

The Healthy Minds Network and the American College Health Association collaborated to create a set of COVID-related survey items to better understand 1) the personal impact of the current pandemic among college students, 2) students' preventative behaviors and attitudes, and 3) students' perceived supportiveness of campus stakeholders during the current pandemic. These questions were designed to be included with the HMS Standard Modules to provide further context to students' mental health and well-being. The current set of COVID questions are outlined below. These questions will be further expanded for the Fall 2020 semester to provide schools the opportunity to include COVID-related items as an additional module to the HMS survey. If your campus has any suggestions or recommendations for additional measures to include in the COVID module for Fall 2020, please contact hms-coordination@umich.edu.

A listing of the questions included in the COVID Survey for Spring 2020 are listed in the sections below:

Demographics Module: The following questions will be included in the Demographics module.

(comes after current-financial-situation--display to all students)

Q2.36 How has your financial situation been affected by the COVID-19 pandemic?

- A lot more stressful
- Somewhat more stressful
- No significant change
- Somewhat less stressful
- A lot less stressful

(comes after living situation question--display to all students)

Q2.37 Have you moved to a new living situation as a result of the COVID-19 pandemic?

- Yes
 - No
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Mental Health Service Utilization/Help-Seeking Module: The following questions will be included in the Mental Health Services Utilization/Help-Seeking module.

(display 4.56 only if Q4.19 = 1 or greater)

Q4.56 How has your access to mental health care been affected by the COVID-19 pandemic?

- Much more difficult or limited access
 - Somewhat more difficult or limited access
 - No significant change in access
 - Somewhat less difficult or limited access
 - Much less difficult or limited access
 - Don't know or not applicable (have not tried to access care)
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COVID Module (Spring 2020): The COVID Module will follow the Mental Health Service Utilization/Help-Seeking Module. Questions are below.

QCOVID.1 Have you had COVID-19 (the novel coronavirus disease)?

- Yes (confirmed by a test)
- Probably (e.g., a healthcare provider told me that I likely had COVID-19, but it was not confirmed by a test)
- Maybe (e.g., I have had symptoms consistent with COVID-19, but it was not confirmed by a test)
- No (no symptoms or other reason to think I have had it)

(Display if "Yes," "Probably," or "Maybe" to QCOVID.1)

QCOVID.1.a How severe were any symptoms that you experienced?

- Severe (e.g., difficulty breathing or speaking, low blood pressure, high fever of 103 F (39.4 C or higher)
- Moderate (e.g., some shortness of breath, cough, fever of 100.4 F (38 C) or higher)
- Mild (e.g., cold-like symptoms)
- No symptoms (asymptomatic)

(Display if "Yes," "Probably," or "Maybe" to QCOVID.1)

QCOVID.1.b Were you hospitalized because of your COVID-19 symptoms?

- Yes
- No

(Display if "No" to QCOVID.1)

QCOVID.1.c How likely do you think it is that you will develop COVID-19?

- Very likely
- Likely
- Somewhat likely
- Not at all likely

QCOVID.2 What have been your most trusted sources of information regarding the COVID-19 pandemic (select up to 3)?

- Elected officials (federal)
- Elected officials (state or local)
- Public health agencies (e.g., WHO, CDC, NIH, state or local health department)
- Officials from my college/university
- National or international media (e.g., CNN, Fox News, NBC, CBS, ABC, New York Times, etc.)
- Local media
- Social networking sites (e.g., Facebook, Twitter, Instagram, Snapchat, YouTube)
- Discussion forums (e.g., Reddit, Quora, Digg, Medium)
- Friends and family
- Other (please specify)

QCOVID.3 How supportive have the following groups been for you **during the COVID-19 pandemic?**

	Very unsupportive	Unsupportive	Neither supportive nor unsupportive	Supportive	Very supportive	I do not think about this group for support	I am not aware of this group in my community
Your college or university's administration	1	2	3	4	5	6	7
Your professors	1	2	3	4	5	6	7
Your campus mental health services	1	2	3	4	5	6	7
Your campus medical services	1	2	3	4	5	6	7

QCOVID.4 To what extent have you been following recommendations for hygiene practices (frequent hand washing; avoiding touching your eyes, nose, and mouth; and disinfecting surfaces)?

- Very closely following recommendations
- Somewhat closely following recommendations
- Not closely following recommendations
- Not at all following recommendations

QCOVID.5 To what extent have you been following recommendations for social/physical distancing (keeping a six-foot distance between yourself and others in public, avoiding gatherings of 10 or more people, and avoiding non-essential trips outside your home)?

- Very closely following recommendations
- Somewhat closely following recommendations
- Not closely following recommendations
- Not at all following recommendations

QCOVID.6 Over the past two weeks, on average, how much have you been concerned with the following?

	Not concerned at all	Slightly concerned	Moderately concerned	Very concerned	Extremely concerned
How long the COVID-19 pandemic will last	1	2	3	4	5
How many more people will become infected with COVID-19	1	2	3	4	5
Your personal sense of safety and security	1	2	3	4	5
(Display if QCOVID1 = No or maybe) Personally contracting COVID-19	1	2	3	4	5
People you care about contracting COVID-19	1	2	3	4	5

QCOVID.7 As a result of the COVID-19 pandemic, have you **experienced** any discriminatory or hostile behavior due to your race/ethnicity (or what someone thought was your race/ethnicity)?

- Yes
- No

QCOVID.8 As a result of the COVID-19 pandemic, have you **witnessed** (online exchanges or in-person) any discriminatory or hostile behavior or exchanges towards others due to their race/ethnicity (or what someone thought was their race/ethnicity)?

Yes
No

(Display if QCOVID.8 = "Yes")

QCOVID.8.a What do you believe was the race/ethnicity of the victim(s) of the behavior or exchanges you witnessed? (Select all that apply)

- African American/Black
- American Indian or Alaskan Native
- Asian American/Asian
- Hispanic/Latino/a
- Native Hawaiian or Pacific Islander
- Middle Eastern, Arab, or Arab American
- White
- Other (please specify)

QCOVID.9 How much do you agree or disagree with the following statement?:

Asian Americans are respected by the broader American society.

- Strongly Agree
- Agree
- Neither Agree or Disagree
- Disagree
- Strongly Disagree