[mutually exclusive]</a>	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	On average, how often in the past year did you hurt yourself on purpose, without intending to kill yourself?	1=Once or twice 2=Once a month or less 3=2 or 3 times a month 4=Once or twice a week 5=3 to 5 days a week 6=Nearly everyday, or everyday	Display if "12=No, none of these" is <b>not</b> selected for "In the past year, have you ever done any of the following intentionally?"
Suicidality	In the past year, did you ever seriously think about attempting suicide?	1=Yes 0=No	
	In the past year, did you make a plan for attempting suicide?	1=Yes 0=No	Display if "1=Yes" is selected for "In the past year, did you ever seriously think about attempting suicide?"
	In the past year, did you attempt suicide?	1=Yes 0=No	Display if "1=Yes" is selected for "In the past year, did you ever seriously think about attempting suicide?"

	On average, how often in the past year did you seriously think about attempting suicide?	1=Once or twice 2=Once a month or less 3=2 or 3 times a month 4=Once or twice a week 5=3 to 5 days a week 6=Nearly everyday, or everyday	Display if “1st year” is selected for “What year are you in your current degree program?”.  Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”  Display if “Yes” is selected for “In the past year, did you ever seriously think about attempting suicide?”.
	We are also interested in whether you had suicidal thoughts prior to coming to college. <b>Thinking back to 12-24 months ago</b> , did you ever seriously think about attempting suicide?	1=Yes 0=No	Display if “1st year” is selected for “What year are you in your current degree program?”.  Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”
	We are also interested in whether you attempted suicide prior to coming to college. <b>Thinking back to 12-24 months ago</b> , did you attempt suicide?	1=Yes 0=No	Display if “1st year” is selected for “What year are you in your current degree program?”.  Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)” Display if “yes” to “Thinking back to 12-24 months ago, did you ever seriously think about attempting suicide?”
Loneliness	Please answer the following: How often do you feel that you lack companionship?	1=Hardly ever 2=Some of the time 3=Often	UCLA 3-item Loneliness Scale
	How often do you feel left out?	1=Hardly ever 2=Some of the time 3=Often	UCLA 3-item Loneliness Scale
	How often do you feel isolated from others?	1=Hardly ever 2=Some of the time 3=Often	UCLA 3-item Loneliness Scale
Violence	In your lifetime, how many times has anyone struck or physically injured you? Please do not report any injuries in an appropriate athletic context (i.e. contact sports)	1=Never 2=1 time 3=2-3 times 4=4-5 times 5=More than 5 times	

	When was the last time anyone has struck or physically injured you?	1=Within the last 2 weeks 2=Within the last month 3=Within the last year 4=Within the last 1-5 years 5=More than 5 years ago	
	Since you began at your school, did you strike or physically injure anyone? Please do not report any injuries in an appropriate athletic context (i.e. contact sports)	1=Yes 0=No	
Emotional abuse	Since you began at your school, were you called names, yelled at, humiliated, judged, threatened, coerced, or controlled by another person?	1=Yes 0=No	
Physical abuse	Since you began at your school, were you kicked, slapped, punched or otherwise physically mistreated by another person?	1=Yes 0=No	
Sexual assault	Since you began as a student at your school, have you experienced sexual assault?	1=Yes 2=No 3=Don't know [mutually exclusive] 4=Prefer Not to Say	Display If Sexual Assault Module is not selected
	How much to you agree with the following statement: At my school, I feel that sexual assault is taken seriously by administration.	1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know	
	How much to you agree with the following statement: At my school, I feel that sexual assault is taken seriously by my peers.	1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know	
Racial Trauma	Due to past experiences of discrimination, fear of social situations causes me a lot of problems in my daily functioning.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018

	Due to past experiences of discrimination, in social situations I feel a rush of intense discomfort, and may feel my heart pounding, muscles tense up, or sweat.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I am nervous in social situations, and am afraid people will notice that I am sweating, blushing, or trembling.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I often have trouble relaxing.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I often feel so restless that it is hard to sit still.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I often cannot stop or control my worrying.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I often feel numb or detached from others, activities, or my surroundings.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	If I think about past experiences of discrimination, I cannot control my emotions.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I often feel embarrassment.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I often find that being embarrassed or looking stupid are one of my worst fears.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I feel isolated and set apart from others.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I often feel nervous, anxious, or on edge, especially around certain people.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I often avoid certain activities in which I am the center of attention.	1=1 (Never) 2=2 3=3	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018

		4=4 (Often)	
	Due to past experiences of discrimination, I avoid certain situations or speaking to certain people.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I feel the world is an unsafe place.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I often worry too much about different things.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I often have nightmares about the past experience or think about it when I do not want to.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I often feel afraid as if something awful might happen.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I often try hard not to think about it or go out of my way to avoid.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I often become easily annoyed or irritable.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
	Due to past experiences of discrimination, I often feel constantly on guard, watchful, or easily startled, especially around certain people or places.	1=1 (Never) 2=2 3=3 4=4 (Often)	Trauma Symptoms of Discrimination Scale, Monnica T. Williams et al., 2018
Substance use	Over the past 2 weeks, did you drink any alcohol?	1=Yes 0=No	
	Over the past 2 weeks, about how many times did you have 4 [female]/5 [male]/4 or 5 [not female or male] or more alcoholic drinks in a row? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=0 times 2=1 time 3=2 times 4=3 to 5 times 5=6 to 9 times 6=10 or more times 7=Don't know	Definition adapted from National Institute on Alcohol Abuse and Alcoholism  Display if "1=Yes" is selected for "Over the past 2 weeks, did you drink any alcohol?"



	Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	Included if 'Substance Use' and 'Overall Health' modules both not selected
	Over the past 30 days, have you used an electronic cigarette or vape pen?	1=Yes 0=No	Included if 'Substance Use' and 'Overall Health' modules both not selected
	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Marijuana 2=Cocaine (any form, including crack, powder, or freebase) 3=Heroin 4=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed 5=Benzodiazepines (such as Valium, Ativan, Klonopin, Xanax, Rohypnol (Roofies)) 6=Methamphetamines (also known as speed, crystal meth, Tina, T, or ice) 7=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed 8=MDMA (also known as Ecstasy or Molly) 9=Ketamine (also known as K, Special K) 10=LSD (also known as acid) 11=Psilocybin (also known as magic mushrooms, boomers, shrooms) 12=Kratom 13=Athletic performance enhancers (anything that violates policies set by your school or any athletic governing body) 14=Other drugs without a prescription (please specify) 15=No, none of these <a href="#">[mutually exclusive]</a>	Included if 'Substance Use' and 'Overall Health' modules both not selected  Display response option "13=Performance enhancers" if "3= Athletics (intercollegiate varsity)" is selected for "What activities do you currently participate in at your school?"
	Over the past 30 days, how often have you used marijuana (either smoking, vaping, edibles or otherwise)?	1= Every day 2=Nearly every day 3=3-4 days per week 4=1-2 days per week 5=Less than once per week	Included if 'Substance Use' and 'Overall Health' modules both not selected  Display if "Marijuana" is selected for "Over the past 30 days, have you used any of the following drugs?(Select all that apply)"
Exercise	In the past 30 days, about how many hours per week on average did you spend exercising? (Include any exercise of moderate or higher intensity, where "moderate intensity" would be roughly equivalent to brisk walking or bicycling)	1=Less than 1 hour 6=1-2 hours 2=2-3 hours 3=3-4 hours 4=5 or more hours	Included 'Overall Health' module not selected

Sleep	During this school year, how many hours of sleep do you get on weeknights?	1=Less than 1 hour 6=1-2 hours 2=2-3 hours 3=3-4 hours 4=5 or more hours	Included if 'Sleep' and 'Overall Health' modules both not selected
	During this school year, how many hours of sleep do you get on weekends?	1=Less than 1 hour 6=1-2 hours 2=2-3 hours 3=3-4 hours 4=5 or more hours	Included if 'Sleep' and 'Overall Health' modules both not selected
COVID	Have you had COVID-19 (coronavirus disease)?	1=Yes (confirmed by a test) 2=Probably (e.g., a healthcare provider told me that I likely had COVID-19, but it was not confirmed by a test) 3=Maybe (e.g., I have had symptoms consistent with COVID-19, but it was not confirmed by a test) 4=No (no symptoms or other reason to think I have had it)	
	How severe were any symptoms that you experienced?	1=Severe (e.g., difficulty breathing or speaking, low blood pressure, high fever of 103 F (39.4 C) or higher) 2=Moderate (e.g., some shortness of breath, cough, fever of 100.4 F (38 C) or higher) 3=Mild (e.g., cold-like symptoms) 4=No symptoms (asymptomatic)	(Display if "Yes," "Probably," or "Maybe" to QCOVID.1)
	Do you have any persistent symptoms of COVID-19? (For example, loss of smell or taste, respiratory distress, etc.)	1=Yes 2=No	(Display if "Yes," "Probably," or "Maybe" to QCOVID.1)
	Has a loved one, close family member, or friend experienced significant illness as a result of COVID-19?	1=Yes 2=No	
	Have you grieved the loss of a loved one, close family member, or friend due to COVID-19?	1=Yes 2=No	

**(3) MENTAL HEALTH SERVICE UTILIZATION/HELP-SEEKING**

## Experiences with Services and Support

The next questions will ask you about your experiences using mental health services. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Diagnosed mental illnesses	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Depression (e.g., major depressive disorder, persistent depressive disorder) 2=Bipolar (e.g., bipolar I or II, cyclothymia) 3=Anxiety (e.g., generalized anxiety disorder, phobias) 4=Obsessive-compulsive or related disorders (e.g., obsessive-compulsive disorder, body dysmorphia) 5=Trauma and Stressor Related Disorders (e.g. post-traumatic stress disorder), 6=Neurodevelopmental disorder or intellectual disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, intellectual disability, autism spectrum disorder) 7=Eating disorder (e.g., anorexia nervosa, bulimia nervosa) 8=Psychosis (e.g., schizophrenia, schizo-affective disorder) 9=Personality disorder (e.g., antisocial personality disorder, paranoid personality disorder, schizoid personality disorder) 10=Substance use disorder (e.g., alcohol abuse, abuse of other drugs) 11=No, none of these <b>[mutually exclusive]</b> 12=Don't know	
	Specifically, which of the following depressive disorders were you diagnosed with by a professional? (Select all that apply)	1=Major depressive disorder 2=Dysthymia or persistent depressive disorder 3=Premenstrual dysphoric disorder 4=Other (please specify) 5=Don't know	
	Specifically, which of the following bipolar and related disorders were you diagnosed with by a professional? (Select all that apply)	1=Bipolar I disorder 2=Bipolar II disorder 3=Cyclothymic disorder 4=Other (please specify) 5=Don't know	
	Specifically, which of the following anxiety disorders were you diagnosed with by a professional? (Select all that apply)	1=Generalized anxiety disorder 2=Panic disorder 3=Agoraphobia 4=Specific phobia (e.g., claustrophobia, arachnophobia, etc.) 5=Social anxiety disorder (or social phobia) 6=Other (please specify) 7=Don't know	
	Specifically, which of the following obsessive-compulsive or related disorders were you diagnosed with by a professional? (Select all that apply)	1=Obsessive-compulsive disorder 2=Body dysmorphic disorder 3=Hoarding disorder 4=Trichotillomania (hair-pulling disorder) 5=Excoriation (skin-picking) disorder 6=Other (please specify) 7=Don't know	

	Specifically, which of the following trauma and stressor related disorders were you diagnosed with by a professional? (Select all that apply)	1=Post-traumatic stress disorder 2=Acute stress disorder 3=Adjustment disorder 4=Other (please specify) 5=Don't know	
	Specifically, which of the following neurodevelopmental disorder or intellectual disability were you diagnosed with by a professional? (Select all that apply)	1=Attention deficit hyperactivity disorder (ADHD or ADD) 2=Other intellectual disability 3=Autism spectrum disorder 4=Other (please specify) 5=Don't know	
	Specifically, which of the following eating disorders were you diagnosed with by a professional? (Select all that apply)	1=Anorexia nervosa 2=Bulimia nervosa 3=Binge-eating disorder 4=Pica 5=Avoidant/restrictive food intake disorder (selective eating disorder) 6=Other (please specify) 7=Don't know	
	Specifically, which of the following psychotic disorders were you diagnosed with by a professional? (Select all that apply)	1=Schizophrenia 2=Schizo-affective disorder 3=Brief psychotic disorder 4=Delusional disorder 5=Schizophreniform disorder 6=Other (please specify) 7=Don't know	
	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Antisocial personality disorder 2=Avoidant personality disorder 3=Borderline personality disorder 4=Dependent personality disorder 5=Histrionic personality disorder 6=Narcissistic personality disorder 7=Obsessive-Compulsive personality disorder 8=Paranoid personality disorder 9=Schizoid personality disorder 10=Schizotypal personality disorder 11=Other (please specify) 12=Don't know	
	Specifically, which of the following substance disorders were you diagnosed with by a professional? (Select all that apply)	1=Alcohol abuse or other alcohol-related disorders 4=Opioid Use Disorder 2=Other (please specify) 3=Don't know	
Knowledge of campus services	How much do you agree with the following statement?:	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected

	If I needed to seek professional help for my mental or emotional health, I would know where to access resources from my school.	5=Disagree 6=Strongly disagree	
Stigma	How much do you agree with the following statement?: Most people think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
	How much do you agree with the following statement?: I would think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
Perceived need	How much do you agree with the following statement?: In the past 12 months, I needed help for emotional or mental health problems or challenges such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I currently need help for emotional or mental health problems or challenges such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display only if "Somewhat Agree," "Agree" or "Strongly Agree" is selected for "How much do you agree with the following statement?: In the past 12, months I needed help for emotional or mental health problems such as feeling sad, blue, anxious or nervous"
Help-seeking intentions	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=Professional clinician (e.g., psychologist, counselor, or psychiatrist) 2=Roommate 3=Friend (who is not a roommate) 4=Significant other/romantic partner 5=Family member 6=Religious counselor or other religious contact 7=Support group 8=Other non-clinical source (please specify) 9=No one <a href="#">[mutually exclusive]</a>	
Use of counseling/therapy	Have you ever received counseling or therapy for mental health concerns?	1=No, never 2=Yes, prior to starting college 3=Yes, since starting college	CCMH Standardized Data Set

		4=Yes, both of the above (prior to college and since starting college)	
	How many total visits or sessions for counseling or therapy have you had in the past 12 months?	0=0 1=1-3 2=4-6 3=7-9 4=10 or more	Display only if “Yes, prior to starting college”, “Yes, since starting college”, or “Yes, both of the above (prior to college and since starting college)” is selected for “Have you ever received counseling or therapy for mental health concerns?”
	Are you currently receiving counseling or therapy?	1=Yes 0=No	Display only if previous item answered with more than “0” total visits in the past 12 months
	Please include any counseling or therapy you may have received from these places, whether that be in-person, remotely, or a combination of in-person and remote. Select all that apply  From which of the following places did you receive counseling or therapy?	1=[Insert name of institution’s student counseling services] 2=[Insert name of institution’s campus health services] 3=[Insert other campus counseling or health service] 4=Psychiatric Emergency Services/Psych Emergency Room (ER) 5=Inpatient psychiatric hospital 6=Partial hospitalization program 7=Provider in the local community (not on campus) 8=Provider in another location (such as your hometown) 9=Other (please specify) 10=Don’t know	Display only if “Are you currently receiving counseling or therapy” is displayed.
	From which campus counseling or health service did you receive counseling or therapy?	[open text]	Display only if “Insert other campus counseling or health service” is selected for “From which of the following places did you receive counseling or therapy?”
	Of the places you reported receiving counseling or therapy, how were your counseling or therapy sessions conducted?  [pipe in selected options from the question, “From which of the following places did you receive counseling or therapy?”]	1=In-person only 2=Remote/telehealth only (digital video conferencing, text/app chat, etc...) 3=Both in-person and remote	Display only if “How many total visits or sessions for counseling or therapy have you had in the past 12 months?” is <b>not</b> 0=0.
Satisfaction with counseling/therapy	How satisfied/dissatisfied are you with your overall therapy or counseling experience?	6=Very satisfied 5=Satisfied 4=Somewhat satisfied 3=Somewhat dissatisfied 2=Dissatisfied 1=Very dissatisfied	
	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12	6=Very satisfied 5=Satisfied 4=Somewhat satisfied 3=Somewhat dissatisfied 2=Dissatisfied 1=Very dissatisfied	

	months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Convenient hours		
	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Location	6=Very satisfied 5=Satisfied 4=Somewhat satisfied 3=Somewhat dissatisfied 2=Dissatisfied 1=Very dissatisfied	
	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Quality of therapists/counselors	6=Very satisfied 5=Satisfied 4=Somewhat satisfied 3=Somewhat dissatisfied 2=Dissatisfied 1=Very dissatisfied	
	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Respect for your privacy concerns	6=Very satisfied 5=Satisfied 4=Somewhat satisfied 3=Somewhat dissatisfied 2=Dissatisfied 1=Very dissatisfied	
	How satisfied/dissatisfied are you with the following	6=Very satisfied 5=Satisfied 4=Somewhat satisfied	

	aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Ability to schedule appointments without long delays	3=Somewhat dissatisfied 2=Dissatisfied 1=Very dissatisfied	
	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Respect and consideration for my cultural/racial background	6=Very satisfied 5=Satisfied 4=Somewhat satisfied 3=Somewhat dissatisfied 2=Dissatisfied 1=Very dissatisfied	
	How satisfied/dissatisfied are you with the telemental health services you have received at the following places?:  [pipe in the selected options <b>remote/both in-person &amp; remote</b> from the question: Of the places you reported receiving counseling or therapy, how were your counseling or therapy sessions conducted?]	6=Very satisfied 5=Satisfied 4=Somewhat satisfied 3=Somewhat dissatisfied 2=Dissatisfied 1=Very dissatisfied	
	How helpful, overall, do you think therapy or counseling was or has been for your mental or emotional health?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
Use of medication	In the past 12 months have you taken any of the	1=Psychostimulants (methylphenidate (Ritalin or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexeridine), etc.)	



	<p>following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)</p>	<p>2=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.) 3=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.) 4=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.) 5=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.) 6=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.) 7=Other medication for mental or emotional health (please specify) 8=No, none of these <a href="#">[mutually exclusive]</a> 9=Don't know</p>	
	<p>For what purpose(s) have you taken the medication(s) you just indicated? (Select all that apply)</p>	<p>1=Mental or emotional health 2=Other health reasons 3=Academic performance 4=Recreation/fun 5=Other (please specify)</p>	
	<p>In the past 12 months how many times have you discussed with a doctor or other health professional your use of the medication(s) you just noted?</p>	<p>1=Not at all 2=1-2 times 3=3-5 times 4=More than 5 times 5=Don't know</p>	
	<p>Who wrote your most recent prescription for the medication(s) you noted in the last question? (Select all that apply)</p>	<p>1=A general practitioner, nurse practitioner, or primary care physician 2=A psychiatrist 3=Other type of doctor (please specify) 4=Took the medication(s) without a prescription 5=Don't know</p>	
	<p>Of the medication(s) you just noted, which are you currently taking? (Select all that apply)</p>	<p>1=Psychostimulants (methylphenidate (Ritalin, or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexedrine), etc.) 2=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.) 3=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.) 4=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.) 5=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.) 6=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.) 7=Other medication for mental or emotional health (please specify) 8=None of the above <a href="#">[mutually exclusive]</a></p>	<p>Pipe in selected options from: "In the past 12 months have you taken any of the following types of prescription medications?"</p>
	<p>During the past year, for how long, in total, have you taken the following medication(s)?</p>	<p>1=Less than 1 month 2=Between 1 and 2 months 3=2 months or more 4=Did not take</p>	<p>Pipe in selected options from: "In the past 12 months have you taken any of the following types of prescription medications?"</p>
	<p>How helpful, overall, do you think the medication(s) was or has</p>	<p>1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful</p>	

	been for your mental or emotional health?		
	Which of the following are important reasons why you received those services? (Select all that apply)	1=I decided on my own to seek help. 2=A friend encouraged me to seek help. 3=A friend pressured me to seek help. 4=A family member encouraged me to seek help. 5=A family member pressured me to seek help. 6=Someone other than a friend or family member encouraged me to seek help (please specify the person's relationship to you). 7= A campus advisor mandated me to seek help 11= A campus advisor referred me to seek help 8=I acquired more information about my options from (please specify where). 10= A health professional recommended or referred me to seek help. 12=Other (please specify)	Instructions for this item: "Earlier in this survey you reported that you have taken medication and/or received counseling/therapy in the past 12 months for your mental or emotional health."
Barriers to help-seeking	In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received? (Select all that apply)	1=No need for services 2=Financial reasons (too expensive, not covered by insurance) 3=Not enough time 4=Not sure where to go 5=Difficulty finding an available appointment 6=Prefer to deal with issues on my own or with support from family/friends 7=Other (please specify) 8=No barriers <b>[mutually exclusive]</b> 9=Privacy concerns 10=People providing services don't understand me	
	In the past 12 months, which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	1=I haven't had the chance to go but I plan to. 2=No need for services 3=Financial reasons (too expensive, not covered by insurance) 4=Not enough time 5=Not sure where to go 6=Difficulty finding an available appointment 7=Prefer to deal with issues on my own or with support from family/friends 8=Other (please specify) 9=No barriers <b>[mutually exclusive]</b> 10=Privacy concerns 11=People providing services don't understand me	
Visit to medical providers	In the past 12 months, have you visited any medical provider, such as a primary care doctor or other type of doctor, for a check-up or any other medical reasons?	1=Yes 0=No	
Informal help-seeking	In the past 12 months have you received support for your mental or emotional health from any of the following sources? (Select all that apply)	1=Roommate 2=Friend (who is not a roommate) 3=Significant other 4=Family member 5=Religious counselor or other religious contact 6=Support group 9=Faculty member/professor 10=Staff member 7=Other non-clinical source (please specify)	

		8=No, none of these <a href="#">[mutually exclusive]</a>	
	How helpful was it to discuss these concerns?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	If you had a mental health problem that you believed was affecting your academic performance, which people at school would you talk to? (Select all that apply)	1=Professor from one of my classes 2=Academic advisor 3=Another faculty member 4=Teaching assistant 5=Student services staff 6=Dean of Students or class dean 7=Other (please specify) 8=No one <a href="#">[mutually exclusive]</a>	
	During this school year have you talked with any academic personnel (such as instructors, advisors, or other academic staff) about any mental health problems that were affecting your academic performance?	1=Yes 0=No	
	Overall, how supportive was the response of the academic personnel with whom you talked?	1=Very supportive 2=Supportive 3=Not supportive 4=Very unsupportive	
Insurance	What is the source of your current health insurance coverage? (Select all that apply)	1=I do not have any health insurance coverage (uncovered). <a href="#">[mutually exclusive]</a> 2=I have health insurance through my parent/guardian(s) or their employer. 3=I have health insurance through my employer. 4=I have health insurance through my spouse's employer. 5=I have a student health insurance plan. 6=I have health insurance through an embassy or sponsoring agency for international students. 7=I have individual health insurance purchased directly from an insurance carrier. 8=I have Medicaid or other governmental insurance. 9=I am uncertain about whether I have health insurance. 10=I have health insurance but am uncertain about where it is from.	
	Do you know if your health insurance plan would provide any coverage for a visit to a mental health professional (such as a psychiatrist, psychologist, clinical social worker, etc.)?	1=Yes, it definitely would. 2=I think it would but am not sure. 3=I have no idea. 4=I think it would not but am not sure. 5=No, it definitely would not.	
	Does your current health insurance plan meet your needs for mental health services?	1=I have not needed to use my current insurance plan to cover mental health services. 2=Yes, everything I have needed is covered. 3=No, the coverage is inadequate to meet my needs.	

	I feel that coverage is inadequate because my plan... (Select all that apply)	1=...doesn't cover any mental health services. 2=...doesn't cover preexisting conditions. 3=...doesn't cover certain conditions. 4=...has a co-pay that is too expensive. 5=...has a deductible that is too expensive. 6=...doesn't cover certain types of services or providers. 7=...has a limit on the number of services that are covered. 8=Other (please specify)	
	This semester, how easy or difficult has it been paying for mental health care?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult 7=Not applicable	

**ELECTIVE MODULES:****(4) SUBSTANCE USE**

## Substance Use

The next questions will ask you about your experiences with and opinions about alcohol and other drugs. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Personal alcohol use	How often do you have a drink containing alcohol?	1=Never 2=Monthly or less 3=2-4 times a month 4=2-3 times a week 5=4 or more times a week	AUDIT (Saunders et al., 1993)
	How many drinks containing alcohol do you have on a typical day when you are drinking? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=1 or 2 2=3 or 4 3=5 or 6 4=7 to 9 5=10 or more	AUDIT (Saunders et al., 1993)  Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	How often do you have 4 [female]/5 [male]/4 or 5 [not female or male] or more drinks on 1 occasion? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)  Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	How often during the last year have you found that you were not able to stop drinking once you had started?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	How often during the last year have you failed to do what was normally expected of you because of drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	How often during the last year have you needed a drink in the morning to get yourself going after a heavy drinking session?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	How often during the last year have you had a feeling of guilt or remorse after drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	How often during the last year have you been unable to remember what happened the night before your drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)

	Have you or someone else been injured because you had been drinking?	0=No 1=Yes, but not in the last year 2=Yes, during the last year	AUDIT (Saunders et al., 1993)
	Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?	1=No 2=Yes, but not in the last year 3=Yes, during the last year	AUDIT (Saunders et al., 1993)
	On the last occasion you drank alcohol, how much did you consume? (1 drink is a can of beer, a glass of wine, a shot of liquor, or a mixed drink)	1=1 drink 2=2 drinks 3=3 drinks 4=4 drinks 5=5 or more drinks 6=I don't remember 7=I don't drink	
	Have you ever received counseling or treatment for an alcohol-related problem from a health professional (such as psychiatrist, psychologist, social worker, or primary care doctor)?	1=Yes 0=No	
	Are you currently in recovery from alcohol or other drugs?	1=Yes 0=No	
	Have you ever participated in a substance use rehabilitation program, voluntarily or involuntarily?	1=Yes 0=No	
	Have you ever thought that you might benefit from attending a support group and/or 12-step program related to alcohol or other drugs?	1=Yes 0=No	
Personal substance use	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Marijuana 2=Cocaine (any form, including crack, powder, or freebase) 3=Heroin 4=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed 5=Benzodiazepines (such as Valium, Ativan, Klonopin, Xanax, Rohypnal (Roofies)) 6=Methamphetamines (also known as speed, crystal meth, Tina, T, or ice) 7=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed 8=MDMA (also known as Ecstasy or Molly) 9=Ketamine (also known as K, Special K) 10=LSD (also known as acid) 11=Psilocybin (also known as magic mushrooms, boomers, shrooms) 12=Kratom 13=Athletic performance enhancers (anything that violates policies set by your school or any athletic governing body) 14=Other drugs without a prescription (please specify) 15=No, none of these <a href="#">[mutually exclusive]</a>	
	Over the past 30 days, how often have you used marijuana (either smoking, vaping, edibles or otherwise)?	1= Every day 2=Nearly every day 3=3-4 days per week 4=1-2 days per week	Included if 'Overall Health' module not selected

		5=Less than once per week	Display if “Marijuana” is selected for “Over the past 30 days, have you used any of the following drugs?(Select all that apply)”
	Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	
	Over the past 30 days, have you used an electronic cigarette or vape pen?	1=Yes 0=No	Included if ‘Overall Health’ module not selected
	What did you think was in the mist you inhaled the last time you used a vaping device?	1=Vaping nicotine 2=Vaping Marijuana 3=Vaping “just flavoring” 4-Other	Display if “Yes” is selected for “Over the past 30 days, have you used an electronic cigarette or vape pen?”  National Institutes of Health Monitoring the Future survey (2017)
	Have you ever used the following drugs/supplements for the purpose of enhancing appearance or performance? (Select all that apply)	1=Anabolic Steroids 2=Other Synthetic Muscle Enhancers (such as clenbuterol, human growth hormone) 3=Protein Supplements (such as whey protein, protein shakes, protein bars) 4=Creatine Supplements (such as creatine monohydrate, creatine ethyl ester, and others) 5= Diuretics/Water Pills (such as furosemide (Lasix), hydrochlorothiazide, spironolactone, and others) 6=I have never used these drugs or supplements	Included if ‘Eating and Body Image’ module not selected
Perception of risk regarding substance use	How much do you think people risk harming themselves physically or in other ways when they have 5 or more drinks containing alcohol once or twice a week? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012)  Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	How much do you think people risk harming themselves physically or in other ways if they smoke 1 or more packs of cigarettes per day?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012)
	How much do you think people risk harming themselves physically or in other ways if they smoke marijuana once or twice a week?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012)
	How much do you think people risk harming themselves physically or in other ways if they use prescription drugs that are not prescribed to them?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012)
	How much do you think people risk harming themselves physically or in other ways if they vape daily?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	
Other students alcohol use	In the past 30 days, how often have you had to "baby-sit" or take care of another student who drank too much?	1=0 times 2=1 times 3=2 times 4=3 times	

		5=4 or more times	
Perceptions of peer substance use	In the past 30 days, about what percent of students at your school drank alcohol?	1= _____ % [force numeric, 0-100]	Instructions for this item: "The next few items ask for your perceptions of other students' behaviors regarding alcohol and substance use. Please provide your best guess."
	In the past 30 days, about what percent of students at your school smoked cigarettes?	1= _____ % [force numeric, 0-100]	Instructions for this item: "The next few items ask for your perceptions of other students' behaviors regarding alcohol and substance use. Please provide your best guess."
	In the past 30 days, about what percent of students at your school smoked (or otherwise used) marijuana?	1= _____ % [force numeric, 0-100]	Instructions for this item: "The next few items ask for your perceptions of other students' behaviors regarding alcohol and substance use. Please provide your best guess."
	In the past 30 days, about what percent of students at your school vaped?	1= _____ % [force numeric, 0-100]	Instructions for this item: "The next few items ask for your perceptions of other students' behaviors regarding alcohol and substance use. Please provide your best guess."
	How much do you agree with the following statement?: Alcohol use is a problem for students on my campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	To the best of your knowledge, what is naloxone used for?	a. To reverse the effects of an opioid overdose (e.g. heroin, methadone) b. To reverse the effects of an amphetamine overdose c. To reverse the effects of a cocaine overdose d. To reverse the effects of any drug overdose Don't know	Question from Opioid Overdose Knowledge Scale (OOKS) (OOKS #4 - correct: a) (if incorrect, show answer)
	To the best of your knowledge, which of the following are indicators of an opioid overdose (e.g. OxyContin, Percocet, Vicodin, heroin, fentanyl)? (select all that apply)	a. Having blood-shot eyes b. Slow/shallow breathing c. Lips, hands or feet turning blue d. Loss of consciousness e. Unresponsive f. Fitting (i.e., seizures, convulsions, spasms) g. Deep snoring h. Very small pupils i. Agitated behavior j. Rapid heartbeat	(OOKS #2 - correct: b, c, d, e, g, h) (if incorrect, show answer)
	Please answer the following questions thinking about how you would deal with an overdose from opioids used without a prescription / not as directed (opioids such as: OxyContin, Percocet, Vicodin, heroin, fentanyl).  I know how to use naloxone if someone overdoses.	Completely disagree Disagree Unsure Agree Completely agree	(OOAS #2 - modified)  Opioid Overdose Attitudes Scale - OOAS
	I would be concerned about calling emergency services in case I get into trouble with my school or the police come.	Completely disagree Disagree Unsure Agree Completely agree	(OOAS #15 – modified)



**(5) SLEEP**

## Sleep Habits

The next questions will ask you about your sleep habits. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Sleep habits	During this school year, how many hours of sleep do you get on weeknights?	1=Less than 1 hour 6=1-2 hours 2=2-3 hours 3=3-4 hours 4=5 or more hours	
	During this school year, how many hours of sleep do you get on weekends?	1=Less than 1 hour 6=1-2 hours 2=2-3 hours 3=3-4 hours 4=5 or more hours	
	During this school year, on how many days have you taken naps during a typical week?	1=I don't take naps. 2=1 3=2 4=3 5=4 6=5 7=6 8=7	
	How long is your typical nap?	1=Less than 1 hour 2=Between 1 and 2 hours 3=Between 2 and 3 hours 4=More than 3 hours	
Insomnia severity	Difficulty falling asleep	1=None 2=Mild 3=Moderate 4=Severe 5=Very severe	Insomnia Severity Index (Morin et al., 2011)  Instruction for this item: "Please rate the current (i.e., last 2 weeks) severity of your insomnia problem(s)."
	Difficulty staying asleep	1=None 2=Mild 3=Moderate 4=Severe 5=Very severe	Insomnia Severity Index (Morin et al., 2011)  Instruction for this item: "Please rate the current (i.e., last 2 weeks) severity of your insomnia problem(s)."
	Problem waking up too early	1=None 2=Mild 3=Moderate 4=Severe 5=Very severe	Insomnia Severity Index (Morin et al., 2011)  Instruction for this item: "Please rate the current (i.e., last 2 weeks) severity of your insomnia problem(s)."
	How satisfied/dissatisfied are you with your current sleep pattern?	1=Very satisfied 2=Satisfied 3=Moderately satisfied 4=Dissatisfied 5=Very dissatisfied	Insomnia Severity Index (Morin et al., 2011)
	How noticeable to others do you think your sleep problem is in terms of impairing the quality of your life?	1=Not at all noticeable 2=A little	Insomnia Severity Index (Morin et al., 2011)

		3=Somewhat 4=Much 5=Very much noticeable	
	How worried/distressed are you about a current sleep problem?	1=Not at all worried 2=A little 3=Somewhat 4=Much 5=Very much worried	Insomnia Severity Index (Morin et al., 2011)
	To what extent do you consider a sleep problem to interfere with your daily functioning (e.g., daytime fatigue, mood, ability to function at work/daily chores, concentration, memory, etc.) currently?	1=Not at all interfering 2=A little 3=Somewhat 4=Much 5=Very much interfering	Insomnia Severity Index (Morin et al., 2011)

**(6) EATING AND BODY IMAGE**

## Eating and Body Image

The next questions will ask you about your behaviors and attitudes related to eating, body shape and weight. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Weight concerns	How much more or less do you feel you worry about your weight and body shape than [other women/men/peers] your age?	1=I worry a lot less than [other women/men/my peers]. 2=I worry a little less than [other women/men/my peers]. 3=I worry about the same as [other women/men/my peers]. 4=I worry a little more than [other women/men/my peers]. 5=I worry a lot more than [other women/men/my peers].	Weight Concerns Scale (WCS) (Killen et al., 1994; Killen et al., 1996)
	How afraid are you of gaining 3 pounds?	1=Not afraid of gaining 2=Slightly afraid of gaining 3=Moderately afraid of gaining 4=Very afraid of gaining 5=Terrified of gaining	Weight Concerns Scale (WCS) (Killen et al., 1994; Killen et al., 1996)
	When was the last time you went on a diet?	1=I've never been on a diet. 2=I was on a diet about 1 year ago. 3=I was on a diet about 6 months ago. 4=I was on a diet about 3 months ago. 5=I was on a diet about 1 month ago. 6=I was on a diet less than 1 month ago. 7=I'm now on a diet.	Weight Concerns Scale (WCS) (Killen et al., 1994; Killen et al., 1996)
	Compared to other things in your life, how important is your weight to you?	1=My weight is not important compared to other things in my life. 2=My weight is a little more important than some other things in my life. 3=My weight is more important than most, but not all, things in my life. 4=My weight is the most important thing in my life.	Weight Concerns Scale (WCS) (Killen et al., 1994; Killen et al., 1996)
	Do you ever feel fat?	1=Never 2=Rarely 3=Sometimes 4=Often 5=Always	Weight Concerns Scale (WCS) (Killen et al., 1994; Killen et al., 1996)
	Do you need to be very thin in order to feel good about yourself?	1=Yes 0=No	
	I think I am...	1=Very underweight 2=Somewhat underweight 3=Normal weight 4=Somewhat overweight 5=Very overweight	
	How much do you agree with the following statement?: I have become more concerned about my body shape and weight since I began as a student at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

	How much do you agree with the following statement?: I am worried about gaining the “freshman fifteen” (i.e., gaining weight).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display if “1st-year” is selected and if “Bachelor’s or Associates” is selected.
	In your day-to-day life, how often do people act as if they’re better than you because of your weight?	1=Never 2=Rarely 3=Sometimes 4=Often 5=Always	
	I am concerned that I will not be treated fairly by others because of my weight.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Height/weight	About how often do you weigh yourself?	1=Never 2=Less than once per month 3=Once per month 4=2 to 3 times per month 5=Once per week 6=2 to 3 times per week 7=4 to 6 times per week 8=Once per day 9=More than once per day	
	What is your current height? (If you don’t know, please provide your best guess.)	1=_____ feet [drop down menu, ≤7] 2=_____ inches [drop down menu, ≤11]	
	What is your current weight? (If you don’t know, please provide your best guess. If you would prefer not to answer, please skip this question.)	1=_____ pounds [force numeric]	
	Do you have an ideal weight for yourself?	1=Yes 2=No	
	What would your ideal weight be if you could choose it?	1=_____ pounds (please specify) [force numeric] 2=I don’t have an ideal weight for myself.	Display if “Yes” is selected for “Do you have an ideal weight for yourself?”
	Have you ever used the following drugs/supplements for the purpose of enhancing appearance or performance? (Select all that apply)	1=Anabolic Steroids 2=Other Synthetic Muscle Enhancers (such as clenbuterol, human growth hormone) 3=Protein Supplements (such as whey protein, protein shakes, protein bars) 4=Creatine Supplements (such as creatine monohydrate, creatine ethyl ester, and others) 5= Diuretics/Water Pills (such as furosemide (Lasix), hydrochlorothiazide, spironolactone, and others) 6=I have never used these drugs or supplements	
Eating disorder symptoms	Do you ever make yourself sick because you feel uncomfortably full?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)

			Instructions for this item: "Please answer the following questions as honestly as possible."
	Do you worry that you have lost control over how much you eat?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
	Have you recently lost more than 15 pounds in a 3-month period?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
	Do you believe yourself to be fat when others say you are too thin?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
	Would you say that food dominates your life?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
Binging and purging	Over the past 4 weeks (28 days), on how many days have you eaten an unusually large amount of food and have had a sense of loss of control at the time?	Range: 0-28 days	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & O'Connor, 2008)
	Over the past 4 weeks (28 days), how many times have you made yourself sick (vomit) as a means of controlling your shape or weight?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & O'Connor, 2008)
	Over the past 4 weeks (28 days), how many times have you taken laxatives as a means of controlling your shape or weight?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & O'Connor, 2008)
	Over the past 4 weeks (28 days), how many times have you taken diuretics (water pills) or diet pills as a means of controlling your shape or weight?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & O'Connor, 2008)
	Over the past 4 weeks (28 days), how many times have you exercised in a "driven" or "compulsive" way as a means of controlling your weight, shape or amount of fat, or to burn off calories?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & O'Connor, 2008)
	Over the past 4 weeks (28 days), how many times have you fasted for non-religious purposes (intentionally not eaten anything at all for at least 8 waking hours)?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & O'Connor, 2008)
Eating habits	For about what percentage of the last 12 months were you on a diet?	1=More than 75% (more than 270 days total) 2=Between 50% and 75% (180 to 270 days total) 3=Between 25% and 49% (90 to 179 days total) 4=Less than 25% (1 to 90 days total) 5=I was not on a diet at all in the last 12 months.	
	How much do you agree with the following statement?: My eating habits have changed a lot since I began as a student at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree	

		5=Disagree 6=Strongly disagree	
	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I think about food more often. 2=I think about food less often. 3=I am more concerned about what I eat. 4=I am less concerned about what I eat. 5=I consume more calories on average per day. 6=I consume fewer calories on average per day. 7=I eat more junk food/fast food. 8=I eat less junk food/fast food. 9=I eat more junk food late at night. 10=I eat more fruits/vegetables. 11=I eat less fruits/vegetables. 12=I became a vegetarian/vegan. 13=I began limiting (or increased the extent to which I limit) the quantity or types of foods and drinks I consume in order to influence my body shape or weight. 14=I began purging (vomiting, using laxatives, diet pills etc.). 15=Other (please specify)	

**(7) SEXUAL ASSAULT**

## Perceptions and Experiences of Sexual Assault on Campus

The next set of questions asks you about perceptions and experiences related to sexual assault. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Stalking	Since starting at your school, have you experienced stalking? (e.g., someone waiting for you outside your home, classroom, or workplace; repeated unwanted emails/phone calls)?	1=Yes 0=No	
	If someone were to report stalking to a campus authority, how likely is it that your school would take the report seriously?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report stalking to a campus authority, How likely is it that your school would take steps to protect the safety of the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
Intimate Partner Violence	Since you began at your school, has a partner ever: Physically hurt you?	1=Yes 0=No	Adapted from HITS  Sherin KM, Sinacore JM, Li XQ, Zitter RE, Shakil A. HITS: a short domestic violence screening tool for use in a family practice setting. Fam Med 1998; 30(7):508-12.
	Since you began at your school, has a partner ever: Insulted or talked down to you?	1=Yes 0=No	Adapted from HITS  Sherin KM, Sinacore JM, Li XQ, Zitter RE, Shakil A. HITS: a short domestic violence screening tool for use in a family practice setting. Fam Med 1998; 30(7):508-12.
	Since you began at your school, has a partner ever: Threatened you or someone you care about with harm?	1=Yes 0=No	Adapted from HITS  Sherin KM, Sinacore JM, Li XQ, Zitter RE, Shakil A. HITS: a short domestic violence screening tool for use in a family practice setting. Fam Med 1998; 30(7):508-12.
	Since you began at your school, has a partner ever: Screamed or cursed at you?	1=Yes 0=No	Adapted from HITS  Sherin KM, Sinacore JM, Li XQ, Zitter RE, Shakil A. HITS: a short domestic violence screening tool for use in a family practice setting. Fam Med 1998; 30(7):508-12.
Perceptions of leadership, policies, and reporting	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take the report seriously?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that your school would protect the privacy of the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)

	If requested by the survivor, how likely is it that your school would forward the report outside the campus to criminal investigators?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) .
	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take steps to protect the safety of the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take corrective action to address factors that may have led to the sexual assault?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take corrective action against the offender?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take steps to protect the person making the report from retaliation?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that students would label the person making the report as a troublemaker?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that students would support the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that the alleged offender(s) or their friends would retaliate against the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
Sexual violence and sexual assault	Have you received training in policies and procedures regarding the following?: (Select all that apply)		
	What is defined as sexual assault Where and how to report an incident of sexual assault Policies and procedures for investigating a sexual assault What resources are available at your school to support survivors	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	Where are sexual assaults most likely to occur at your institution? (Select all that apply)	1= Campus residence halls 2= Non-residential campus buildings 3= Off-campus residence 4= Off campus, non-residential 5= Fraternity or Sorority event or housing 6= Other (please specify) [text response]	



		7= I don't know	
	How much of the training regarding <a href="#">[insert selected training option]</a> do you remember?	1=All of it 2=Most of it 3=Some of it 4=A little of it 5=None of it	
	If someone I know or I were sexually assaulted, I know where to go to get help.	1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)  Instruction for this item: "Please indicate your level of agreement to the following statements:"
	I understand my school's formal procedures to address incidences of sexual assault.	1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)  Instruction for this item: "Please indicate your level of agreement to the following statements:"
	I have confidence that my school administers the formal procedures to address complaints of sexual assault fairly.	1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)  Instruction for this item: "Please indicate your level of agreement to the following statements:"
	Have you ever had a sexual encounter in which you initially gave consent but later revoked it?	1=Yes 2=No 3=Don't know <a href="#">[mutually exclusive]</a> 4=Prefer Not to Say	
	Did your partner(s) honor the revocation of your consent?	1=Yes 2=No 3=Don't know <a href="#">[mutually exclusive]</a> 4=Prefer Not to Say	Display if "Yes" is selected for "Have you ever had a sexual encounter in which you initially gave consent but later revoked it?"
	Since beginning at your school, has someone had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep?	1=Yes, I am certain this has happened. 2=I suspect this has happened but am not certain. 3=No, this has not happened.	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	Just prior to the incident(s), had you been given a drug without your knowledge or consent?	1=Yes 2=No 3=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)  Instructions for this item: "Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience."
	Since you began as a student at your school, have you experienced sexual assault?	1=Yes 2=No 3=Don't know <a href="#">[mutually exclusive]</a> 4=Prefer Not to Say	
	How many experiences of sexual assault have you had?	1=1 2=2	Display if "Yes" is selected for "Since you began as a student at your school, have you experienced sexual assault?"

		3=3 4=4 5=5+ 6=Prefer not to say	
	Where did the assault(s) happen? (Select all that apply)	1= Campus residence halls 2= Non-residential campus buildings 3= Off-campus residence 4= Off campus, non-residential 5= Fraternity or Sorority event or housing 6= Other (please specify) [text response] 7= I don't know	Display if "Yes" is selected for "Since you began as a student at your school, have you experienced sexual assault?"
Context and disclosure	Who perpetrated this assault(s)? (Select all that apply)	1=Stranger 2=Family member 3=Acquaintance 4=Coworker 5=Employer/supervisor 6=College professor/instructor 7=College staff 8=Non-romantic friend 9=Casual or first date 10=Current significant other/romantic partner 11=Ex-Significant other/romantic partner 12=Other (please specify)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	What was the gender of the individual who did this to you? (Select all that apply)	1=Cis-gender man 2=Cis-gender woman 3=Transgender man 4=Transgender woman 5=Genderqueer, non-binary, or gender fluid 6=Another gender identity (please specify) 7=Don't know	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	Whom did you tell about the incident(s)? (Select all that apply)	1=No one <b>[mutually exclusive]</b> 2=Roommate 3=Close friend other than roommate 4=Parent or guardian 5=Other family member 6=Counselor 7=Faculty or staff 8=Residence hall staff 9=Police 10=Significant other/romantic partner 11=Campus sexual assault advocate 12=Pastor, Rabbi, Imam or other spiritual advisor 13=Medical Professional	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)

		12=Other (please specify)	
	Did you use your school's formal procedures to report the incident(s)?	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	Did your school's formal procedures help you deal with the problem?	1=Didn't help me at all 2=Helped me a little 3=Helped, but could have helped more 4=Helped me a lot 5=Completely solved the problem	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)  Display if "Yes" is selected for "Did you use your school's formal procedures to report the incident(s)?"
	Why did you not tell anyone? (Select all that apply)	1=Ashamed/embarrassed 2=Is a private matter-wanted to deal with it on own 3=Concerned others would find out 4=Didn't want the person who did it to get in trouble 5=Fear of retribution from the person who did it 6=Fear of not being believed 7=Thought I would be blamed for what happened 8=Didn't think what happened was serious enough to talk about 9=Didn't think others would think it was serious 10=Thought people would try to tell me what to do 11=Would feel like an admission of failure 12=Didn't think others would think it was important 13=Didn't think others would understand 14=Didn't have time to deal with it due to academics, work, etc. 15=Didn't know reporting procedure on campus 16=Feared I or another would be punished for infractions or violations (such as underage drinking) 17=Did not feel the campus leadership would solve my problems 18=Feared others would harass me or react negatively toward me 19=Thought nothing would be done 20=Didn't want others to worry about me 21=Wanted to forget it happened 22=Had other things I needed to focus on and was concerned about (classes, work)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)  Display if "No one" is selected for "Whom did you tell about the incident(s)?"

		23=Didn't think the school would do anything about my report 24=Other (please specify)	
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**(8) OVERALL HEALTH**

## Overall Health

The next questions will ask you about various aspects of your overall health. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Perceived health status	Overall, how would you describe your health?	1=Excellent 2=Good 3=Fair 4=Poor 5=Very poor	
Chronic disease	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Diabetes 2=High blood pressure 3=Asthma 4=Thyroid disease (e.g., hypothyroid or hyperthyroid) 5=Gastrointestinal disease (e.g., Crohn's Disease, Ulcerative Colitis) 6=Arthritis 7=Sickle cell anemia 8=Seizure disorders (e.g., epilepsy) 9=Cancers 10=High cholesterol 11=HIV/AIDS 12=Other autoimmune disorder (please specify) 13=Other chronic disease (please specify) 14=No, never been diagnosed with a chronic disease. [ <a href="#">mutually exclusive</a> ] 15=Don't know	
Exercise	In the past 30 days, about how many hours per week on average did you spend exercising? (Include any exercise of moderate or higher intensity, where "moderate intensity" would be roughly equivalent to brisk walking or bicycling)	1=Less than 1 hour 2=2-3 hours 3=3-4 hours 4=5 or more hours	
	How much do you agree with the following statement?: My exercise habits have changed a lot since I began as a student at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How have your exercise habits changed since you began as a student at your school?	1=I exercise more now. 2=I exercise less now. 3=Other (please specify)	
Concussion history	After reading the above description, how many concussions have you experienced (diagnosed by a medical professional)?	1=None 2=1 3=2 4=3-5 5=6 or more	Instructions for this item: "Please read the following definition and symptoms of concussions before answering the next two of questions. Definition of Concussion: A change in brain function following a force to the head, which may be accompanied by temporary loss of consciousness, but is identified in awake individuals with measures of neurologic and cognitive dysfunction. Common concussion

			<p>symptoms include: Headache, Feeling slowed down, Difficulty concentrating or focusing, Dizziness, balance problems, loss of balance, Fatigue/lack of energy, Feeling in a fog, Irritable, Drowsiness, Forgetting things (that happened before or after the injury), Sensitivity to light/noise, Blurred vision, Nausea. Important to remember: A concussion can occur without being 'knocked out' or unconscious. Getting your 'bell rung' and 'clearing the cobwebs' is a concussion."</p>
	<p>After reading the above description, how many undiagnosed concussions have you experienced?</p>	<p>1=None 2=1 3=2 4=3-5 5=6 or more</p>	<p>Instructions for this item: "Please read the following definition and symptoms of concussions before answering the next two of questions. <i>Definition of Concussion:</i> A change in brain function following a force to the head, which may be accompanied by temporary loss of consciousness, but is identified in awake individuals with measures of neurologic and cognitive dysfunction. <i>Common concussion symptoms include: Headache, Feeling slowed down, Difficulty concentrating or focusing, Dizziness, balance problems, loss of balance, Fatigue/lack of energy, Feeling in a fog, Irritable, Drowsiness, Forgetting things (that happened before or after the injury), Sensitivity to light/noise, Blurred vision, Nausea. IMPORTANT TO REMEMBER:</i> A concussion can occur without being 'knocked out' or unconscious. Getting your 'bell rung' and 'clearing the cobwebs' is a concussion."</p>
	<p>Please check the symptoms you experienced related to a concussion: (Select all that apply)</p>	<p>1=Headache 2=Vertigo (dizziness and/or balance problems) 3=Nausea 4=Fatigue 5=Increased sensitivity to noise or light 6=Depression 7=Anxiety 8=Anger/Irritability 9=Problems paying attention 10=Memory lapses (memories from before or after the injury) 11=Blurred vision 12=Other (please specify)</p>	<p>Display if response options 2-5 are selected for "After reading the above description, how many concussions have you experienced (diagnosed by a medical professional)?" or "After reading the above description, how many undiagnosed concussions have you experienced?"</p>
Nutrition	<p>Do the following eating practices apply to you?: I am vegetarian.</p>	<p>1=Yes 0=No</p>	
	<p>Do the following eating practices apply to you?: I am vegan.</p>	<p>1=Yes 0=No</p>	
	<p>Do the following eating practices apply to you?: I eat raw food (most of or all of the time).</p>	<p>1=Yes 0=No</p>	
	<p>How many servings of fruits and vegetables do you usually have per day?</p>	<p>1=0 2=1-2 3=3-4</p>	<p>Definition from American Heart Association 2014</p>

	(1 serving is 1 medium piece of fruit, 1 cup raw leafy vegetables, ½ cup fresh/frozen/canned fruits/vegetables, ¾ cup fruit/vegetable juice, or ¼ dried fruit)	4=5 or more	
Sexual health and behavior	With how many people have you had oral sex, vaginal intercourse, or anal intercourse in the past 12 months?	1=0 2=1 3=2 4=3 5=4 6=5-9 7=10 or more	
	In the past 12 months, did you have sexual partner(s) who were female?	1=Yes 0=No	
	In the past 12 months, did you have sexual partner(s) who were male?	1=Yes 0=No	
	In the past 12 months, did you have sexual partner(s) who were transgender?	1=Yes 0=No	
	In the past 30 days, with how many people have you had oral sex, vaginal intercourse, or anal intercourse?	1=0 2=1 3=2 4=3 or more	
	In the past 30 days, did you have oral sex?	1=Yes 2=No 3=Don't know	
	In the past 30 days, did you have vaginal intercourse?	1=Yes 2=No 3=Don't know	
	In the past 30 days, did you have anal intercourse?	1=Yes 2=No 3=Don't know	
	In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? (Select all that apply)	1=Male condom 2=Withdrawal (i.e., "pulling out") 3=Contraceptive pills 4=Contraceptive patch 5=Contraceptive ring (e.g., Nuvaring) 6=Contraceptive injectable (e.g., Depo-Provera shot) 7=Intrauterine device (IUD) 8=Contraceptive implant (e.g., implanon/nexplanon) 9=Emergency contraception (i.e., "morning after pill") 10=Other contraceptive method (please specify) 11=No contraceptive method was used. <a href="#">[mutually exclusive]</a> 12=Don't know	
	In the past 30 days, did you or your partner(s) use some form of birth control or protection (e.g. condoms, birth control pills) every single time you had sex?	1=Yes 2=No 3=Don't know	
	Have you or a sexual partner (current or past) ever become pregnant? (Select all that apply)	1=No <a href="#">[mutually exclusive]</a> 2=Yes, unintentionally 3=Yes, intentionally 4=Don't know	
	Have you been pregnant or given birth within the last 12 months?	1=Yes 2=No	Display if "2=No" is selected for "Are you currently pregnant?"

		3=Prefer not to say 4=I don't know	
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**(g) KNOWLEDGE AND ATTITUDES ABOUT MENTAL HEALTH AND MENTAL HEALTH SERVICES**

## Knowledge and Beliefs about Services

The next questions will ask you about your knowledge and beliefs about services and treatment for mental health. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Knowledge of mental illness and treatments	Relative to the average person, how knowledgeable are you about mental illnesses (such as depression and anxiety disorders) and their treatments?	1=Well above average 2=Above average 3=Average 4=Below average 5=Well below average	
	As far as you know, which of the following are generally considered highly effective treatments for depression? (Select all that apply)	1=Cognitive behavioral therapy (CBT) 2=Antidepressant medication 3=Psychoanalysis 4=Psychostimulant medication (e.g., Ritalin)	
	As far as you know, which of the following are common symptoms of depression? (Select all that apply)	1=Sleep changes (substantial increases or decreases) 2=Hallucinations or delusions 3=Appetite changes (substantial increases or decreases) 4=Reduced interest in usual activities	
	As far as you know, which of the following are considered to be effective self-help strategies for reducing anxiety? (Select all that apply)	1=Physical exercise 2=Spending more time alone 3=Slow breathing exercises 4=Meditation	
	As far as you know, which of the following are common symptoms of eating disorders? (Select all that apply)	1=Dramatic weight loss 2=Strong need for control 3=Restrictive eating/fasting 4=Self-induced vomiting, abuse of laxatives, diet pills and/or diuretics 5=Rapid, uninterruptible speech 6=Eating an unusually large amount of food while feeling out of control	
	How much do you agree with the following statement?: I have a good idea of how to recognize that someone is in emotional or mental distress.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I feel confident in helping someone with a mental health problem.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	Have you ever participated in a mental health gatekeeper-training program? (A program to enhance your skills to recognize signs of emotional distress in other people and refer them to appropriate resources. Examples include Mental Health First Aid, Question, Persuade, Refer (QPR), and At-Risk.)	1=Yes 0=No	

Knowledge and perceptions of campus services	How much do you agree with the following statement?: If I needed to seek professional help for my mental or emotional health, I would know where to access my school's resources.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	Are you aware of mental health outreach efforts by your school (such as educational programs, awareness events, anti-stigma campaigns, screening days)?	1=Yes 0=No	
	What have you heard from other students about the quality of mental health and psychological counseling services from your school?	1=I have mostly heard negative opinions. 2=I have heard an even mix of negative and positive opinions. 3=I have mostly heard positive opinions. 4=I haven't heard anything.	
	How much do you agree with the following statement?: There is a good support system on campus for students going through difficult times.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Beliefs about treatment efficacy	How helpful on average do you think medication is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	How helpful on average do you think medication would be for you if you were having mental or emotional health problems?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	How helpful on average do you think therapy or counseling is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	How helpful on average do you think therapy or counseling would be for you if you were having mental or emotional health problems?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
Identity, secrecy, and disclosure	How much do you agree with the following statement?: When I feel depressed or sad, I tend to keep those feelings to myself.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: Sometimes I feel ashamed of having a mental illness.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display if "Strongly Agree", "Agree", or "Somewhat agree" is selected for, "When I feel depressed or sad, I tend to keep those feelings to myself"

	How much do you agree with the following statement?: Sometimes I keep my mental illness a secret.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display if “Strongly Agree”, “Agree”, or “Somewhat agree” is selected for, “When I feel depressed or sad, I tend to keep those feelings to myself”
Perceived stigma	How much do you agree with the following statement?: Most people would willingly accept someone who has received mental health treatment as a close friend.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: Most people feel that receiving mental health treatment is a sign of personal failure.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: Most people think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Personal stigma	How much do you agree with the following statement?: I would willingly accept someone who has received mental health treatment as a close friend.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I feel that receiving mental health treatment is a sign of personal failure.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I would think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Stigma toward services	If I believed I was having a mental breakdown, my first inclination would be to get professional attention.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	The idea of talking about problems with a psychologist strikes me as a poor way to get rid of emotional conflicts.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Item reversed Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995

	If I were experiencing a serious emotional crisis at this point in my life, I would be confident that I could find relief in psychotherapy.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	There is something admirable in the attitude of a person who is willing to cope with their conflicts and fears without resorting to professional help.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Item reversed Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	I would want to get psychological help if I were worried or upset for a long period of time.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	I might want to have psychological counseling in the future.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	A person with an emotional problem is not likely to solve it alone; they are likely to solve it with professional help.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	Considering the time and expense involved in psychotherapy, it would have doubtful value for a person like me.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Item reversed Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	A person should work out their own problems; getting psychological counseling would be a last resort.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	Personal and emotional troubles, like many things, tend to work out by themselves.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Item reversed Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
Other factors	As far as you know, how many of your close friends or family have ever sought professional help for an emotional or mental health problem?	1=None 2=At least 1 or 2 3=3 or more 4=Don't know	
Mental health information seeking behavior	In the past 12 months, have you ever looked for information on the following topics about mental or emotional health from any source?  Choose all that apply.	1= What are the symptoms of common mental illnesses (e.g., anxiety, depression, eating disorders) 2= Where to seek treatments for mental illnesses 3= Ways of self-help 4= Recognizing if someone I know is experiencing mental or emotional distress 5= How to support someone you know affected by mental illnesses 6= Other: Specify_____ 7=No I have not looked for information about any topics about mental or emotional health in the past 12 months [mutually exclusive]	

**(10) UPSTANDER/BYSTANDER BEHAVIORS****Witnessing and Reacting to Difficult Situations on Campus**

*The next questions will ask you about difficult situations that you may have witnessed on your campus in the past year and whether you have intervened (by trying to help). Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.*

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Campus climate around upstanding	How much do you agree with the following statement?: At my school, we are a campus where we look out for each other.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I am responsible to help if a friend is struggling.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I am responsible to help if a classmate is struggling.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Witnessing	In the past year, I have witnessed the following situations on my campus: (Select all that apply)	1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight 6=Other (please specify) 7=None of the above <a href="#">[mutually exclusive]</a>	
Upstanding	How much do you agree with the following statement?: If I saw someone was drinking too much, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: If I saw someone was at risk of being sexually assaulted, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: If I saw someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments), I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree	

		5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: If I saw someone was experiencing significant emotional distress or thoughts of suicide, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: If I saw there was a physical altercation/fight, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	In the past year, I have intervened (by trying to help) in the following situations on my campus: (Select all that apply)	1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight 6=Other (please specify) 7=None of the above <a href="#">[mutually exclusive]</a>	
	How much do you agree with the following statement?: When I intervened, I was able to make the situation better. (If you intervened in multiple situations, please consider them as a whole.)	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Bystanding	In the past year, I witnessed the following risky or difficult situations on my campus but <b>did not</b> intervene: (Select all that apply)	1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight. 6=Other (please specify) 7=None of the above <a href="#">[mutually exclusive]</a>	
	I decided not to intervene because... (Select all that apply)	1=I was afraid of embarrassing myself. 2=I assumed someone else would do something. 3=I didn't know what to do. 4=I didn't feel confident. 5=I felt it was none of my business. 6=I was afraid my friends wouldn't support me. 7=I felt it was unsafe. 8=I was afraid I'd get in trouble. 9=Other (please specify)	

**(11) MENTAL HEALTH CLIMATE**

## Campus Climate and Culture

The next questions will ask you about the campus climate and culture and how you feel about this. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Sense of belonging	How much do you agree with the following statement?: I fit in well at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Sense of Social and Academic Fit (Walton & Cohen, 2007)
	How much do you agree with the following statement?: I feel isolated from campus life.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: Other people understand more than I do about what is going on at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Sense of Social and Academic Fit (Walton & Cohen, 2007)
Perceptions of campus climate	How much do you agree with the following statement?: At my school, I feel that students' mental and emotional well-being is a priority.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my school, I feel that the campus climate encourages free and open discussion about mental and emotional health.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my school, students are working to promote mental health on campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my school, the administration is listening to the concerns of students when it comes to health and wellness.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?:	1=Strongly agree 2=Agree	

	At my school, I feel that the campus environment has a negative impact on students' mental and emotional health.	3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my school, I feel that the campus environment has a negative impact on students' eating and body image.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Feelings of safety	How safe do you feel on your campus during the day?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
	How safe do you feel on your campus at night?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
	How safe do you feel in the community surrounding your campus during the day?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
	How safe do you feel in the community surrounding your campus at night?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
Diversity and discrimination	How much do you agree with the following statement?: At my school, I have been exposed to diverse opinions, cultures, and values.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	



**(12) CLIMATE FOR DIVERSITY AND INCLUSION**

## Climate for Diversity and Inclusion

The next questions will ask you about your perceptions of campus climate, sense of belonging, and student identity. Remember that your responses are confidential, your participation voluntary, and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATIONS/NOTE
School climate	Using the scale below, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Friendly - Hostile	1=Very friendly 2=Somewhat friendly 3=Neither friendly nor hostile 4=Somewhat hostile 5=Very hostile	Adapted from Perception of Campus Climate (Rankin, 1998)  Instructions for this section: "Please read the following definition of climate before answering the next questions. <i>Definition of Climate</i> : Climate refers to your view of how things generally work in your campus environment e.g.: common attitudes, practices, or behaviors.
	Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Cooperative - Uncooperative	1=Very cooperative 2=Somewhat cooperative 3=Neither cooperative nor uncooperative 4=Somewhat uncooperative 5=Very uncooperative	Adapted from Perception of Campus Climate (Rankin, 1998)
	Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Welcoming - Not welcoming	1=Welcoming 2=Somewhat welcoming 3=Neither welcoming nor not welcoming 4=Somewhat not welcoming 5=Not Welcoming	Adapted from Perception of Campus Climate (Rankin, 1998)
	Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Respectful - Disrespectful	1=Very respectful 2=Somewhat respectful 3=Neither respectful nor disrespectful 4=Somewhat disrespectful 5=Very disrespectful	Adapted from Perception of Campus Climate (Rankin, 1998)
	Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Comfortable - Uncomfortable	1=Very comfortable 2=Somewhat comfortable 3=Neither comfortable nor uncomfortable 4=Somewhat uncomfortable 5=Very uncomfortable	Adapted from Perception of Campus Climate (Rankin, 1998)
	Students with disabilities	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)  Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"

	Women students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)  Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	Racial/ethnic minority students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)  Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	Gay, lesbian and bisexual students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)  Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	Transgender and genderqueer students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)  Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	Students from religious beliefs and backgrounds other than Christian	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)  Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	Students with Christian religious beliefs and backgrounds	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)  Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	Students who are immigrants	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)  Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"

	Students who are the first in their family to attend college (first-generation)	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)  Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	Students who are not U.S. citizens	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)  Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	Students who are non-native English speakers	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)  Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	Students of low socioeconomic status	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)  Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	African American/African/Black	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998)  Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	American Indian/Alaskan Native	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998)  Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	Asian/Asian American	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998)  Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	South Asian/Indian	1=Very respectful	Adapted from Perception of Campus Climate

		2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	(Rankin, 1998)  Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	Hispanic/Latinx	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998)  Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	Middle Eastern/Arab/Arab American	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998)  Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	Pacific Islander/Native Hawaiian	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998)  Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	White	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998)  Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	You just answered several questions about the climate at [school name]. What most shaped your answers and your sense of the climate at [school name]? (Click-and-drag to rank-order the influences below)	1=Your experiences in the classroom 2= Dynamics in your department, major, or school 3=General campus-wide news and events 4=National events, news, and headlines 5=Interactions with other students 6=Interactions with faculty 7=Interactions with staff 8=Other (please specify)	Adapted from Perception of Campus Climate (Rankin, 1998)
	Over the past 12 months, have you observed any conduct or communications directed toward a person or group of people at [school name] that you believe has created an exclusionary, intimidating, offensive and/or hostile working, learning or living environment for any of the following reasons?	1= No 2=Yes, but it did not interfere with my ability to work or learn. 3=Yes, and it interfered with my ability to work or learn	Adapted from Perception of Campus Climate (Rankin, 1998)

	Age English language proficiency/accent Gender identity and/or expression Immigrant/citizen status International student status Learning/intellectual disability Height/weight Physical disability Political views Pregnancy Psychological condition Race/ethnicity Religious/spiritual views Sexual identity/orientation Socioeconomic status Other (please specify)		
	How distressed or bothered do you get when you think about these experiences or incidents?	1=Not at all distressed 2=A little distressed 3=Somewhat distressed 4=Distressed a lot 5=Extremely distressed	
Sense of belonging	I feel valued as an individual at this school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Instructions for this item: "Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements:"
	I feel I belong at this school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Instructions for this item: "Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements:"
	I have considered leaving this school because I felt isolated or unwelcomed.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Instructions for this item: "Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements:"
	This university is a place where I am able to perform up to my full potential.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree	Instructions for this item: "Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements:"

		6=Strongly disagree	
	I have found one or more communities or groups where I feel I belong at this school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Instructions for this item: "Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements:"
	Faculty	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	Student instructors (GSIs/TAs)	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	Other students	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	Staff members	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	University administrators	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	Other university mentors/advisors	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
Experiences of discrimination	...on campus in general	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements: 'I am treated fairly and equitably...'"

	...in classrooms and classroom settings (e.g., labs, recitation sessions, clinical environments, etc.)	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements: 'I am treated fairly and equitably...'"
	...in out-of-classroom university spaces (e.g., workshops, co-curricular offerings, etc.)	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements: 'I am treated fairly and equitably...'"
	I have been concerned about my personal safety on campus.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	We are interested in learning about your experiences at your school in the past 12 months. Please indicate the extent to which you agree or disagree with the following statement:
	Over the past 12 months, have you personally experienced any exclusionary, intimidating, offensive and/or hostile behavior at your school for any of the following reasons?  Age English language proficiency/accent Gender identity and/or expression Immigrant/citizen status International student status Learning/intellectual disability Height/weight Physical disability Political views Pregnancy Psychological condition Race/ethnicity Religious/spiritual views Sexual identity/orientation Socioeconomic status Other (please specify)	1= No 2=Yes, but it did not interfere with my ability to work or learn. 3=Yes, and it interfered with my ability to work or learn.	Adapted from Perception of Campus Climate (Rankin, 1998)
	Being treated rudely or disrespectfully	1=Never 2= Couple times per year 3= Couple times a month 4= Couple times a week 5= Every day	Adapted from Daily Hassles (Harrell, 1997)  Instructions for this item: "Please note whether and how often you have experienced each of the following events in the <b>past year</b> at [school]:"
	Being accused of something or treated suspiciously	1=Never 2= Couple times per year 3= Couple times a month	Adapted from Daily Hassles (Harrell, 1997)

		4=Couple times a week 5=Every day	Instructions for this item: "Please note whether and how often you have experienced each of the following events in the <b>past year</b> at [school]."
	Others reacting to you as if they were afraid or intimidated	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997)  Instructions for this item: "Please note whether and how often you have experienced each of the following events in the <b>past year</b> at [school]."
	Your ideas or opinions minimized, ignored or devalued	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997)  Instructions for this item: "Please note whether and how often you have experienced each of the following events in the <b>past year</b> at [school]."
	Overhearing or being told an offensive joke or comment	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997)  Instructions for this item: "Please note whether and how often you have experienced each of the following events in the <b>past year</b> at [school]."
	Being treated as if you were "stupid", being "talked down to"	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997)  Instructions for this item: "Please note whether and how often you have experienced each of the following events in the <b>past year</b> at [school]."
	Not being taken seriously	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997)  Instructions for this item: "Please note whether and how often you have experienced each of the following events in the <b>past year</b> at [school]."
	Being treated in an "overly" friendly or superficial way	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997)  Instructions for this item: "Please note whether and how often you have experienced each of the following events in the <b>past year</b> at [school]."
	...did professors call on you less than others because of your race/ethnicity?	1=Almost never 2=Not very often 3=Sometimes 4=Fairly often	Adapted from Classroom Inferiorization Scale (Gomez & Treiweiller, 1999)



		5=Very often	Instructions for this item: For the following questions, please think about your own experiences <b>in your classes</b> . In your classes, how often...
	...did you have fears of representing your racial/ethnic group in a negative way that discouraged you from participating in class?	1=Almost never 2=Not very often 3=Sometimes 4=Fairly often 5=Very often	Adapted from Classroom Inferiorization Scale (Gomez & Treiweiller, 1999)  Instructions for this item: For the following questions, please think about your own experiences <b>in your classes</b> . In your classes, how often...
	...did you feel that others were taking your opinion as speaking for all members of your racial/ethnic group?	1=Almost never 2=Not very often 3=Sometimes 4=Fairly often 5=Very often	Adapted from Classroom Inferiorization Scale (Gomez & Treiweiller, 1999)  Instructions for this item: For the following questions, please think about your own experiences <b>in your classes</b> . In your classes, how often...
Identity connectedness			
	Please indicate the extent to which you agree or disagree with the following statement: I have a group, community, or social circle at <a href="#">[school]</a> where I feel I belong (feel at home, known, connected to, supported in my identity)	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	
	Please describe this group/community/social circle:	<a href="#">[open text]</a>	
	Participating in this community is a positive thing for you.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012)  Instructions for this item: "Thinking about this group, community or social circle, please indicate the extent to which you agree or disagree with the following statements:"
	You feel a bond with this community.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012)  Instructions for this item: "Thinking about this group, community or social circle, please indicate the extent to which you agree or disagree with the following statements:"
	You are proud of this community.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012)

			Instructions for this item: “Thinking about this group, community or social circle, please indicate the extent to which you agree or disagree with the following statements:”
	It is important to you to be active in this community.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012)  Instructions for this item: “Thinking about this group, community or social circle, please indicate the extent to which you agree or disagree with the following statements:”
	Racial/ethnic identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: “What percentage of your friends share your:”
	Sexual identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: “What percentage of your friends share your:”
	Gender/gender identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: “What percentage of your friends share your:”
	Religious/spiritual identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: “What percentage of your friends share your:”
	Racial/ethnic identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: “How often do you attend meetings, events, activities, clubs, social gatherings, etc., that support your:”
	Sexual identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: “How often do you attend meetings, events, activities, clubs, social gatherings, etc., that support your:”

	Gender/gender identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: “How often do you attend meetings, events, activities, clubs, social gatherings, etc., that support your:”
	Religious/spiritual identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: “How often do you attend meetings, events, activities, clubs, social gatherings, etc., that support your:”
	I have spent time trying to find out more about my ethnic group, such as its history, traditions, and customs.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Revised MEIM-R (adapted from Phinney, 1992 and Phinney & Ong, 2007)  Instructions for this item: “The following questions ask you about your ethnic identity. Remember there are no right or wrong answers, just answer as accurately as possible. Please indicate the extent to which you agree or disagree with the following statements:”
	I have often done things that will help me understand my ethnic background better.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Revised MEIM-R (adapted from Phinney, 1992 and Phinney & Ong, 2007)  Instructions for this item: “The following questions ask you about your ethnic identity. Remember there are no right or wrong answers, just answer as accurately as possible. Please indicate the extent to which you agree or disagree with the following statements:”
	I have often talked to other people in order to learn more about my ethnic group.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Revised MEIM-R (adapted from Phinney, 1992 and Phinney & Ong, 2007)  Instructions for this item: “The following questions ask you about your ethnic identity. Remember there are no right or wrong answers, just answer as accurately as possible. Please indicate the extent to which you agree or disagree with the following statements:”
	Being a member of my racial/ethnic group is an important reflection of who I am.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	(Crocker, 1992; Sellers, 1998)  Instructions for this item: “People may think about their racial or ethnic identity in different ways. Please respond how much you agree or disagree with the following statements.”

	I have a strong sense of belonging with other people in my racial/ethnic group.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	(Crocker, 1992 and Sellers, 1998)  Instructions for this item: "People may think about their racial or ethnic identity in different ways. Please respond how much you agree or disagree with the following statements."
	I have a strong attachment to other people in my racial/ethnic group.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	(Crocker, 1992 and Sellers, 1998)  Instructions for this item: "People may think about their racial or ethnic identity in different ways. Please respond how much you agree or disagree with the following statements."
Perceptions of campus programs/policies/efforts	Please check the policies, programs or initiatives that you are aware your school has (check all that apply):	1=Diversity, Equity, Inclusion or related strategic plan 2=Chief Diversity Officer or other senior-level administrator focused on diversity, equity and inclusion 3=President who cares about diversity, equity and inclusion 4=LGBTQ Center 5=Multicultural student Center 6=Resources for international students 7=Diversity, inclusion and equity are part of the core mission of the university 8=Race, ethnicity, diversity or related course requirement 9=Ample opportunities and options to enhance student learning about diversity, inclusion and equity issues on campus and within the larger community 10=Many resources for faculty/staff to support the development of inclusive teaching and meet the needs of a diverse campus. 11=Scholarships designed to help diversify the student body 12=In state tuition, funding or scholarships available for undocumented students 13=Gender neutral bathroom options 14=Comprehensive nondiscrimination policy that includes race, sex, gender identity and expression, sexuality, color, religion, creed, national origin or ancestry, age, and marital status 15=Policy/procedure allowing students to indicate their preferred name and pronoun on campus records (e.g. course rosters and directory listings) 16=Veterans services coordinator 17=Student health insurance coverage for transition-related medical expenses (e.g., hormone replacement therapy) 18=gender neutral housing options 19=Education/training on gender diversity aimed at students	Awareness of Campus Diversity, Equity, and Inclusion Efforts

		20=Education/training on gender diversity aimed at faculty/staff 21=For-credit course(s) that address topics related to gender identity/expression 22=Counselor(s) trained in providing therapy/mental health counseling to gender minority students 23=Other (please specify)	
	[School name] fosters respect for cultural differences.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Racial Climate subscale (Reid & Radhakrishnan, 2003)  Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements:..."
	[School name] has made a special effort to help students from diverse backgrounds feel like they belong on campus.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Racial Climate subscale (Reid & Radhakrishnan, 2003)  Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements:..."
	How much time do you spend during a typical week participating in campus activities, organizations, sports, or extracurriculars connected to [School name]? (Do not include time spent in classes or homework.)	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
Identity	What language was spoken at home growing up?	1=Only English 2=Mostly English 3=English and 1 other language 4=Mostly 1 other language 5=Only 1 other language 6=More than 2 languages	
	What language do you use when you speak with your friends?	1=Only English 2=Mostly English 3=Both English and native language equally 4=Mostly native language 5=Only native language	
	Regardless of your own immigration or citizenship status, how much do you worry that you, a family member, or a close friend could be deported?	1=Not at all 2=Not too much 3=Some 4=A lot	(Pew Hispanic Center, 2007 National Survey of Latinos)
	Where were your parents/guardians born? (Parent/Guardian 1)	1=United States 2=United States territories 3=Outside of the U.S./U.S. territories 4=I don't know 5=Not applicable	

	Where were your parents/guardians born? (Parent/Guardian 2)	1=United States 2=United States territories 3=Outside of the U.S./U.S. territories 4=I don't know 5=Not applicable	
	In which U.S. territory was (Parent/Guardian 1/Parent/Guardian 2) born?	1=Puerto Rico 2=American Samoa 3=Guam 4=U.S. Virgin Islands 5=Northern Mariana Islands 6=Baker Island 7=Howland Island 8=Jarvis Island 9=Johnston Atoll 10=Kingman Reef 11=Midway Islands 12=Navassa Island 13=Palmyra Atoll 14=Wake Island	Display if "U.S. territories" is selected for "Where were your parent/guardians born? (Parent/Guardian 1)" or "Where were your parent/Guardians born? (Parent/Guardian 2)".
	In which country was (Parent/Guardian 1/Parent/Guardian 2) born?	1 =Afghanistan 2=Albania 158=Algeria 159=Andorra 3=Angola 160=Anguilla 4=Antigua and Barbuda 5=Argentina 6=Armenia 161=Aruba 7=Australia 8=Austria 9=Azerbaijan 10=Bahamas 11=Bahrain 12=Bangladesh 13=Barbados 14=Belarus 15=Belgium 16=Belize 162=Benin 163=Bermuda 164=Bhutan 17=Bolivia 18=Bosnia and Herzegovina 165=Botswana 19=Brazil 166=British Virgin Islands 20=Brunei 21=Bulgaria 167=Burkina Faso 23=Burundi 24=Cambodia	Display if "Outside of the U.S./U.S. territories" is selected for "Where were your parent/guardians born? (Parent/guardian 1)" or "Where were your parent/guardians born? (Parent/guardian 2)".

		25=Cameroon 26=Canada 168=Cape Verde 169=Cayman Islands 27=Central African Republic 28=Chad 29=Chile 30=China 31=Colombia 170=Comoros 32=Congo 171=Cook Islands 33=Costa Rica 34=Côte d'Ivoire 35=Croatia 157=Cuba 172=Curaçao 36=Cyprus 37=Czech Republic 38=Denmark 173=Djibouti 39=Dominica 40=Dominican Republic 41=Ecuador 42=Egypt 43=El Salvador 174=Equatorial Guinea 175=Eritrea 44=Estonia 45=Ethiopia 176=Fiji 46=Finland 47=France 177=French Polynesia 48=Gabon 49=Gambia 50=Gaza Strip 51=Georgia 52=Germany 53=Ghana 54=Greece 178=Greenland 179=Grenada 55=Guatemala 56=Guinea 180=Guinea-Bissau 57=Guyana 58=Haiti 59=Honduras 60=Hungary 61=Iceland 62=India	
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		63=Indonesia 64=Iran 65=Iraq 66=Ireland 67=Israel 68=Italy 69=Jamaica 70=Japan 71=Jordan 72=Kazakhstan 73=Kenya 131=Kingdom of Eswatini 181=Kiribati 76=Kosovo 77=Kuwait 78=Kyrgyzstan 79=Lao People's Democratic Republic 80=Latvia 81=Lebanon 182=Lesotho 183=Liberia 82=Libya 184=Liechtenstein 83=Lithuania 84=Luxembourg 86=Madagascar 87=Malawi 88=Malaysia 185=Maldives 89=Mali 186=Malta 187=Marshall Islands 90=Mauritania 91=Mauritius 188=Melanesia 92=Mexico 189=Micronesia 93=Moldova 190=Monaco 94=Mongolia 191=Montenegro 192=Montserrat 95=Morocco 96=Mozambique 22=Myanmar 97=Namibia 193=Nauru 98=Nepal 99=Netherlands 194=New Caledonia 100=New Zealand 101=Nicaragua	
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		195=Niger 102=Nigeria 74=North Korea, Democratic People's Republic of Korea 85=North Macedonia 103=Norway 104=Oman 105=Pakistan 196=Palau 106=Palestine 107=Panama 197=Papua New Guinea 108=Paraguay 109=Peru 110=Philippines 111=Poland 198=Polynesia 112=Portugal 199=Puerto Rico 113=Qatar 114=Romania 115=Russian Federation 200=Rwanda 116=Saint Kitts and Nevis 117=Saint Lucia 201=Saint Vincent and the Grenadines 202=Samoa 203=San Marino 204=Sao Tome and Principe 118=Saudi Arabia 119=Senegal 120=Serbia 205=Seychelles 121=Sierra Leone 122=Singapore 123=Slovakia 124=Slovenia 206=Solomon Islands 125=Somalia 126=South Africa 75=South Korea, Republic of Korea 207=South Sudan 127=Spain 128=Sri Lanka 129=St Vincent and the Grenadines 130=Sudan 208=Suriname 132=Sweden 133=Switzerland 134=Syrian Arab Republic 135=Taiwan 209=Tajikistan 136=Tanzania	
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		137=Thailand 210=Timor-Leste 211=Tongo 212=Tonga 138=Trinidad and Tobago 139=Tunisia 140=Turkey 141=Turkmenistan 213=Turks and Caicos Islands 214=Tuvalu 142=Uganda 143=Ukraine 144=United Arab Emirates 145=United Kingdom of Great Britain and Northern Ireland 156=United States of America 146=Uruguay 147=Uzbekistan 215=Vanuatu 148=Venezuela 149=Viet Nam 150=West Bank 151=Yemen 152=Yugoslavia 153=Zambia 154=Zimbabwe 155=Other (please specify in the following question)	
	Please specify in which country Parent /Guardian1/Parent/Guardian 2 was born.	[open text]	Display if “Other” is selected for “In which country was Parent/Guardian 1/Parent/Guardian 2 born?”

**(13) ACADEMIC PERSISTENCE, RETENTION AND COMPETITION****Academic Experiences and Goals**

The next questions will ask you about your experiences as a student, your academic goals, stress, and factors that may affect your classroom performance. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Stress mindset	Experiencing stress depletes health and vitality.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013)  Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements."
	Experiencing stress enhances performance and productivity.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013)  Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements."
	Experiencing stress inhibits learning and growth.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013)  Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements."
	The effects of stress are positive and should be utilized.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013)  Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements."
Perceived competition	How would you rate the overall competitiveness among students in your current classes?	1=Very competitive 2=Competitive 3=Somewhat competitive 4=Not competitive 5=Very uncompetitive	
	How would you rate the overall competitiveness among students at your school?	1=Very competitive 2=Competitive 3=Somewhat competitive 4=Not competitive 5=Very uncompetitive	
	How would you rate the overall competitiveness among students in your field of study?	1=Very competitive 2=Competitive 3=Somewhat competitive 4=Not competitive 5=Very uncompetitive	
	How frequently do instructors in your major/field of study grade your work on a curve (adjust grades based on the grade distribution among students in a class)?	1=Never 2=Almost never 3=Occasionally/sometimes 4=Almost every time 5=Every time	
Clarifying achievement goals and their impact	How much do you agree with the following statements?: It is very important to me to do well in my courses.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree	Adapted from Achievement Goal Inventory (Grant & Dweck, 2003)

		4=Agree 5=Strongly agree	
	How much do you agree with the following statements?: It is important to me to confirm my intelligence through my schoolwork.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Achievement Goal Inventory (Grant & Dweck, 2003)
	How much do you agree with the following statements?: In school, I am always seeking opportunities to develop new skills and acquire new knowledge.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Achievement Goal Inventory (Grant & Dweck, 2003)
	How much do you agree with the following statements?: It is very important to me to feel that my coursework offers me real challenges.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Achievement Goal Inventory (Grant & Dweck, 2003)
Imposter Syndrome	How much do you agree with the following statements?: I'm afraid people important to me may find out that I'm not as capable as they think I am.	1=Not at all true 2=Rarely 3=Sometimes 4=Often 5=Very true	Adapted from The Imposter Phenomenon (Clance, 1985)
	How much do you agree with the following statements?: Sometimes I feel or believe that my success in life or in academics has been the result of some kind of error.	1=Not at all true 2=Rarely 3=Sometimes 4=Often 5=Very true	Adapted from The Imposter Phenomenon (Clance, 1985)
	How much do you agree with the following statements?: At times, I feel my success was due to some kind of luck.	1=Not at all true 2=Rarely 3=Sometimes 4=Often 5=Very true	Adapted from The Imposter Phenomenon (Clance, 1985)
	How much do you agree with the following statements?: Sometimes I'm afraid others will discover how much knowledge or ability I really lack.	1=Not at all true 2=Rarely 3=Sometimes 4=Often 5=Very true	Adapted from The Imposter Phenomenon (Clance, 1985)
	How much do you agree with the following statements?: I often compare my ability to those around me and think they may be more intelligent than I am.	1=Not at all true 2=Rarely 3=Sometimes 4=Often 5=Very true	Adapted from The Imposter Phenomenon (Clance, 1985)
Overall academic experience	How much do you agree with the following statement?: If I could make my choice over, I would still choose to enroll at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?:	1=Strongly agree 2=Agree	Display if "Non-degree student" not selected for "In what degree program are you currently enrolled?"

	I am confident that I will be able to finish my degree no matter what challenges I may face.	3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	Which of the following challenges are most likely to prevent you from finishing your degree? (Select all that apply)	1=Financial challenges 2=Mental or emotional health problems 3=Other health problems (not directly related to mental or emotional health) 4=Family obligations 5=Family or relationship difficulties 6=Academic challenges (struggling to pass classes) 7=[if not U.S. citizen, ask→Visa or other challenges related to being a non-U.S. citizen] 8=Lack of motivation or desire 9=Work or professional commitments 10=Career opportunities 11=Other challenge(s) (please specify)	
	What is the highest degree you plan to pursue?	1=2-year college degree (associate's) 2=4-year college degree (bachelor's) 3=Master's degree 4=Doctoral degree (JD, MD, PhD, etc.) 5=Other degree (please specify) 6=Don't know	
	How much do you agree with the following statement?: I have doubts about whether [college/graduate school/higher education] is worth the time, money, and effort that I'm spending on it.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display response option "college" if "Associate's" and/or "Bachelor's" is selected.  Display response option "graduate school" if "MD", "Law", "Master's", and/or "PhD" is selected.  Display response option "higher education" if "Other" is selected.
	How much do you agree with the following statement?: My family is very supportive of my educational goals.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: My professors believe in my potential to succeed academically.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How has it been to adjust to the academic demands of [college/graduate school] since you began as a student at your school?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult	
	Have you decided to pursue a different major since you began as a student at your school?	1=Yes 0=No	

	Have you failed one or more courses since you began as a student at your school?	1=Yes 0=No	
Experiences with faculty and academic support services	How often have you utilized academic support services (e.g., a writing center, tutor, etc.) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
	How often have you interacted with faculty during office hours since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
	How often have you interacted with faculty outside of class or office hours (e.g., by phone, email, text, or in person) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
	How often have you interacted with academic advisors/counselors (e.g., by phone, email, text, or in person) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
	How often have you interacted with graduate students/teaching assistants (e.g., by phone, email, text, or in person) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
Overall social experience	How has it been to develop close friendships with other students at your school?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult	
	How has it been to manage your time effectively since you began as a student at your school?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult	
Issues affecting academic performance	In the past year, how has the following affected your academic performance?: (Select all that apply) Anxiety/stress	1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses.	Adapted from American College Health Association's National College Health Assessment

		6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other (please specify)	
	In the past year, how has the following affected your academic performance?: (Select all that apply) Depression/suicidality	1=I did not experience this. 2=I experienced this, but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other	
	In the past year, how has the following affected your academic performance?: (Select all that apply) Eating/body image concern	1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other	
	In the past year, how has the following affected your academic performance?: (Select all that apply) Attention disorder or learning disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, learning disability)	1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other	
	In the past year, how has the following affected your academic performance?: (Select all that apply) Alcohol/substance use	1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other	
	In the past year, how has the following affected your academic performance?: (Select all that apply) Physical health condition	1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other	
	In the past year, how has the following affected your academic performance?: (Select all that apply)	1=I did not experience this. 2=I experienced this but it did not affect my academic performance.	

	Physical assault	3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other	
	In the past year, how has the following affected your academic performance?: (Select all that apply) Sexual assault	1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other	



**(14) RESILIENCE AND COPING**

## Resilience and Coping

The next questions will ask you about how you respond to stressful feelings and experiences. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Psychological inflexibility/ experiential avoidance	My painful experiences and memories make it difficult for me to live a life that I would value.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011)  Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	I'm afraid of my feelings.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011)  Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	I worry about not being able to control my worries and feelings.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011)  Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	My painful memories prevent me from having a fulfilling life.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011)  Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	Emotions cause problems in my life.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011)  Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	It seems like most people are handling their lives better than I am.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011)

		5=Frequently true 6=Almost always true 7=Always true	Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	Worries get in the way of my success.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011)  Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
Emotional resilience	I tend to bounce back quickly after hard times.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008)  Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	I have a hard time making it through stressful events.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008)  Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	It does not take me long to recover from a stressful event.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008)  Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	It is hard for me to snap back when something bad happens.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008)  Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	I usually come through difficult times with little trouble.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008)  Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	I tend to take a long time to get over set-backs in my life.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008)  Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"

**(15) FINANCIAL STRESS**

## Financial Stress

The next questions will ask you about your financial situation and ways in which this may be impacting your college experience. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Socioeconomic status	How would you describe your financial situation while growing up?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	CCMH Standardized Data Set
	How would you describe your financial situation right now?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	CCMH Standardized Data Set
	On a scale from 0 (much poorer) to 10 (much wealthier), how do you think your socioeconomic status compares relative to other students at your school?	1=0=Much poorer than most students at my school 2=1 3=2 4=3 5=4 6=5=Average (about 50% of students are poorer and about 50% are wealthier than me) 7=6 8=7 9=8 10=9 11=10=Much wealthier than most students at my school	
	How much do you agree with the following statement?: Other students at my school are able to do things that I cannot afford to do.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	Within the past 12 months I worried whether our food would run out before we got money to buy more.	1=Often true 2=Sometimes true 3=Never true	
	Within the past 12 months the food I bought just didn't last and I didn't have money to get more.	1=Often true 2=Sometimes true 3=Never true	
	Which of these statements describe your experiences currently? (Select all that apply)	1=I have difficulty paying for school 2=I have difficulty paying for food 3=I have difficulty paying for transportation 4=I have difficulty paying for childcare 5=I have difficulty paying for health care 6=I have difficulty paying for textbooks or course materials 7=I have difficulty paying for housing 8=None of these apply to me	

Financing education	How much do you agree with the following statement?: I am worried about my ability to pay for school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by family resources (parents, relatives, spouse, etc.)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	
	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by your own resources (income from work, work-study, etc.)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	
	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by aid that need not be repaid (grants, scholarships, military, etc.)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	
	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by aid that must be repaid (loans)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	
	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by other sources?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	
	Thinking about your time in college so far, what is the total amount borrowed to pay for your educational expenses (room, board, tuition, and fees)? For this question, please include all post-secondary education (college and graduate school, if applicable) borrowing to date.	None \$1-\$9,999 \$10,000-\$19,999 \$20,000-\$29,999 \$30,000-\$39,999 \$40,000-\$49,999 \$50,000 and above	
	<i>The next two questions ask about a government program to pay back student loans called Income-Driven Repayment plans. These</i>	Nothing at all A little	

	<p><i>plans allow people with lower incomes after college to make lower monthly payments.</i></p> <p>How much do you know about Income-Driven Repayment Plan options for repaying student loans?</p>	A lot	
	How likely is it that you will enroll in an Income-Driven Repayment plan for repaying your student loans after graduation?	<p>Not applicable (do not have student loans)</p> <p>Not likely</p> <p>Somewhat likely</p> <p>Very likely</p>	<p>Display if “None” is selected for “Thinking about your time in college so far, what is the total amount borrowed to pay for your educational expenses (room, board, tuition, and fees)?</p> <p>For this question, please include all post-secondary education (college and graduate school, if applicable) borrowing to date.”</p>

**(16) STUDENT ATHLETES MODULE****STUDENT ATHLETES**

The next questions will ask you about unique experiences student athletes may face that may impact your college experience. Remember your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Academic Information	How much time do you spend participating in your sport (including practice, team meetings, workouts, etc.)? <i>(If this varies by season, please approximate the average week across the whole academic year)</i>	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
Eating and Body Image	Do you need to be very lean in order to feel good about yourself?	1=Yes 0=No	
Emotional Abuse	Earlier in the survey, you indicated that you were called names, yelled at, humiliated, judged, threatened, coerced, or controlled by another person.  By whom? Select all that apply."	1=Parent or Guardian 2=Roommate 3=Friend 4=Coach 5=Teammate 6=Trainer 7=Medical staff member 8=Other: _____	Display if "1= Yes" is selected for "Over the past 12 months, were you called names, yelled at, humiliated, judged, threatened, coerced, or controlled by another person?"
	Earlier in the survey, you indicated that you were called names, yelled at, humiliated, judged, threatened, coerced, or controlled by another person.  What was the content of the statements? Select all that apply."	1=Character/Personality 2=Personal Content 3=Academics 4=Athletic Ability 5=Other: _____	Display if "1= Yes" is selected for "Over the past 12 months, were you called names, yelled at, humiliated, judged, threatened, coerced, or controlled by another person?"  Display if "3= Athletics (intercollegiate varsity)" is selected for "What activities do you currently participate in at your school?"
Physical Abuse	"Earlier in the survey, you indicated that you were kicked, slapped, punched, or otherwise physically mistreated by another person.  By whom? Select all that apply."	1=Parent or Guardian 2=Roommate 3=Friend 4=Coach 5=Teammate 6=Trainer 7=Medical staff member 8=Other: _____	Display if "1= Yes" is selected for "Over the past 12 months, were you kicked, slapped, punched or otherwise physically mistreated by another person?"
Concussion History	Have you ever had your "bell rung" or been "knocked out" and experienced any of the following symptoms?" (Select all that apply)	1=Headache 2=Vertigo (dizziness and/or balance problems) 3=Nausea 4=Fatigue 5=Increased sensitivity to noise or light 6=Depression 7=Anxiety 8=Anger/Irritability 9=Problems paying attention 10=Memory lapses (memories from before or after the injury) 11=Blurred vision 12=Other (please specify)	

		13=I've never had my bell rung or been knocked out [ <a href="#">mutually exclusive</a> ]	
	How many times did you see a medical professional for experiencing [symptoms indicated above]?	1=None 2=1 3=2 4=3-5 5=6 or more	Display if "1" (or more) is selected for "Which of the following symptoms have you experienced following getting your "bell rung" or being "knocked out?"
	How many concussions have you experienced (diagnosed by a medical professional)	1=None 2=1 3=2 4=3-5 5=6 or more	
	Do you believe counseling provided through the athletic department is more effective than counseling provided through the campus counseling center?	1=Yes 2=No 3=Don't know 4=Counseling isn't provided through my athletic department	Display if "3= Athletics (intercollegiate varsity)" is selected for "What activities do you currently participate in at your school?"
Psychological Strain	Please think back over the last four weeks and respond to each item considering how often it applied to you.  It was difficult to be around teammates	1=None of the time 2=A little of the time 3=Some of the time 4=Most of the time 5=All of the time	Athlete Psychological Strain Questionnaire (APSQ) by Rice et al., 2019
	I found it difficult to do what I needed to do	1=None of the time 2=A little of the time 3=Some of the time 4=Most of the time 5=All of the time	Athlete Psychological Strain Questionnaire (APSQ) by Rice et al., 2019
	I was less motivated	1=None of the time 2=A little of the time 3=Some of the time 4=Most of the time 5=All of the time	Athlete Psychological Strain Questionnaire (APSQ) by Rice et al., 2019
	I was irritable, angry or aggressive	1=None of the time 2=A little of the time 3=Some of the time 4=Most of the time 5=All of the time	Athlete Psychological Strain Questionnaire (APSQ) by Rice et al., 2019
	I could not stop worrying about injury or my performance	1=None of the time 2=A little of the time 3=Some of the time 4=Most of the time 5=All of the time	Athlete Psychological Strain Questionnaire (APSQ) by Rice et al., 2019
	I found training more stressful	1=None of the time 2=A little of the time 3=Some of the time 4=Most of the time 5=All of the time	Athlete Psychological Strain Questionnaire (APSQ) by Rice et al., 2019
	I found it hard to cope with selection pressures	1=None of the time 2=A little of the time 3=Some of the time 4=Most of the time 5=All of the time	Athlete Psychological Strain Questionnaire (APSQ) by Rice et al., 2019

	I worried about life after sport	1=None of the time 2=A little of the time 3=Some of the time 4=Most of the time 5=All of the time	Athlete Psychological Strain Questionnaire (APSQ) by Rice et al., 2019
	I needed alcohol or other substances to relax	1=None of the time 2=A little of the time 3=Some of the time 4=Most of the time 5=All of the time	Athlete Psychological Strain Questionnaire (APSQ) by Rice et al., 2019
	I took unusual risks off-field	1=None of the time 2=A little of the time 3=Some of the time 4=Most of the time 5=All of the time	Athlete Psychological Strain Questionnaire (APSQ) by Rice et al., 2019
Stigma	If I believed I was having a mental breakdown, my first inclination would be to get professional attention.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	The idea of talking about problems with a psychologist strikes me as a poor way to get rid of emotional conflicts.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Item reversed Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	If I were experiencing a serious emotional crisis at this point in my life, I would be confident that I could find relief in psychotherapy.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	There is something admirable in the attitude of a person who is willing to cope with his or her conflicts and fears without resorting to professional help.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Item reversed Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	I would want to get psychological help if I were worried or upset for a long period of time.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	I might want to have psychological counseling in the future.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	A person with an emotional problem is not likely to solve it alone; he or she is likely to solve it with professional help.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	Considering the time and expense involved in psychotherapy, it would have doubtful value for a person like me.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Item reversed Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
	A person should work out his or her own problems; getting psychological counseling would be a last resort.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995



	Personal and emotional troubles, like many things, tend to work out by themselves.	0=Disagree 1=Partly disagree 2=Partly agree 3=Agree	Item reversed Attitudes Toward Seeking Professional Help by Fischer and Farina, 1995
Attitudes	I am overwhelmed with time spent on athletics.*	1=Strongly Agree 2=Agree 3=Somewhat Agree 4=Somewhat Disagree 5=Disagree 6=Strongly Disagree	
	I would prefer to receive mental health services from my athletic department than other sources.	1=Strongly Agree 2=Agree 3=Somewhat Agree 4=Somewhat Disagree 5=Disagree 6=Strongly Disagree	
	I feel like my mental health is a priority for my university. *	1=Strongly Agree 2=Agree 3=Somewhat Agree 4=Somewhat Disagree 5=Disagree 6=Strongly Disagree	
	I feel like my mental health is a priority for my coach.*	1=Strongly Agree 2=Agree 3=Somewhat Agree 4=Somewhat Disagree 5=Disagree 6=Strongly Disagree	
	I feel like my mental health is a priority for my athletic department.*	1=Strongly Agree 2=Agree 3=Somewhat Agree 4=Somewhat Disagree 5=Disagree 6=Strongly Disagree	
	I feel comfortable going to my coach for a mental health concern	1=Strongly Agree 2=Agree 3=Somewhat Agree 4=Somewhat Disagree 5=Disagree 6=Strongly Disagree	
	I would feel comfortable receiving mental health treatment that includes psychotherapy.	1=Strongly Agree 2=Agree 3=Somewhat Agree 4=Somewhat Disagree 5=Disagree 6=Strongly Disagree	
	I would feel comfortable receiving mental health treatment that includes medication.	1=Strongly Agree 2=Agree 3=Somewhat Agree 4=Somewhat Disagree 5=Disagree 6=Strongly Disagree	

Financial	I receive (have received) a scholarship for my participation in athletics	1=Yes 2=No	
COVID-19	The COVID-19 pandemic interrupted my 2020-21 athletic season.	1=Yes, I could not compete at all. 2=Yes, I had a shortened season. No, I competed as usual.	

**(17) PEER & FRIEND SUPPORT MODULE****PEER & FRIEND SUPPORT**

The next set of questions aims to assess attitudes toward and impact from support that is provided by peers and friends **since being in college (this includes friends met prior to college whom you continue to feel supported by while in college)**. As such, this module contains two sections: one specific to “friend support”, and one specific to “peer support”.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Friend Support	My friends really try to help me.	1=Very strongly disagree 2=Strongly disagree 3=Mildly disagree 4=Neutral 5=Mildly agree 6=Strongly agree 7=Very strongly agree	<p>Introduction to Section: Friend Support: <i>This section pertains to “friend support” <b>since being in college (this includes friends met prior to college whom you continue to feel supported by while in college)</b>. Please keep the following definition of friend support in mind when completing the following questions in this section: “<b>Friend support is the process of confiding in friends as a form of support.</b>”</i></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p> <p>Multidimensional Scale of Perceived Social Support” (MSPSS) Zimet GD, Dahlem NW, Zimet SG, Farley GK.(1988)</p>
	I can count on my friends when things go wrong.	1=Very strongly disagree 2=Strongly disagree 3=Mildly disagree 4=Neutral 5=Mildly agree 6=Strongly agree 7=Very strongly agree	<p><i>Please keep the following definition of friend support in mind when completing the following questions in this section: “Friend support is the process of confiding in friends as a form of support.”</i></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p> <p>Multidimensional Scale of Perceived Social Support” (MSPSS) Zimet GD, Dahlem NW, Zimet SG, Farley GK.(1988)</p>
	I have friends with whom I can share my joys and sorrows.	1=Very strongly disagree 2=Strongly disagree 3=Mildly disagree 4=Neutral 5=Mildly agree 6=Strongly agree 7=Very strongly agree	<p><i>Please keep the following definition of friend support in mind when completing the following questions in this section: “Friend support is the process of confiding in friends as a form of support.”</i></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p> <p>Multidimensional Scale of Perceived Social Support” (MSPSS)</p>
	I can talk about my problems with my friends.	1=Very strongly disagree 2=Strongly disagree 3=Mildly disagree 4=Neutral 5=Mildly agree 6=Strongly agree 7=Very strongly agree	<p><i>Please keep the following definition of friend support in mind when completing the following questions in this section: “Friend support is the process of confiding in friends as a form of support.”</i></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p> <p>Multidimensional Scale of Perceived Social Support” (MSPSS) Zimet GD, Dahlem NW, Zimet SG, Farley GK.(1988)</p>

	The top benefits I get/have gotten from utilizing friend support <b>since being in college</b> include: (Select all that apply)	1=Maintaining/increasing my sense of belonging. 2=Maintaining/increasing my academic performance. 3=Maintaining/increasing my mental wellbeing. 4=Maintaining/increasing my feelings of safety/security. 5=Other (please specify) 6=N/A, I do not utilize/have not utilized friend support since being in college. <b>[mutually exclusive]</b>	<i>Please keep the following definition of friend support in mind when completing the following questions in this section: "Friend support is the process of confiding in friends as a form of support."</i>  Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.
	<b>Since being in college</b> , which of the following are reasons why you do not utilize/have not utilized friend support? (Select all that apply)	1=Not having a friend or friend groups to talk to. 2=Not feeling comfortable talking to a friend(s) about my concerns. 3=Not expecting a friend(s) to be of any help. 4=Feeling like I can handle my concerns on my own. 5=Feeling like my concerns would be a burden to my friend(s). 6=Other (please specify)	Display if "N/A, I do not utilize/have not utilized friend support since being in college. " is selected for "The top benefits I get/have gotten from utilizing friend support <b>since being in college</b> include"
	<b>Since being in college</b> , which of the following are barriers you face/have faced to utilizing friend support, if any?	1=Not having a friend or friend groups to talk to. 2=Not feeling comfortable talking to a friend(s) about my concerns. 3=Not expecting a friend(s) to be of any help. 4=Feeling like I can handle my concerns on my own. 5=Feeling like my concerns would be a burden to my friend(s). 6=Other (please specify) 7=I do not face/have not faced barriers to utilizing friend support <b>[mutually exclusive]</b>	Display if "N/A, I do not utilize/have not utilized friend support since being in college. " is <b>not</b> selected for "The top benefits I get/have gotten from utilizing friend support <b>since being in college</b> include"
	Please indicate how you prefer to utilize friend support:	1=In-person 2=Virtually (e.g., phone, computer, social media, etc.) 3=Other (please specify)	Display if "N/A, I do not utilize/have not utilized friend support since being in college. " is <b>not</b> selected for "The top benefits I get/have gotten from utilizing friend support <b>since being in college</b> include"
Peer Support	Please indicate how much you agree with the following statements:  It is easier/I think it would be easier to confide in peers I just met than in my closest friends	1=Strongly disagree 2=Somewhat disagree 3=Neither agree nor disagree 4=Somewhat agree 5=Strongly agree	Introduction to Section: <i>This section pertains to "peer support" <b>since being in college</b>. Please keep the following definition of peer support in mind when completing the following questions in this section: "<b>Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support.</b>"</i>  Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.
	Please indicate how much you agree with the following statements:  If I were experiencing mental health concerns, I would prefer to discuss these concerns with a peer(s) near my age instead of a professor, counselor, or other professional support.	1=Strongly disagree 2=Somewhat disagree 3=Neither agree nor disagree 4=Somewhat agree 5=Strongly agree	<i>Please keep the following definition of peer support in mind when completing the following questions in this section: "<b>Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support.</b>"</i>

			Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.
	<p>Please indicate how much you agree with the following statements:</p> <p>If I were experiencing mental health concerns, I would prefer to discuss these concerns with a peer(s) with shared identities (e.g., race/ethnicity, religion, sexual orientation, gender identity, etc.) instead of a professor, counselor, or other professional support with shared identities.</p>	<p>1=Strongly disagree 2=Somewhat disagree 3=Neither agree nor disagree 4=Somewhat agree 5=Strongly agree</p>	<p>Please keep the following definition of peer support in mind when completing the following questions in this section: <b>“Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support.”</b></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p>
	<p>Please indicate how much you agree with the following statements:</p> <p>Peer support is only for people with diagnosed mental illnesses.</p>	<p>1=Strongly disagree 2=Somewhat disagree 3=Neither agree nor disagree 4=Somewhat agree 5=Strongly agree</p>	<p>Please keep the following definition of peer support in mind when completing the following questions in this section: <b>“Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support.”</b></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p>
	<p>Please indicate how much you agree with the following statements:</p> <p>I would think less of someone who sought out peer support for help.</p>	<p>1=Strongly disagree 2=Somewhat disagree 3=Neither agree nor disagree 4=Somewhat agree 5=Strongly agree</p>	<p>Please keep the following definition of peer support in mind when completing the following questions in this section: <b>“Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support.”</b></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p>
	<p>Please indicate how much you agree with the following statements:</p> <p>I would be nervous to attend a peer support service consisting of someone/people I do not know.</p>	<p>1=Strongly disagree 2=Somewhat disagree 3=Neither agree nor disagree 4=Somewhat agree 5=Strongly agree</p>	<p>Please keep the following definition of peer support in mind when completing the following questions in this section: <b>“Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support.”</b></p>

			<p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p>
	<p><b>Since being in college</b>, which of the following types of <b>peer</b> support have you utilized that are <b>school-based (i.e., services sponsored by or affiliated with your school)?</b> (Select all that apply)</p>	<p>1=One-to-one peer support for academic concerns (e.g. peer advising)  2=One-to-one peer support for mental/emotional health concerns (e.g. peer counseling)  3=General peer support group  4=Identity-based peer support group (i.e. LGBTQ+, students of color, etc.)  5=Issue-based peer support group (i.e. eating disorders, anxiety, grief, etc.)  6=Other (please specify):  7=None of the above <a href="#">[mutually exclusive]</a></p>	<p><i>Please keep the following definition of peer support in mind when completing the following questions in this section: “Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support.”</i></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p>
	<p>My {peer counselor/peer support group members} really tried to help me.</p>	<p>1=Very strongly disagree  2=Strongly disagree  3=Mildly disagree  4=Neutral  5=Mildly agree  6=Strongly agree  7=Very strongly agree</p>	<p><i>Please keep the following definition of peer support in mind when completing the following questions in this section: “Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support.”</i></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p> <p>Instructions for this item: Please consider your experience with {Display activity endorsed in question 8} when answering the following questions.</p> <p>Adapted from: Multidimensional Scale of Perceived Social Support” (MSPSS)  Zimet GD, Dahlem NW, Zimet SG, Farley GK.(1988)</p>
	<p>I could count on my {peer counselor/peer support group members} when things went wrong.</p>	<p>1=Very strongly disagree  2=Strongly disagree  3=Mildly disagree  4=Neutral  5=Mildly agree  6=Strongly agree  7=Very strongly agree</p>	<p><i>Please keep the following definition of peer support in mind when completing the following questions in this section: “Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support.”</i></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p>

			<p>Instructions for this item: Please consider your experience with {Display activity endorsed in question 8} when answering the following questions.</p> <p>Adapted from: Multidimensional Scale of Perceived Social Support” (MSPSS) Zimet GD, Dahlem NW, Zimet SG, Farley GK.(1988)</p>
	I could share my joys and sorrows with my {peer counselor/peer support group members}.	1=Very strongly disagree 2=Strongly disagree 3=Mildly disagree 4=Neutral 5=Mildly agree 6=Strongly agree 7=Very strongly agree	<p>Please keep the following definition of peer support in mind when completing the following questions in this section: <b>“Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support.”</b></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p> <p>Instructions for this item: Please consider your experience with {Display activity endorsed in question 8} when answering the following questions.</p> <p>Adapted from: Multidimensional Scale of Perceived Social Support” (MSPSS) Zimet GD, Dahlem NW, Zimet SG, Farley GK.(1988)</p>
	I could talk about my problems with my {peer counselor/peer support group members}.	1=Very strongly disagree 2=Strongly disagree 3=Mildly disagree 4=Neutral 5=Mildly agree 6=Strongly agree 7=Very strongly agree	<p>Please keep the following definition of peer support in mind when completing the following questions in this section: <b>“Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support.”</b></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p> <p>Instructions for this item: Please consider your experience with {Display activity endorsed in question 8} when answering the following questions.</p> <p>Adapted from: Multidimensional Scale of Perceived Social Support” (MSPSS) Zimet GD, Dahlem NW, Zimet SG, Farley GK.(1988)</p>
	Since being in college, which of the following types of peer support have you	1=One-to-one peer support for academic concerns (e.g. peer advising)	<p>Please keep the following definition of peer support in mind when completing the following questions in this section: <b>“Peer support is</b></p>



	utilized that are <b>NOT school-based (i.e., services NOT sponsored by or affiliated with your school)?</b> (Select all that apply)	2=One-to-one peer support for mental/emotional health concerns (e.g. peer counseling) 3=General peer support group 4=Identity-based peer support group (i.e. LGBTQ+, students of color, etc.) 5=Issue-based peer support group (i.e. eating disorders, anxiety, grief, etc.) 6=Other (please specify): 7=None of the above <a href="#">[mutually exclusive]</a>	<b><i>defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support."</i></b>  Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.
	My {peer counselor/peer support group members} really tried to help me.	1=Very strongly disagree 2=Strongly disagree 3=Mildly disagree 4=Neutral 5=Mildly agree 6=Strongly agree 7=Very strongly agree	<b><i>Please keep the following definition of peer support in mind when completing the following questions in this section: "Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support."</i></b>  Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.  Instructions for this item: Please consider your experience with {Display activity endorsed in question 13} when answering the following questions.  Adapted from: Multidimensional Scale of Perceived Social Support" (MSPSS) Zimet GD, Dahlem NW, Zimet SG, Farley GK.(1988)
	I could count on my {peer counselor/peer support group members} when things went wrong.	1=Very strongly disagree 2=Strongly disagree 3=Mildly disagree 4=Neutral 5=Mildly agree 6=Strongly agree 7=Very strongly agree	<b><i>Please keep the following definition of peer support in mind when completing the following questions in this section: "Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support."</i></b>  Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.  Instructions for this item: Please consider your experience with {Display activity endorsed in question 13} when answering the following questions.



			Adapted from: Multidimensional Scale of Perceived Social Support” (MSPSS) Zimet GD, Dahlem NW, Zimet SG, Farley GK.(1988)
	I could share my joys and sorrows with my {peer counselor/peer support group members}.	1=Very strongly disagree 2=Strongly disagree 3=Mildly disagree 4=Neutral 5=Mildly agree 6=Strongly agree 7=Very strongly agree	<p>Please keep the following definition of peer support in mind when completing the following questions in this section: <b>“Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support.”</b></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p> <p>Instructions for this item: Please consider your experience with {Display activity endorsed in question 13} when answering the following questions.</p> <p>Adapted from: Multidimensional Scale of Perceived Social Support” (MSPSS) Zimet GD, Dahlem NW, Zimet SG, Farley GK.(1988)</p>
	I could talk about my problems with my {peer counselor/peer support group members}.	1=Very strongly disagree 2=Strongly disagree 3=Mildly disagree 4=Neutral 5=Mildly agree 6=Strongly agree 7=Very strongly agree	<p>Please keep the following definition of peer support in mind when completing the following questions in this section: <b>“Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support include: one-on-one peer counseling; group-based peer support.”</b></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p> <p>Instructions for this item: Please consider your experience with {Display activity endorsed in question 13} when answering the following questions.</p> <p>Adapted from: Multidimensional Scale of Perceived Social Support” (MSPSS) Zimet GD, Dahlem NW, Zimet SG, Farley GK.(1988)</p>
	The top benefits I get/have gotten from utilizing peer support since being in college include: (Select all that apply)	1=Maintaining/increasing my sense of belonging. 2=Maintaining/increasing my academic performance. 3=Maintaining/increasing my mental wellbeing. 4=Maintaining/increasing my feelings of safety/security. 5=Other (please specify) 6=N/A, I do not utilize/have not utilized peer support since being in college. [mutually exclusive]	<p>Please keep the following definition of peer support in mind when completing the following questions in this section: <b>“Peer support is defined as the process of confiding in trained peers or peers (not friends) with similar lived experiences as a form of support. This support is NOT provided by professionals (e.g., therapists, or other clinicians). Peer support is NOT the same as support from friends. Some examples of peer support</b></p>

			<p><b>include: one-on-one peer counseling; group-based peer support.”</b></p> <p>Instructions for item: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</p>
	<p><b>Since being in college</b>, which of the following are reasons why you do not utilize/have not utilized peer support? (Select all that apply)</p>	<p>1=Not having access to peer support.  2=Not feeling comfortable talking to a peer(s) about my concerns.  3=Not expecting a peer(s) to be of any help.  4=Feeling like I can handle my concerns on my own.  5=Feeling like my concerns would be a burden to my peer(s).  6=Other (please specify)</p>	<p>Display if “N/A, I do not utilize/have not utilized friend support since being in college.” is selected for “The top benefits I get/have gotten from utilizing peer support <b>since being in college</b> include.”</p>
	<p><b>Since being in college</b>, which of the following are barriers you face/have faced to utilizing peer support, if any? (Select all that apply)</p>	<p>1=Not having access to peer support.  2=Not feeling comfortable talking to a peer(s) about my concerns.  3=Not expecting a peer(s) to be of any help.  4=Feeling like I can handle my concerns on my own.  5=Feeling like my concerns would be a burden to my peer(s).  6=Other (please specify)  7=I do not face/have not faced barriers to utilizing peer support <b>[mutually exclusive]</b></p>	<p>Display if “N/A, I do not utilize/have not utilized friend support since being in college.” is <b>not</b> selected for “The top benefits I get/have gotten from utilizing peer support <b>since being in college</b> include.”</p>
	<p>Please indicate how you prefer to utilize peer support:</p>	<p>1=In-person  2=Virtually (e.g., phone, computer, etc.)  3=Other (please specify)</p>	<p>Display if “N/A, I do not utilize/have not utilized friend support since being in college.” is <b>not</b> selected for “The top benefits I get/have gotten from utilizing peer support <b>since being in college</b> include.”</p>

**(18) PUBLIC SAFETY AND POLICING**

This set of questions are about your experience with and views of police and public safety. As a reminder, all information you share is anonymous and confidential. You may take a break from the survey at any time and return to it later if you want.

<b><u>SECTION</u></b>	<b><u>ITEM</u></b>	<b><u>RESPONSE CATEGORIES</u></b>	<b><u>CITATION/NOTES</u></b>
<i>Experiences prior to [school]</i>	<p>We would like to learn more about your experience with police prior to attending [school].</p> <p>How would you describe your interactions with police prior to coming to the [school]?</p>	<p>1=I did not have experiences with police  2=Very positive  3=Positive  4=Neither positive or negative  5=Negative  6=Very negative</p>	If chosen "I did not have experiences with police" skip to question 3
	Approximately how many police encounters have you had across your lifetime (prior to coming to the [school])?	<p>1=1-3  2=4-6  3=7-9  4=10+</p>	
	Growing up, were you taught how to maximize your safety and minimize your chance of harm when interacting with police (e.g., by a family member or friend)?	<p>1=Yes  2=No</p>	
<i>Experiences While a Student at [school]</i>	Please indicate which of the following types of contact you've had with police during your time as a student at [school] (check all that apply):	<p>1=No contact  2=Casual conversation  3=Assistance with a car  4=Asked a police official for information or advice  5=Traffic stop  6=Telephone contact with dispatcher  7=Witness to a crime  8=Victim of a crime  9=Crime prevention program  10=Interacted with an officer patrolling the campus by foot  11=Traffic accident  12=Interaction with an officer patrolling the campus by bike  13=Noise complaint  14=Event planning  15=They responded when I had a mental health concern  16=Asked to present my ID  17=Stopped by police  18=Questioned by police  19=Called-in for questioning by police  20=Other (please indicate):</p>	Instructions for this item: We would like to learn more about your experience with police as a student at [school]: on campus, where you live, and where you work. For these questions, when we refer to police, we include campus police, local police, and other law enforcement in the community (e.g., County Sheriffs, State Police, Immigration and Customs Enforcement (ICE) Officers).

	Please indicate the number of interactions or experiences you've had with police during your time as a student at [school]:	1=1-3 2=4-6 3=7-9 4=10+	Display only if "no contact" is not selected for "Please indicate which of the following types of contact you've had with police during your time as a student at [school] (check all that apply)"
	How would you characterize these experiences?	1=Very positive 2=Positive 3=Neutral 4=Negative 5=Very negative	
	Who were these experiences with (check all that apply)?:	1=I don't know 2=[Insert school's choices] 3=Immigration and Customs Enforcement (ICE) 4=Other (please specify):	
	Were you treated fairly in these interactions with police?	1=None of the time 2=Some of the time 3=All of the time	
	Have you ever avoided calling the police for an incident or situation while a [school] student?	1=Yes 2=No	
	For what reason did you avoid calling the police (check all that apply)?	1=Concern for my own safety if police were to get involved 2=Concern for the safety of others if police were to get involved 3=Concern about legal consequences (e.g. arrest, deportation) if the police were to get involved 4=Concern about disciplinary consequences (e.g. from [school]) if the police were to get involved 5=Concern that police presence would escalate the situation 6=Called someone I thought would be more helpful 7=Other (Please specify):	
	Did you contact someone else instead (check all that apply)?	1=I did not contact someone else 2=I contacted a friend 3=I contacted a family member 4=I contacted a staff member 5=I contacted someone in Greek Life or other social organizations 6=I contacted a faculty member 7=Other (please specify the type of contact, not a name):	
	Some students report being "policed" (e.g., watched, monitored, profiled, surveilled) by	1=No, I have not been policed 2=I'm not sure	

	entities other than the police. Have you ever been “policed” by any of the following while a student at the <a href="#">[school]</a> (check all that apply)?	3=Housing staff 4=Greek Life or other social organization staff 5=My peers 6=Faculty 7=Teaching Assistant (TA) 8=Staff in my school or department 9=Library staff 10=Dining hall staff 11=Custodial staff in buildings 12=Campus recreation staff 13=Other (please specify):	
<i>Views and Attitudes</i>	How does the presence of police on campus impact your mental health? Please describe.	[Text box]	
	Please rate the extent to which you agree or disagree with the following statements:  Having <i>armed</i> police officers on campus is good for my mental health	6=Strongly disagree 7=Disagree 8=Agree 9=Strongly agree	
	Having <i>unarmed</i> police officers on campus is good for my mental health	6=Strongly disagree 7=Disagree 8=Agree 9=Strongly agree	
	A police presence on campus makes me feel safe	6=Strongly disagree 7=Disagree 8=Agree 9=Strongly agree	
	<a href="#">[school]</a> students of color are treated differently by law enforcement based on their perceived racial identity	1=Strongly disagree 2=Disagree 3=Agree 4=Strongly agree 5=Don't know	
	If you were in distress due to a mental health concern, please rate your level of comfort with the police being involved in responding.	1=Very uncomfortable 2=Uncomfortable 3=Comfortable 4=Very comfortable	
	If you were in the situation described above, would you like to have someone else present, in addition to a police officer, who serves as an advocate for you? (check all that apply)	1=Yes, a trained mental health provider or counselor 2=Yes, a trained staff member 3=Yes, a representative from <a href="#">[campus health and wellness resource]</a> 4=Yes, a trained peer or fellow student 5=Yes, a friend or family member 6=No, I would prefer no one else be involved in	

		addition to the police 7=I don't think police officers should be involved in these situations 8=Other (please specify:) [TEXT BOX]	
	How have your thoughts and feelings about interaction or potential interaction with police while a [school] student affected your academic performance?	1=Very positively 2=Positively 3=Neither positively or negatively 4=Negatively 5=Very negatively	
	Please explain:	[text box]	
	To what extent do you think the [school] [name of campus public safety/police department] achieves its mission (as stated on its website) to "[mission statement]"?	1=Not at all 2=A little 3=Somewhat 4=Completely 5=Don't know	
	To what extent do you think local law enforcement agencies ([e.g., name of local agencies]) help "[mission of campus public safety/police department]" within the [school] community?"	1=Not at all 2=A little 3=Somewhat 4=Completely 5=Don't know	
	Please rate the extent to which the following are or are not concerns you have about campus police/ [name of campus public safety/police department]:  Racial profiling (targeting people of color without evidence of criminal activity and based on perceived race, ethnicity, national origin or religion)	1=Not a problem 2=Might be a problem 3=This is a problem 4=This is a big problem 5=I don't know enough about this to say	Matrix question with the next 5 statements
	Carrying Weapons	1=Not a problem 2=Might be a problem 3=This is a problem 4=This is a big problem 5=I don't know enough about this to say	
	Lack of Training (e.g. anti-racism training, mental health training, unconscious bias training)	1=Not a problem 2=Might be a problem 3=This is a problem 4=This is a big problem 5=I don't know enough about this to say	

	Lack of Oversight	1=Not a problem 2=Might be a problem 3=This is a problem 4=This is a big problem 5=I don't know enough about this to say	
	Too much funding/overspending	1=Not a problem 2=Might be a problem 3=This is a problem 4=This is a big problem 5=I don't know enough about this to say	
	Other (please specify):	1=Not a problem 2=Might be a problem 3=This is a problem 4=This is a big problem 5=I don't know enough about this to say	
	Please rate the extent to which you support or do not support the following at the <a href="#">[school]</a> :  Increased training for campus police officers (For example: anti-racism training, mental health training, unconscious bias training)	1=Do not support 2=Neutral 5=Somewhat Support 3=Support 4=Don't know	Matrix question with the next 6 questions
	Increased oversight of campus police	1=Do not support 2=Neutral 5=Somewhat Support 3=Support 4=Don't know	
	Redirecting funds from policing to invest in community resources (e.g. Counseling services, multicultural student affairs/services, etc.)	1=Do not support 2=Neutral 5=Somewhat Support 3=Support 4=Don't know	
	Disarming police officers on campus	1=Do not support 2=Neutral 5=Somewhat Support 3=Support 4=Don't know	
	Expand the use of non-sworn, unarmed staff at the <a href="#">[school]</a> to respond to safety, security, and mental health concerns and <i>decrease</i> use of police on campus	1=Do not support 2=Neutral 5=Somewhat Support 3=Support 4=Don't know	
	Expand the use of non-sworn, unarmed staff at	1=Do not support	

	the <a href="#">[school]</a> to respond to safety, security, and mental health concerns and <i>discontinue</i> use of police on campus (i.e. abolition)	2=Neutral 5=Somewhat Support 3=Support 4=Don't know	
	Other (please specify):	1=Do not support 2=Neutral 5=Somewhat Support 3=Support 4=Don't know	



**FACULTY & STAFF STANDARD MODULES:****(1) DEMOGRAPHICS**

## Basic Information

*This section will ask you to provide basic information about yourself. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.*

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Age	How old are you? (You must be 18 years or older to complete this survey.)	1=_____ years old	
Employment	What is your employment status at your institution?	1=Part-time without benefits 2=Part-time with benefits 3=Full-time without benefits 4=Full-time with benefits	
	What is your primary role at your institution?	1=Faculty 2=Staff	Display if faculty and staff distinction is not given in sample file provided to HMS study team.
	In which academic discipline(s) are you currently a faculty member? (Select all that apply)	1=Architecture or urban planning 2=Art and design 3=Business 4=Dentistry 5=Education 6=Engineering 7=Humanities (history, languages, philosophy, etc.) 8=Law 9=Medicine 10=Music, theatre, or dance 11=Natural sciences or mathematics 12=Nursing 13=Pharmacy 14=Public health 15=Public policy 16=Social sciences (economics, psychology, etc.) 17=Social work 18=Other (please specify)	Display if faculty is selected for "What is your primary role at your institution?" or if faculty is displayed for respondent in sample file provided to HMS study team.
	Which of the following most closely describes your faculty position? (Select all that apply)	1=Full professor 2=Associate professor 3=Assistant professor 4=Lecturer/instructor 5=Adjunct professor 6=Post-doctoral fellow 7=Emeritus professor 8=Other (please specify)	Display if faculty is selected for "What is your primary role at your institution?" or if faculty is displayed for respondent in sample file provided to HMS study team.
	What is your tenure status at your institution?	1=Tenured 2=On tenure track, but not tenured 3=Not on tenure track, but institution has tenure system 4=Institution has no tenure system	Display if faculty is selected for "What is your primary role at your institution?" or if faculty is displayed for respondent in sample file provided to HMS study team.
	How many years have you been a faculty member at any college/university?	1=<1 year 2=1-3 years 3=4-6 years	Display if faculty is selected for "What is your primary role at your institution?" or if faculty is displayed for respondent in sample file provided to HMS study team.

	<i>If you have been a faculty member at multiple institutions throughout your career, please answer with the total number of years.</i>	4=7-9 years 5=10-15 years 6=>15 years	
	In the past 12 months, including currently, which groups of students have you taught?	1=Both undergraduate and graduate students 2=Exclusively undergraduate students 3=Exclusively graduate students 4=Other (please specify) 5=None (no teaching in the past 12 months)	Display if faculty is selected for “What is your primary role at your institution?” or if faculty is displayed for respondent in sample file provided to HMS study team.
	In which office/department(s) are you currently a staff member? (Select all that apply)	1=Academic services 2=Admissions, enrollment, financial aid 3=Alumni and advancement/development 4=Athletics and recreation 5=Campus life (campus safety, Greek life, student engagement, student activities, veteran’s affairs, etc.) 6=Career and employment services 7=Custodial 8=Dining services 9=Disability services 10=Diversity and inclusion 11=Health services (student health, counseling/psychological services, wellness, etc.) 12=Human resources 13=Multicultural services 14=Residential life 15=Student conduct 16=Other (please specify)	Display if staff is selected for “What is your primary role at your institution?” or if staff is displayed for respondent in sample file provided to HMS study team.
	In your role, do you provide mental health services to students?	1=Yes 2=No	Display if “Health services” is selected for “In which office/department(s) are you currently a staff member?”
	How many years have you been a staff member at your institution?	1=<1 year 2=1-3 years 3=4-6 years 4=7-9 years 5=10-15 years 6=>15 years	Display if staff is selected for “What is your primary role at your institution?” or if staff is displayed for respondent in sample file provided to HMS study team.
	All things considered, how satisfied are you with your current position at your institution?	1=Very dissatisfied 2=Dissatisfied 3=Neither satisfied nor dissatisfied 4=Satisfied 5=Very satisfied	
Education	What is the highest level of education that you have completed?	1=8th grade or lower 2=Between 9th and 12th grade (but no high school degree) 3=High school degree 4=Some college (but no college degree) 5=Associate’s degree (or equivalent) 6=Bachelor’s degree 7=Graduate degree 8=Don’t know	
Gender	What is your gender identity? (Select all that apply)	1=Male 2=Female	

		3=Transgender, non-binary, genderqueer, or gender non-conforming 4=Self-identify (please specify)	
	How would you describe your sexual orientation? (Select all that apply)	1=Heterosexual 2=Lesbian 3=Gay 4=Bisexual 5=Queer 6=Questioning 7=Self-identify (please specify) 8=Asexual 9=Pansexual 10=Prefer not to respond	
Race/ethnicity	What is your race/ethnicity? (Select all that apply)	1=African American/Black 2=American Indian or Alaskan Native 3=Asian American/Asian 4=Hispanic/Latin(x) 5=Native Hawaiian or Pacific Islander 6=Middle Eastern, Arab, or Arab American 7=White 8=Self-identify (please specify)	
	Which group best represents your race/ethnicity? (Select all that apply)	1=African 2=African American 3=Caribbean/West Indian 4=Afro-Latina/o/x 5=Other (please describe)	Display if “1=African American/Black” is selected for “What is your race/ethnicity?”
	Which group best represents your race/ethnicity? (Select all that apply)	1=East Asian (eg Chinese, Japanese, Korean, Taiwanese) 2=Southeast Asian (eg Cambodian, Vietnamese, Hmong) 3=South Asian (eg Indian, Pakistani, Nepalese, Sri Lankan) 4=Filipina/o/x 5=Other (please describe)	Display if “3=Asian American/Asian” is selected for “What is your race/ethnicity?”
	Which group best represents your race/ethnicity? (Select all that apply)	1=Mexican/Mexican American 2=Central American 3=South American 4=Caribbean 5= Spain/Portugal 6=Other (please describe)	Display if “4=Hispanic/Latin(x) is selected for “What is your race/ethnicity?”
Citizenship	What is your citizenship status in the U.S.? (Select all that apply)	1=US Citizen 2=Permanent Resident/Green Card Holder 3=Temporary Resident/Green Card Holder 4=A visa holder (F-1, J-1, H1-B, A, L, G, E, and TN) 5=Temporary Protected Status (TPS) 6=Deferred Action for Childhood Arrivals (DACA) 7=Refugee 8=Other legally documented status (e.g., adjustment of status to permanent Resident) (please specify) 9=I don't know [mutually exclusive]	

		10=I don't feel comfortable identifying my citizenship status in the U.S. [mutually exclusive] 11=Undocumented	
	At what age did you come to live in the U.S.?	1=U.S.-born 2=Less than 12 years 3=12-17 years 4=18-35 years 5=More than 35 years	
Relationship	How would you characterize your current relationship status?	1=Single 2=In a relationship 3=Married, in a domestic partnership, or engaged 4=Divorced or separated 5=Widowed 6=Other (please specify)	
Family characteristics	What is the current number of children or other dependents living in your household, for whom you are responsible?	0=None 1=1 2=2 3=3 4=4 or more	
	Are you currently pregnant?	1=Yes 2=No 3=Prefer not to say 4=I don't know	Display if "1=Female or 3=Intersex" is selected for "What was your sex at birth?"
	Have you been pregnant or given birth within the last 12 months?	1=Yes 2=No 3=Prefer not to say 4=I don't know	Display if "2=No" is selected for "Are you currently pregnant?"
	Have you been on parental leave within the last 12 months?	1=Yes 2=No 3=Prefer not to say	

**(2) FACULTY & STAFF WELLBEING**

## Mental and Emotional Health

The next set of questions will ask you about your overall well-being. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Positive mental health	I lead a purposeful and meaningful life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	My social relationships are supportive and rewarding.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	I am engaged and interested in my daily activities.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	I actively contribute to the happiness and well-being of others.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	I am competent and capable in the activities that are important to me.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	I am a good person and live a good life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	I am optimistic about my future.	1=1=Strongly disagree 2=2=Disagree	Flourishing Scale (Diener & Biswas-Diener, 2009)

		3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	People respect me.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
Depression	Over the last 2 weeks, how often have you been bothered by any of the following problems? Little interest or pleasure in doing things	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling down, depressed or hopeless	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble falling or staying asleep, or sleeping too much	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling tired or having little energy	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Poor appetite or overeating	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling bad about yourself—or that you are a failure or have let yourself or your family down	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble concentrating on things, such as reading the newspaper or watching television	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Moving or speaking so slowly that other people could have noticed; or the	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)

	opposite—being so fidgety or restless that you have been moving around a lot more than usual		
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Thoughts that you would be better off dead or of hurting yourself in some way	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?	1=Not difficult at all 2=Somewhat difficult 3=Very difficult 4=Extremely difficult	Adapted from Patient Health Questionnaire-9 (Kroenke et al., 2001)
Anxiety	Over the last 2 weeks, how often have you been bothered by the following problems? Feeling nervous, anxious or on edge	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Not being able to stop or control worrying	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Worrying too much about different things	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Trouble relaxing	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Being so restless that it's hard to sit still	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Becoming easily annoyed or irritable	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Feeling afraid as if something awful might happen	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?	1=Not difficult at all 2=Somewhat difficult 3=Very difficult 4=Extremely difficult	
Eating and body image	Do you ever make yourself sick because you feel uncomfortably full?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."

	Do you worry that you have lost control over how much you eat?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
	Have you recently lost more than 15 pounds in a 3-month period?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
	Do you believe yourself to be fat when others say you are too thin?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
	Would you say that food dominates your life?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
Non-suicidal self-injury	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Cut myself 2=Burned myself 3=Punched or banged myself 4=Scratched myself 5=Pulled my hair 6=Bit myself 7=Interfered with wound healing 8=Carved words or symbols into skin 9=Rubbed sharp objects into skin 10=Punched or banged an object to hurt myself 11=Other (please specify) 12=No, none of these <a href="#">[mutually exclusive]</a>	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	On average, how often in the past year did you hurt yourself on purpose, without intending to kill yourself?	1=Once or twice 2=Once a month or less 3=2 or 3 times a month 4=Once or twice a week 5=3 to 5 days a week 6=Nearly everyday, or everyday	Display if "12=No, none of these" is <b>not</b> selected for "In the past year, have you ever done any of the following intentionally?"
Suicidality	In the past year, did you ever seriously think about attempting suicide?	1=Yes 0=No	
	In the past year, did you attempt suicide?	1=Yes 0=No	Display if "1=Yes" is selected for "In the past year, did you ever seriously think about attempting suicide?"
Burnout	How much do you agree or disagree with the following statements?: I achieve a healthy balance between my personal life and my professional life.	1=Strongly disagree 2=Disagree 3=Somewhat disagree 4=Somewhat agree 5=Agree 6=Strongly agree	Adapted from the UCLA faculty survey
	How much do you agree or disagree with the following statements?:	1=Strongly disagree 2=Disagree	



	In the past 12 months, I have felt overwhelmed by all I had to do.	3=Somewhat disagree 4=Somewhat agree 5=Agree 6=Strongly agree	
	In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your work performance/productivity?	0=None 1=1-2 days 2=3-5 days 3=6 or more days	
	Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity?:  Anxiety Depression Mental health challenge <i>other than</i> anxiety/depression Stress Financial concerns Experiencing discrimination Death of a close friend or family member Lack of quality sleep Violence in my home Personal use of alcohol or drugs A close friend or family member's use of alcohol or drugs	1=I did not experience this issue/not applicable. 2=I have experienced this issue, but my work performance/productivity has not been affected. 3=I have experienced this issue, and it negatively impacted my work performance/productivity.	
Imposter syndrome	How much do you agree with the following statements?:  I'm afraid people important to me may find out that I'm not as capable as they think I am.	1=Not at all true 2=Rarely 3=Sometimes 4=Often 5=Very true	Adapted from The Imposter Phenomenon (Clance, 1985)
	How much do you agree with the following statements?:  Sometimes I feel or believe that my success in my life or my job has been the result of some kind of error.	1=Not at all true 2=Rarely 3=Sometimes 4=Often 5=Very true	Adapted from The Imposter Phenomenon (Clance, 1985)
	How much do you agree with the following statements?:  At times, I feel my success was due to some kind of luck.	1=Not at all true 2=Rarely 3=Sometimes 4=Often 5=Very true	Adapted from The Imposter Phenomenon (Clance, 1985)
	How much do you agree with the following statements?:  Sometimes I'm afraid others will discover how much knowledge or ability I really lack.	1=Not at all true 2=Rarely 3=Sometimes 4=Often 5=Very true	Adapted from The Imposter Phenomenon (Clance, 1985)
	How much do you agree with the following statements?:	1=Not at all true 2=Rarely	Adapted from The Imposter Phenomenon (Clance, 1985)

	I often compare my ability to those around me and think they may be more intelligent than I am.	3=Sometimes 4=Often 5=Very true	
Substance use	Over the past 2 weeks, did you drink any alcohol?	1=Yes 0=No	
	Over the past 2 weeks, about how many times did you have 4 [female]/5 [male]/4 or 5 [not female or male] or more alcoholic drinks in a row? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=0 times 2=1 time 3=2 times 4=3 to 5 times 5=6 to 9 times 6=10 or more times 7=Don't know	Definition adapted from National Institute on Alcohol Abuse and Alcoholism  Display if "1=Yes" is selected for "Over the past 2 weeks, did you drink any alcohol?"
	In the last 12 months, have you felt the need to reduce your drinking?	1=Yes 2=No 3=Not applicable	
	Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	
	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Marijuana 2=Cocaine (any form, including crack, powder, or freebase) 3=Heroin 4=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed 5=Benzodiazepines (such as Valium, Ativan, Klonopin, Xanax, Rohypnal (Roofies)) 6=Methamphetamines (also known as speed, crystal meth, Tina, T, or ice) 7=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed 8=MDMA (also known as Ecstasy or Molly) 9=Ketamine (also known as K, Special K) 10=LSD (also known as acid) 11=Psilocybin (also known as magic mushrooms, boomers, shrooms) 12=Kratom 13=Athletic performance enhancers (anything that violates policies set by your school or any athletic governing body) 14=Other drugs without a prescription (please specify) 15=No, none of these [mutually exclusive]	
Exercise	In the past 30 days, about how many hours per week on average did you spend exercising?	1=Less than 1 hour 6=1-2 hours 2=2-3 hours 3=3-4 hours	

	(Include any exercise of moderate or higher intensity, where "moderate intensity" would be roughly equivalent to brisk walking or bicycling)	4=5 or more hours	
Sleep	During this school year, how many hours of sleep do you get on weeknights?	1=Less than 1 hour 6=1-2 hours 2=2-3 hours 3=3-4 hours 4=5 or more hours	
	During this school year, how many hours of sleep do you get on weekends?	1=Less than 1 hour 6=1-2 hours 2=2-3 hours 3=3-4 hours 4=5 or more hours	
Chronic disease	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Diabetes 2=High blood pressure 3=Asthma 4=Thyroid disease (e.g., hypothyroid or hyperthyroid) 5=Gastrointestinal disease (e.g., Crohn's Disease, Ulcerative Colitis) 6=Arthritis 7=Sickle cell anemia 8=Seizure disorders (e.g., epilepsy) 9=Cancers 10=High cholesterol 11=HIV/AIDS 12=Other autoimmune disorder (please specify) 13=Other chronic disease (please specify) 14=No, never been diagnosed with a chronic disease. <a href="#">[mutually exclusive]</a> 15=Don't know	

**(3) MENTAL HEALTH SERVICE UTILIZATION, SUPPORT, & HELP-SEEKING**

Experiences with Services and Support

The next questions will ask you about your experiences using mental health services. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Informal help-seeking	In the past 12 months have you received support for your mental or emotional health from any of the following sources? (Select all that apply)	1=Friend 2=Significant other 3=Family member 4=Religious counselor or other religious contact 5=Support group 6=Colleague/coworker 7=Other non-clinical source (please specify) 8=No, none of these <a href="#">[mutually exclusive]</a>	
Stigma	How much do you agree with the following statement?: <b>Most people</b> think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: <b>I</b> would think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Resources	How much do you agree or disagree with the following statements?:  If I needed to seek professional help for my mental or emotional health, I would know where to access resources.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree or disagree with the following statements?:  I know what mental health services, if any, are available for faculty and staff members at my institution.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree or disagree with the following statements?:  My institution should be investing more resources to support faculty and staff mental health and wellbeing.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree or disagree with the following statements?:  In the past 12 months, I needed help for emotional or mental health problems or	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

	challenges such as feeling sad, blue, anxious or nervous.		
	How much do you agree with the following statement?: I currently need help for emotional or mental health problems or challenges such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display if “Strongly agree, agree, or somewhat agree” are selected for “In the past 12 months, I needed help for emotional or mental health problems or challenges such as feeling sad, blue, anxious or nervous.”
Use of counseling/therapy	In your lifetime, have you ever received mental health treatment (counseling, therapy, medications)?	1=Yes 2=No, never 3=I prefer not to answer.	
	How many total visits or sessions for counseling or therapy have you had in the past 12 months?	0=0 1=1-3 2=4-6 3=7-9 4=10 or more	Display only if “Yes” is selected for “In your lifetime, have you ever received mental health treatment?”
	Are you currently receiving counseling or therapy?	1=Yes 0=No	Display only if previous item answered with more than “o” total visits in the past 12 months
Use of medication	In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)	1=Psychostimulants (methylphenidate (Ritalin or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexeridine), etc.) 2=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.) 3=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.) 4=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.) 5=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.) 6=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.) 7=Other medication for mental or emotional health (please specify) 8=No, none of these <a href="#">[mutually exclusive]</a> 9=Don't know	
	Of the medication(s) you just noted, which are you currently taking? (Select all that apply)	1=Psychostimulants (methylphenidate (Ritalin, or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexeridine), etc.) 2=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.) 3=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.)	<a href="#">Pipe in selected options from: “In the past 12 months have you taken any of the following types of prescription medications?”</a>

		4=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.) 5=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.) 6=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.) 7=Other medication for mental or emotional health (please specify) 8=None of the above <a href="#">[mutually exclusive]</a>	
Campus resources	Have you utilized any of the following mental health or wellness resources through your institution?:  <a href="#">[insert school-selected resources]</a>	1=Yes 2=No 3=Not applicable	
Barriers to help-seeking	In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received? (Select all that apply)	1=No need for services 2=Financial reasons (too expensive, not covered by insurance) 3=Not enough time 4=Not sure where to go 5=Difficulty finding an available appointment 6=Prefer to deal with issues on my own or with support from family/friends 7=Other (please specify) 8=No barriers <a href="#">[mutually exclusive]</a> 9=Privacy concerns 10=People providing services don't understand me	
	In the past 12 months, which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	1=I haven't had the chance to go but I plan to. 2=No need for services 3=Financial reasons (too expensive, not covered by insurance) 4=Not enough time 5=Not sure where to go 6=Difficulty finding an available appointment 7=Prefer to deal with issues on my own or with support from family/friends 8=Other (please specify) 9=No barriers <a href="#">[mutually exclusive]</a> 10=Privacy concerns 11=People providing services don't understand me	
Diagnosed mental illnesses	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Depression (e.g., major depressive disorder, persistent depressive disorder) 2=Bipolar (e.g., bipolar I or II, cyclothymia) 3=Anxiety (e.g., generalized anxiety disorder, phobias) 4=Obsessive-compulsive or related disorders (e.g., obsessive-compulsive disorder, body dysmorphia) 5=Trauma and Stressor Related Disorders (e.g., post-traumatic stress disorder),	

		6=Neurodevelopmental disorder or intellectual disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, intellectual disability, autism spectrum disorder) 7=Eating disorder (e.g., anorexia nervosa, bulimia nervosa) 8=Psychosis (e.g., schizophrenia, schizo-affective disorder) 9=Personality disorder (e.g., antisocial personality disorder, paranoid personality disorder, schizoid personality disorder) 10=Substance use disorder (e.g., alcohol abuse, abuse of other drugs) 11=No, none of these <a href="#">[mutually exclusive]</a> 12=Don't know	
Other factors	As far as you know, how many of your close friends or family have ever sought professional help for an emotional or mental health problem?	1=None 2=At least 1 or 2 3=3 or more 4=Don't know	

**(4) SUPPORTING STUDENTS**

## Experiences with Supporting Students

*This section will ask you about your experiences interacting with students about their mental health and related topics. Remember that all of your responses are confidential and you may skip any questions or choose to stop responding at any time.*

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Attitudes	How much do you agree or disagree with the following statements?:  I am comfortable having conversations with students about their mental health.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree or disagree with the following statements?:  I have a good idea of how to recognize that a student is in emotional or mental distress.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree or disagree with the following statements?:  I know what mental health services, if any, are available for students at my institution.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree or disagree with the following statements?:  If I think that a student is experiencing emotional or mental distress, I am likely to reach out to that student.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree or disagree with the following statements?:  Student mental health problems are significantly worse now compared to when I began my career.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree or disagree with the following statements?:  It is important for me to model positive health and wellness behavior to students.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree or disagree with the following statements?:  Supporting students in mental and emotional distress has taken a toll on my own mental and emotional health.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	



Support provided to students	If a student tells me that they are having thoughts of suicide, I have an obligation to keep this information confidential.	1=Yes 2=No 3=Don't know	
	Which of the following are reasons why you would <u>not</u> reach out to a student if you thought they were experiencing emotional or mental distress? (Select all that apply)	1=It's none of my business. 2=I don't have enough time. 3=I don't feel safe. 4=It's not my responsibility. 5=Someone else is better suited to do this. 6=I'm unsure of what to do/say to a student. 7=I worry that I could make things worse. 8=I would feel uncomfortable doing so. 9=I would not want to make the student feel uncomfortable. 10=Other reason(s) (please specify) 11=None, I would always reach out to a student if I thought they were experiencing emotional or mental distress. <a href="#">[mutually exclusive]</a>	
	During the most recent semester in which you taught, did you list any mental health resources in your course syllabus (e.g., information about the counseling center or other resources)? <i>If you are teaching this semester, please answer based on your current syllabi. If your institution is not on a semester system, please answer for the most recent trimester/quarter, etc. in which you taught.</i>	1=Yes 2=No 3=Not applicable	Display if faculty is selected for "What is your primary role at your institution?" or if faculty is displayed for respondent in sample file provided to HMS study team.
	In the past 12 months, have you had any one-on-one conversations with students (whether in person, by phone, video conference, or email) about their mental or emotional health?	1=Yes 2=No	
	In the past 12 months, with about <u>how many students</u> have you had one-on-one conversations (whether in person, by phone, video conference, or email) about their mental or emotional health?	1=1-2 students 2=3-5 students 3=6-9 students 4=10 or more students	Display if "Yes" is selected for "In the past 12 months, have you had any one-on-one conversations with students (whether in person, by phone, video conference, or email) about their mental or emotional health?"
	In the past 12 months, about <u>how many times</u> total have you had one-on-one conversations with students (whether in person, by phone, or email) about their mental or emotional health?	1=1-2 times 2=3-5 times 3=6-9 times 4=10 or more times	Display if "Yes" is selected for "In the past 12 months, have you had any one-on-one conversations with students (whether in person, by phone, video conference, or email) about their mental or emotional health?"
	The following question asks about experiences you may have had referring students to mental health resources. Resources could include campus counseling, disability services, a dean of students, or other resources either on or off campus. A 'referral' is defined as providing a student with information about a mental	1=Yes, I referred 1 or 2 students. 2=Yes, I referred 3-5 students. 3=Yes, I referred 6-9 students. 4=Yes, I referred 10 or more students. 5=No, I did not refer any students to resources for their mental health.	Display if "Yes" is selected for "In the past 12 months, have you had any one-on-one conversations with students (whether in person, by phone, video conference, or email) about their mental or emotional health?"

	health resource and either encouraging the student to use this resource or connecting the student to a resource. In the past 12 months, did you refer any students to resources for their mental health?		
	To your knowledge, in the past 12 months, did any students receive mental health services or treatment as a result (or at least partially as a result) of your referral(s)?	1=Yes, one or more students received services or treatment as a result (or partially as a result) of my referral. 2=No, zero students received services or treatment as a result (or partially as a result) of my referral. 3=I don't know. 4=Not applicable/I did not make any referrals.	Display if "Yes" is selected for "In the past 12 months, have you had any one-on-one conversations with students (whether in person, by phone, video conference, or email) about their mental or emotional health?"
Trainings	Does your institution offer mental health "gatekeeper trainings" for faculty and staff? That is, a program available to faculty and staff designed to enhance an individual's skills to recognize signs of emotional distress in other people and refer them to appropriate resources. (Examples include Mental Health First Aid, Question, Persuade, Refer (QPR), and Kognito At-Risk.)	1Yes 2=No 3=Don't know	
	Have you ever participated in a mental health gatekeeper training program, as defined above?	1=Yes, through my institution 2=Yes, through another institution 3=Yes, through my institution and another institution 4=No	
	How helpful was the gatekeeper training that you received?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	Display if "No" is not selected for "Have you ever participated in a mental health gatekeeper training program, as defined above?"
	We are interested in understanding what would make you more likely to participate in a mental health gatekeeper training program in the future (either for the first time or to receive additional training). As noted, gatekeeper training is a program designed to enhance an individual's skills to recognize signs of emotional distress in other people and refer them to appropriate resources.  Please complete the following statement by selecting all that apply: I would be more likely to participate in a mental health gatekeeper training program in the future, if the training were... (Select all that apply)	1=Online 2=Self-paced 3=Included in my paid time 4=Offered as credit for continuing education (i.e., CEU) 5=Required by my institution 6=Provided during a department/office meeting 7=30 minutes or less in length 8=Co-facilitated by students 9=Focused on not only what to do in a crisis but also how to support students through everyday stressors 10=Led by a faculty or staff member I know personally 11=Led by diverse facilitators 12=More culturally sensitive 13=Focused on how faculty can navigate institutional power structures when reporting concerns 14=Other (please specify)	
	Beyond trainings, what other resources/information would be helpful for	1=A list of all mental health resources available to students through my institution	

	<p>your institution to provide faculty and staff in order for you to better support student mental health? (Select all that apply)</p>	<p>2=A checklist of things to consider (i.e. warning signs of mental and emotional distress) 3=A small reference guide for how to initiate a conversation with a student about their mental health 4=A sample mental health statement for course syllabi [display if faculty] 5=Statistics about the prevalence of mental health issues among young adults 6=Anti-stigma education and mental health literacy 7=Suicide prevention training 8=Information about how to support students of color 9=Information about how to support LGBTQ+ students 10=Other resource(s)/information (please specify)</p>	
	<p>How much do you agree or disagree with the following statements?:</p> <p>I would welcome receiving additional professional development on the topic of student mental health.</p>	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	
	<p>How much do you agree or disagree with the following statements?:</p> <p>I am motivated to strengthen my role in supporting student mental health at my institution.</p>	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	
	<p>How much do you agree or disagree with the following statements?:</p> <p>It should be mandatory that all faculty and staff receive basic training in how to respond to students experiencing mental or emotional distress.</p>	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	

**(5) CAMPUS CLIMATE**

You're almost done! The final set of questions below will ask about your perceptions of the campus climate. Climate refers to your view of how things generally work in your campus environment (e.g., common attitudes, practices, or behaviors.) Remember that all of your responses are confidential and you may skip any questions or choose to stop responding at any time.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Sense of belonging	How much do you agree with the following statement?: I see myself as a part of the campus community.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Perceived Cohesion Scale (Bollen & Hoyle, 1990)
	How much do you agree with the following statement?: My institution cares about my health and wellbeing.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my institution, <b>students'</b> mental and emotional health is a priority.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my institution, faculty and staff mental and emotional health is a priority.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my institution, the campus environment has a negative impact on <b>students'</b> mental and emotional health.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my institution, the campus environment has a negative impact on faculty and staff mental and emotional health.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my institution, the campus climate encourages free and open discussion about mental and emotional health.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?:	1=Strongly agree 2=Agree 3=Somewhat agree	

	At my institution, there are adequate resources and services to support <b>student</b> mental health.	4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my institution, there are adequate resources and services to support faculty and staff mental health.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements: I feel valued as an individual at this institution.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements: I feel I belong at this institution.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements: I have considered leaving this institution because I felt isolated or unwelcomed.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements: This institution is a place where I am able to perform up to my full potential.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements: I have found one or more communities or groups where I feel I belong at this institution.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Competition	How would you rate the overall competitiveness among faculty in your department?	1=Very competitive 2=Competitive 3=Somewhat competitive 4=Not competitive 5=Very uncompetitive	Display if faculty is selected for "What is your primary role at your institution?" or if faculty is displayed for respondent in sample file provided to HMS study team.
Anti-racism	How much do you agree or disagree with the following statements?: I believe my institution actively works towards combating racism within the campus community.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree	

		6=Strongly disagree	
	How much do you agree or disagree with the following statements?: My institution makes a genuine effort to recruit a diverse community.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree or disagree with the following statements?: My institution has made a special effort to help individuals from diverse backgrounds feel like they belong on campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
School climate	Please rate the climate at your institution in general for <b>faculty</b> from the following backgrounds:  Faculty of color Women faculty Sexual minority faculty (gay, lesbian, bisexual, queer) Gender minority faculty (transgender, genderqueer, non-binary) Faculty with disabilities Faculty from religious beliefs and backgrounds <b>other than Christian</b> Faculty <b>with Christian religious</b> beliefs and backgrounds Faculty who are immigrants Faculty who are not U.S. citizens Faculty who are non-native English speakers	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Display if faculty is selected for “What is your primary role at your institution?” or if faculty is displayed for respondent in sample file provided to HMS study team.
	Please rate the climate at your institution in general for <b>staff</b> from the following backgrounds:  Staff of color Women faculty Sexual minority staff (gay, lesbian, bisexual, queer) Gender minority staff (transgender, genderqueer, non-binary) Staff with disabilities Staff from religious beliefs and backgrounds <b>other than Christian</b> Staff <b>with Christian religious</b> beliefs and backgrounds Staff who are immigrants Staff who are not U.S. citizens Staff who are non-native English speakers	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Display if staff is selected for “What is your primary role at your institution?” or if staff is displayed for respondent in sample file provided to HMS study team.

	<p>Please rate the climate at your institution in general for <b>students</b> from the following backgrounds:</p> <p>Students of color  Women students  Sexual minority students (gay, lesbian, bisexual, queer)  Gender minority students (transgender, genderqueer, non-binary)  Students with disabilities  Students from religious beliefs and backgrounds <b>other than Christian</b>  Students <b>with Christian religious</b> beliefs and backgrounds  Students who are immigrants  Students who are not U.S. citizens  Students who are non-native English speakers</p>	<p>1=Hostile  2=Somewhat hostile  3=Neutral  4=Somewhat welcoming  5=Welcoming</p>	
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