

THE HEALTHY MINDS STUDY (HMS): QUESTIONNAIRE MODULES



MENU OF MODULES:

Standard Modules¹	Number of Items
(1) Demographics	54-73
(2) Mental Health Status	64-75
(3) Mental Health Service Utilization/Help-Seeking	15-54
Elective Modules²	
(9) Knowledge and Attitudes about Mental Health and Mental Health Services	24-26
(10) Upstander/Bystander Behaviors	9-13
(11) Mental Health Climate	15
(12) Climate for Diversity and Inclusion	25-29
(14) Resilience and Coping	13
(18) COVID-19	28-35

Notes: ¹Standard modules are fielded at all participating institutions. The standard modules include a limited number of questions spanning the majority of the elective module topics, in addition to providing rich data on students' demographics, mental health status, and mental health service utilization and help-seeking behaviors.

²Elective modules are required for all participating JED institutions. To ensure that the overall survey (standard modules+elective modules) remains reasonable in length, participating JED institutions may choose additional elective modules if provided sample size is large enough to run an additional survey version. A full list of additional elective modules can be found in the [2020-21 HMS Questionnaire](#). *The Climate for Diversity and Inclusion module and the COVID modules are required modules that will be run if the student sample is larger than 4,000 students

³The number of items per module is determined by 2 factors: (1) skip logic embedded within the survey (*i.e., some measures are assessed only for students with certain responses to survey items*), and (2) which elective modules are selected by the participating institution. In terms of the order of modules presented to students, the 'Demographics' module is always first, followed by the 'Mental Health Status' module and then the 'Mental Health Service Utilization/Help-Seeking' module; the order of the remaining modules varies based on which elective modules are selected.

ABOUT THIS DOCUMENT:

Contents:

This document outlines all survey items included in HMS, beginning with the standard modules ('Demographics', 'Mental Health Status', and 'Mental Health Service Utilization/Help-Seeking') and then the elective modules.

Each module is presented within a table. Above each table is the module name (in all capital letters, bolded and underlined). Directly beneath the module name is the text shown to student participants at the beginning of that module. For example, students beginning the 'Demographics' module see the following text above the first question in that module: "*Basic Information: This section will ask you to provide basic information about yourself*". Information in the column 'Section' outlines organization within the module and is not visible to students within the survey.

Color Coding:

As noted above, some items are based on embedded skip logic within the survey (i.e., some measures are assessed only for students with certain responses to survey items). For example, only students who respond "No" to the question "Are you a United States citizen (or permanent resident)?" are asked the follow-up question "What is your country of citizenship (passport country)?". This follow-up question is shown in gray, indicating that the item is based on embedded skip logic.

HMS is a web-based survey. As such, there are numerous coding and programming decisions (*the vast majority of which are rather boring so we'll spare you*). A few are important: for example, many items allow student respondents to "Select all that apply". In some cases, one of the response options is 'mutually exclusive' meaning that a student respondent who selects that response option cannot select any of the other options (e.g., the response category "None" is mutually exclusive for the item "What activities do you currently participate in at your school?"). Programming notes are included in blue within the module tables.

Finally, certain items within the standard modules include a note in red (in the 'Citation/Notes' column) indicating that the item is included only if the elective module on that topic is not selected. In other words, a small number of items about important topics are included even if the elective module on that topic is not selected. This ensures that institutions have basic information about important topics that are not selected for in-depth assessment through elective modules. For example, if an institution does not select the 'Sleep' half module, a small number of items about sleep habits are included in the 'Mental Health Status' module. If an institution does select the 'Sleep' half module, the items about sleep are not included in the 'Mental Health Status' module (because sleep habits are being assessed separately in more detail through the 'Sleep' half module).

To review:

ITEM BASED ON EMBEDDED SKIP LOGIC

LOGISTIC/PROGRAMMING NOTES

ITEM INCLUDED IF ELECTIVE MODULE ON THAT TOPIC NOT SELECTED

STANDARD MODULES:**(1) DEMOGRAPHICS**

Basic Information

This section will ask you to provide basic information about yourself. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Age		How old are you? (You must be 18 years or older to complete this survey.)	1=_____ years old	
Sex/gender/sexuality	sex_birth	What was your sex at birth?	1=Female 2=Male 3=Intersex	
	gender	What is your gender identity? (Select all that apply)	1=Male 2=Female 3=Trans male/Trans man 4=Trans female/Trans woman 5=Genderqueer/Gender non-conforming 6=Self-identify (please specify) 7=Gender non-binary	
	sexual	How would you describe your sexual orientation? (Select all that apply)	1=Heterosexual 2=Lesbian 3=Gay 4=Bisexual 5=Queer 6=Questioning 7=Self-identify (please specify)	
	relship	How would you characterize your current relationship status?	1=Single 2=In a relationship 3=Married, in a domestic partnership, or engaged 4=Divorced or separated 5=Widowed 6=Other (please specify)	
Race/ethnicity	race	What is your race/ethnicity? (Select all that apply)	1=African American/Black 2=American Indian or Alaskan Native 3=Asian American/Asian 4=Hispanic/Latin(x) 5=Native Hawaiian or Pacific Islander 6=Middle Eastern, Arab, or Arab American 7=White 8=Self-identify (please specify)	
		Which group best represents your race/ethnicity? (Select all that apply)	1=African 2=African American 3=African Caribbean 4=Afro-Latina/o/x 5=Other (please describe)	Display if “1=African American/Black” is selected for “What is your race/ethnicity?”

		Which group best represents your race/ethnicity? (Select all that apply)	1=East Asian (eg Chinese, Japanese, Korean, Taiwanese) 2=Southeast Asian (eg Cambodian, Vietnamese, Hmong) 3=South Asian (eg Indian, Pakistani, Nepalese, Sri Lankan) 4=Filipina/o/x 5=Other (please describe)	Display if “3=Asian American/Asian” is selected for “What is your race/ethnicity?”
		Which group best represents your race/ethnicity? (Select all that apply)	1=Mexican/Mexican American 2=Central American 3=South American 4=Caribbean 5=Other (please describe)	Display if “4=Hispanic/Latin(x) is selected for “What is your race/ethnicity?”
Citizenship	international	Are you an international student?	1=Yes 0=No	Adapt for non-U.S. colleges and universities
		What is your country of origin?	1 =Afghanistan 2=Albania 158=Algeria 159=Andorra 3=Angola 160=Anguilla 4=Antigua and Barbuda 5=Argentina 6=Armenia 161=Aruba 7=Australia 8=Austria 9=Azerbaijan 10=Bahamas 11=Bahrain 12=Bangladesh 13=Barbados 14=Belarus 15=Belgium 16=Belize 162=Benin 163=Bermuda 164=Bhutan 17=Bolivia 18=Bosnia and Herzegovina 165=Botswana 19=Brazil 166=British Virgin Islands 20=Brunei 21=Bulgaria 167=Burkina Faso 23=Burundi 24=Cambodia 25=Cameroon 26=Canada 168=Cape Verde 169=Cayman Islands 27=Central African Republic	Instructions for this item: “(Use command or control key to select more than one country.)” Adapted for non-U.S. colleges and universities

		<p>28=Chad 29=Chile 30=China 31=Colombia 170=Comoros 32=Congo 171=Cook Islands 33=Costa Rica 34=Côte d'Ivoire 35=Croatia 157=Cuba 172=Curaçao 36=Cyprus 37=Czech Republic 38=Denmark 173=Djibouti 39=Dominica 40=Dominican Republic 41=Ecuador 42=Egypt 43=El Salvador 174=Equatorial Guinea 175=Eritrea 44=Estonia 45=Ethiopia 176=Fiji 46=Finland 47=France 177=French Polynesia 48=Gabon 49=Gambia 50=Gaza Strip 51=Georgia 52=Germany 53=Ghana 54=Greece 178=Greenland 179=Grenada 55=Guatemala 56=Guinea 180=Guinea-Bissau 57=Guyana 58=Haiti 59=Honduras 60=Hungary 61=Iceland 62=India 63=Indonesia 64=Iran 65=Iraq 66=Ireland 67=Israel 68=Italy 69=Jamaica 70=Japan</p>	
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		<p>71=Jordan 72=Kazakhstan 73=Kenya 131=Kingdom of Eswatini 181=Kiribati 76=Kosovo 77=Kuwait 78=Kyrgyzstan 79=Lao People's Democratic Republic 80=Latvia 81=Lebanon 182=Lesotho 183=Liberia 82=Libya 184=Liechtenstein 83=Lithuania 84=Luxembourg 86=Madagascar 87=Malawi 88=Malaysia 185=Maldives 89=Mali 186=Malta 187=Marshall Islands 90=Mauritania 91=Mauritius 188=Melanesia 92=Mexico 189=Micronesia 93=Moldova 190=Monaco 94=Mongolia 191=Montenegro 192=Montserrat 95=Morocco 96=Mozambique 22=Myanmar 97=Namibia 193=Nauru 98=Nepal 99=Netherlands 194>New Caledonia 100>New Zealand 101=Nicaragua 195=Niger 102=Nigeria 74=North Korea, Democratic People's Republic of Korea 85=North Macedonia 103=Norway 104=Oman 105=Pakistan 196=Palau 106=Palestine</p>	
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		107=Panama 197=Papua New Guinea 108=Paraguay 109=Peru 110=Philippines 111=Poland 198=Polynesia 112=Portugal 199=Puerto Rico 113=Qatar 114=Romania 115=Russian Federation 200=Rwanda 116=Saint Kitts and Nevis 117=Saint Lucia 201=Saint Vincent and the Grenadines 202=Samoa 203=San Marino 204=Sao Tome and Principe 118=Saudi Arabia 119=Senegal 120=Serbia 205=Seychelles 121=Sierra Leone 122=Singapore 123=Slovakia 124=Slovenia 206=Solomon Islands 125=Somalia 126=South Africa 75=South Korea, Republic of Korea 207=South Sudan 127=Spain 128=Sri Lanka 129=St Vincent and the Grenadines 130=Sudan 208=Suriname 132=Sweden 133=Switzerland 134=Syrian Arab Republic 135=Taiwan 209=Tajikistan 136=Tanzania 137=Thailand 210=Timor-Leste 211=Tongo 212=Tonga 138=Trinidad and Tobago 139=Tunisia 140=Turkey 141=Turkmenistan 213=Turks and Caicos Islands	
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			214=Tuvalu 142=Uganda 143=Ukraine 144=United Arab Emirates 145=United Kingdom of Great Britain and Northern Ireland 156=United States of America 146=Uruguay 147=Uzbekistan 215=Vanuatu 148=Venezuela 149=Viet Nam 150=West Bank 151=Yemen 152=Yugoslavia 153=Zambia 154=Zimbabwe 155=Other (please specify in the following question)	
		What is your country of origin?	[open text]	Display if "Other" is selected for "What is your country of origin"
		The following questions will ask you about your background, including citizenship status. At no time will you be identified through this data and your citizenship status will never be shared with your school for any reason. What is your citizenship status in the U.S.? (Select all that apply)	1=US Citizen 2=Permanent Resident/Green Card Holder 3=Temporary Resident/Green Card Holder 4=A visa holder (F-1, J-1, H1-B, A, L, G, E, and TN) 5=Temporary Protected Status (TPS) 6=Deferred Action for Childhood Arrivals (DACA) 7=Refugee 8=Other legally documented status (e.g., adjustment of status to permanent Resident) (please specify) 9=I don't know [mutually exclusive] 10=I don't feel comfortable identifying my citizenship status in the U.S. [mutually exclusive] 11=Undocumented	Adapted from Perception of Campus Climate (Rankin, 1998)
		At what age did you come to live in the U.S.?	1=U.S.-born 2=Less than 12 years 3=12-17 years 4=18-35 years 5=More than 35 years	
		Where in the U.S. were you born?	1=Continental U.S. 2=Alaska 3=Hawaii 4=Puerto Rico 5=American Samoa	Display if "U.S.-born" is selected for "At what age did you come to live in the U.S.?"

		<p>6=Guam 7=U.S. Virgin Islands 8=Northern Mariana Islands 9=Baker Island 10=Howland Island 11=Jarvis Island 12=Johnston Atoll 13=Kingman Reef 14=Midway Islands 15=Navassa Island 16=Palmyra Atoll 17=Wake Island</p>	
		<p>In which country were you born?</p> <p>1 =Afghanistan 2=Albania 158=Algeria 159=Andorra 3=Angola 160=Anguilla 4=Antigua and Barbuda 5=Argentina 6=Armenia 161=Aruba 7=Australia 8=Austria 9=Azerbaijan 10=Bahamas 11=Bahrain 12=Bangladesh 13=Barbados 14=Belarus 15=Belgium 16=Belize 162=Benin 163=Bermuda 164=Bhutan 17=Bolivia 18=Bosnia and Herzegovina 165=Botswana 19=Brazil 166=British Virgin Islands 20=Brunei 21=Bulgaria 167=Burkina Faso 23=Burundi 24=Cambodia 25=Cameroon 26=Canada 168=Cape Verde 169=Cayman Islands 27=Central African Republic 28=Chad 29=Chile 30=China 31=Colombia</p>	<p>Display if “U.S.-born” is not selected for “At what age did you come to live in the U.S.?”</p>

		170=Comoros 32=Congo 171=Cook Islands 33=Costa Rica 34=Côte d'Ivoire 35=Croatia 157=Cuba 172=Curaçao 36=Cyprus 37=Czech Republic 38=Denmark 173=Djibouti 39=Dominica 40=Dominican Republic 41=Ecuador 42=Egypt 43=El Salvador 174=Equatorial Guinea 175=Eritrea 44=Estonia 45=Ethiopia 176=Fiji 46=Finland 47=France 177=French Polynesia 48=Gabon 49=Gambia 50=Gaza Strip 51=Georgia 52=Germany 53=Ghana 54=Greece 178=Greenland 179=Grenada 55=Guatemala 56=Guinea 180=Guinea-Bissau 57=Guyana 58=Haiti 59=Honduras 60=Hungary 61=Iceland 62=India 63=Indonesia 64=Iran 65=Iraq 66=Ireland 67=Israel 68=Italy 69=Jamaica 70=Japan 71=Jordan 72=Kazakhstan 73=Kenya 131=Kingdom of Eswatini	
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		181=Kiribati 76=Kosovo 77=Kuwait 78=Kyrgyzstan 79=Lao People's Democratic Republic 80=Latvia 81=Lebanon 182=Lesotho 183=Liberia 82=Libya 184=Liechtenstein 83=Lithuania 84=Luxembourg 86=Madagascar 87=Malawi 88=Malaysia 185=Maldives 89=Mali 186=Malta 187=Marshall Islands 90=Mauritania 91=Mauritius 188=Melanesia 92=Mexico 189=Micronesia 93=Moldova 190=Monaco 94=Mongolia 191=Montenegro 192=Montserrat 95=Morocco 96=Mozambique 22=Myanmar 97=Namibia 193=Nauru 98=Nepal 99=Netherlands 194>New Caledonia 100>New Zealand 101=Nicaragua 195=Niger 102=Nigeria 74=North Korea, Democratic People's Republic of Korea 85=North Macedonia 103=Norway 104=Oman 105=Pakistan 196=Palau 106=Palestine 107=Panama 197=Papua New Guinea 108=Paraguay 109=Peru	
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		110=Philippines 111=Poland 198=Polynesia 112=Portugal 199=Puerto Rico 113=Qatar 114=Romania 115=Russian Federation 200=Rwanda 116=Saint Kitts and Nevis 117=Saint Lucia 201=Saint Vincent and the Grenadines 202=Samoa 203=San Marino 204=Sao Tome and Principe 118=Saudi Arabia 119=Senegal 120=Serbia 205=Seychelles 121=Sierra Leone 122=Singapore 123=Slovakia 124=Slovenia 206=Solomon Islands 125=Somalia 126=South Africa 75=South Korea, Republic of Korea 207=South Sudan 127=Spain 128=Sri Lanka 129=St Vincent and the Grenadines 130=Sudan 208=Suriname 132=Sweden 133=Switzerland 134=Syrian Arab Republic 135=Taiwan 209=Tajikistan 136=Tanzania 137=Thailand 210=Timor-Leste 211=Tongo 212=Tonga 138=Trinidad and Tobago 139=Tunisia 140=Turkey 141=Turkmenistan 213=Turks and Caicos Islands 214=Tuvalu 142=Uganda 143=Ukraine 144=United Arab Emirates	
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			145=United Kingdom of Great Britain and Northern Ireland 156=United States of America 146=Uruguay 147=Uzbekistan 215=Vanuatu 148=Venezuela 149=Viet Nam 150=West Bank 151=Yemen 152=Yugoslavia 153=Zambia 154=Zimbabwe 155=Other (please specify in the following question)	
		Please specify in which country you were born.	[open text]	Display if "Other" is selected for "In which country were you born?"
		What language was spoken at home growing up?	1=Only English 2=Mostly English 3=English and 1 other language 4=Mostly 1 other language 5=Only 1 other language 6=More than 2 languages	
		What language do you use when you speak with your friends?	1=Only English 2=Mostly English 3=Both English and native language equally 4=Mostly native language 5=Only native language	
		Regardless of your own immigration or citizenship status, how much do you worry that you, a family member, or a close friend could be deported?	1=Not at all 2=Not too much 3=Some 4=A lot	(Pew Hispanic Center, 2007 National Survey of Latinos)
		Where were your parents born? (Parent 1)	1=United States 2=United States territories 3=Outside of the U.S./U.S. territories 4=I don't know 5=Not applicable	
		Where were your parents born? (Parent 2)	1=United States 2=United States territories 3=Outside of the U.S./U.S. territories 4=I don't know 5=Not applicable	
		In which U.S. territory was (Parent 1/Parent 2) born?	1=Puerto Rico 2=American Samoa 3=Guam 4=U.S. Virgin Islands 5=Northern Mariana Islands 6=Baker Island 7=Howland Island	Display if "U.S. territories" is selected for "Where were your parents born? (Parent 1)" or "Where were your parents born? (Parent 2)".

		<p>8=Jarvis Island 9=Johnston Atoll 10=Kingman Reef 11=Midway Islands 12=Navassa Island 13=Palmyra Atoll 14=Wake Island</p>	
		<p>In which country was (Parent 1/Parent 2) born?</p> <p>1 =Afghanistan 2=Albania 158=Algeria 159=Andorra 3=Angola 160=Anguilla 4=Antigua and Barbuda 5=Argentina 6=Armenia 161=Aruba 7=Australia 8=Austria 9=Azerbaijan 10=Bahamas 11=Bahrain 12=Bangladesh 13=Barbados 14=Belarus 15=Belgium 16=Belize 162=Benin 163=Bermuda 164=Bhutan 17=Bolivia 18=Bosnia and Herzegovina 165=Botswana 19=Brazil 166=British Virgin Islands 20=Brunei 21=Bulgaria 167=Burkina Faso 23=Burundi 24=Cambodia 25=Cameroon 26=Canada 168=Cape Verde 169=Cayman Islands 27=Central African Republic 28=Chad 29=Chile 30=China 31=Colombia 170=Comoros 32=Congo 171=Cook Islands 33=Costa Rica 34=Côte d'Ivoire</p>	<p>Display if “Outside of the U.S./U.S. territories” is selected for “Where were your parents born? (Parent 1)” or “Where were your parents born? (Parent 2)”.</p>

		35=Croatia 157=Cuba 172=Curaçao 36=Cyprus 37=Czech Republic 38=Denmark 173=Djibouti 39=Dominica 40=Dominican Republic 41=Ecuador 42=Egypt 43=El Salvador 174=Equatorial Guinea 175=Eritrea 44=Estonia 45=Ethiopia 176=Fiji 46=Finland 47=France 177=French Polynesia 48=Gabon 49=Gambia 50=Gaza Strip 51=Georgia 52=Germany 53=Ghana 54=Greece 178=Greenland 179=Grenada 55=Guatemala 56=Guinea 180=Guinea-Bissau 57=Guyana 58=Haiti 59=Honduras 60=Hungary 61=Iceland 62=India 63=Indonesia 64=Iran 65=Iraq 66=Ireland 67=Israel 68=Italy 69=Jamaica 70=Japan 71=Jordan 72=Kazakhstan 73=Kenya 131=Kingdom of Eswatini 181=Kiribati 76=Kosovo 77=Kuwait 78=Kyrgyzstan	
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		79=Lao People's Democratic Republic 80=Latvia 81=Lebanon 182=Lesotho 183=Liberia 82=Libya 184=Liechtenstein 83=Lithuania 84=Luxembourg 86=Madagascar 87=Malawi 88=Malaysia 185=Maldives 89=Mali 186=Malta 187=Marshall Islands 90=Mauritania 91=Mauritius 188=Melanesia 92=Mexico 189=Micronesia 93=Moldova 190=Monaco 94=Mongolia 191=Montenegro 192=Montserrat 95=Morocco 96=Mozambique 22=Myanmar 97=Namibia 193=Nauru 98=Nepal 99=Netherlands 194>New Caledonia 100>New Zealand 101=Nicaragua 195=Niger 102=Nigeria 74=North Korea, Democratic People's Republic of Korea 85=North Macedonia 103=Norway 104=Oman 105=Pakistan 196=Palau 106=Palestine 107=Panama 197=Papua New Guinea 108=Paraguay 109=Peru 110=Philippines 111=Poland 198=Polynesia 112=Portugal	
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		<p>199=Puerto Rico 113=Qatar 114=Romania 115=Russian Federation 200=Rwanda 116=Saint Kitts and Nevis 117=Saint Lucia 201=Saint Vincent and the Grenadines 202=Samoa 203=San Marino 204=Sao Tome and Principe 118=Saudi Arabia 119=Senegal 120=Serbia 205=Seychelles 121=Sierra Leone 122=Singapore 123=Slovakia 124=Slovenia 206=Solomon Islands 125=Somalia 126=South Africa 75=South Korea, Republic of Korea 207=South Sudan 127=Spain 128=Sri Lanka 129=St Vincent and the Grenadines 130=Sudan 208=Suriname 132=Sweden 133=Switzerland 134=Syrian Arab Republic 135=Taiwan 209=Tajikistan 136=Tanzania 137=Thailand 210=Timor-Leste 211=Tongo 212=Tonga 138=Trinidad and Tobago 139=Tunisia 140=Turkey 141=Turkmenistan 213=Turks and Caicos Islands 214=Tuvalu 142=Uganda 143=Ukraine 144=United Arab Emirates 145=United Kingdom of Great Britain and Northern Ireland 156=United States of America 146=Uruguay</p>	
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			147=Uzbekistan 215=Vanuatu 148=Venezuela 149=Viet Nam 150=West Bank 151=Yemen 152=Yugoslavia 153=Zambia 154=Zimbabwe 155=Other (please specify in the following question)	
		Please specify in which country Parent 1/Parent 2 was born.	[open text]	Display if "Other" is selected for "In which country was Parent1/Parent 2 born?"
Socioeconomic status	fineur	How would you describe your financial situation right now?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	Included if 'Financial Stress' module not selected CCMH Standardized Data Set
		How has your financial situation been affected by the COVID-19 pandemic?	1=A lot more stressful 2=Somewhat more stressful 3=No significant change 4=Somewhat less stressful 5=A lot less stressful	
	finpast	How would you describe your financial situation while growing up?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	Included if 'Financial Stress' module not selected CCMH Standardized Data Set
		Within the past 12 months I was worried whether our food would run out before we got money to buy more.	1=Never true 2=Sometimes true 3=Often true	Included if 'Financial Stress' module not selected Adapted from HagerER, Quigg AM, Black MM, et al. Development and validity of a 2-item screen to identify families at risk for food insecurity. Pediatrics. 2010;126(1):26.
		Within the past 12 months the food I bought just didn't last and I didn't have money to get more.	1=Never true 2=Sometimes true 3=Often true	Included if 'Financial Stress' module not selected Adapted from Hager ER, Quigg AM, Black MM, et al. Development and validity of a 2-item screen to identify families at risk for food insecurity. Pediatrics. 2010;126(1):26
Family characteristics	child_dependent	What is the current number of children or other dependents living in your household, for whom you are responsible?	1=None 2=1 3=2 4=3 5=4 or more	
	pregnant	Are you currently pregnant?	1=Yes 2=No 3=Prefer not to say 4=I don't know	Display if "1=Female or 3=Intersex" is selected for "What was your sex at birth?"
	pregnant_past12mo	Have you been pregnant or given birth within the last 12 months?	1=Yes 2=No	Display if "2=No" is selected for "Are you currently pregnant?"

			3=Prefer not to say 4=I don't know	
Work responsibilities	hours_work_paid	What is the average number of hours you work per week during the school year (paid employment only)?	Free response	CCMH Standardized Data Set
	educ_par1/ educ_par2	What is the highest level of education completed by your parents or stepparents? Parent 1/Parent 2	This parent's education: 1=8th grade or lower 2=Between 9th and 12th grade (but no high school degree) 3=High school degree 4=Some college (but no college degree) 5=Associate's degree 6=Bachelor's degree 7=Graduate degree 8=Don't know	
Religiosity	religios	How important is religion in your life?	1=Very important 2=Important 3=Neutral 4=Unimportant 5=Very unimportant	CCMH Standardized Data Set
	relig_aff	What is your religious affiliation? (Select all that apply)	1=Agnostic 2=Atheist 3=Buddhist 4=Christian-Catholic 5=Christian-Protestant 6=Hindu 7=Jewish 8=Muslim 9=Church of Jesus Christ of Latter-day Saints 10=No preference [mutually exclusive] 11=Self-identify (please specify)	CCMH Standardized Data Set
Academic information	degree	In what degree program are you currently enrolled? (Select all that apply)	1=Associate's 2=Bachelor's 3=Master's 4=JD 5=MD 6=PhD (or equivalent doctoral program) 8=Other (please specify) 9=Non-degree student [mutually exclusive]	
		How are you taking your classes this semester?	1>All in-person 2=Hybrid (both in-person and online) 3>All online 4=Other (please specify)	
	transfer	Did you transfer from another campus/institution to this school?	1=Yes, I transferred from a community or junior college.	Display if "2=Bachelor's" is selected for "In what degree program are you currently enrolled?"

			2=Yes, I transferred from a 4-year college or university. 3=No	
	yr_sch	What year are you in your current degree program?	1=1st year 2=2nd year 3=3rd year 4=4th year 5=5th year 6=6th year 7=7th+ year	Display if “Non-degree student” not selected for “In what degree program are you currently enrolled?”
	enroll	What is your enrollment status?	1=Full-time student 2=Part-time student 3=Other (please specify)	
	field	What is your field of study? (Select all that apply)	1=Humanities (history, languages, philosophy, etc.) 2=Natural sciences or mathematics 3=Social sciences (economics, psychology, etc.) 4=Architecture or urban planning 5=Art and design 6=Business 7=[if graduate, ask→Dentistry] 8=Education 9=Engineering 10=[if graduate, ask→Law] 11=[if graduate, ask→Medicine] 12=Music, theatre, or dance 13=Nursing 14=Pharmacy 15=[if undergraduate, ask→Pre-professional (pre-business, pre-health, pre-law)] 16=Public health 17=Public policy 18=[if graduate, ask→Social work] 19=[if undergraduate, ask→Undecided] [mutually exclusive] 20=Other (please specify)	
	gpa_sr	What is your current overall GPA?	1=Mostly A's 2=Mostly B's 3=Mostly C's 4=Mostly D's 5=Mostly F's 6=None of these [mutually exclusive] 7>No grade or don't know [mutually exclusive]	
	aca_impa	In the past 4 weeks, how many days have you felt that emotional or mental	1=None 2=1-2 days	

		difficulties have hurt your academic performance?	3=3-5 days 4=6 or more days	
	timeclass	How much time do you spend during a typical week attending classes/labs?	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
	timestud	How much time do you spend during a typical week studying doing school work, or writing/doing your dissertation research?	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
	persist	How much do you agree with the following statement?: I am confident that I will be able to finish my degree no matter what challenges I may face.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Persistence and Retention' module not selected
Housing	residenc	Where do you currently live?	1=On-campus housing, residence hall 2=On-campus housing, apartment 3=Fraternity or sorority house 4=On- or off-campus co-operative housing 5=Off-campus, non-university housing 6=Off-campus, with my parents (or relatives) 7=Other (please specify)	
		How close do you live to your school?	1=I live within 10 miles of my school 2=I live in the same state as my school, but am more than 10 miles away 3=I live in a different state than my school	Display if "On- or off-campus co-operative housing, Off-campus, non-university housing, Off-campus, with my parents (or relatives), or Other" is selected for "Where do you currently live?"
		Including yourself, with how many people do you live?	1= Just myself 2= 1 other person 3= 2-4 other people 4=5+ people	
Extracurricular activities	activ	What activities do you currently participate in at your school? (Select all that apply)	1=Academic or pre-professional organization 3=Athletics (intercollegiate varsity) 2=Athletics (club) 4=Athletics (intramural) 5=Community service	

		<p>6=Cultural or racial organization 7=Dance 8=Fraternity or sorority 9=Gender or sexuality organization 10=Government or politics (including student government) 11=Health and wellness organization 12=Media or publications 13=Music or drama 14=Religious organization 15=Social organization (that is not a fraternity or sorority) 16=Visual or fine arts 17=Other (please specify) 18=None [mutually exclusive]</p>	
	sp	<p>What sport(s) do you participate in at your school?</p> <p>1=Baseball 2=Basketball 3=Boxing 4=Cheering and/or dancing 5=Cross country 6=Cycling 7=Fencing 8=Field hockey 9=Football 10=Golf 11=Gymnastics 12=Ice hockey 13=Lacrosse 14=Rowing 15=Rugby 16=Sailing 17=Soccer 18=Softball 19=Swimming and/or diving 20=Tennis 21=Track and field 22=Volleyball 23=Water polo 24=Wrestling 25=Other (please specify)</p>	<p>Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]</p>
For SKL Ko1 and WTG TGNC research		<p>How important were each of the following reasons for why you chose to attend [school name]?</p> <ul style="list-style-type: none"> —Academic reputation —Availability of majors of interest to you —Size of school and/or classes —Reputation for diversity/inclusivity —Gender-inclusive campus facilities (e.g., housing and restrooms) —Campus location <p>1=Very important 2=Somewhat important 3=Not important</p>	<p>Notes:</p> <p>Matrix question with response options as columns</p> <p>Display if “1st year” is selected for “What year are you in your current degree program?”. Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”. </p>

		<ul style="list-style-type: none"> —Attractiveness of campus —Quality of on-campus housing —Quality of social life/extracurricular activities —Cost/affordability —Other 		Response categories/options adapted from the Admitted Student Questionnaire Plus (https://professionals.collegeboard.org/pdf/asq-questionnaire-plus.pdf)
		<p>For each of the following policies, programs, and resources, please indicate whether they exist at your school:</p> <ul style="list-style-type: none"> —Gender-neutral/gender-inclusive restroom options —Gender-neutral/gender-inclusive housing options —Comprehensive nondiscrimination policy that includes protections based on gender identity and expression —Policy/procedure allowing students to indicate their preferred name and pronoun on campus records (e.g., course rosters and directory listings) —Student health insurance coverage for transition-related medical expenses (e.g., hormone replacement therapy) —Counselor(s) trained in providing therapy/mental health counseling to transgender and genderqueer students 	<p>1=Yes, this definitely exists at my school. 2=Yes, I think this exists at my school. 3=No, I don't think this exists at my school. 4=No, this definitely does not exist at my school. 5=I do not know.</p>	<p>Notes: Matrix question with response options as columns Display if "1st year" is selected for "What year are you in your current degree program?". Display if "Associate's" and/or "Bachelor's" is selected for "In what degree program are you currently enrolled? (Select all that apply)".</p>
		<p>Since you began at your school, have you personally experienced any discriminatory, exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) behavior at your school?</p>	<p>1= No 2=Yes, but it did not interfere with my ability to work or learn. 3=Yes, and it interfered with my ability to work or learn.</p>	<p>Notes: Display if "1st year" is selected for "What year are you in your current degree program?". Display if "Associate's" and/or "Bachelor's" is selected for "In what degree program are you currently enrolled? (Select all that apply)". Adapted from Perception of Campus Climate (Rankin, 1998)</p>
		<p>Since you began at your school, how often have you experienced discriminatory, exclusionary, intimidating, offensive, and/or hostile behavior at your school?</p>	<p>1=Never 2=1-2 times 3=3 or more times 4=Not applicable</p>	<p>Notes: Display if "1st year" is selected for "What year are you in your current degree program?". Display if "Associate's" and/or "Bachelor's" is selected for "In what degree program are you currently enrolled? (Select all that apply)". Display if "Yes, but it did not interfere with my ability to work or learn." or "Yes, and it interfered with my ability to work or learn." to "Over the past 12 months, have you personally experienced any discriminatory, exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) behavior at your school?" Adapted from Perception of Campus Climate (Rankin, 1998)</p>
		<p>What do you believe the conduct was based upon? (Select all that apply)</p>	<p>1=Gender identity or gender expression 2=Race/ethnicity</p>	<p>Notes:</p>

			<p>3=Immigrant/citizen status 4=Sexual identity/orientation 5=Socioeconomic status 6=Don't know 7=Other (please specify)</p>	<p>Display if "1st year" is selected for "What year are you in your current degree program?".</p> <p>Display if "Associate's" and/or "Bachelor's" is selected for "In what degree program are you currently enrolled? (Select all that apply)"</p> <p>Display if "Yes, but it did not interfere with my ability to work or learn." or "Yes, and it interfered with my ability to work or learn." to "Over the past 12 months, have you personally experienced any discriminatory, exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) behavior at your school?"</p> <p>Adapted from Perception of Campus Climate (Rankin, 1998)</p>
		<p>How much do you agree with the following statements? I resent my gender identity or expression.</p>	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	<p>Notes:</p> <p>Matrix with the next 2 items</p> <p>Display if "1st year" is selected for "What year are you in your current degree program?".</p> <p>Display if "Associate's" and/or "Bachelor's" is selected for "In what degree program are you currently enrolled? (Select all that apply)"</p> <p>Adapted from Gender Minority Stress and Resilience Scale, Internalized Transphobia subscale</p>
		<p>How much do you agree with the following statements? When I think about my gender identity or expression, I feel unhappy.</p>	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	<p>Notes:</p> <p>Display if "1st year" is selected for "What year are you in your current degree program?".</p> <p>Display if "Associate's" and/or "Bachelor's" is selected for "In what degree program are you currently enrolled? (Select all that apply)"</p> <p>Adapted from Gender Minority Stress and Resilience Scale, Internalized Transphobia subscale</p>
		<p>How much do you agree with the following statements? Because of my gender identity or expression, I feel like an outcast.</p>	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	<p>Notes:</p> <p>Display if "1st year" is selected for "What year are you in your current degree program?".</p> <p>Display if "Associate's" and/or "Bachelor's" is selected for "In what degree program are you currently enrolled? (Select all that apply)"</p> <p>Adapted from Gender Minority Stress and Resilience Scale, Internalized Transphobia subscale</p>
		<p>Thinking about your experience at your school, how often have you been referred to by the wrong pronoun by someone at your school (student, faculty, staff)?</p>	<p>1=Never 2=Once in a while 3=Sometimes 4=A lot 5=Most of the time 6=Almost all of the time</p>	<p>Notes:</p> <p>Display if "1st year" is selected for "What year are you in your current degree program?".</p> <p>Display if "Associate's" and/or "Bachelor's" is selected for "In what degree program are you currently enrolled? (Select all that apply)"</p>

				<p>Display if “Trans male/Trans man, Trans female/Trans woman, Genderqueer/Gender non-conforming, Gender non-binary, and/or Self-identify” is selected.</p> <p>Display if “Female” is selected for “What was your sex at birth?” but “Female” is not selected for “What is your gender identity?”.</p> <p>Display if “Male” is selected for “What was your sex at birth?” but “Male” is not selected for “What is your gender identity?”.</p> <p>Display if “Intersex” is selected for “What was your sex at birth?” but neither “Female” or “Male” is selected for “What is your gender identity?”.</p> <p>Adapted from the U.S. Transgender Survey</p>
		<p>Please rate the climate at your school in general for persons from the following backgrounds:</p> <ul style="list-style-type: none"> —Racial/ethnic minority students —Gay, lesbian and bisexual students —Transgender and genderqueer students —Students of low socioeconomic status 	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Notes: Matrix question <p>Display if “1st year” is selected for “What year are you in your current degree program?”.</p> <p>Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”</p> <p>Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)</p>
Overall school experience	sat_overall	How satisfied are you with your overall experience at your school?	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
Sense of belonging	belong1	How much do you agree with the following statement?: I see myself as a part of the campus community.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Perceived Cohesion Scale (Bollen & Hoyle, 1990)
		How much do you agree with the following statement?: At my school, I feel that the campus environment has a negative impact on students' mental and emotional health.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if ‘Mental Health Climate’ module not selected
Anti-racism		How much do you agree with the following statement?: I believe my school actively works towards combating racism within the campus community.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Military experience	military	Have you ever served in the United States Armed Forces, military Reserves, or National Guard? (Select all that apply)	1=No, never served in the military [mutually exclusive] 2=Yes, currently in Reserve Officers' Training Corps (ROTC)	

			3=Yes, currently in military Reserves or National Guard 4=Yes, now on active duty 5=Yes, on active duty during the past 12 months, but not now 6=Yes, on active duty in the past, but not during the past 12 months	
Disabilities	disab2	Are you registered, with the office for disability services on this campus, as having a documented and diagnosed disability?	1=Yes 0=No	CCMH Standardized Data Set
	disab	Please indicate which category of disability you are registered for: (Select all that apply)	1=Attention deficit/hyperactivity disorders 2=Deaf or hard of hearing 3=Learning disorders 4=Mobility Impairments 5=Neurological disorders 6=Physical/health related disorders 7=Psychological disorder/condition 8=Visual impairments 9=Other (please specify)	CCMH Standardized Data Set
	disab3	How often have you used the disability-related accommodations recommended for you?	1=Not at all 2=Occasionally 3=Frequently	
Chronic disease		Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Diabetes 2=High blood pressure 3=Asthma 4=Thyroid disease (e.g., hypothyroid or hyperthyroid) 5=Gastrointestinal disease (e.g., Crohn's Disease, Ulcerative Colitis) 6=Arthritis 7=Sickle cell anemia 8=Seizure disorders (e.g., epilepsy) 9=Cancers 10=High cholesterol 11=HIV/AIDS 12=Other autoimmune disorder (please specify) 13=Other chronic disease (please specify) 14=No, never been diagnosed with a chronic disease. [mutually exclusive] 15=Don't know [mutually exclusive]	Included if 'Overall Health' module not selected

(2) MENTAL HEALTH STATUS

Mental and Emotional Health

The next set of questions will ask you about your overall well-being. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Positive mental health	diener1	I lead a purposeful and meaningful life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener2	My social relationships are supportive and rewarding.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener3	I am engaged and interested in my daily activities.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener4	I actively contribute to the happiness and well-being of others.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener5	I am competent and capable in the activities that are important to me.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener6	I am a good person and live a good life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."

	diener7	I am optimistic about my future.	<p>1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree</p>	<p>Flourishing Scale (Diener & Biswas-Diener, 2009)</p> <p>Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."</p>
	diener8	People respect me.	<p>1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree</p>	<p>Flourishing Scale (Diener & Biswas-Diener, 2009)</p> <p>Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."</p>
Depression	phq9_1	Over the last 2 weeks, how often have you been bothered by any of the following problems? Little interest or pleasure in doing things	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_2	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling down, depressed or hopeless	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_3	Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble falling or staying asleep, or sleeping too much	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_4	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling tired or having little energy	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_5	Over the last 2 weeks, how often have you been bothered by any of the following problems? Poor appetite or overeating	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_6	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling bad about yourself—or that you are a failure or have let yourself or your family down	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	Patient Health Questionnaire-9 (Kroenke et al., 2001)

	phq9_7	Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble concentrating on things, such as reading the newspaper or watching television	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_8	Over the last 2 weeks, how often have you been bothered by any of the following problems? Moving or speaking so slowly that other people could have noticed; or the opposite—being so fidgety or restless that you have been moving around a lot more than usual	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_9	Over the last 2 weeks, how often have you been bothered by any of the following problems? Thoughts that you would be better off dead or of hurting yourself in some way	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	dep_impa	How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?	1=Not difficult at all 2=Slightly difficult 3=Very difficult 4=Extremely difficult	Adapted from Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq2_1	During that period, how often were you bothered by these problems? Little interest or pleasure in doing things	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Adapted from Patient Health Questionnaire-2 Instructions for this item: "Think about the 2-week period in the past year when you experienced the 2 problems below the most frequently."
	phq2_2	During that period, how often were you bothered by these problems? Feeling down, depressed or hopeless	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Adapted from Patient Health Questionnaire-2 Instructions for this item: "Think about the 2-week period in the past year when you experienced the 2 problems below the most frequently."
Anxiety	gad7_1	Over the last 2 weeks, how often have you been bothered by the following problems? Feeling nervous, anxious or on edge	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_2	Over the last 2 weeks, how often have you been bothered by the following problems? Not being able to stop or control worrying	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)

	gad7_3	Over the last 2 weeks, how often have you been bothered by the following problems? Worrying too much about different things	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_4	Over the last 2 weeks, how often have you been bothered by the following problems? Trouble relaxing	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_5	Over the last 2 weeks, how often have you been bothered by the following problems? Being so restless that it's hard to sit still	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_6	Over the last 2 weeks, how often have you been bothered by the following problems? Becoming easily annoyed or irritable	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_7	Over the last 2 weeks, how often have you been bothered by the following problems? Feeling afraid as if something awful might happen	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_impa	How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?	1=Not difficult at all 2=Slightly difficult 3=Very difficult 4=Extremely difficult	
Eating and body image	thing_good	Do you need to be very thin in order to feel good about yourself?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected
	body_sr	I think I am...	1=Very underweight 2=Slightly underweight 3=Normal weight 4=Slightly overweight 5=Very overweight	Included if 'Eating and Body Image' module not selected

	height	What is your current height? (If you don't know, please provide your best guess.)	1=_____ feet [force numeric, ≤7] 2=_____ inches [force numeric, ≤11]	Included if 'Eating and Body Image' module not selected
	weight	What is your current weight? (If you don't know, please provide your best guess.)	1=_____ pounds [force numeric]	Included if 'Eating and Body Image' module not selected
	scoff_1	Do you ever make yourself sick because you feel uncomfortably full?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_2	Do you worry that you have lost control over how much you eat?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_3	Have you recently lost more than 15 pounds in a 3-month period?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_4	Do you believe yourself to be fat when others say you are too thin?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_5	Would you say that food dominates your life?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
Non-suicidal self-injury	sib	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Cut myself 2=Burned myself 3=Punched or banged myself 4=Scratched myself 5=Pulled my hair 6=Bit myself	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."

			<p>7=Interfered with wound healing 8=Carved words or symbols into skin 9=Rubbed sharp objects into skin 10=Punched or banged an object to hurt myself 11=Other (please specify) 12>No, none of these [mutually exclusive]</p>	
	sib_freq	On average, how often in the past year did you hurt yourself on purpose, without intending to kill yourself?	<p>1=Once or twice 2=Once a month or less 3=2 or 3 times a month 4=Once or twice a week 5=3 to 5 days a week 6=Nearly everyday, or everyday</p>	Display if “12>No, none of these” is not selected for “In the past year, have you ever done any of the following intentionally?”
Suicidality	sui_idea	In the past year, did you ever seriously think about attempting suicide?	<p>1=Yes 0=No</p>	
	sui_plan	In the past year, did you make a plan for attempting suicide?	<p>1=Yes 0=No</p>	Display if “1=Yes” is selected for “In the past year, did you ever seriously think about attempting suicide?”
	sui_att	In the past year, did you attempt suicide?	<p>1=Yes 0=No</p>	Display if “1=Yes” is selected for “In the past year, did you ever seriously think about attempting suicide?”
		On average, how often in the past year did you seriously think about attempting suicide?	<p>1=Once or twice 2=Once a month or less 3=2 or 3 times a month 4=Once or twice a week 5=3 to 5 days a week 6=Nearly everyday, or everyday</p>	<p>Display if “1st year” is selected for “What year are you in your current degree program?”. Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”. Display if “Yes” is selected for “In the past year, did you ever seriously think about attempting suicide?”. </p>
		We are also interested in whether you had suicidal thoughts prior to coming to college. Thinking back to 12-24 months ago , did you ever seriously think about attempting suicide?	<p>1=Yes 0=No</p>	<p>Display if “1st year” is selected for “What year are you in your current degree program?”. Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”. </p>
		We are also interested in whether you attempted suicide prior to coming to college. Thinking back to 12-24 months ago , did you attempt suicide?	<p>1=Yes 0=No</p>	<p>Display if “1st year” is selected for “What year are you in your current degree program?”. Display if “Associate’s” and/or “Bachelor’s” is selected for “In what degree program are you currently enrolled? (Select all that apply)”. Display if “yes” to “Thinking back to 12-24 months ago, did you ever seriously think about attempting suicide?”. </p>

Psychosis	Have you ever experienced: A feeling that something strange and unexplainable was going on that other people would find hard to believe?	1=Yes 0=No	
	A feeling that people were too interested in you or that there was a plot to harm you?	1=Yes 0=No	
	A feeling that your thoughts were being directly interfered or controlled by another person, or your mind was being taken over by strange forces?	1=Yes 0=No	
	An experience of seeing visions or hearing voices that others could not see or hear when you were not half asleep, dreaming, or under the influence of alcohol or drugs?	1=Yes 0=No	
	Have any of these experiences happened in the past 12 months?	1=Yes 0=No	Display if “1=Yes” is selected for any of the previous psychosis items.
Loneliness	Please answer the following: How often do you feel that you lack companionship?	1=Hardly ever 2=Some of the time 3=Often	UCLA 3-item Loneliness Scale
	How often do you feel left out?	1=Hardly ever 2=Some of the time 3=Often	UCLA 3-item Loneliness Scale
	How often do you feel isolated from others?	1=Hardly ever 2=Some of the time 3=Often	UCLA 3-item Loneliness Scale

Violence	abuse_life	In your lifetime, how many times has anyone struck or physically injured you? Please do not report any injuries in an appropriate athletic context (i.e. contact sports)	1=Never 2=1 time 3=2-3 times 4=4-5 times 5=More than 5 times	
	abuse_recent	When was the last time anyone has struck or physically injured you?	1=Within the last 2 weeks 2=Within the last month 3=Within the last year 4=Within the last 1-5 years 5=More than 5 years ago	
	assault_any	Over the past 12 months, did you strike or physically injure anyone? Please do not report any injuries in an appropriate athletic context (i.e. contact sports)	1=Yes 0=No	
Emotional abuse	assault_emo	Over the past 12 months, were you called names, yelled at, humiliated, judged, threatened, coerced, or controlled by another person?	1=Yes 0=No	
Physical abuse	assault_phys	Over the past 12 months, were you kicked, slapped, punched or otherwise physically mistreated by another person?	1=Yes 0=No	
Sexual assault	sa_exp	In the past 12 months, has anyone had unwanted sexual contact with you? (Please count any experience of unwanted sexual contact [e.g., touching of your sexual body parts, oral sex, anal sex, sexual intercourse, and penetration of your vagina or anus with a finger or object] that you did not consent to and did not want to happen regardless of where it happened.)	1=Yes 0=No	Instructions for this item: "Unwanted sexual contact could happen when: someone touches or grabs your sexual body parts (e.g., butt, crotch, or breasts); someone uses force against you, such as holding you down with his or her body weight, pinning your arms, hitting or kicking you; someone threatens to hurt you or someone close to you; or you are unable to provide consent because you are incapacitated, passed out, unconscious, blacked out, or asleep. This could happen after you voluntarily used alcohol or drugs, or after you were given a drug without your knowledge or consent."
	sa_who	Who was the person who had unwanted sexual contact with you? (Select all that apply)	1=A stranger 2=A family member 3=Someone you had seen or heard about but not talked to 4=An acquaintance, friend of a friend, or someone that you had just met 5=A professor or teaching assistant 6=Coach or coaching staff 7=Teammate 8=Trainer 9=Medical or health professional 10=A current or ex friend or roommate	Definition from CDC NISVS 2010 Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience." Display if "1=Yes" is selected for the question "In the past 12 months, has anyone had unwanted sexual contact with you?"

			11=A current or ex dating partner or spouse 12=Someone else 13=Unsure/don't know 14=Prefer not to say	
	sa_disclose	Whom did you tell about the incident? (Select all that apply)	1=No one [mutually exclusive] 2=Roommate 3=Close friend other than roommate 4=Parent or guardian 5=Other family member 6=Counselor 7=Faculty or staff 8=Residence hall staff 9=Police 10=Romantic partner (other than the one who did this to you) 11=Campus sexual assault advocate 12=Other (please specify) 13=Title IX officer	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
Substance use	alc_any	Over the past 2 weeks, did you drink any alcohol?	1=Yes 0=No	
	binge_fr	Over the past 2 weeks, about how many times did you have 4 [female]/5 [male]/4 or 5 [not female or male] or more alcoholic drinks in a row? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=0 times 2=1 time 3=2 times 4=3 to 5 times 5=6 to 9 times 6=10 or more times 7=Don't know	Definition adapted from National Institute on Alcohol Abuse and Alcoholism Display if “1=Yes” is selected for “Over the past 2 weeks, did you drink any alcohol?”
	smok_freq	Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	Included if ‘Substance Use’ and ‘Overall Health’ modules both not selected
		Over the past 30 days, have you used an electronic cigarette or vape pen?	1=Yes 0=No	Included if ‘Substance Use’ and ‘Overall Health’ modules both not selected
		What did you think was in the mist you inhaled the last time you used a vaping device?	1=Any vaping 2=Vaping nicotine 3=Vaping Marijuana 4=Vaping “just flavoring”	Display if “Yes” is selected for “Over the past 30 days, have you used an electronic cigarette or vape pen?” National Institutes of Health Monitoring the Future survey (2017)

	drug	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	<p>1=Marijuana 2=Cocaine (any form, including crack, powder, or freebase) 3=Heroin 4=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed 5=Benzodiazepines (such as Valium, Ativan, Klonopin, Xanax, Rohypnol (Roofies)) 6=Methamphetamines (also known as speed, crystal meth, Tina, T, or ice) 7=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed 8=MDMA (also known as Ecstasy or Molly) 9=Ketamine (also known as K, Special K) 10=LSD (also known as acid) 11=Psilocybin (also known as magic mushrooms, boomers, shrooms) 12=Kratom 13=Athletic performance enhancers (anything that violates policies set by your school or any athletic governing body) 14=Other drugs without a prescription (please specify) 15>No, none of these [mutually exclusive]</p>	<p>Included if ‘Substance Use’ and ‘Overall Health’ modules both not selected</p> <p>Display response option “13=Performance enhancers” if “3= Athletics (intercollegiate varsity)” is selected for “What activities do you currently participate in at your school?”</p>
		Over the past 30 days, how often have you used marijuana (either smoking, vaping, edibles or otherwise)?	<p>1= Every day 2=Nearly every day 3=3-4 days per week 4=1-2 days per week 5=Less than once per week</p>	<p>Included if ‘Substance Use’ and ‘Overall Health’ modules both not selected</p> <p>Display if “Marijuana” is selected for “Over the past 30 days, have you used any of the following drugs?(Select all that apply)”</p>
Exercise		In the past 30 days, about how many hours per week on average did you spend exercising? (Include any exercise of moderate or higher intensity, where “moderate intensity” would be roughly equivalent to brisk walking or bicycling)	<p>1=Less than 1 hour 2=1-2 hours 3=2-3 hours 4=3-4 hours 5=5 or more hours</p>	<p>Included ‘Overall Health’ module not selected</p>
Sleep	sleep_wk1	During this school year, at approximately what time have you typically gone to sleep on: Weeknights?	<p>1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am</p>	<p>Included if ‘Sleep’ and ‘Overall Health’ modules both not selected</p>

			14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	
		During this school year, at approximately what time have you typically gone to sleep on: Weekend nights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	Included if 'Sleep' and 'Overall Health' modules both not selected
		During this school year, at approximately what time have you typically woken up on: Weekdays?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am	Included if 'Sleep' and 'Overall Health' modules both not selected

			20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	
		During this school year, at approximately what time have you typically woken up on: Weekend days?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	Included if 'Sleep' and 'Overall Health' modules both not selected
		During this school year, on how many days have you taken naps during a typical week?	1=I don't take naps. 2=1 3=2 4=3 5=4 6=5 7=6 8=7	Included if 'Sleep' and 'Overall Health' modules both not selected
		How long is your typical nap?	1=Less than 1 hour 2=Between 1 and 2 hours 3=Between 2 and 3 hours 4=More than 3 hours	Included if 'Sleep' and 'Overall Health' modules both not selected

(3) MENTAL HEALTH SERVICE UTILIZATION/HELP-SEEKING**Experiences with Services and Support**

The next questions will ask you about your experiences using mental health services. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Diagnosed mental illnesses	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Depression (e.g., major depressive disorder, persistent depressive disorder) 2=Bipolar (e.g., bipolar I or II, cyclothymia) 3=Anxiety (e.g., generalized anxiety disorder, phobias) 4=Obsessive-compulsive or related disorders (e.g., obsessive-compulsive disorder, body dysmorphism) 5=Trauma and Stressor Related Disorders (e.g., posttraumatic stress disorder), 6=Neurodevelopmental disorder or intellectual disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, intellectual disability, autism spectrum disorder) 7=Eating disorder (e.g., anorexia nervosa, bulimia nervosa) 8=Psychosis (e.g., schizophrenia, schizo-affective disorder) 9=Personality disorder (e.g., antisocial personality disorder, paranoid personality disorder, schizoid personality disorder) 10=Substance use disorder (e.g., alcohol abuse, abuse of other drugs) 11=No, none of these [mutually exclusive] 12=Don't know	
	Specifically, which of the following depression disorders were you diagnosed with by a professional? (Select all that apply)	1=Major depressive disorder 2=Dysthymia or persistent depressive disorder 3=Premenstrual dysphoric disorder 4=Other (please specify) 5=Don't know	
	Specifically, which of the following bipolar and related disorders were you diagnosed with by a professional? (Select all that apply)	1=Bipolar I disorder 2=Bipolar II disorder 3=Cyclothymic disorder 4=Other (please specify) 5=Don't know	
	Specifically, which of the following anxiety disorders were you diagnosed with by a professional? (Select all that apply)	1=Generalized anxiety disorder 2=Panic disorder 3=Agoraphobia 4=Specific phobia (e.g., claustrophobia, arachnophobia, etc.) 5=Social anxiety disorder (or social phobia) 6=Other (please specify) 7=Don't know	
	Specifically, which of the following obsessive-compulsive or related disorders were you diagnosed with by a professional? (Select all that apply)	1=Obsessive-compulsive disorder 2=Body dysmorphic disorder 3=Hoarding disorder 4=Trichotillomania (hair-pulling disorder) 5=Excoriation (skin-picking) disorder	

		6=Other (please specify) 7=Don't know	
	Specifically, which of the following trauma and stressor related disorders were you diagnosed with by a professional? (Select all that apply)	1=Posttraumatic stress disorder 2=Acute stress disorder 3=Adjustment disorder 4=Other (please specify) 5=Don't know	
	Specifically which of the following neurodevelopmental disorder or intellectual disability were you diagnosed with by a professional? (Select all that apply)	1=Attention deficit hyperactivity disorder (ADHD or ADD) 2=Other intellectual disability 3=Autism spectrum disorder 4=Other (please specify) 5=Don't know	
	Specifically, which of the following eating disorders were you diagnosed with by a professional? (Select all that apply)	1=Anorexia nervosa 2=Bulimia nervosa 3=Binge-eating disorder 4=Pica 5=Avoidant/restrictive food intake disorder (selective eating disorder) 6=Other (please specify) 7=Don't know	
	Specifically, which of the following psychotic disorders were you diagnosed with by a professional? (Select all that apply)	1=Schizophrenia 2=Schizo-affective disorder 3=Brief psychotic disorder 4=Delusional disorder 5=Schizopreniform disorder 6=Other (please specify) 7=Don't know	
	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Antisocial personality disorder 2=Avoidant personality disorder 3=Borderline personality disorder 4=Dependent personality disorder 5=Histrionic personality disorder 6=Narcissistic personality disorder 7=Obsessive-Compulsive personality disorder 8=Paranoid personality disorder 9=Schizoid personality disorder 10=Schizotypal personality disorder 11=Other (please specify) 12=Don't know	
	Specifically, which of the following substance disorders were you diagnosed with by a professional? (Select all that apply)	1=Alcohol abuse or other alcohol-related disorders 2=Other (please specify) 3=Don't know	
Knowledge of campus services	How much do you agree with the following statement?: If I needed to seek professional help for my mental or emotional health, I would know where to access resources from my school.	1=Strongly agree 2=Agree 3=Slightly agree 4=Slightly disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
Beliefs about treatment efficacy	How helpful on average do you think medication is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Slightly helpful 4=Not helpful	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected

	How helpful on average do you think therapy or counseling is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
Stigma	How much do you agree with the following statement?: Most people think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
	How much do you agree with the following statement?: I would think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
Perceived need	How much do you agree with the following statement?: In the past 12 months, I needed help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I currently need help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display only if "Somewhat Agree," "Agree" or "Strongly Agree" is selected for "How much do you agree with the following statement?: In the past 12, months I needed help for emotional or mental health problems such as feeling sad, blue, anxious or nervous"
Help-seeking intentions	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=Professional clinician (e.g., psychologist, counselor, or psychiatrist) 2=Roommate 3=Friend (who is not a roommate) 4=Significant other 5=Family member 6=Religious counselor or other religious contact 7=Support group 8=Other non-clinical source (please specify) 9=No one [mutually exclusive]	
Use of counseling/therapy	Have you ever received counseling or therapy for mental health concerns?	1=No, never 2=Yes, prior to starting college 3=Yes, since starting college 4=Yes, both of the above (prior to college and since starting college)	CCMH Standardized Data Set
	How many total visits or sessions for counseling or therapy have you had in the past 12 months?	0=0 1=1-3 2=4-6 3=7-9 4=10 or more	Display only if "Yes, prior to starting college", "Yes, since starting college", or "Yes, both of the above (prior to college and since starting college" is selected for "Have you ever received counseling or therapy for mental health concerns?"
	Are you currently receiving counseling or therapy?	1=Yes 0=No	Display only if previous item answered with more than "0" total visits in the past 12 months
.	Please include any counseling or therapy you may have received from these places, whether that be in-person,	1=[Insert name of institution's student counseling services]	Display only if "Are you currently receiving counseling or therapy" is displayed.

	<p>remotely, or a combination of in-person and remote. Select all that apply</p> <p>From which of the following places did you receive counseling or therapy?</p>	<p>2=[Insert name of institution's campus health services] 3=[Insert other campus counseling or health service] 4=Psychiatric Emergency Services/Psych Emergency Room (ER) 5=Inpatient psychiatric hospital 6=Partial hospitalization program 7=Provider in the local community (not on campus) 8=Provider in another location (such as your hometown) 9=Other (please specify) 10=Don't know</p>	
.	From which campus counseling or health service did you receive counseling or therapy?	[open text]	Display only if "Insert other campus counseling or health service" is selected for "From which of the following places did you receive counseling or therapy?"
.	<p>Of the places you reported receiving counseling or therapy, how were your counseling or therapy sessions conducted?</p> <p>[pipe in selected options from the question, "From which of the following places did you receive counseling or therapy?"]</p>	<p>1=In-person only 2=Remote/telehealth only (digital video conferencing, text/app chat, etc...) 3=Both in-person and remote</p>	Display only if "Are you currently receiving counseling or therapy" is displayed.
.	How has your access to mental health care been affected by the COVID-19 pandemic?	<p>1=Much more difficult or limited access 2=Somewhat more difficult or limited access 3=No significant change in access 4=Somewhat less difficult or limited access 5=Much less difficult or limited access 6=Don't know or not applicable (have not tried to access care)</p>	
Satisfaction with counseling/therapy	<p>How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Convenient hours</p>	<p>1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied</p>	
	<p>How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Location</p>	<p>1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied</p>	
	<p>How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Quality of therapists/counselors</p>	<p>1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied</p>	
	<p>How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Respect for your privacy concerns</p>	<p>1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied</p>	

	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Ability to schedule appointments without long delays	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	How satisfied/dissatisfied are you with the temental health services you have received at the following places?: [pipe in the selected options remote/both in-person & remote from the question: Of the places you reported receiving counseling or therapy, how were your counseling or therapy sessions conducted?]	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	How helpful, overall, do you think therapy or counseling was or has been for your mental or emotional health?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
Use of medication	In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)	1=Psychostimulants (methylphenidate (Ritalin or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexerdine), etc.) 2=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.) 3=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.) 4=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.) 5=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.) 6=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.) 7=Other medication for mental or emotional health (please specify) 8>No, none of these [mutually exclusive] 9=Don't know	
	For what purpose(s) have you taken the medication(s) you just indicated? (Select all that apply)	1=Mental or emotional health 2=Other health reasons 3=Academic performance 4=Recreation/fun 5=Other (please specify)	
	In the past 12 months how many times have you discussed with a doctor or other health professional your use of the medication(s) you just noted?	1=Not at all 2=1-2 times 3=3-5 times 4=More than 5 times 5=Don't know	
	Who wrote your most recent prescription for the medication(s) you noted in the last question? (Select all that apply)	1=A general practitioner, nurse practitioner, or primary care physician 2=A psychiatrist 3=Other type of doctor (please specify)	

		4=Took the medication(s) without a prescription 5=Don't know	
	Of the medication(s) you just noted, which are you currently taking? (Select all that apply)	1=Psychostimulants (methylphenidate (Ritalin, or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexedrine), etc.) 2=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.) 3=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.) 4=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.) 5=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.) 6=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.) 7=Other medication for mental or emotional health (please specify) 8=None of the above [mutually exclusive]	Pipe in selected options from: "In the past 12 months have you taken any of the following types of prescription medications?"
	During the past year, for how long, in total, have you taken the following medication(s)?	1=Less than 1 month 2=Between 1 and 2 months 3=2 months or more 4=Did not take	Pipe in selected options from: "In the past 12 months have you taken any of the following types of prescription medications?"
	How helpful, overall, do you think the medication(s) was or has been for your mental or emotional health?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	Which of the following are important reasons why you received those services? (Select all that apply)	1=I decided on my own to seek help. 2=A friend encouraged me to seek help. 3=A friend pressured me to seek help. 4=A family member encouraged me to seek help. 5=A family member pressured me to seek help. 6=Someone other than a friend or family member encouraged me to seek help (please specify person's relationship to you). 7=A campus advisor mandated me to seek help 11=A campus advisor referred me to seek help 8=I acquired more information about my options from (please specify where). 10=A health professional recommended or referred me to seek help. 12=Other (please specify)	Instructions for this item: "Earlier in this survey you reported that you have taken medication and/or received counseling/therapy in the past 12 months for your mental or emotional health."
Barriers to help-seeking	In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received? (Select all that apply)	1=No need for services 2=Financial reasons (too expensive, not covered by insurance) 3=Not enough time 4=Not sure where to go 5=Difficulty finding an available appointment 6=Prefer to deal with issues on my own or with support from family/friends	

		<p>7=Other (please specify) 8=No barriers [mutually exclusive] 9=Privacy concerns 10=People providing services don't understand me</p>	
	In the past 12 months which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	<p>1=I haven't had the chance to go but I plan to. 2=No need for services 3=Financial reasons (too expensive, not covered by insurance) 4=Not enough time 5=Not sure where to go 6=Difficulty finding an available appointment 7=Prefer to deal with issues on my own or with support from family/friends 8=Other (please specify) 9=No barriers [mutually exclusive] 10=Privacy concerns 11=People providing services don't understand me</p>	
Visit to medical providers	In the past 12 months, have you visited any medical provider, such as a primary care doctor or other type of doctor, for a check-up or any other medical reasons?	<p>1=Yes 0=No</p>	
Informal help-seeking	In the past 12 months have you received support for your mental or emotional health from any of the following sources? (Select all that apply)	<p>1=Roommate 2=Friend (who is not a roommate) 3=Significant other 4=Family member 5=Religious counselor or other religious contact 6=Support group 9=Faculty member/professor 10=Staff member 7=Other non-clinical source (please specify) 8=No, none of these [mutually exclusive]</p>	
	How helpful was it to discuss these concerns?	<p>1=Very helpful 2=Helpful 3=Slightly helpful 4=Not helpful</p>	
	If you had a mental health problem that you believed was affecting your academic performance, which people at school would you talk to? (Select all that apply)	<p>1=Professor from one of my classes 2=Academic advisor 3=Another faculty member 4=Teaching assistant 5=Student services staff 6=Dean of Students or class dean 7=Other (please specify) 8=No one [mutually exclusive]</p>	
	During this school year have you talked with any academic personnel (such as instructors, advisors, or other academic staff) about any mental health problems that were affecting your academic performance?	<p>1=Yes 0=No</p>	
	Overall, how supportive was the response of the academic personnel with whom you talked?	<p>1=Very supportive 2=Supportive 3=Not supportive 4=Very unsupportive</p>	
Insurance	What is the source of your current health insurance coverage? (Select all that apply)	<p>1=I do not have any health insurance coverage (uncovered). [mutually exclusive]</p>	

	<p>2=I have health insurance through my parent(s) or their employer. 3=I have health insurance through my employer. 4=I have health insurance through my spouse's employer. 5=I have a student health insurance plan. 6=I have health insurance through an embassy or sponsoring agency for international students. 7=I have individual health insurance purchased directly from an insurance carrier. 8=I have Medicaid or other governmental insurance. 9=I am uncertain about whether I have health insurance. 10=I have health insurance but am uncertain about where it is from.</p>	
	<p>Do you know if your health insurance plan would provide any coverage for a visit to a mental health professional (such as a psychiatrist, psychologist, clinical social worker, etc.)?</p> <p>1=Yes, it definitely would. 2=I think it would but am not sure. 3=I have no idea. 4=I think it would not but am not sure. 5=No, it definitely would not.</p>	
	<p>Does your current health insurance plan meet your needs for mental health services?</p> <p>1=I have not needed to use my current insurance plan to cover mental health services. 2=Yes, everything I have needed is covered. 3=No, the coverage is inadequate to meet my needs.</p>	
	<p>I feel that coverage is inadequate because my plan... (Select all that apply)</p> <p>1=...doesn't cover any mental health services. 2=...doesn't cover preexisting conditions. 3=...doesn't cover certain conditions. 4=...has a co-pay that is too expensive. 5=...has a deductible that is too expensive. 6=...doesn't cover certain types of services or providers. 7=...has a limit on the number of services that are covered. 8=Other (please specify)</p>	
	<p>This semester, how easy or difficult has it been paying for mental health care?</p> <p>1=Very easy 2=Easy 3=Slightly easy 4=Slightly difficult 5=Difficult 6=Very difficult 7=Not applicable</p>	

ELECTIVE MODULES:**(Q) KNOWLEDGE AND ATTITUDES ABOUT MENTAL HEALTH AND MENTAL HEALTH SERVICES**

Knowledge and Beliefs about Services

The next questions will ask you about your knowledge and beliefs about services and treatment for mental health. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Knowledge of mental illness and treatments	Relative to the average person, how knowledgeable are you about mental illnesses (such as depression and anxiety disorders) and their treatments?	1=Well above average 2=Above average 3=Average 4=Below average 5=Well below average	
	As far as you know, which of the following are generally considered highly effective treatments for depression? (Select all that apply)	1=Cognitive behavioral therapy (CBT) 2=Antidepressant medication 3=Psychoanalysis 4=Psychostimulant medication (e.g., Ritalin)	
	As far as you know, which of the following are common symptoms of depression? (Select all that apply)	1=Sleep changes (substantial increases or decreases) 2=Hallucinations or delusions 3=Appetite changes (substantial increases or decreases) 4=Reduced interest in usual activities	
	As far as you know, which of the following are considered to be effective self-help strategies for reducing anxiety? (Select all that apply)	1=Physical exercise 2=Spending more time alone 3=Slow breathing exercises 4=Meditation	
	As far as you know, which of the following are common symptoms of eating disorders? (Select all that apply)	1=Dramatic weight loss 2=Strong need for control 3=Restrictive eating/fasting 4=Self-induced vomiting, abuse of laxatives, diet pills and/or diuretics 5=Rapid, uninterruptible speech 6=Eating an unusually large amount of food while feeling out of control	
	How much do you agree with the following statement?: I have a good idea of how to recognize that someone is in emotional or mental distress.	1=Strongly agree 2=Agree 3=Slightly agree 4=Slightly disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I feel confident in helping someone with a mental health problem.	1=Strongly agree 2=Agree 3=Slightly agree 4=Slightly disagree 5=Disagree 6=Strongly disagree	
	Have you ever participated in a mental health gatekeeper-training program?	1=Yes	

	(A program to enhance your skills to recognize signs of emotional distress in other people and refer them to appropriate resources. Examples include Mental Health First Aid, Question, Persuade, Refer (QPR), and At-Risk.)	0=No	
Knowledge and perceptions of campus services	How much do you agree with the following statement?: If I needed to seek professional help for my mental or emotional health, I would know where to access my school's resources.	1=Strongly agree 2=Agree 3=Slightly agree 4=Slightly disagree 5=Disagree 6=Strongly disagree	
	Are you aware of mental health outreach efforts by your school (such as educational programs, awareness events, anti-stigma campaigns, screening days)?	1=Yes 0=No	
	What have you heard from other students about the quality of mental health and psychological counseling services from your school?	1=I have mostly heard negative opinions. 2=I have heard an even mix of negative and positive opinions. 3=I have mostly heard positive opinions. 4=I haven't heard anything.	
	How much do you agree with the following statement?: There is a good support system on campus for students going through difficult times.	1=Strongly agree 2=Agree 3=Slightly agree 4=Slightly disagree 5=Disagree 6=Strongly disagree	
Beliefs about treatment efficacy	How helpful on average do you think medication is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Slightly helpful 4=Not helpful	
	How helpful on average do you think medication would be for you if you were having mental or emotional health problems?	1=Very helpful 2=Helpful 3=Slightly helpful 4=Not helpful	
	How helpful on average do you think therapy or counseling is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Slightly helpful 4=Not helpful	
	How helpful on average do you think therapy or counseling would be for you if you were having mental or emotional health problems?	1=Very helpful 2=Helpful 3=Slightly helpful 4=Not helpful	
Identity, secrecy, and disclosure	How much do you agree with the following statement?: When I feel depressed or sad, I tend to keep those feelings to myself.	1=Strongly agree 2=Agree 3=Slightly agree 4=Slightly disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: Sometimes I feel ashamed of having a mental illness.	1=Strongly agree 2=Agree 3=Slightly agree 4=Slightly disagree 5=Disagree	Display if "Strongly Agree", "Agree", or "Somewhat agree" is selected for, "When I feel depressed or sad, I tend to keep those feelings to myself"

		6=Strongly disagree	
	How much do you agree with the following statement?: Sometimes I keep my mental illness a secret.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display if “Strongly Agree”, “Agree”, or “Somewhat agree” is selected for, “When I feel depressed or sad, I tend to keep those feelings to myself”
Perceived stigma	How much do you agree with the following statement?: Most people would willingly accept someone who has received mental health treatment as a close friend.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: Most people feel that receiving mental health treatment is a sign of personal failure.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: Most people think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Personal stigma	How much do you agree with the following statement?: I would willingly accept someone who has received mental health treatment as a close friend.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I feel that receiving mental health treatment is a sign of personal failure.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I would think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Other factors	As far as you know, how many of your close friends or family have ever sought professional help for an emotional or mental health problem?	1=None 2=At least 1 or 2 3=3 or more 4=Don't know	

(10) UPSTANDER/BYSTANDER BEHAVIORS

Witnessing and Reacting to Difficult Situations on Campus

The next questions will ask you about difficult situations that you may have witnessed on your campus in the past year and whether you have intervened (by trying to help). Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Campus climate around upstanding	How much do you agree with the following statement?: At my school, we are a campus where we look out for each other.	1=Strongly agree 2=Agree 3=Slightly agree 4=Slightly disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I am responsible to help if a friend is struggling.	1=Strongly agree 2=Agree 3=Slightly agree 4=Slightly disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I am responsible to help if a classmate is struggling.	1=Strongly agree 2=Agree 3=Slightly agree 4=Slightly disagree 5=Disagree 6=Strongly disagree	
Witnessing	In the past year, I have witnessed the following situations on my campus: (Select all that apply)	1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight 6=Other (please specify) 7=None of the above [mutually exclusive]	
Upstanding	How much do you agree with the following statement?: If I saw someone was drinking too much, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Slightly agree 4=Slightly disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: If I saw someone was at risk of being sexually assaulted, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Slightly agree 4=Slightly disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: If I saw someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments), I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Slightly agree 4=Slightly disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?:	1=Strongly agree	

	If I saw someone was experiencing significant emotional distress or thoughts of suicide, I would intervene (by trying to help).	2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: If I saw there was a physical altercation/fight, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	In the past year, I have intervened (by trying to help) in the following situations on my campus: (Select all that apply)	1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight 6=Other (please specify) 7=None of the above [mutually exclusive]	
	How much do you agree with the following statement?: When I intervened, I was able to make the situation better. (If you intervened in multiple situations, please consider them as a whole.)	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Bystanding	In the past year, I witnessed the following risky or difficult situations on my campus but did not intervene: (Select all that apply)	1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight. 6=Other (please specify) 7=None of the above [mutually exclusive]	
	I decided not to intervene because... (Select all that apply)	1=I was afraid of embarrassing myself. 2=I assumed someone else would do something. 3=I didn't know what to do. 4=I didn't feel confident. 5=I felt it was none of my business. 6=I was afraid my friends wouldn't support me. 7=I felt it was unsafe. 8=I was afraid I'd get in trouble. 9=Other (please specify)	

(11) MENTAL HEALTH CLIMATE

Campus Climate and Culture

The next questions will ask you about the campus climate and culture and how you feel about this. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Sense of belonging	How much do you agree with the following statement?: I fit in well at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Sense of Social and Academic Fit (Walton & Cohen, 2007)
	How much do you agree with the following statement?: I feel isolated from campus life.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: Other people understand more than I do about what is going on at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Sense of Social and Academic Fit (Walton & Cohen, 2007)
Perceptions of campus climate	How much do you agree with the following statement?: At my school, I feel that students' mental and emotional well-being is a priority.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my school, I feel that the campus climate encourages free and open discussion about mental and emotional health.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my school, students are working to promote mental health on campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my school, the administration is listening to the concerns of students when it comes to health and wellness.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my school, I feel that the campus environment has a negative impact on students' mental and emotional health.	1=Strongly agree 2=Agree 3=Somewhat agree	

		4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my school, I feel that the campus environment has a negative impact on students' eating and body image.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Feelings of safety	How safe do you feel on your campus during the day?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
	How safe do you feel on your campus at night?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
	How safe do you feel in the community surrounding your campus during the day?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
	How safe do you feel in the community surrounding your campus at night?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
Diversity and discrimination	How much do you agree with the following statement?: At my school, I have been exposed to diverse opinions, cultures, and values.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	In the past 12 months, how many times have you been treated unfairly because of your race, ethnicity, gender, sexual orientation, or cultural background?	1=Never 2=Once in awhile 3=Sometimes 4=A lot 5=Most of the time 6=Almost all of the time	

(12) CLIMATE FOR DIVERSITY AND INCLUSION

Climate for Diversity and Inclusion

The next questions will ask you about your perceptions of campus climate, sense of belonging, and student identity. Remember that your responses are confidential, your participation voluntary, and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATIONS/NOTE
School climate	Using the scale below, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Friendly - Hostile	1=Very friendly 2=Somewhat friendly 3=Neither friendly nor hostile 4=Somewhat hostile 5=Very hostile	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this section: "Please read the following definition of climate before answering the next questions. <i>Definition of Climate:</i> Climate refers to your view of how things generally work in your campus environment e.g.: common attitudes, practices, or behaviors."
	Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Cooperative - Uncooperative	1=Very cooperative 2=Somewhat cooperative 3=Neither cooperative nor uncooperative 4=Somewhat uncooperative 5=Very uncooperative	Adapted from Perception of Campus Climate (Rankin, 1998)
	Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Welcoming - Not welcoming	1=Welcoming 2=Somewhat welcoming 3=Neither welcoming nor not welcoming 4=Somewhat not welcoming 5=Not Welcoming	Adapted from Perception of Campus Climate (Rankin, 1998)
	Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Respectful - Disrespectful	1=Very respectful 2=Somewhat respectful 3=Neither respectful nor disrespectful 4=Somewhat disrespectful 5=Very disrespectful	Adapted from Perception of Campus Climate (Rankin, 1998)
	Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Comfortable - Uncomfortable	1=Very comfortable 2=Somewhat comfortable 3=Neither comfortable nor uncomfortable 4=Somewhat uncomfortable 5=Very uncomfortable	Adapted from Perception of Campus Climate (Rankin, 1998)
	Students with disabilities	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"

	Women students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Slightly welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:”"
	Racial/ethnic minority students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Slightly welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:”"
	Gay, lesbian and bisexual students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Slightly welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:”"
	Transgender and genderqueer students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Slightly welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:”"
	Students from religious beliefs and backgrounds other than Christian	1=Hostile 2=Somewhat hostile 3=Neutral 4=Slightly welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:”"
	Students with Christian religious beliefs and backgrounds	1=Hostile 2=Somewhat hostile 3=Neutral 4=Slightly welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:”"
	Students who are immigrants	1=Hostile 2=Somewhat hostile 3=Neutral 4=Slightly welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:”"

	Students who are the first in their family to attend college (first-generation)	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	Students who are not U.S. citizens	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	Students who are non-native English speakers	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	Students of low socioeconomic status	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for persons from the following backgrounds:"
	African American/African/Black	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	American Indian/Alaskan Native	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	Asian/Asian American	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	South Asian/Indian	1=Very respectful 2=Respectful 3=Disrespectful	Adapted from Perception of Campus Climate (Rankin, 1998)

		4=Very disrespectful 5=Don't know	Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	Hispanic/Latinx	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	Middle Eastern/Arab/Arab American	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	Pacific Islander/Native Hawaiian	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	White	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for persons from the following racial/ethnic backgrounds?
	You just answered several questions about the climate at [school name]. What most shaped your answers and your sense of the climate at [school name]? (Click-and-drag to rank-order the influences below)	1=Your experiences in the classroom 2= Dynamics in your department, major, or school 3=General campus-wide news and events 4=National events, news, and headlines 5=Interactions with other students 6=Interactions with faculty 7=Interactions with staff 8=Other (please specify)	Adapted from Perception of Campus Climate (Rankin, 1998)
	Over the past 12 months, have you observed any conduct or communications directed toward a person or group of people at [school name] that you believe has created an exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) working, learning or living environment?	1= Yes 2= No	Adapted from Perception of Campus Climate (Rankin, 1998)
	What do you believe were the bases for this conduct? (Select all that apply)	1=Age 2=Ancestry (where persons family or relatives are from)	Adapted from Perception of Campus Climate (Rankin, 1998)

		<p>3=Country of origin (where person was born or raised) 4=Discipline of study 5=Educational level 6=English language proficiency/accent 7=Ethnicity 8=Gender identity (how a person identifies; for example as male, female, transgender, gender fluid, or something else) 9=Gender expression (usually expressed through behavior, clothing, haircut or voice; may or may not conform to socially defined behaviors and characteristics typically associated with being masculine or feminine) 10=Immigrant/citizen status 11=International status 12=Learning/intellectual disability 13=Marital status (e.g., single, married, partnered) 14=Medical condition 15=Participation in an organization/team (Please specify in the box below) 16=Military/veteran status 17=Parental status (e.g., having children) 18=Height/weight 19=Physical disability 20=Philosophical views 21=Political views 22=Position (staff, faculty, student) 23=Pregnancy 24=Psychological condition 25=Race 26=Religious/spiritual views 27=Sexual identity/orientation 28=Socioeconomic status 29=Don't know 30=Other (please specify)</p>	
Sense of belonging			
	I feel valued as an individual at this school.	<p>1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree</p>	Instructions for this item: "Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements:"
	I feel I belong at this school.	<p>1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree</p>	Instructions for this item: "Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements:"

	I have considered leaving this school because I felt isolated or unwelcomed.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements:"
	This university is a place where I am able to perform up to my full potential.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements:"
	I have found one or more communities or groups where I feel I belong at this school.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Considering your experiences over the past 12 months, please indicate the extent to which you agree or disagree with the following statements:"
	Faculty	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	Student instructors (GSIs/TAs)	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	Other students	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	Staff members	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	University administrators	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	Other university mentors/advisors	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree	Instructions for this item: "At [school], I feel valued and listened to by:"

		5=Strongly agree	
Experiences of discrimination	...on campus in general	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements: 'I am treated fairly and equitably...'"
	...in classrooms and classroom settings (e.g., labs, recitation sessions, clinical environments, etc.)	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements: 'I am treated fairly and equitably...'"
	...in out-of-classroom university spaces (e.g., workshops, co-curricular offerings, etc.)	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements: 'I am treated fairly and equitably...'"
	I have been concerned about my personal safety on campus.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	We are interested in learning about your experiences at your school in the past 12 months. Please indicate the extent to which you agree or disagree with the following statement:
	Over the past 12 months, have you personally experienced any exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) behavior at your school?	1= No 2=Yes, but it did not interfere with my ability to work or learn. 3=Yes, and it interfered with my ability to work or learn.	Adapted from Perception of Campus Climate (Rankin, 1998)
	Age	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Ancestry	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Country of origin	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"

	Discipline of study	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Educational level	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	English language proficiency/accent	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Ethnicity	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Gender identity	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Gender expression	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Immigrant/citizen status	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	International status	1=Never 2=1-2 times 3=3 or more times	Adapted from Perception of Campus Climate (Rankin, 1998)

		4=Not applicable	Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Learning/intellectual disability	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Marital status (e.g., single, married, partnered)	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Medical condition	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Military/veteran status	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Parental status (e.g, having children)	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Participation in an organization/team (please specify in box below)	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Height/weight	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"

	Physical disability	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Philosophical views	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Political views	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Position (e.g., staff, faculty, student)	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Pregnancy	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Psychological condition	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Race	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Religious/spiritual views	1=Never 2=1-2 times	Adapted from Perception of Campus Climate (Rankin, 1998)

		3=3 or more times 4=Not applicable	Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Sexual identity/orientation	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Socioeconomic status	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Don't know	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Other (please specify in box below)	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, and how often have you experienced it?"
	Being treated rudely or disrespectfully	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experienced each of the following events in the past year at [school]:"
	Being accused of something or treated suspiciously	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experienced each of the following events in the past year at [school]:"
	Others reacting to you as if they were afraid or intimidated	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997)

			Instructions for this item: "Please note whether and how often you have experienced each of the following events in the past year at [school]:"
	Your ideas or opinions minimized, ignored or devalued	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experienced each of the following events in the past year at [school]:"
	Overhearing or being told an offensive joke or comment	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experienced each of the following events in the past year at [school]:"
	Being treated as if you were "stupid", being "talked down to"	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experienced each of the following events in the past year at [school]:"
	Not being taken seriously	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experienced each of the following events in the past year at [school]:"
	Being treated in an "overly" friendly or superficial way	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experienced each of the following events in the past year at [school]:"
	...did professors call on you less than others because of your race/ethnicity?	1=Almost never 2=Not very often 3=Sometimes 4=Fairly often 5=Very often	Adapted from Classroom Inferiorization Scale (Gomez & Treiweiller, 1999) Instructions for this item: For the following questions, please think about your own experiences in your classes . In your classes, how often...
	...did you have fears of representing your racial/ethnic group in a negative way discouraged you from participating in class?	1=Almost never 2=Not very often 3=Sometimes 4=Fairly often 5=Very often	Adapted from Classroom Inferiorization Scale (Gomez & Treiweiller, 1999) Instructions for this item: For the following questions, please think about your own experiences in your classes . In your classes, how often...

	...did you feel that others were taking your opinion as speaking for all members of your racial/ethnic group?	1=Almost never 2=Not very often 3=Sometimes 4=Fairly often 5=Very often	Adapted from Classroom Inferiorization Scale (Gomez & Treiweiller, 1999) Instructions for this item: For the following questions, please think about your own experiences in your classes . In your classes, how often...
Identity connectedness			
	Please indicate the extent to which you agree or disagree with the following statement: I have a group, community, or social circle at [school] where I feel I belong (feel at home, known, connected to, supported in my identity)	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	
	Please describe this group/community/social circle:	[open text]	
	Participating in this community is a positive thing for you.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012) Instructions for this item: " Thinking about this group, community or social circle, please indicate the extent to which you agree or disagree with the following statements:"
	You feel a bond with this community.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012) Instructions for this item: " Thinking about this group, community or social circle, please indicate the extent to which you agree or disagree with the following statements:"
	You are proud of this community.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012) Instructions for this item: " Thinking about this group, community or social circle, please indicate the extent to which you agree or disagree with the following statements:"
	It is important to you to be active in this community.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012) Instructions for this item: " Thinking about this group, community or social circle, please indicate the extent to which you agree or disagree with the following statements:"

	Racial/ethnic identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: "What percentage of your friends share your:"
	Sexual identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: "What percentage of your friends share your:"
	Gender/gender identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: "What percentage of your friends share your:"
	Religious/spiritual identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: "What percentage of your friends share your:"
	Racial/ethnic identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: "How often do you attend meetings, events, activities, clubs, social gatherings, etc., that support your:"
	Sexual identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: "How often do you attend meetings, events, activities, clubs, social gatherings, etc., that support your:"
	Gender/gender identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: "How often do you attend meetings, events, activities, clubs, social gatherings, etc., that support your:"
	Religious/spiritual identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: "How often do you attend meetings, events, activities, clubs, social gatherings, etc., that support your:"
	I have spent time trying to find out more about my ethnic group, such as its history, traditions, and customs.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree	Revised MEIM-R (adapted from Phinney, 1992 and Phinney & Ong, 2007)

		5=Strongly agree	Instructions for this item: "The following questions ask you about your ethnic identity. Remember there are no right or wrong answers, just answer as accurately as possible. Please indicate the extent to which you agree or disagree with the following statements."
	I have often done things that will help me understand my ethnic background better.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Revised MEIM-R (adapted from Phinney, 1992 and Phinney & Ong, 2007) Instructions for this item: "The following questions ask you about your ethnic identity. Remember there are no right or wrong answers, just answer as accurately as possible. Please indicate the extent to which you agree or disagree with the following statements."
	I have often talked to other people in order to learn more about my ethnic group.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Revised MEIM-R (adapted from Phinney, 1992 and Phinney & Ong, 2007) Instructions for this item: "The following questions ask you about your ethnic identity. Remember there are no right or wrong answers, just answer as accurately as possible. Please indicate the extent to which you agree or disagree with the following statements."
	Being a member of my racial/ethnic group is an important reflection of who I am.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	(Crocker, 1992;Sellers, 1998) Instructions for this item: "People may think about their racial or ethnic identity in different ways. Please respond how much you agree or disagree with the following statements."
	I have a strong sense of belonging with other people in my racial/ethnic group.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	(Crocker, 1992 and Sellers, 1998) Instructions for this item: "People may think about their racial or ethnic identity in different ways. Please respond how much you agree or disagree with the following statements."
	I have a strong attachment to other people in my racial/ethnic group.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	(Crocker, 1992 and Sellers, 1998) Instructions for this item: "People may think about their racial or ethnic identity in different ways. Please respond how much you agree or disagree with the following statements."
Perceptions of campus programs/policies/efforts	Please check the policies, programs or initiatives that you are aware your school has (check all that apply):	1=Diversity, Equity, Inclusion or related strategic plan	Awareness of Campus Diversity, Equity, and Inclusion Efforts

		<p>2=Chief Diversity Officer or other senior-level administrator focused on diversity, equity and inclusion 3=President who cares about diversity, equity and inclusion 4=LGBTQ Center 5=Multicultural student Center 6=Resources for international students 7=Diversity, inclusion and equity are part of the core mission of the university 8=Race, ethnicity, diversity or related course requirement 9=Ample opportunities and options to enhance student learning about diversity, inclusion and equity issues on campus and within the larger community 10=Many resources for faculty/staff to support the development of inclusive teaching and meet the needs of a diverse campus. 11=Scholarships designed to help diversify the student body 12=In state tuition, funding or scholarships available for undocumented students 13=Gender neutral bathroom options 14=Comprehensive nondiscrimination policy that includes race, sex, gender identity and expression, sexuality, color, religion, creed, national origin or ancestry, age, and marital status 15=Policy/procedure allowing students to indicate their preferred name and pronoun on campus records (e.g. course rosters and directory listings) 16=Veterans services coordinator 17=Student health insurance coverage for transition-related medical expenses (e.g., hormone replacement therapy) 18=gender neutral housing options 19=Education/training on gender diversity aimed at students 20=Education/training on gender diversity aimed at faculty/staff 21=For-credit course(s) that address topics related to gender identity/expression 22=Counselor(s) trained in providing therapy/mental health counseling to gender minority students 23=Other (please specify)</p>	
	[School name] makes a genuine effort to recruit a diverse community of students.	<p>1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree</p>	Adapted from Racial Climate subscale (Reid & Radhakrishnan, 2003)

		5=Strongly agree	Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements:..."
	[School name] fosters respect for cultural differences.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Racial Climate subscale (Reid & Radhakrishnan, 2003) Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements:..."
	[School name] has made a special effort to help students from diverse backgrounds feel like they belong on campus.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Racial Climate subscale (Reid & Radhakrishnan, 2003) Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements:..."
	How much time do you spend during a typical week participating in campus activities, organizations, sports, or extracurriculars connected to [School name]? (Do not include time spent in classes or homework.)	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	

(14) RESILIENCE AND COPING

Resilience and Coping

The next questions will ask you about how you respond to stressful feelings and experiences. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Psychological inflexibility/experiential avoidance	My painful experiences and memories make it difficult for me to live a life that I would value.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	I'm afraid of my feelings.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	I worry about not being able to control my worries and feelings.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	My painful memories prevent me from having a fulfilling life.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	Emotions cause problems in my life.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	It seems like most people are handling their lives better than I am.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	Worries get in the way of my success.	1=Never true 2=Very seldom true 3=Seldom true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011)

		4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
Emotional resilience	I tend to bounce back quickly after hard times.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	I have a hard time making it through stressful events.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	It does not take me long to recover from a stressful event.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	It is hard for me to snap back when something bad happens.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	I usually come through difficult times with little trouble.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	I tend to take a long time to get over set-backs in my life.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"

(18) COVID MODULE**Experiences with the COVID-19 Pandemic**

This section will ask you about how the COVID-19 pandemic has impacted your life, both in and outside of school. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
	QCOVID.1	Have you had COVID-19 (the novel coronavirus disease)?	1=Yes (confirmed by a test) 2=Probably (e.g., a healthcare provider told me that I likely had COVID-19, but it was not confirmed by a test) 3=Maybe (e.g., I have had symptoms consistent with COVID-19, but it was not confirmed by a test) 4=No (no symptoms or other reason to think I have had it)	
	QCOVID.1a	How severe were any symptoms that you experienced?	1=Severe (e.g., difficulty breathing or speaking, low blood pressure, high fever of 103 F (39.4 C) or higher) 2=Moderate (e.g., some shortness of breath, cough, fever of 100.4 F (38 C) or higher) 3=Mild (e.g., cold-like symptoms) 4=No symptoms (asymptomatic)	<i>(Display if "Yes," "Probably," or "Maybe" to QCOVID.1)</i>
	QCOVID.1b	Were you hospitalized because of your COVID-19 symptoms?	1=Yes 2=No	<i>(Display if "Yes," "Probably," or "Maybe" to QCOVID.1)</i>
	QCOVID.1c	How likely do you think it is that you will develop COVID-19?		<i>Probably, or Maybe" to QCOVID.1)</i>
		How likely do you think it is that you will develop COVID-19 again?	7=Not at all likely	<i>to QCOVID.1)</i>
		Has a loved one, close family member, or friend experienced significant illness as a result of COVID-19?	1=Yes 2=No	
		Have you been a caregiver to someone who experienced illness as a result of COVID-19?	1=Yes 2=No	
		Have you grieved the loss of a loved one, close family member, or friend due to COVID-19?	1=Yes 2=No	
		In the past 12 months, have you grieved the loss of a loved one, close family member, or friend due to causes unrelated to COVID-19?	1=Yes 2=No	
	QCOVID.2	What have been your most trusted sources of information regarding the COVID-19 pandemic ?(select up to 3)	1=Elected officials (federal) 2=Elected officials (state or local)	

			<p>3=Public health agencies (e.g., WHO, CDC, NIH, state or local health department) 4=Officials from my college/university 5=National or international media (e.g., CNN, Fox News, NBC, CBS, ABC, New York Times, etc.) 6=Local media 7=Social networking sites (e.g., Facebook, Twitter, Instagram, Snapchat, YouTube) 8=Discussion forums (e.g., Reddit, Quora, Digg, Medium) 9=Friends and family 10=Other (please specify)</p>	
	QCOVID.3	<p>How supportive have the following groups been for you during the COVID-19 pandemic?</p> <p>Your college or university's administration</p>	<p>1=Very unsupportive 2=Unsupportive 3=Neither supportive nor unsupportive 4=Supportive 5=Very supportive 6=I do not think about this group for support 7=I am not aware of this group in my community</p>	
		<p>How supportive have the following groups been for you during the COVID-19 pandemic?</p> <p>Your professors</p>	<p>1=Very unsupportive 2=Unsupportive 3=Neither supportive nor unsupportive 4=Supportive 5=Very supportive 6=I do not think about this group for support 7=I am not aware of this group in my community</p>	
		<p>How supportive have the following groups been for you during the COVID-19 pandemic?</p> <p>Your campus mental health services</p>	<p>1=Very unsupportive 2=Unsupportive 3=Neither supportive nor unsupportive 4=Supportive 5=Very supportive 6=I do not think about this group for support 7=I am not aware of this group in my community</p>	
		<p>How supportive have the following groups been for you during the COVID-19 pandemic?</p> <p>Your campus medical services</p>	<p>1=Very unsupportive 2=Unsupportive 3=Neither supportive nor unsupportive 4=Supportive 5=Very supportive 6=I do not think about this group for support</p>	

			7=I am not aware of this group in my community	
	QCOVID.4	How closely have you been following recommendations for hygiene practices (frequent hand washing; avoiding touching your eyes, nose, and mouth; and disinfecting surfaces)?	1=Very closely 2=Somewhat closely 3=Not closely 4=Not at all	
	QCOVID.5	How closely have you been following recommendations for social/physical distancing (keeping a six-foot distance between yourself and others in public, avoiding gatherings of 10 or more people, and avoiding non-essential trips outside your home)?	1=Very closely 2=Somewhat closely 3=Not closely 4=Not at all	
		How closely have the people you are living with been following guidelines for hygiene practices (frequent hand washing; avoiding touching your eyes, nose, and mouth; and cleaning surfaces)?	1=Very closely 2=Somewhat closely 3=Not closely 4=Not at all 5=Not applicable	<i>Display if "Just myself" is not selected for "Including yourself, with how many people do you live?"</i>
		How closely have the people you are living with been following recommendations for social/physical distancing (keeping a six-foot distance between yourself and others in public, avoiding gatherings of 10 or more people, and avoiding non-essential trips outside your home)?	1=Very closely 2=Somewhat closely 3=Not closely 4=Not at all 5=Not applicable	<i>Display if "Just myself" is not selected for "Including yourself, with how many people do you live?"</i>
		How often do you wear a facemask in public when it is required?	1=All the time 2=Most of the time 3=Sometimes 4=Rarely 5=Never	
		How often do you wear a facemask in public when it is not required?	1=All the time 2=Most of the time 3=Sometimes 4=Rarely 5=Never	
	QCOVID.6	Over the past two weeks , on average, how much have you been concerned with the following? How long the COVID-19 pandemic will last	1=Not concerned at all 2=Slightly concerned 3=Moderately concerned 4=Very concerned 5=Extremely concerned	
		Over the past two weeks , on average, how much have you been concerned with the following? How many more people will become infected with COVID-19	1=Not concerned at all 2=Slightly concerned 3=Moderately concerned 4=Very concerned 5=Extremely concerned	
		Over the past two weeks , on average, how much have you been concerned with the following? How many more people will die as a result of COVID-19	1=Not concerned at all 2=Slightly concerned 3=Moderately concerned 4=Very concerned 5=Extremely concerned	
		Over the past two weeks , on average, how much have you been concerned with the following? Your personal sense of safety and security	1=Not concerned at all 2=Slightly concerned 3=Moderately concerned 4=Very concerned 5=Extremely concerned	
		Over the past two weeks , on average, how much have you been concerned with the following?	1=Not concerned at all 2=Slightly concerned 3=Moderately concerned	<i>(Display if QCOVID1 = No, maybe, or probably)</i>

		Personally contracting COVID-19	4=Very concerned 5=Extremely concerned	
		Over the past two weeks , on average, how much have you been concerned with the following? Personally contracting COVID-19 again	1=Not concerned at all 2=Slightly concerned 3=Moderately concerned 4=Very concerned 5=Extremely concerned	(Display if QCOVID1 = Yes)
		Over the past two weeks , on average, how much have you been concerned with the following? People you care about contracting COVID-19	1=Not concerned at all 2=Slightly concerned 3=Moderately concerned 4=Very concerned 5=Extremely concerned	
		Over the past two weeks , on average, how much have you been concerned with the following? People you care about dying from COVID-19	1=Not concerned at all 2=Slightly concerned 3=Moderately concerned 4=Very concerned 5=Extremely concerned	
		Over the past two weeks , on average, how much have you been concerned with the following? Not being able to spend time with people you care about	1=Not concerned at all 2=Slightly concerned 3=Moderately concerned 4=Very concerned 5=Extremely concerned	
		Over the past two weeks , on average, how much have you been concerned with the following? Missing milestones at school (like sporting events, campus-wide events, performances, graduations, etc.)	1=Not concerned at all 2=Slightly concerned 3=Moderately concerned 4=Very concerned 5=Extremely concerned	
		Over the past two weeks , on average, how much have you been concerned with the following? Uncertainty of the future	1=Not concerned at all 2=Slightly concerned 3=Moderately concerned 4=Very concerned 5=Extremely concerned	
	QCOVID.7	As a result of the COVID-19 pandemic, have you experienced any discriminatory or hostile behavior due to your race/ethnicity (or what someone thought was your race/ethnicity)?	1=Yes 2=No	
	QCOVID.8	As a result of the COVID-19 pandemic, have you witnessed (online exchanges or in-person) any discriminatory or hostile behavior or exchanges towards others due to their race/ethnicity (or what someone thought was their race/ethnicity)?	1=Yes 2=No	
	QCOVID.8a	What do you believe was the race/ethnicity of the victim(s) of the behavior or exchanges you witnessed? (Select all that apply)	1=African American/Black 2=American Indian or Alaskan Native 3=Asian American/Asian 4=Hispanic/Latino/a 5=Native Hawaiian or Pacific Islander 6=Middle Eastern, Arab, or Arab American 7=White 8=Other (please specify)	Display if "Yes" to "As a result of the COVID-19 pandemic, have you witnessed (online exchanges or in-person) any discriminatory or hostile behavior or exchanges towards others due to their race/ethnicity (or what someone thought was their race/ethnicity)?"
	QCOVID.9	How much do you agree or disagree with the following statement?:	1=Strongly Agree 2=Agree	

		Asian Americans are respected by the broader American society.	3=Neither Agree or Disagree 4=Disagree 5=Strongly Disagree	
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