

**THE HEALTHY MINDS STUDY (HMS): QUESTIONNAIRE MODULES****MENU OF MODULES:**


---

<b>Standard Modules<sup>1</sup></b>	<b>Page Number</b>	<b>Number of Items</b>
(1) <a href="#">Demographics</a>	3-19	39-52
(2) <a href="#">Mental Health Status</a>	20-31	52-78
(3) <a href="#">Mental Health Service Utilization/Help-Seeking</a>	32-39	15-52
<b>Elective Modules<sup>2</sup></b>		
(4) <a href="#">Substance Use</a>	40-43	25-30
(10) <a href="#">Upstander/Bystander Behaviors</a>	44-46	9-13

---

**Notes:** <sup>1</sup>Standard modules are fielded at all participating institutions. The standard modules include a limited number of questions spanning the majority of the elective module topics, in addition to providing rich data on students' demographics, mental health status, and mental health service utilization and help-seeking behaviors.

<sup>2</sup>Elective modules are required for all participating CHASCo institutions. To ensure that the overall survey (standard modules+elective modules) remains reasonable in length, participating CHASCo institutions may elect to administer a second concurrent survey that includes the 3 core modules and 1 other elective module if a sample size of more than 8,000 students is provided (schools may have multiple surveys sent to different randomly or non-randomly chosen subsamples of students). A full list of optional elective modules can be found in the [2019-20 HMS Questionnaire](#).

<sup>3</sup>The number of items per module is determined by 2 factors: (1) skip logic embedded within the survey (i.e., some measures are assessed only for students with certain responses to survey items), and (2) which elective modules are selected by the participating institution. In terms of the order of modules presented to students, the 'Demographics' module is always first, followed by the 'Mental Health Status' module and then the 'Mental Health Service Utilization/Help-Seeking' module; the order of the remaining modules varies based on which elective modules are selected.

## **ABOUT THIS DOCUMENT:**

### **Contents:**

This document outlines all survey items included in HMS, beginning with the standard modules ('Demographics', 'Mental Health Status', and 'Mental Health Service Utilization/Help-Seeking') and then the elective modules.

Each module is presented within a table. Above each table is the module name (in all capital letters, bolded and underlined). Directly beneath the module name is the text shown to student participants at the beginning of that module. For example, students beginning the 'Demographics' module see the following text above the first question in that module: "Basic Information: *This section will ask you to provide basic information about yourself*". Information in the column 'Section' outlines organization within the module and is not visible to students within the survey.

### **Color Coding:**

As noted above, some items are based on embedded skip logic within the survey (i.e., some measures are assessed only for students with certain responses to survey items). For example, only students who respond "No" to the question "Are you a United States citizen (or permanent resident)?" are asked the follow-up question "What is your country of citizenship (passport country)?". This follow-up question is shown in gray, indicating that the item is based on embedded skip logic.

HMS is a web-based survey. As such, there are numerous coding and programming decisions (*the vast majority of which are rather boring so we'll spare you*). A few are important: for example, many items allow student respondents to "Select all that apply". In some cases, one of the response options is 'mutually exclusive' meaning that a student respondent who selects that response option cannot select any of the other options (e.g., the response category "None" is mutually exclusive for the item "What activities do you currently participate in at your school?"). Programming notes are included in blue within the module tables.

Finally, certain items within the standard modules include a note in red (in the 'Citation/Notes' column) indicating that the item is included only if the elective module on that topic is not selected. In other words, a small number of items about important topics are included even if the elective module on that topic is not selected. This ensures that institutions have basic information about important topics that are not selected for in-depth assessment through elective modules. For example, if an institution does not select the 'Sleep' half module, a small number of items about sleep habits are included in the 'Mental Health Status' module. If an institution does select the 'Sleep' half module, the items about sleep are not included in the 'Mental Health Status' module (because sleep habits are being assessed separately in more detail through the 'Sleep' half module).

To review:

ITEM BASED ON EMBEDDED SKIP LOGIC

LOGISTIC/PROGRAMMING NOTES

ITEM INCLUDED IF ELECTIVE MODULE ON THAT TOPIC NOT SELECTED

**STANDARD MODULES:**

**(1) DEMOGRAPHICS**

Basic Information

*This section will ask you to provide basic information about yourself. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.*

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Age		How old are you? (You must be 18 years or older to complete this survey.)	1= _____ years old	
Sex/gender/sexuality	sex_birth	What was your sex at birth?	1=Female 2=Male 3=Intersex	
	gender	What is your gender identity?	1=Male 2=Female 3=Trans male/Trans man 4=Trans female/Trans woman 5=Genderqueer/Gender non-conforming 6=Self-identify (please specify)	
	sexual	How would you describe your sexual orientation? (Select all that apply)	1=Heterosexual 2=Lesbian 3=Gay 4=Bisexual 5=Queer 6=Questioning 7=Self-identify (please specify)	
	relship	How would you characterize your current relationship status?	1=Single 2=In a relationship 3=Married, in a domestic partnership, or engaged 4=Divorced or separated 5=Widowed 6=Other (please specify)	
	pregnant	Are you currently pregnant?	1=Yes 2=No 3=Prefer not to say 4=I don't know	Display if "1=Female or 3=Intersex" is selected for "What was your sex at birth?"
	pregnant_past12mo	Have you been pregnant or given birth within the last 12 months?	1=Yes 2=No 3=Prefer not to say 4=I don't know	Display if "2=No" is selected for "Are you currently pregnant?"
Race/ethnicity	race	What is your race/ethnicity? (Select all that apply)	1=African American/Black 2=American Indian or Alaskan Native 3=Asian American/Asian 4=Hispanic/Latino/a 5=Native Hawaiian or Pacific Islander 6=Middle Eastern, Arab, or Arab American 7=White 8=Self-identify (please specify)	
Citizenship	international	Are you an international student?	1=Yes	Adapt for non-U.S. colleges and universities

		<p>What is your country of origin?</p>	<p>0=No                      1=Afghanistan                      2=Albania                      3=Angola                      4=Antigua and Barbuda                      5=Argentina                      6=Armenia                      7=Australia                      8=Austria                      9=Azerbaijan                      10=Bahamas                      11=Bahrain                      12=Bangladesh                      13=Barbados                      14=Belarus                      15=Belgium                      16=Belize                      17=Bolivia                      18=Bosnia and Herzegovina                      19=Brazil                      20=Brunei                      21=Bulgaria                      22=Burma                      23=Burundi                      24=Cambodia                      25=Cameroon                      26=Canada                      27=Central African Republic                      28=Chad                      29=Chile                      30=China                      31=Colombia                      32=Congo, The Democratic Republic                      33=Costa Rica                      34=Cote d'Ivoire                      35=Croatia                      36=Cyprus                      37=Czech Republic                      38=Denmark                      39=Dominica                      40=Dominican Republic                      41=Ecuador                      42=Egypt                      43=El Salvador                      44=Estonia                      45=Ethiopia                      46=Finland                      47=France                      48=Gabon                      49=Gambia                      50=Gaza Strip                      51=Georgia</p>	<p>Instructions for this item: "(Use command or control key to select more than one country.)"                      Adapted for non-U.S. colleges and universities</p>
--	--	--	---	--

			52=Germany 53=Ghana 54=Greece 55=Guatemala 56=Guinea 57=Guyana 58=Haiti 59=Honduras 60=Hungary 61=Iceland 62=India 63=Indonesia 64=Iran 65=Iraq 66=Ireland 67=Israel 68=Italy 69=Jamaica 70=Japan 71=Jordan 72=Kazakhstan 73=Kenya 74=North Korea 75=South Korea 76=Kosovo 77=Kuwait 78=Kyrgyzstan 79=Laos 80=Latvia 81=Lebanon 82=Libya 83=Lithuania 84=Luxembourg 85=Macedonia 86=Madagascar 87=Malawi 88=Malaysia 89=Mali 90=Mauritania 91=Mauritius 92=Mexico 93=Moldova 94=Mongolia 95=Morocco 96=Mozambique 97=Namibia 98=Nepal 99=Netherlands 100=New Zealand 101=Nicaragua 102=Nigeria 103=Norway 104=Oman	
--	--	--	--	--

		105=Pakistan 106=Palestine 107=Panama 108=Paraguay 109=Peru 110=Philippines 111=Poland 112=Portugal 113=Qatar 114=Romania 115=Russia 116=Saint Kitts and Nevis 117=Saint Lucia 118=Saudi Arabia 119=Senegal 120=Serbia 121=Sierra Leone 122=Singapore 123=Slovakia 124=Slovenia 125=Somalia 126=South Africa 127=Spain 128=Sri Lanka 129=St Vincent and the Grenadines 130=Sudan 131=Swaziland 132=Sweden 133=Switzerland 134=Syria 135=Taiwan 136=Tanzania 137=Thailand 138=Trinidad and Tobago 139=Tunisia 140=Turkey 141=Turkmenistan 142=Uganda 143=Ukraine 144=United Arab Emirates 145=United Kingdom 146=Uruguay 147=Uzbekistan 148=Venezuela 149=Vietnam 150=West Bank 151=Yemen 152=Yugoslavia 153=Zambia 154=Zimbabwe 155=Other	
	What is your country of origin?	[open text]	Display if "Other" is selected for "What is your

		<p>What is your citizenship status in the U.S.? (Select all that apply)</p>	<p>1=US Citizen 2=Permanent Resident/Green Card Holder 3=Temporary Resident/Green Card Holder 4=A visa holder (F-1, J-1, H1-B, A, L, G, E, and TN) 5=Temporary Protected Status (TPS) 6=Deferred Action for Childhood Arrivals (DACA) 7=Refugee 8=Other legally documented status (e.g., adjustment of status to permanent Resident) (please specify) 9=I don't know 10=I don't feel comfortable identifying my citizenship status in the U.S.</p>	<p>country of origin”</p> <p>Adapted from Perception of Campus Climate (Rankin, 1998)</p>
		<p>At what age did you come to live in the U.S.?</p>	<p>1=U.S.-born 2=Less than 12 years 3=12-17 years 4=18-35 years 5=More than 35 years</p>	
		<p>Where in the U.S. were you born?</p>	<p>1=Continental U.S. 2=Alaska 3=Hawaii 4=Puerto Rico 5=American Samoa 6=Guam 7=U.S. Virgin Islands 8=Northern Mariana Islands 9=Baker Island 10=Howland Island 11=Jarvis Island 12=Johnston Atoll 13=Kingman Reef 14=Midway Islands 15=Navassa Island 16=Palmyra Atoll 17=Wake Island</p>	<p>Display if “U.S.-born” is selected for “At what age did you come to live in the U.S.?”</p>
		<p>In which country were you born?</p>	<p>1=Afghanistan 2=Albania 3=Angola 4=Antigua and Barbuda 5=Argentina 6=Armenia 7=Australia 8=Austria 9=Azerbaijan 10=Bahamas 11=Bahrain 12=Bangladesh 13=Barbados 14=Belarus</p>	<p>Display if “U.S.-born” is not selected for “At what age did you come to live in the U.S.?”</p>

			<p>15=Belgium  16=Belize  17=Bolivia  18=Bosnia and Herzegovina  19=Brazil  20=Brunei  21=Bulgaria  22=Burma  23=Burundi  24=Cambodia  25=Cameroon  26=Canada  27=Central African Republic  28=Chad  29=Chile  30=China  31=Colombia  32=Congo, The Democratic Republic  33=Costa Rica  34=Cote d'Ivoire  35=Croatia  36=Cyprus  37=Czech Republic  38=Denmark  39=Dominica  40=Dominican Republic  41=Ecuador  42=Egypt  43=El Salvador  44=Estonia  45=Ethiopia  46=Finland  47=France  48=Gabon  49=Gambia  50=Gaza Strip  51=Georgia  52=Germany  53=Ghana  54=Greece  55=Guatemala  56=Guinea  57=Guyana  58=Haiti  59=Honduras  60=Hungary  61=Iceland  62=India  63=Indonesia  64=Iran  65=Iraq  66=Ireland  67=Israel</p>	
--	--	--	---	--

			68=Italy 69=Jamaica 70=Japan 71=Jordan 72=Kazakhstan 73=Kenya 74=North Korea 75=South Korea 76=Kosovo 77=Kuwait 78=Kyrgyzstan 79=Laos 80=Latvia 81=Lebanon 82=Libya 83=Lithuania 84=Luxembourg 85=Macedonia 86=Madagascar 87=Malawi 88=Malaysia 89=Mali 90=Mauritania 91=Mauritius 92=Mexico 93=Moldova 94=Mongolia 95=Morocco 96=Mozambique 97=Namibia 98=Nepal 99=Netherlands 100=New Zealand 101=Nicaragua 102=Nigeria 103=Norway 104=Oman 105=Pakistan 106=Palestine 107=Panama 108=Paraguay 109=Peru 110=Philippines 111=Poland 112=Portugal 113=Qatar 114=Romania 115=Russia 116=Saint Kitts and Nevis 117=Saint Lucia 118=Saudi Arabia 119=Senegal 120=Serbia	
--	--	--	--	--

			121=Sierra Leone 122=Singapore 123=Slovakia 124=Slovenia 125=Somalia 126=South Africa 127=Spain 128=Sri Lanka 129=St Vincent and the Grenadines 130=Sudan 131=Swaziland 132=Sweden 133=Switzerland 134=Syria 135=Taiwan 136=Tanzania 137=Thailand 138=Trinidad and Tobago 139=Tunisia 140=Turkey 141=Turkmenistan 142=Uganda 143=Ukraine 144=United Arab Emirates 145=United Kingdom 146=Uruguay 147=Uzbekistan 148=Venezuela 149=Vietnam 150=West Bank 151=Yemen 152=Yugoslavia 153=Zambia 154=Zimbabwe 155=Other	
		Please specify in which country you were born.	[open text]	Display if "Other" is selected for "In which country were you born?"
		What language was spoken at home growing up?	1=Only English 2=Mostly English 3=Both English and native language equally 4=Mostly native language 5=Only native language	
		What language do you use when you speak with your friends?	1=Only English 2=Mostly English 3=Both English and native language equally 4=Mostly native language 5=Only native language	
		Regardless of your own immigration or citizenship status, how much do you worry that you, a family member, or a close friend could be deported?	1=Not at all 2=Not too much 3=Some 4=A lot	(Pew Hispanic Center, 2007 National Survey of Latinos)

		Where were your parents born? (Parent 1)	1=United States 2=United States territories 3=Outside of the U.S./U.S. territories 4=I don't know 5=Not applicable	
		Where were your parents born? (Parent 2)	1=United States 2=United States territories 3=Outside of the U.S./U.S. territories 4=I don't know 5=Not applicable	
		In which U.S. territory was (Parent 1/Parent 2) born?	1=Puerto Rico 2=American Samoa 3=Guam 4=U.S. Virgin Islands 5=Northern Mariana Islands 6=Baker Island 7=Howland Island 8=Jarvis Island 9=Johnston Atoll 10=Kingman Reef 11=Midway Islands 12=Navassa Island 13=Palmyra Atoll 14=Wake Island	Display if "U.S. territories" is selected for "Where were your parents born? (Parent 1)" or "Where were your parents born? (Parent 2)".
		In which country was (Parent 1/Parent 2) born?	1=Afghanistan 2=Albania 3=Angola 4=Antigua and Barbuda 5=Argentina 6=Armenia 7=Australia 8=Austria 9=Azerbaijan 10=Bahamas 11=Bahrain 12=Bangladesh 13=Barbados 14=Belarus 15=Belgium 16=Belize 17=Bolivia 18=Bosnia and Herzegovina 19=Brazil 20=Brunei 21=Bulgaria 22=Burma 23=Burundi 24=Cambodia 25=Cameroon 26=Canada 27=Central African Republic 28=Chad	Display if "Outside of the U.S./U.S. territories" is selected for "Where were your parents born? (Parent 1)" or "Where were your parents born? (Parent 2)".

			29=Chile 30=China 31=Colombia 32=Congo, The Democratic Republic 33=Costa Rica 34=Cote d'Ivoire 35=Croatia 36=Cyprus 37=Czech Republic 38=Denmark 39=Dominica 40=Dominican Republic 41=Ecuador 42=Egypt 43=El Salvador 44=Estonia 45=Ethiopia 46=Finland 47=France 48=Gabon 49=Gambia 50=Gaza Strip 51=Georgia 52=Germany 53=Ghana 54=Greece 55=Guatemala 56=Guinea 57=Guyana 58=Haiti 59=Honduras 60=Hungary 61=Iceland 62=India 63=Indonesia 64=Iran 65=Iraq 66=Ireland 67=Israel 68=Italy 69=Jamaica 70=Japan 71=Jordan 72=Kazakhstan 73=Kenya 74=North Korea 75=South Korea 76=Kosovo 77=Kuwait 78=Kyrgyzstan 79=Laos 80=Latvia 81=Lebanon	
--	--	--	---	--

			82=Libya 83=Lithuania 84=Luxembourg 85=Macedonia 86=Madagascar 87=Malawi 88=Malaysia 89=Mali 90=Mauritania 91=Mauritius 92=Mexico 93=Moldova 94=Mongolia 95=Morocco 96=Mozambique 97=Namibia 98=Nepal 99=Netherlands 100=New Zealand 101=Nicaragua 102=Nigeria 103=Norway 104=Oman 105=Pakistan 106=Palestine 107=Panama 108=Paraguay 109=Peru 110=Philippines 111=Poland 112=Portugal 113=Qatar 114=Romania 115=Russia 116=Saint Kitts and Nevis 117=Saint Lucia 118=Saudi Arabia 119=Senegal 120=Serbia 121=Sierra Leone 122=Singapore 123=Slovakia 124=Slovenia 125=Somalia 126=South Africa 127=Spain 128=Sri Lanka 129=St Vincent and the Grenadines 130=Sudan 131=Swaziland 132=Sweden 133=Switzerland 134=Syria	
--	--	--	--	--

			135= Taiwan 136= Tanzania 137= Thailand 138= Trinidad and Tobago 139= Tunisia 140= Turkey 141= Turkmenistan 142= Uganda 143= Ukraine 144= United Arab Emirates 145= United Kingdom 146= Uruguay 147= Uzbekistan 148= Venezuela 149= Vietnam 150= West Bank 151= Yemen 152= Yugoslavia 153= Zambia 154= Zimbabwe 155= Other	
		Please specify in which country Parent 1/Parent 2 was born.	[open text]	Display if "Other" is selected for "In which country was Parent1/Parent 2 born?"
Socioeconomic status	fincur	How would you describe your financial situation right now?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	Included if 'Financial Stress' module not selected  CCMH Standardized Data Set
	finpast	How would you describe your financial situation while growing up?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	Included if 'Financial Stress' module not selected  CCMH Standardized Data Set
Family characteristics	child_dependent	What is the current number of children or other dependents living in your household, for whom you are responsible?	1=None 2=1 3=2 4=3 5=4 or more	
Work responsibilities	hours_work_paid	What is the average number of hours you work per week during the school year (paid employment only)?	Free response	CCMH Standardized Data Set
	educ_par1	What is the highest level of education completed by your parents or stepparents? Parent 1	This parent's relationship to you: 1=Mother or stepmother 2=Father or stepfather 3=Other  This parent's education: 1=8th grade or lower 2=Between 9th and 12th grade (but no high school degree) 3=High school degree 4=Some college (but no college degree)	

			5=Associate's degree 6=Bachelor's degree 7=Graduate degree 8=Don't know	
	educ_par2	What is the highest level of education completed by your parents or stepparents? Parent 2	This parent's relationship to you: 1=Mother or stepmother 2=Father or stepfather 3=Other  This parent's education: 1=8th grade or lower 2=Between 9th and 12th grade (but no high school degree) 3=High school degree 4=Some college (but no college degree) 5=Associate's degree 6=Bachelor's degree 7=Graduate degree 8=Don't know	
Religiosity	religios	How important is religion in your life?	1=Very important 2=Important 3=Neutral 4=Unimportant 5=Very unimportant	CCMH Standardized Data Set
	relig_aff	What is your religious affiliation? (Select all that apply)	1=Agnostic 2=Atheist 3=Buddhist 4=Christian-Catholic 5=Christian-Protestant 6=Hindu 7=Jewish 8=Muslim 9=No preference [mutually exclusive] 10=Self-identify (please specify)	CCMH Standardized Data Set
Academic information	degree	In what degree program are you currently enrolled? (Select all that apply)	1=Associate's 2=Bachelor's 3=Master's 4=JD 5=MD 6=PhD (or equivalent doctoral program) 7=Online Student 8=Other (please specify) 9=Non-degree student [mutually exclusive]	
	transfer	Did you transfer from another campus/institution to this school?	1=Yes, I transferred from a community or junior college. 2=Yes, I transferred from a 4-year college or university. 3=No	Display if "2=Bachelor's" is selected for "In what degree program are you currently enrolled?"
	yr_sch	What year are you in your current degree program?	1=1st year 2=2nd year 3=3rd year	Display if "Non-degree student" not selected for "In what degree program are you currently enrolled?"

			4=4th year 5=5th year 6=6th year 7=7th+ year	
	enroll	What is your enrollment status?	1=Full-time student 2=Part-time student 3=Other (please specify)	
	field	What is your field of study? (Select all that apply)	1=Humanities (history, languages, philosophy, etc.) 2=Natural sciences or mathematics 3=Social sciences (economics, psychology, etc.) 4=Architecture or urban planning 5=Art and design 6=Business 7=[if graduate, ask→Dentistry] 8=Education 9=Engineering 10=[if graduate, ask→Law] 11=[if graduate, ask→Medicine] 12=Music, theatre, or dance 13=Nursing 14=Pharmacy 15=[if undergraduate, ask→Pre-professional (pre-business, pre-health, pre-law)] 16=Public health 17=Public policy 18=[if graduate, ask→Social work] 19=[if undergraduate, ask→Undecided] <b>[mutually exclusive]</b> 20=Other (please specify)	
	gpa_sr	What is your current overall GPA?	0=A+ 1=A 2=A- 3=B+ 4=B 5=B- 6=C+ 7=C 8=C- 9=D+ or below 10=No grade or don't know	
	aca_impa	In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your academic performance?	1=None 2=1-2 days 3=3-5 days 4=6 or more days	
	timeclass	How much time do you spend during a typical week attending classes/lab?	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week	

			6=16-20 hours/week 7=More than 20 hours/week	
	timestud	How much time do you spend during a typical week studying/doing homework?	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
	persist	How much do you agree with the following statement?: I am confident that I will be able to finish my degree no matter what challenges I may face.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Persistence and Retention' module not selected
Housing	residenc	Where do you currently live?	1=On-campus housing, residence hall 2=On-campus housing, apartment 3=Fraternity or sorority house 4=On- or off-campus co-operative housing 5=Off-campus, non-university housing 6=With my parents (or relatives) 7=Other (please specify)	
Extracurricular activities	activ	What activities do you currently participate in at your school? (Select all that apply)	1=Academic or pre-professional organization 2=Athletics (club) 3=Athletics (intercollegiate varsity) 4=Athletics (intramural) 5=Community service 6=Cultural or racial organization 7=Dance 8=Fraternity or sorority 9=Gender or sexuality organization 10=Government or politics (including student government) 11=Health and wellness organization 12=Media or publications 13=Music or drama 14=Religious organization 15=Social organization (that is not a fraternity or sorority) 16=Visual or fine arts 17=Other (please specify) 18=None [mutually exclusive]	
	sp	What sport(s) do you participate in at your school?	1=Baseball 2=Basketball 3=Boxing 4=Cheering and/or dancing 5=Cross country 6=Cycling 7=Fencing 8=Field hockey 9=Football	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]

			10=Golf 11=Gymnastics 12=Ice hockey 13=Lacrosse 14=Rowing 15=Rugby 16=Sailing 17=Soccer 18=Softball 19=Swimming and/or diving 20=Tennis 21=Track and field 22=Volleyball 23=Water polo 24=Wrestling 25=Other	
Overall school experience	sat_overall	How satisfied are you with your overall experience at your school?	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
Sense of belonging	belong1	How much do you agree with the following statement?: I see myself as a part of the campus community.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Perceived Cohesion Scale (Bollen & Hoyle, 1990)
Military experience	military	Have you ever served in the United States Armed Forces, military Reserves, or National Guard? (Select all that apply)	1=No, never served in the military [mutually exclusive] 2=Yes, currently in Reserve Officers' Training Corps (ROTC) 3=Yes, currently in military Reserves or National Guard 4=Yes, now on active duty 5=Yes, on active duty during the past 12 months, but not now 6=Yes, on active duty in the past, but not during the past 12 months	
Disabilities	disab2	Are you registered, with the office for disability services on this campus, as having a documented and diagnosed disability?	1=Yes 0=No	CCMH Standardized Data Set
	disab	Please indicate which category of disability you are registered for: (Select all that apply)	1=Attention deficit/hyperactivity disorders 2=Deaf or hard of hearing 3=Learning disorders 4=Mobility Impairments 5=Neurological disorders 6=Physical/health related disorders 7=Psychological disorder/condition 8=Visual impairments 9=Other (please specify)	CCMH Standardized Data Set

	disab3	How often have you used the disability-related accommodations recommended for you?	1=Not at all 2=Occasionally 3=Frequently	
Chronic disease		Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Diabetes 2=High blood pressure 3=Asthma 4=Thyroid disease (e.g., hypothyroid or hyperthyroid) 5=Gastrointestinal disease (e.g., Crohn's Disease, Ulcerative Colitis) 6=Arthritis 7=Sickle cell anemia 8=Seizure disorders (e.g., epilepsy) 9=Cancers 10=High cholesterol 11=HIV/AIDS 12=Other autoimmune disorder (please specify) 13=Other chronic disease (please specify) 14=No, never been diagnosed with a chronic disease. <a href="#">[mutually exclusive]</a> 15=Don't know <a href="#">[mutually exclusive]</a>	Included if 'Overall Health' module not selected

**(2) MENTAL HEALTH STATUS**

## Mental and Emotional Health

The next set of questions will ask you about your overall well-being. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Positive mental health	diener1	I lead a purposeful and meaningful life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener2	My social relationships are supportive and rewarding.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener3	I am engaged and interested in my daily activities.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener4	I actively contribute to the happiness and well-being of others.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener5	I am competent and capable in the activities that are important to me.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."

	diener6	I am a good person and live a good life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener7	I am optimistic about my future.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener8	People respect me.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009)  Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
Depression	phq9_1	Over the last 2 weeks, how often have you been bothered by any of the following problems? Little interest or pleasure in doing things	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_2	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling down, depressed or hopeless	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_3	Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble falling or staying asleep, or sleeping too much	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_4	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling tired or having little energy	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)

phq9_5	Over the last 2 weeks, how often have you been bothered by any of the following problems? Poor appetite or overeating	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
phq9_6	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling bad about yourself—or that you are a failure or have let yourself or your family down	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
phq9_7	Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble concentrating on things, such as reading the newspaper or watching television	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
phq9_8	Over the last 2 weeks, how often have you been bothered by any of the following problems? Moving or speaking so slowly that other people could have noticed; or the opposite—being so fidgety or restless that you have been moving around a lot more than usual	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
phq9_9	Over the last 2 weeks, how often have you been bothered by any of the following problems? Thoughts that you would be better off dead or of hurting yourself in some way	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
dep_impa	How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?	1=Not difficult at all 2=Somewhat difficult 3=Very difficult 4=Extremely difficult	Adapted from Patient Health Questionnaire-9 (Kroenke et al., 2001)
phq2_1	During that period, how often were you bothered by these problems? Little interest or pleasure in doing things	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Adapted from Patient Health Questionnaire-2  Instructions for this item: “Think about the 2-week period in the past year when you experienced the 2 problems below the most frequently.”
phq2_2	During that period, how often were you bothered by these problems? Feeling down, depressed or hopeless	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Adapted from Patient Health Questionnaire-2  Instructions for this item: “Think about the 2-week period in the past year when you experienced the 2 problems below the most frequently.”

Anxiety	gad7_1	Over the last 2 weeks, how often have you been bothered by the following problems? Feeling nervous, anxious or on edge	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_2	Over the last 2 weeks, how often have you been bothered by the following problems? Not being able to stop or control worrying	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_3	Over the last 2 weeks, how often have you been bothered by the following problems? Worrying too much about different things	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_4	Over the last 2 weeks, how often have you been bothered by the following problems? Trouble relaxing	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_5	Over the last 2 weeks, how often have you been bothered by the following problems? Being so restless that it's hard to sit still	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_6	Over the last 2 weeks, how often have you been bothered by the following problems? Becoming easily annoyed or irritable	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_7	Over the last 2 weeks, how often have you been bothered by the following problems? Feeling afraid as if something awful might happen	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_impa	How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?	1=Not difficult at all 2=Somewhat difficult 3=Very difficult 4=Extremely difficult	

Eating and body image	thing_good	Do you need to be very thin in order to feel good about yourself?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected
	body_sr	I think I am...	1=Very underweight 2=Somewhat underweight 3=Normal weight 4=Somewhat overweight 5=Very overweight	Included if 'Eating and Body Image' module not selected
	height	What is your current height? (If you don't know, please provide your best guess.)	1= _____ feet [force numeric, <=7] 2= _____ inches [force numeric, <=11]	Included if 'Eating and Body Image' module not selected
	weight	What is your current weight? (If you don't know, please provide your best guess.)	1= _____ pounds [force numeric]	Included if 'Eating and Body Image' module not selected
	scoff_1	Do you ever make yourself sick because you feel uncomfortably full?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected  SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_2	Do you worry that you have lost control over how much you eat?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected  SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_3	Have you recently lost more than 15 pounds in a 3-month period?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected  SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."

	scoff_4	Do you believe yourself to be fat when others say you are too thin?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected  SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_5	Would you say that food dominates your life?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected  SCOFF questionnaire (Morgan, Reid, & Lacey, 1999)  Instructions for this item: "Please answer the following questions as honestly as possible."
Non-suicidal self-injury	sib	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Cut myself 2=Burned myself 3=Punched or banged myself 4=Scratched myself 5=Pulled my hair 6=Bit myself 7=Interfered with wound healing 8=Carved words or symbols into skin 9=Rubbed sharp objects into skin 10=Punched or banged an object to hurt myself 11=Other (please specify) 12=No, none of these [mutually exclusive]	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	sib_freq	On average, how often in the past year did you hurt yourself on purpose, without intending to kill yourself?	1=Once or twice 2=Once a month or less 3=2 or 3 times a month 4=Once or twice a week 5=3 to 5 days a week 6=Nearly everyday, or everyday	Display if "12=No, none of these" is <b>not</b> selected for "In the past year, have you ever done any of the following intentionally?"
Suicidality	sui_idea	In the past year, did you ever seriously think about attempting suicide?	1=Yes 0=No	
	sui_plan	In the past year, did you make a plan for attempting suicide?	1=Yes 0=No	Display if "1=Yes" is selected for "In the past year, did you ever seriously think about attempting suicide?"

	sui_att	In the past year, did you attempt suicide?	1=Yes 0=No	Display if "1=Yes" is selected for "In the past year, did you ever seriously think about attempting suicide?"
Violence	abuse_life	In your lifetime, how many times has anyone struck or physically injured you? Please do not report any injuries in an appropriate athletic context (i.e. contact sports)	1=Never 2=1 time 3=2-3 times 4=4-5 times 5=More than 5 times	
	abuse_recent	When was the last time anyone has struck or physically injured you?	1=Within the last 2 weeks 2=Within the last month 3=Within the last year 4=Within the last 1-5 years 5=More than 5 years ago	
	assault_any	Over the past 12 months, did you strike or physically injure anyone? Please do not report any injuries in an appropriate athletic context (i.e. contact sports)	1=Yes 0=No	
Emotional abuse	assault_emo	Over the past 12 months, were you called names, yelled at, humiliated, judged, threatened, coerced, or controlled by another person?	1=Yes 0=No	
Physical abuse	assault_phys	Over the past 12 months, were you kicked, slapped, punched or otherwise physically mistreated by another person?	1=Yes 0=No	
Sexual assault	sa_exp	In the past 12 months, has anyone had unwanted sexual contact with you? (Please count any experience of unwanted sexual contact [e.g., touching of your sexual body parts, oral sex, anal sex, sexual intercourse, and penetration of your vagina or anus with a finger or object] that you did not consent to and did not want to happen regardless of where it happened.)	1=Yes 0=No	Instructions for this item: "Unwanted sexual contact could happen when: someone touches or grabs your sexual body parts (e.g., butt, crotch, or breasts); someone uses force against you, such as holding you down with his or her body weight, pinning your arms, hitting or kicking you; someone threatens to hurt you or someone close to you; or you are unable to provide consent because you are incapacitated, passed out, unconscious, blacked out, or asleep. This could happen after you voluntarily used alcohol or drugs, or after you were given a drug without your knowledge or consent."

	sa_who	Who was the person who had unwanted sexual contact with you? (Select all that apply)	1=A stranger 2=Family Member 3=Someone you had seen or heard about but not talked to 4=An acquaintance, friend of a friend, or someone that you had just met 5=A professor or teaching assistant 6=Coach or coaching staff 7=Teammate 8=Trainer 9=Medical or health professional 10=A current or ex friend or roommate 11=A current or ex dating partner or spouse 12=Someone else 13=Unsure/don't know 14=Prefer not to say	Definition from CDC NISVS 2010  Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."  Display if "1=Yes" is selected for the question "In the past 12 months, has anyone had unwanted sexual contact with you?"
	sa_disclose	Whom did you tell about the incident? (Select all that apply)	1=No one [mutually exclusive] 2=Roommate 3=Close friend other than roommate 4=Parent or guardian 5=Other family member 6=Counselor 7=Faculty or staff 8=Residence hall staff 9=Police 10=Romantic partner (other than the one who did this to you) 11=Campus sexual assault advocate 12=Other (please specify)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
Substance use	alc_any	Over the past 2 weeks, did you drink any alcohol?	1=Yes 0=No	
	binge_fr	Over the past 2 weeks, about how many times did you have 4 <b>[female]</b> /5 <b>[male]</b> /4 or 5 <b>[not female or male]</b> or more alcoholic drinks in a row? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=0 times 2=1 time 3=2 times 4=3 to 5 times 5=6 to 9 times 6=10 or more times 7=Don't know	Definition adapted from National Institute on Alcohol Abuse and Alcoholism  Display if "1=Yes" is selected for "Over the past 2 weeks, did you drink any alcohol?"

	smok_freq	Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	Included if 'Substance Use' and 'Overall Health' modules both not selected
		Over the past 30 days, have you used an electronic cigarette or vape pen?	1=Yes 2=No	Included if 'Substance Use' and 'Overall Health' modules both not selected
		What did you think was in the mist you inhaled the last time you used a vaping device?	1=Any vaping 2=Vaping nicotine 3=Vaping Marijuana 4=Vaping "just flavoring"	Display if "Yes" is selected for "Over the past 30 days, have you used an electronic cigarette or vape pen?"  National Institutes of Health Monitoring the Future survey (2017)
	drug	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Marijuana 2=Cocaine (any form, including crack, powder, or freebase) 3=Heroin 4=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed 5=Benzodiazepines (such as Valium, Ativan, Klonopin, Xanax, Rohypnal (Roofies)) 6=Methamphetamines (also known as speed, crystal meth, Tina, T, or ice) 7=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed 8=MDMA (also known as Ecstasy or Molly) 9=Ketamine (also known as K, Special K) 10=LSD (also known as acid) 11=Psilocybin (also known as magic mushrooms, boomers, shrooms) 12=Kratom 13=Athletic performance enhancers (anything that violates policies set by your school or any athletic governing body) 14=Other drugs without a	Included if 'Substance Use' and 'Overall Health' modules both not selected  Display response option "13=Performance enhancers" if "3= Athletics (intercollegiate varsity)" is selected for "What activities do you currently participate in at your school?"

			prescription (please specify) 15=No, none of these [mutually exclusive]	
		Over the past 30 days, how often have you used marijuana (either smoking, vaping, edibles or otherwise)?	1= Every day 2=Nearly every day 3=3-4 days per week 4=1-2 days per week 5=Less than once per week	Included if 'Substance Use' and 'Overall Health' modules both not selected  Display if "Marijuana" is selected for "Over the past 30 days, have you used any of the following drugs?(Select all that apply)"
Exercise		In the past 30 days, about how many hours per week on average did you spend exercising? (Include any exercise of moderate or higher intensity, where "moderate intensity" would be roughly equivalent to brisk walking or bicycling)	1=Less than 1 hour 2=2-3 hours 3=3-4 hours 4=5 or more hours	Included 'Overall Health' module not selected
Sleep	sleep_wk1	During this school year, at approximately what time have you typically gone to sleep on: Weeknights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	Included if 'Sleep' and 'Overall Health' modules both not selected
		During this school year, at approximately what time have you typically gone to sleep on: Weekend nights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm	Included if 'Sleep' and 'Overall Health' modules both not selected

			10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	
		During this school year, at approximately what time have you typically woken up on: Weekdays?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	Included if 'Sleep' and 'Overall Health' modules both not selected
		During this school year, at approximately what time have you typically woken up on: Weekend days?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am	Included if 'Sleep' and 'Overall Health' modules both not selected

			14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	
		During this school year, on how many days have you taken naps during a typical week?	1=I don't take naps. 2=1 3=2 4=3 5=4 6=5 7=6 8=7	Included if 'Sleep' and 'Overall Health' modules both not selected
		How long is your typical nap?	1=Less than 1 hour 2=Between 1 and 2 hours 3=Between 2 and 3 hours 4=More than 3 hours	Included if 'Sleep' and 'Overall Health' modules both not selected

**(3) MENTAL HEALTH SERVICE UTILIZATION/HELP-SEEKING**

Experiences with Services and Support

*The next questions will ask you about your experiences using mental health services. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.*

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Diagnosed mental illnesses	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Depression (e.g., major depressive disorder, persistent depressive disorder) 2=Bipolar (e.g., bipolar I or II, cyclothymia) 3=Anxiety (e.g., generalized anxiety disorder, phobias) 4=Obsessive-compulsive or related disorders (e.g., obsessive-compulsive disorder, body dysmorphia) 5=Trauma and Stressor Related Disorders (e.g., posttraumatic stress disorder), 6=Neurodevelopmental disorder or intellectual disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, intellectual disability, autism spectrum disorder) 7=Eating disorder (e.g., anorexia nervosa, bulimia nervosa) 8=Psychosis (e.g., schizophrenia, schizo-affective disorder) 9=Personality disorder (e.g., antisocial personality disorder, paranoid personality disorder, schizoid personality disorder) 10=Substance use disorder (e.g., alcohol abuse, abuse of other drugs) 11=No, none of these <a href="#">[mutually exclusive]</a> 12=Don't know	
	Specifically, which of the following depression disorders were you diagnosed with by a professional? (Select all that apply)	1=Major depressive disorder 2=Dysthymia or persistent depressive disorder 3=Premenstrual dysphoric disorder 4=Other (please specify) 5=Don't know	
	Specifically, which of the following bipolar and related disorders were you diagnosed with by a professional? (Select all that apply)	1=Bipolar I disorder 2=Bipolar II disorder 3=Cyclothymic disorder 4=Other (please specify) 5=Don't know	
	Specifically, which of the following anxiety disorders were you diagnosed with by a professional? (Select all that apply)	1 =Generalized anxiety disorder 2=Panic disorder 3=Agoraphobia 4=Specific phobia (e.g., claustrophobia, arachnophobia, etc.) 5=Social anxiety disorder (or social phobia) 6=Other (please specify) 7=Don't know	
	Specifically, which of the following obsessive-compulsive or related disorders were you diagnosed with by a professional?	1=Obsessive-compulsive disorder 2=Body dysmorphic disorder	

	(Select all that apply)	3=Hoarding disorder 4=Trichotillomania (hair-pulling disorder) 5=Excoriation (skin-picking) disorder 6=Other (please specify) 7=Don't know	
	Specifically, which of the following trauma and stressor related disorders were you diagnosed with by a professional? (Select all that apply)	1=Posttraumatic stress disorder 2=Acute stress disorder 3=Adjustment disorder 4=Other (please specify) 5=Don't know	
	Specifically which of the following neurodevelopmental disorder or intellectual disability were you diagnosed with by a professional? (Select all that apply)	1=Attention deficit hyperactivity disorder (ADHD or ADD) 2=Other intellectual disability 3=Autism spectrum disorder 4=Other (please specify) 5=Don't know	
	Specifically, which of the following eating disorders were you diagnosed with by a professional? (Select all that apply)	1=Anorexia nervosa 2=Bulimia nervosa 3=Binge-eating disorder 4=Pica 5=Avoidant/restrictive food intake disorder (selective eating disorder) 6=Other (please specify) 7=Don't know	
	Specifically, which of the following psychotic disorders were you diagnosed with by a professional? (Select all that apply)	1=Schizophrenia 2=Schizo-affective disorder 3=Brief psychotic disorder 4=Delusional disorder 5=Schizophreniform disorder 6=Other (please specify) 7=Don't know	
	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Antisocial personality disorder 2=Avoidant personality disorder 3=Borderline personality disorder 4=Dependent personality disorder 5=Histrionic personality disorder 6=Narcissistic personality disorder 7=Obsessive-Compulsive personality disorder 8=Paranoid personality disorder 9=Schizoid personality disorder 10=Schizotypal personality disorder 11=Other (please specify) 12=Don't know	
	Specifically, which of the following substance disorders were you diagnosed with by a professional? (Select all that apply)	1=Alcohol abuse or other alcohol-related disorders 2=Other (please specify) 3=Don't know	
Knowledge of campus services	How much do you agree with the following statement?: If I needed to seek professional help for my mental or emotional health, I would know where to go on my campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected

		6=Strongly disagree	
Beliefs about treatment efficacy	How helpful on average do you think medication is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
	How helpful on average do you think therapy or counseling is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
Stigma	How much do you agree with the following statement?: Most people think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
	How much do you agree with the following statement?: I would think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
Perceived need	How much do you agree with the following statement?: In the past 12 months, I needed help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I currently need help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display only if "Somewhat Agree," "Agree" or "Strongly Agree" is selected for "How much do you agree with the following statement?: In the past 12, months I needed help for emotional or mental health problems such as feeling sad, blue, anxious or nervous"
Help-seeking intentions	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=Professional clinician (e.g., psychologist, counselor, or psychiatrist) 2=Roommate 3=Friend (who is not a roommate) 4=Significant other 5=Family member 6=Religious counselor or other religious contact 7=Support group 8=Other non-clinical source (please specify) 9=No one [mutually exclusive]	
Use of counseling/therapy	Have you ever received counseling or therapy for mental health concerns?	1=No, never 2=Yes, prior to starting college 3=Yes, since starting college 4=Yes, both of the above (prior to college and since starting college)	CCMH Standardized Data Set
	How many total visits or sessions for counseling or therapy have you had in the past 12 months?	0=0 1=1-3 2=4-6	Display only if "Yes, prior to starting college", "Yes, since starting college", or "Yes, both of the above (prior to college and since starting college)" is selected for "Have you ever

		3=7-9 4=10 or more	received counseling or therapy for mental health concerns?"
	Are you currently receiving counseling or therapy?	1=Yes 0=No	Display only if previous item answered with more than "0" total visits in the past 12 months
	From which of the following places did you receive counseling or therapy? (Select all that apply)	1=[Insert name of institution's student counseling services] 2=[Insert name of institution's campus health services] 3=[Insert other campus counseling or health service] 4=Psychiatric Emergency Services/Psych Emergency Room (ER) 5=Inpatient psychiatric hospital 6=Partial hospitalization program 7=Provider in the local community (not on campus) 8=Provider in another location (such as your hometown) 9=Other (please specify) 10=Don't know	Display only if "Are you currently receiving counseling or therapy" is displayed.
	From which campus counseling or health service did you receive counseling or therapy?	[open text]	Display only if "Insert other campus counseling or health service" is selected for "From which of the following places did you receive counseling or therapy?"
Satisfaction with counseling/therapy	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Convenient hours	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Location	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Quality of therapists/counselors	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Respect for your privacy concerns	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?:	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied	

	Ability to schedule appointments without long delays	5=Satisfied 6=Very satisfied	
	How helpful, overall, do you think therapy or counseling was or has been for your mental or emotional health?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
Use of medication	In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)	1=Psychostimulants (methylphenidate (Ritalin or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexerdine), etc.) 2=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.) 3=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.) 4=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.) 5=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.) 6=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.) 7=Other medication for mental or emotional health (please specify) 8=No, none of these [mutually exclusive] 9=Don't know	
	For what purpose(s) have you taken the medication(s) you just indicated? (Select all that apply)	1=Mental or emotional health 2=Other health reasons 3=Academic performance 4=Recreation/fun 5=Other (please specify)	
	In the past 12 months how many times have you discussed with a doctor or other health professional your use of the medication(s) you just noted?	1=Not at all 2=1-2 times 3=3-5 times 4=More than 5 times 5=Don't know	
	Who wrote your most recent prescription for the medication(s) you noted in the last question? (Select all that apply)	1=A general practitioner, nurse practitioner, or primary care physician 2=A psychiatrist 3=Other type of doctor (please specify) 4=Took the medication(s) without a prescription 5=Don't know	
	Of the medication(s) you just noted, which are you currently taking? (Select all that apply)	1=Psychostimulants (methylphenidate (Ritalin, or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexerdine), etc.) 2=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.)	<a href="#">Pipe in selected options from: "In the past 12 months have you taken any of the following types of prescription medications?"</a>

		<p>3=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.)</p> <p>4=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.)</p> <p>5=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.)</p> <p>6=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.)</p> <p>7=Other medication for mental or emotional health (please specify)</p> <p>8=None of the above <b>[mutually exclusive]</b></p>	
	During the past year, for how long, in total, have you taken the following medication(s)?	<p>1=Less than 1 month</p> <p>2=Between 1 and 2 months</p> <p>3=2 months or more</p> <p>4=Did not take</p>	Pipe in selected options from: "In the past 12 months have you taken any of the following types of prescription medications?"
	How helpful, overall, do you think the medication(s) was or has been for your mental or emotional health?	<p>1=Very helpful</p> <p>2=Helpful</p> <p>3=Somewhat helpful</p> <p>4=Not helpful</p>	
	Which of the following are important reasons why you received those services? (Select all that apply)	<p>1=I decided on my own to seek help.</p> <p>2=A friend encouraged me to seek help.</p> <p>3=A friend pressured me to seek help.</p> <p>4=A family member encouraged me to seek help.</p> <p>5=A family member pressured me to seek help.</p> <p>6=Someone other than a friend or family member encouraged me to seek help (please specify person's relationship to you).</p> <p>7=I was mandated to seek help by campus staff.</p> <p>8=I acquired more information about my options from (please specify where).</p> <p>9=Other (please specify)</p>	Instructions for this item: "Earlier in this survey you reported that you have taken medication and/or received counseling/therapy in the past 12 months for your mental or emotional health."
Barriers to help-seeking	In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received? (Select all that apply)	<p>1=No need for services</p> <p>2=Financial reasons (too expensive, not covered by insurance)</p> <p>3=Not enough time</p> <p>4=Not sure where to go</p> <p>5=Difficulty finding an available appointment</p> <p>6=Prefer to deal with issues on my own or with support from family/friends</p> <p>7=Other (please specify)</p> <p>8=No barriers <b>[mutually exclusive]</b></p>	
	In the past 12 months which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	<p>1=I haven't had the chance to go but I plan to.</p> <p>2=No need for services</p> <p>3=Financial reasons (too expensive, not covered by insurance)</p> <p>4=Not enough time</p> <p>5=Not sure where to go</p> <p>6=Difficulty finding an available appointment</p>	

		7=Prefer to deal with issues on my own or with support from family/friends 8=Other (please specify) 9=No barriers <a href="#">[mutually exclusive]</a>	
Visit to medical providers	In the past 12 months, have you visited any medical provider, such as a primary care doctor or other type of doctor, for a check-up or any other medical reasons?	1=Yes 0=No	
Informal help-seeking	In the past 12 months have you received counseling or support for your mental or emotional health from any of the following sources? (Select all that apply)	1=Roommate 2=Friend (who is not a roommate) 3=Significant other 4=Family member 5=Religious counselor or other religious contact 6=Support group 7=Other non-clinical source (please specify) 8=No, none of these <a href="#">[mutually exclusive]</a>	
	How helpful was it to discuss these concerns?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	If you had a mental health problem that you believed was affecting your academic performance, which people at school would you talk to? (Select all that apply)	1=Professor from one of my classes 2=Academic advisor 3=Another faculty member 4=Teaching assistant 5=Student services staff 6=Dean of Students or class dean 7=Other (please specify) 8=No one <a href="#">[mutually exclusive]</a>	
	During this school year have you talked with any academic personnel (such as instructors, advisors, or other academic staff) about any mental health problems that were affecting your academic performance?	1=Yes 0=No	
	Overall, how supportive was the response of the academic personnel with whom you talked?	1=Very supportive 2=Supportive 3=Not supportive 4=Very unsupportive	
Insurance	What is the source of your current health insurance coverage? (Select all that apply)	1=I do not have any health insurance coverage (uncovered). <a href="#">[mutually exclusive]</a> 2=I have health insurance through my parent(s) or their employer. 3=I have health insurance through my employer. 4=I have health insurance through my spouse's employer. 5=I have a student health insurance plan. 6=I have health insurance through an embassy or sponsoring agency for international students. 7=I have individual health insurance purchased directly from an insurance carrier. 8=I have Medicaid or other governmental insurance. 9=I am uncertain about whether I have health insurance.	

		10=I have health insurance but am uncertain about where it is from.	
	Do you know if your health insurance plan would provide any coverage for a visit to a mental health professional (psychiatrist, psychologist, clinical social worker, etc.)?	1=Yes, it definitely would. 2=I think it would but am not sure. 3=I have no idea. 4=I think it would not but am not sure. 5=No, it definitely would not.	
	Does your current health insurance plan meet your needs for mental health services?	1=I have not needed to use my current insurance plan to cover mental health services. 2=Yes, everything I have needed is covered. 3=No, the coverage is inadequate to meet my needs.	
	I feel that coverage is inadequate because my plan... (Select all that apply)	1=...doesn't cover any mental health services. 2=...doesn't cover preexisting conditions. 3=...doesn't cover certain conditions. 4=...has a co-pay that is too expensive. 5=...has a deductible that is too expensive. 6=...doesn't cover certain types of services or providers. 7=...has a limit on the number of services that are covered. 8=Other (please specify)	
	This semester, how easy or difficult has it been paying for mental health care?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult 7=Not applicable	

**ELECTIVE MODULES:****(4) SUBSTANCE USE**

## Substance Use

The next questions will ask you about your experiences with and opinions about alcohol and other drugs. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Personal alcohol use	How often do you have a drink containing alcohol?	1=Never 2=Monthly or less 3=2-4 times a month 4=2-3 times a week 5=4 or more times a week	AUDIT (Saunders et al., 1993)
	How many drinks containing alcohol do you have on a typical day when you are drinking? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=1 or 2 2=3 or 4 3=5 or 6 4=7 to 9 5=10 or more	AUDIT (Saunders et al., 1993)  Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	How often do you have 4 [female]/5 [male]/4 or 5 [not female or male] or more drinks on 1 occasion? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)  Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	How often during the last year have you found that you were not able to stop drinking once you had started?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	How often during the last year have you failed to do what was normally expected of you because of drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	How often during the last year have you needed a drink in the morning to get yourself going after a heavy drinking session?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	How often during the last year have you had a feeling of guilt or remorse after drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	How often during the last year have you been unable to remember what happened the night before of your drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	Have you or someone else been injured because you had been drinking?	0=No 1=Yes, but not in the last year	AUDIT (Saunders et al., 1993)

		2=Yes, during the last year	
	Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?	1=No 2=Yes, but not in the last year 3=Yes, during the last year	AUDIT (Saunders et al., 1993)
	On the last occasion you drank alcohol, how much did you consume? (1 drink is a can of beer, a glass of wine, a shot of liquor, or a mixed drink)	1=1 drink 2=2 drinks 3=3 drinks 4=4 drinks 5=5 or more drinks 6=I don't remember 7=I don't drink	
	Have you ever received counseling or treatment for an alcohol-related problem from a health professional (such as psychiatrist, psychologist, social worker, or primary care doctor)?	1=Yes 0=No	
Personal substance use	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Marijuana 2=Cocaine (any form, including crack, powder, or freebase) 3=Heroin 4=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed 5=Benzodiazepines (such as Valium, Ativan, Klonopin, Xanax, Rohypnal (Roofies)) 6=Methamphetamines (also known as speed, crystal meth, Tina, T, or ice) 7=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed 8=MDMA (also known as Ecstasy or Molly) 9=Ketamine (also known as K, Special K) 10=LSD (also known as acid) 11=Psilocybin (also known as magic mushrooms, boomers, shrooms) 12=Kratom 13=Athletic performance enhancers (anything that violates policies set by your school or any athletic governing body) 14=Other drugs without a prescription (please specify) 15=No, none of these [mutually exclusive]	
	Over the past 30 days, how often have you used marijuana (either smoking, vaping, edibles or otherwise)?	1= Every day 2=Nearly every day 3=3-4 days per week	Included if 'Overall Health' module not selected  Display if "Marijuana" is selected for "Over the past 30 days, have you

		4=1-2 days per week 5=Less than once per week	used any of the following drugs?(Select all that apply)"
	Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	
	Over the past 30 days, have you used an electronic cigarette or vape pen?	1=Yes 2=No	Included if 'Overall Health' module not selected
	What did you think was in the mist you inhaled the last time you used a vaping device?	1=Any vaping 2=Vaping nicotine 3=Vaping Marijuana 4=Vaping "just flavoring"	Display if "Yes" is selected for "Over the past 30 days, have you used an electronic cigarette or vape pen?"  National Institutes of Health Monitoring the Future survey (2017)
Perception of risk regarding substance use	How much do you think people risk harming themselves physically or in other ways when they have 5 or more drinks containing alcohol once or twice a week? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012)  Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	How much do you think people risk harming themselves physically or in other ways if they smoke 1 or more packs of cigarettes per day?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012)
	How much do you think people risk harming themselves physically or in other ways if they smoke marijuana once or twice a week?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012)
	How much do you think people risk harming themselves physically or in other ways if they use prescription drugs that are not prescribed to them?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012)
	How much do you think people risk harming themselves physically or in other ways if they vape daily?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	
Other students alcohol use	In the past 30 days, how often have you had to "baby-sit" or take care of another student who drank too much?	1=0 times 2=1 times 3=2 times 4=3 times 5=4 or more times	
	In the past 30 days, how often have you experienced an unwanted sexual advance because of other students' drinking?	1=0 times 2=1 times 3=2 times 4=3 times 5=4 or more times	
	In the past 30 days, how often have you been a victim of sexual assault or "date rape" because of other students' drinking?	1=0 times 2=1 times 3=2 times 4=3 times 5=4 or more times	
Perceptions of peer	In the past 30 days, about what percent of students at your school	1= _____ %	Instructions for this item: "The next few items ask for your perceptions

substance use	drank alcohol?	[force numeric, 0-100]	of other students' behaviors regarding alcohol and substance use. Please provide your best guess."
	In the past 30 days, about what percent of students at your school smoked cigarettes?	1=_____ % [force numeric, 0-100]	Instructions for this item: "The next few items ask for your perceptions of other students' behaviors regarding alcohol and substance use. Please provide your best guess."
	In the past 30 days, about what percent of students at your school smoked (or otherwise used) marijuana?	1=_____ % [force numeric, 0-100]	Instructions for this item: "The next few items ask for your perceptions of other students' behaviors regarding alcohol and substance use. Please provide your best guess."
	In the past 30 days, about what percent of students at your school vaped?	1=_____ % [force numeric, 0-100]	Instructions for this item: "The next few items ask for your perceptions of other students' behaviors regarding alcohol and substance use. Please provide your best guess."
	How much do you agree with the following statement?: Alcohol use is a problem for students on my campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

**(10) UPSTANDER/BYSTANDER BEHAVIORS**

Witnessing and Reacting to Difficult Situations on Campus

The next questions will ask you about difficult situations that you may have witnessed on your campus in the past year and whether you have intervened (by trying to help). Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Campus climate around upstanding	How much do you agree with the following statement?: At my school, we are a campus where we look out for each other.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I am responsible to help if a friend is struggling.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I am responsible to help if a classmate is struggling.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Witnessing	In the past year, I have witnessed the following situations on my campus: (Select all that apply)	1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight 6=Other (please specify) 7=None of the above [ <a href="#">mutually exclusive</a> ]	
Upstanding	How much do you agree with the following statement?: If I saw someone was drinking too much, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: If I saw someone was at risk of being sexually assaulted, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?:	1=Strongly agree	

	If I saw someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments), I would intervene (by trying to help).	2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: If I saw someone was experiencing significant emotional distress or thoughts of suicide, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: If I saw there was a physical altercation/fight, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	In the past year, I have intervened (by trying to help) in the following situations on my campus: (Select all that apply)	1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight 6=Other (please specify) 7=None of the above [ <a href="#">mutually exclusive</a> ]	
	How much do you agree with the following statement?: When I intervened, I was able to make the situation better. (If you intervened in multiple situations, please consider them as a whole.)	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Bystanding	In the past year, I witnessed the following risky or difficult situations on my campus but <b>did not</b> intervene: (Select all that apply)	1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight. 6=Other (please specify) 7=None of the above [ <a href="#">mutually exclusive</a> ]	
	I decided not to intervene because...	1=I was afraid of embarrassing myself.	

	(Select all that apply)	2=I assumed someone else would do something. 3=I didn't know what to do. 4=I didn't feel confident. 5=I felt it was none of my business. 6=I was afraid my friends wouldn't support me. 7=I felt it was unsafe. 8=I was afraid I'd get in trouble. 9=Other (please specify)	
--	-------------------------	--	--



