

THE HEALTHY MINDS STUDY (HMS): QUESTIONNAIRE MODULES AND SURVEY ENDINGS



MENU OF MODULES:

	Number of Items
Standard Modules¹	
(1) Demographics	29-35
(2) Mental Health Status	27-59
(3) Mental Health Service Utilization/Help-Seeking	18-50
Elective Modules²	
(4) Substance Use	22-24
(5) Sleep (half module)	12-13
(6) Eating and Body Image	25-28
(7) Sexual Assault	26-44
(8) Overall Health	19-31
(9) Knowledge and Attitudes about Mental Health and Mental Health Services	25-28
(10) Upstander/Bystander Behaviors (half module)	8-12
(11) Campus Climate and Culture	15
(12) Competition	12
(13) Resilience and Coping	13
(14) Persistence and Retention	25-27
(15) Financial Stress	10

Notes: ¹Standard modules are fielded at all participating institutions. The standard modules include a limited number of questions spanning the majority of the Elective module topics, in addition to providing rich data on students' demographics, mental health status, and mental health service utilization and help-seeking behaviors.

²Elective modules are chosen by participating institution from the options listed above. To ensure that the overall survey (standard modules+elective modules) remains reasonable in length, participating institutions typically choose 2 elective modules (2 half modules can be combined to account for 1 module). The number of items per module is determined by 2 factors: (1) skip logic embedded within the survey (i.e., some measures are assessed only for students with certain responses to survey items), and (2) which elective modules are selected by the participating institution. In terms of the order of modules presented to students, the 'Demographics' module is always first, followed by the 'Mental Health Status' module; the order of the remaining modules varies based on which elective modules are selected.

ABOUT THIS DOCUMENT:

Contents:

This document outlines all survey items included in HMS, beginning with the standard modules ('Demographics', 'Mental Health Status', and 'Mental Health Service Utilization/Help-Seeking') and then the elective modules. The final pages of the document include the survey endings (shown to student participants upon completing the survey).

Each module is presented within a table. Above each table is the module name (in all capital letters, bolded and underlined). Directly beneath the module name is the text shown to student participants at the beginning of that module. For example, students beginning the 'Demographics' module see the following text above the first question in that module: "Basic Information: *This section will ask you to provide basic information about yourself*". Information in the column 'Section' outlines organization within the module and is not visible to students within the survey.

Color Coding:

As noted above, some items are based on embedded skip logic within the survey (i.e., some measures are assessed only for students with certain responses to survey items). For example, only students who respond "No" to the question "Are you a United States citizen (or permanent resident)?" are asked the follow-up question "What is your country of citizenship (passport country)?" This follow-up question is shown in gray, indicating that the item is based on embedded skip logic.

HMS is a web-based survey. As such, there are numerous coding and programming decisions (*the vast majority of which are rather boring so we'll spare you*). A few are important: for example, many items allow student respondents to "Select all that apply". In some cases, one of the response options is 'mutually exclusive' meaning that a student respondent who selects that response option cannot select any of the other options (e.g., the response category "None" is mutually exclusive for the item "What activities do you currently participate in at your school?"). Programming notes are included in blue within the module tables.

Finally, certain items within the standard modules include a note in red (in the 'Citation/Notes' column) indicating that the item is included only if the elective module on that topic is not selected. In other words, a small number of items about important topics are included even if the elective module on that topic is not selected. This ensures that institutions have basic information about important topics that are not selected for in-depth assessment through elective modules. For example, if an institution does not select the 'Sleep' half module, a small number of items about sleep habits are included in the 'Mental Health Status' module. If an institution does select the 'Sleep' half module, the items about sleep are not included in the 'Mental Health Status' module (because sleep habits are being assessed separately in more detail through the 'Sleep' half module).

To review:

ITEM BASED ON EMBEDDED SKIP LOGIC

LOGISTIC/PROGRAMMING NOTES

ITEM INCLUDED IF ELECTIVE MODULE ON THAT TOPIC NOT SELECTED

STANDARD MODULES:

(1) DEMOGRAPHICS

Basic Information

This section will ask you to provide basic information about yourself. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Age	age	How old are you? (You must be 18 years or older to complete this survey.)	1= _____ years old	
Sex/gender/sexuality	sex_birth	What was your sex at birth?	1=Female 2=Male 3=Intersex	Based on guidance from the Trevor Project SDS90
	gender	What is your gender identity?	1=Male 2=Female 3=Trans male/Trans man 4=Trans female/Trans woman 5=Genderqueer/Gender non-conforming 6=Self-identify (please specify)	Based on guidance from the Trevor Project SDS88 SDS89: Self-identify gender identity (free response)
	sexual	How would you describe your sexual orientation? (Select all that apply)	1=Heterosexual 2=Lesbian 3=Gay 4=Bisexual 5=Queer 6=Questioning 7=Self-identify (please specify)	SDS91, SDS92
	relship	How would you characterize your current relationship status?	1=Single 2=In a relationship 3=Married, in a domestic partnership, or engaged 4=Divorced or separated 5=Widowed 6=Other (please specify)	
Race/ethnicity	race_black	What is your race/ethnicity? (Select all that apply)	1=African American / Black	SDS95, SDS29
	race_ainaan	What is your race/ethnicity? (Select all that apply)	1=American Indian or Alaskan native	
	race_asian	What is your race/ethnicity? (Select all that apply)	1=Asian American / Asian	
	race_his	What is your race/ethnicity? (Select all that apply)	1= Hispanic / Latino/a	
	race_pi	What is your race/ethnicity? (Select all that apply)	1=Native Hawaiian or Pacific Islander	
	race_mides	What is your race/ethnicity? (Select all that apply)	1=Middle Eastern, Arab, or Arab America	
	race_white	What is your race/ethnicity? (Select all that apply)	1=White	
	race_other	What is your race/ethnicity? (Select all that apply)	1=Other (please specify)	race_other_text= Other (please specify)

Citizenship	international	Are you an international student?	1=Yes 0=No	Adapt for non-U.S. colleges and universities SDS32
Socioeconomic status	fincur	How would you describe your financial situation right now?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	SDS57 Included if 'Financial Stress' module not selected
	finpast	How would you describe your financial situation while growing up?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	SDS58 Included if 'Financial Stress' module not selected
Family characteristics	child_dependent	What is the current number of children or other dependents living in your household, for whom you are responsible?	1=None 2=1 3=2 4=3 5=4 or more	
Work responsibilities	hours_work_paid	What is the average number of hours you work per week during the school year (paid employment only)?	Free Response	SDS55
	educ_par1	What is the highest level of education completed by your parents or stepparents? Parent 1	This parent's education: 1=8th grade or lower 2=Between 9th and 12th grade (but no high school degree) 3=High school degree 4=Some college (but no college degree) 5=Associate's degree 6=Bachelor's degree 7=Graduate degree 8=Don't know	
	educ_par2	What is the highest level of education completed by your parents or stepparents? Parent 2	This parent's education: 1=8th grade or lower 2=Between 9th and 12th grade (but no high school degree) 3=High school degree 4=Some college (but no college degree) 5=Associate's degree 6=Bachelor's degree 7=Graduate degree 8=Don't know	
	educ_par1_rel	Parent 1's relationship to you:	1=Mother or stepmother 2=Father or stepfather 3=Other	
	educ_par2_rel	Parent 2's relationship to you:	1=Mother or stepmother 2=Father or stepfather 3=Other	
Religiosity	religios	How important is religion in your life?	1=Very Important 2=Important 3=Neutral 4=Unimportant	SDS36

			5=Very unimportant	
	relig_aff_ag	What is your religious affiliation? (Select all that apply)	1=Agnostic	SDS97
	relig_aff_at	What is your religious affiliation? (Select all that apply)	1=Atheist	
	relig_aff_b	What is your religious affiliation? (Select all that apply)	1=Buddhist	
	relig_aff_ca	What is your religious affiliation? (Select all that apply)	1=Catholic	
	relig_aff_ch	What is your religious affiliation? (Select all that apply)	1=Christian	
	relig_aff_h	What is your religious affiliation? (Select all that apply)	1=Hindu	
	relig_aff_j	What is your religious affiliation? (Select all that apply)	1=Jewish	
	relig_aff_m	What is your religious affiliation? (Select all that apply)	1=Muslim	
	relig_aff_no	What is your religious affiliation? (Select all that apply)	1=No preference [mutually exclusive]	
	relig_aff_oth	What is your religious affiliation? (Select all that apply)	1=Self-identify (please specify)	relig_aff_other_text=Self-identify (please specify)
Academic information	degree_ass	In what degree program are you currently enrolled? (select all that apply)	1=Associate's	SDS39
	degree_bach	In what degree program are you currently enrolled? (select all that apply)	1=Bachelor's	
	degree_ma	In what degree program are you currently enrolled? (select all that apply)	1=Master's	
	degree_jd	In what degree program are you currently enrolled? (select all that apply)	1=JD	
	degree_md	In what degree program are you currently enrolled? (select all that apply)	1=MD	
	degree_phd	In what degree program are you currently enrolled? (select all that apply)	1=PhD (or equivalent doctoral program)	
	degree_other	In what degree program are you currently enrolled? (select all that apply)	1=Other (please specify)	degree_other_text= Other (please specify)
	degree_nd	In what degree program are you currently enrolled? (select all that apply)	1=Non-degree student [mutually exclusive]	
	transfer	Did you transfer from another campus/institution to this school?	1=Yes, I transferred from a community or junior college. 2=Yes, I transferred from a 4-year college or university. 3=No	SDS46
	yr_sch	What year are you in your current degree program?	1=1st year 2=2nd year 3=3rd year 4=4th year 5=5th year 6=6th year 7=7th+ year	Display if "Non-degree student" not selected for "In what degree program are you currently enrolled?"
	enroll	What is your enrollment status?	1=Full-time student	

			2=Part-time student 3=Other (please specify)	
	field_hum	What is your field of study? (Select all that apply)	1=Humanities (history, languages, philosophy, etc.)	
	field_nat	What is your field of study? (Select all that apply)	1=Natural sciences or mathematics	
	field_soc	What is your field of study? (Select all that apply)	1=Social sciences (economics, psychology, etc.)	
	field_arc	What is your field of study? (Select all that apply)	1=Architecture or urban planning	
	field_art	What is your field of study? (Select all that apply)	1=Art and design	
	field_bus	What is your field of study? (Select all that apply)	1=Business	
	field_den	What is your field of study? (Select all that apply)	1=[if graduate, ask → Dentistry]	
	field_ed	What is your field of study? (Select all that apply)	1=Education	
	field_eng	What is your field of study? (Select all that apply)	1=Engineering	
	field_law	What is your field of study? (Select all that apply)	1=[if graduate, ask → Law]	
	field_med	What is your field of study? (Select all that apply)	1=[if graduate, ask → Medicine]	
	field_mus	What is your field of study? (Select all that apply)	1=Music, theatre, or dance	
	field_nur	What is your field of study? (Select all that apply)	1=Nursing	
	field_pharm	What is your field of study? (Select all that apply)	1=Pharmacy	
	field_prep	What is your field of study? (Select all that apply)	1=[if undergraduate, ask → Pre-professional (pre-business, pre-health, pre-law)]	
	field_ph	What is your field of study? (Select all that apply)	1=Public health	
	field_pp	What is your field of study? (Select all that apply)	1=Public policy	
	field_sw	What is your field of study? (Select all that apply)	1=[if graduate, ask → Social work]	
	field_und	What is your field of study? (Select all that apply)	1=[if undergraduate, ask → Undecided] [mutually exclusive]	
	field_other	What is your field of study? (Select all that apply)	1=Other (please specify)	field_other_text= Other (please specify)
	gpa_sr	What is your current overall GPA?	0=A+ 1=A 2=A- 3=B+ 4=B 5=B- 6=C+ 7=C	SDS46

			8=C- 9=D+ or below 10=No grade or don't know	
	aca_impa	In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your academic performance?	1=None 2=1-2 days 3=3-5 days 4=6 or more days	
	timeclass	How much time do you spend during a typical week attending classes/lab?	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
	timestud	How much time do you spend during a typical week studying/doing homework?	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
	persist	How much do you agree with the following statement?: I am confident that I will be able to finish my degree no matter what challenges I may face.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Persistence and Retention' module not selected
Housing	residenc	Where do you currently live?	1=On-campus housing, residence hall 2=On-campus housing, apartment 3=Fraternity or sorority house 4=On- or off-campus co-operative housing 5=Off-campus, non-university housing 6=With my parents (or relatives) 7=Other (please specify)	
Extracurricular activities	activ_ac	What activities do you currently participate in at your school? (Select all that apply)	1=Academic or pre-professional organization	
	activ_athc	What activities do you currently participate in at your school? (Select all that apply)	1=Athletics (club)	
	activ_athv	What activities do you currently participate in at your school? (Select all that apply)	1=Athletics (intercollegiate varsity)	
	activ_athi	What activities do you currently participate in at your school? (Select all that apply)	1=Athletics (intramural)	
	activ_cs	What activities do you currently participate in at your school? (Select all that apply)	1=Community service	
	activ_cu	What activities do you currently participate in at your	1=Cultural or racial organization	

		school? (Select all that apply)		
	activ_da	What activities do you currently participate in at your school? (Select all that apply)	1=Dance	
	activ_fs	What activities do you currently participate in at your school? (Select all that apply)	1=Fraternity or sorority	
	activ_gs	What activities do you currently participate in at your school? (Select all that apply)	1=Gender or sexuality organization	
	activ_gov	What activities do you currently participate in at your school? (Select all that apply)	1=Government or politics (including student government)	
	activ_hw	What activities do you currently participate in at your school? (Select all that apply)	1=Health and wellness organization	
	activ_mp	What activities do you currently participate in at your school? (Select all that apply)	1=Media or publications	
	activ_md	What activities do you currently participate in at your school? (Select all that apply)	1=Music or drama	
	activ_rel	What activities do you currently participate in at your school? (Select all that apply)	1=Religious organization	
	activ_soc	What activities do you currently participate in at your school? (Select all that apply)	1=Social organization (that is not a fraternity or sorority)	
	activ_art	What activities do you currently participate in at your school? (Select all that apply)	1=Visual or fine arts	
	activ_other	What activities do you currently participate in at your school? (Select all that apply)	1=Other (please specify)	activ_other_text= Other (please specify)
	activ_none	What activities do you currently participate in at your school? (Select all that apply)	1=None [mutually exclusive]	
	sp_base	What sport(s) do you participate in at your school?	1=Baseball	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_basket	What sport(s) do you participate in at your school?	1=Basketball	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_box	What sport(s) do you participate in at your school?	1=Boxing	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_cheer	What sport(s) do you participate in at your school?	1=Cheering and/or dancing	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]

	sp_cross	What sport(s) do you participate in at your school?	1=Cross country	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_cycling	What sport(s) do you participate in at your school?	1=Cycling	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_fencing	What sport(s) do you participate in at your school?	1=Fencing	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_fieldhock	What sport(s) do you participate in at your school?	1=Field hockey	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_foot	What sport(s) do you participate in at your school?	1=Football	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_golf	What sport(s) do you participate in at your school?	1=Golf	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_gym	What sport(s) do you participate in at your school?	1=Gymnastics	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_icehock	What sport(s) do you participate in at your school?	1=Ice hockey	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_lacr	What sport(s) do you participate in at your school?	1=Lacrosse	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_row	What sport(s) do you participate in at your school?	1=Rowing	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_rugby	What sport(s) do you participate in at your school?	1=Rugby	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_sail	What sport(s) do you participate in at your school?	1=Sailing	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_soccer	What sport(s) do you participate in at your school?	1=Soccer	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_soft	What sport(s) do you participate in at your school?	1=Softball	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_swim	What sport(s) do you participate in at your school?	1=Swimming and/or diving	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_tennis	What sport(s) do you participate in at your school?	1=Tennis	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_track	What sport(s) do you participate in at your school?	1=Track and field	Instructions for this item: "(Use command or control key to select more than 1 sport.)"

				[multi-select box]
	sp_volley	What sport(s) do you participate in at your school?	1=Volleyball	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_waterpo	What sport(s) do you participate in at your school?	1=Water polo	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_wrestl	What sport(s) do you participate in at your school?	1=Wrestling	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
	sp_other	What sport(s) do you participate in at your school?	1=Other	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]
Overall school experience	satisfied_overall	How satisfied are you with your overall experience at your school?	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
Sense of belonging	belong1	How much do you agree with the following statement?: I see myself as a part of the campus community.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Perceived Cohesion Scale (Bollen & Hoyle, 1990)
Military experience	military	Have you ever served in the United States Armed Forces, military Reserves, or National Guard?	1=No, never served in the military 2=Yes, currently in Reserve Officers' Training Corps (ROTC) 3=Yes, currently in military Reserves or National Guard 4=Yes, now on active duty 5=Yes, on active duty during the past 12 months, but not now 6=Yes, on active duty in the past, but not during the past 12 months	
Disabilities	disab2	Are you registered, with the office for disability services on this campus, as having a documented and diagnosed disability?	1=Yes 0=No	SDS60
	disab_att	If you selected, "Yes" for the previous question, please indicate which category of disability you are registered for: (Select all that apply)	1=Attention deficit/hyperactivity disorders	SDS61 SDS21 ("Other (please specify)" free response)
	disab_deaf	If you selected, "Yes" for the previous question, please indicate which category of disability you are registered for: (Select all that apply)	1=Deaf or hard of hearing	SDS61 SDS21 ("Other (please specify)" free response)
	disab_learn	If you selected, "Yes" for the previous question, please indicate which category of disability you are registered for: (Select all that apply)	1=Learning disorders	SDS61 SDS21 ("Other (please specify)" free response)

	disab_mobil	If you selected, "Yes" for the previous question, please indicate which category of disability you are registered for: (Select all that apply)	1=Mobility Impairments	SDS61 SDS21 ("Other (please specify)" free response)
	disab_neuro	If you selected, "Yes" for the previous question, please indicate which category of disability you are registered for: (Select all that apply)	1=Neurological disorders	SDS61 SDS21 ("Other (please specify)" free response)
	disab_phys	If you selected, "Yes" for the previous question, please indicate which category of disability you are registered for: (Select all that apply)	1=Physical/health related disorders	SDS61 SDS21 ("Other (please specify)" free response)
	disab_psych	If you selected, "Yes" for the previous question, please indicate which category of disability you are registered for: (Select all that apply)	1=Psychological disorder/condition	SDS61 SDS21 ("Other (please specify)" free response)
	disab_visual	If you selected, "Yes" for the previous question, please indicate which category of disability you are registered for: (Select all that apply)	1=Visual impairments	SDS61 SDS21 ("Other (please specify)" free response)
	disab_other	If you selected, "Yes" for the previous question, please indicate which category of disability you are registered for: (Select all that apply)	1=Other (please specify)	SDS61 SDS21 ("Other (please specify)" free response) disab_other_text= Other (please specify)
	disab3	How often have you used the disability-related accommodations recommended for you?	1=Not at all 2=Occasionally 3=Frequently	

(2) MENTAL HEALTH STATUS

Mental and Emotional Health

The next set of questions will ask you about your overall well-being. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Positive mental health	diener1	I lead a purposeful and meaningful life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener2	My social relationships are supportive and rewarding.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener3	I am engaged and interested in my daily activities.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener4	I actively contribute to the happiness and well-being of others.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener5	I am competent and capable in the activities that are important to me.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	diener6	I am a good person and live a good life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your

			5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	agreement with each item by indicating that response for each statement.”
	diener7	I am optimistic about my future.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: “Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement.”
	deiener8	People respect me.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: “Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement.”
Depression	phq9_1	Over the last 2 weeks, how often have you been bothered by any of the following problems? Little interest or pleasure in doing things	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_2	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling down, depressed or hopeless	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_3	Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble falling or staying asleep, or sleeping too much	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_4	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling tired or having little energy	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_5	Over the last 2 weeks, how often have you been bothered by any of the following problems? Poor appetite or overeating	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_6	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling bad about yourself—or that you are a failure or have let yourself or your family down	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_7	Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble concentrating on things, such as reading the newspaper or watching television	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq9_8	Over the last 2 weeks, how often have you been bothered by any of the following problems? Moving or speaking so slowly that other people could have noticed; or the opposite—being so fidgety or restless that	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)

		you have been moving around a lot more than usual		
	phq9_9	Over the last 2 weeks, how often have you been bothered by any of the following problems? Thoughts that you would be better off dead or of hurting yourself in some way	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	dep_impa	How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?	1=Not difficult at all 2=Somewhat difficult 3=Very difficult 4=Extremely difficult	Adapted from Patient Health Questionnaire-9 (Kroenke et al., 2001)
	phq2_1	During that period, how often were you bothered by these problems? Little interest or pleasure in doing things	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Adapted from Patient Health Questionnaire-2 Instructions for this item: "Think about the 2-week period in the past year when you experienced the 2 problems below the most frequently."
	phq2_2	During that period, how often were you bothered by these problems? Feeling down, depressed or hopeless	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Adapted from Patient Health Questionnaire-2 Instructions for this item: "Think about the 2-week period in the past year when you experienced the 2 problems below the most frequently."
Anxiety	gad7_1	Over the last 2 weeks, how often have you been bothered by the following problems? Feeling nervous, anxious or on edge	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_2	Over the last 2 weeks, how often have you been bothered by the following problems? Not being able to stop or control worrying	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_3	Over the last 2 weeks, how often have you been bothered by the following problems? Worrying too much about different things	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_4	Over the last 2 weeks, how often have you been bothered by the following problems? Trouble relaxing	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_5	Over the last 2 weeks, how often have you been bothered by the following problems? Being so restless that it's hard to sit still	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_6	Over the last 2 weeks, how often have you been bothered by the following problems? Becoming easily annoyed or irritable	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_7	Over the last 2 weeks, how often have you been bothered by the following problems? Feeling afraid as if something awful might happen	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	gad7_impa	How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?	1=Not difficult at all 2=Somewhat difficult 3=Very difficult	

			4=Extremely difficult	
Eating and body image	thin_good	Do you need to be very thin in order to feel good about yourself?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected
	body_sr	I think I am...	1=Very underweight 2=Somewhat underweight 3=Normal weight 4=Somewhat overweight 5=Very overweight	Included if 'Eating and Body Image' module not selected
	height_ft	What is your current height? (If you don't know, please provide your best guess.)	1=_____ feet [force numeric, <=7]	Included if 'Eating and Body Image' module not selected
	height_in	What is your current height? (If you don't know, please provide your best guess.)	1=_____ inches [force numeric, <=11]	Included if 'Eating and Body Image' module not selected
	weight	What is your current weight? (If you don't know, please provide your best guess.)	1=_____ pounds [force numeric]	Included if 'Eating and Body Image' module not selected
	scoff_1	Do you ever make yourself sick because you feel uncomfortably full?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_2	Do you worry that you have lost control over how much you eat?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_3	Have you recently lost more than 15 pounds in a 3-month period?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_4	Do you believe yourself to be fat when others say you are too thin?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_5	Would you say that food dominates your life?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
Non-suicidal self-injury	sib_cut	In the past year, have you ever done any of the following	1=Cut myself	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."

		intentionally? (Select all that apply)		
	sib_burn	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Burned myself	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	sib_punch	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Punched or banged myself	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	sib_scratch	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Scratched myself	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	sib_pull	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Pulled my hair	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	sib_bit	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Bit myself	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	sib_wound	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Interfered with wound healing	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	sib_carv	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Carved words or symbols into skin	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	sib_rub	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Rubbed sharp objects into skin	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	sib_pobj	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Punched or banged an object to hurt myself	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	sib_other	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Other (please specify)	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself." sib_other_text= Other (please specify)
	sib_none	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=No, none of these [mutually exclusive]	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	sib_freq	On average, how often in the past year did you hurt yourself on purpose, without intending to kill yourself?	1=Once or twice 2=Once a month or less 3=2 or 3 times a month 4=Once or twice a week 5=3 to 5 days a week 6=Nearly everyday, or everyday	
Suicidality	sui_idea	In the past year, did you ever seriously think about attempting suicide?	1=Yes 0=No	
	sui_plan	In the past year, did you make a plan for attempting suicide?	1=Yes 0=No	
	sui_att	In the past year, did you attempt suicide?	1=Yes 0=No	
Violence	abuse_life	In your lifetime, how many times has anyone struck or physically injured you?	1=Never 2=1 time	

			3=2-3 times 4=4-5 times 5=More than 5 times	
	abuse_recent	When was the last time anyone has struck or physically injured you?	1=Within the last 2 weeks 2=Within the last month 3=Within the last year 4=Within the last 1-5 years 5=More than 5 years ago	
	assault_any	Over the past 12 months, did you strike or physically injure anyone?	1=Yes 0=No	
Emotional abuse	assault_emo	Over the past 12 months, were you called names, yelled at, humiliated, judged, threatened, coerced, or controlled by another person?	1=Yes 0=No	
Physical abuse	assault_phys	Over the past 12 months, were you kicked, slapped, punched or otherwise physically mistreated by another person?	1=Yes 0=No	
Sexual assault	sa_exp	In the past 12 months, has anyone had unwanted sexual contact with you? (Please count any experience of unwanted sexual contact [e.g., touching of your sexual body parts, oral sex, anal sex, sexual intercourse, and penetration of your vagina or anus with a finger or object] that you did not consent to and did not want to happen regardless of where it happened.)	1=Yes 0=No	Instructions for this item: “Unwanted sexual contact could happen when: someone touches or grabs your sexual body parts (e.g., butt, crotch, or breasts); someone uses force against you, such as holding you down with his or her body weight, pinning your arms, hitting or kicking you; someone threatens to hurt you or someone close to you; or you are unable to provide consent because you are incapacitated, passed out, unconscious, blacked out, or asleep. This could happen after you voluntarily used alcohol or drugs, or after you were given a drug without your knowledge or consent.”
	sa_who_st	Who was the person who had unwanted sexual contact with you? (select all that apply)	1=A stranger	Definition from CDC NISVS 2010
	sa_who_sh	Who was the person who had unwanted sexual contact with you? (select all that apply)	1=Someone you had seen or heard about but not talked to	Definition from CDC NISVS 2010
	sa_who_acq	Who was the person who had unwanted sexual contact with you? (select all that apply)	1=An acquaintance, friend of a friend, or someone that you had just met	Definition from CDC NISVS 2010
	sa_who_prof	Who was the person who had unwanted sexual contact with you? (select all that apply)	1=A professor or teaching assistant	Definition from CDC NISVS 2010
	sa_who_fr	Who was the person who had unwanted sexual contact with you? (select all that apply)	1=A current or ex friend or roommate	Definition from CDC NISVS 2010

	sa_who_part	Who was the person who had unwanted sexual contact with you? (select all that apply)	1=A current or ex dating partner or spouse	Definition from CDC NISVS 2010
	sa_who_so	Who was the person who had unwanted sexual contact with you? (select all that apply)	1=Someone else	Definition from CDC NISVS 2010
	sa_who_dk	Who was the person who had unwanted sexual contact with you? (select all that apply)	1=Unsure/Don't know	Definition from CDC NISVS 2010
Substance use	alc_any	Over the past 2 weeks, did you drink any alcohol?	1=Yes 0=No	
	binge_fr_f	Over the past 2 weeks, about how many times did you have 4 [female] or more alcoholic drinks in a row? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=0 times 2=1 time 3=2 times 4=3 to 5 times 5=6 to 9 times 6=10 or more times 7=Don't know	Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	binge_fr_m	Over the past 2 weeks, about how many times did you have 5 [male] or more alcoholic drinks in a row? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=0 times 2=1 time 3=2 times 4=3 to 5 times 5=6 to 9 times 6=10 or more times 7=Don't know	Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	binge_fr_o	Over the past 2 weeks, about how many times did you have 4 or 5 [not female or male] or more alcoholic drinks in a row? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=0 times 2=1 time 3=2 times 4=3 to 5 times 5=6 to 9 times 6=10 or more times 7=Don't know	Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	smok_freq	Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	Included if 'Substance Use' and 'Overall Health' modules both not selected
	drug_mar	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Marijuana	Included if 'Substance Use' and 'Overall Health' modules both not selected
	drug_coc	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Cocaine (any form, including crack, powder, or freebase)	Included if 'Substance Use' and 'Overall Health' modules both not selected

	drug_her	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Heroin	Included if 'Substance Use' and 'Overall Health' modules both not selected
	drug_opioid	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed	Included if 'Substance Use' and 'Overall Health' modules both not selected
	drug_met	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Methamphetamines (also known as speed, crystal meth, or ice)	Included if 'Substance Use' and 'Overall Health' modules both not selected
	drug_stim	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed	Included if 'Substance Use' and 'Overall Health' modules both not selected
	drug_ect	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Ecstasy	Included if 'Substance Use' and 'Overall Health' modules both not selected
	drug_other	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Other drugs without a prescription (please specify)	Included if 'Substance Use' and 'Overall Health' modules both not selected drug_other_text= Other drugs without a prescription (please specify)
	drug_none	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=No, none of these [mutually exclusive]	Included if 'Substance Use' and 'Overall Health' modules both not selected
Sleep	sleep_wk1	During this school year, at approximately what time have you typically gone to sleep on: Weeknights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	Included if 'Sleep' and 'Overall Health' modules both not selected

	sleep_wd1	During this school year, at approximately what time have you typically gone to sleep on: Weekend nights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	Included if 'Sleep' and 'Overall Health' modules both not selected
	sleep_wk2	During this school year, at approximately what time have you typically woken up on: Weekdays?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	Included if 'Sleep' and 'Overall Health' modules both not selected
	sleep_wd2	During this school year, at approximately what time have you typically woken up on: Weekend days?	1=12:00pm 2=1:00pm 3=2:00pm	Included if 'Sleep' and 'Overall Health' modules both not selected

			<p>4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am</p>	
	sleep_np1	During this school year, on how many days have you taken naps during a typical week?	<p>1=I don't take naps. 2=1 3=2 4=3 5=4 6=5 7=6 8=7</p>	Included if 'Sleep' and 'Overall Health' modules both not selected
	sleep_np2	How long is your typical nap?	<p>1=Less than 1 hour 2=Between 1 and 2 hours 3=Between 2 and 3 hours 4=More than 3 hours</p>	Included if 'Sleep' and 'Overall Health' modules both not selected

(3) MENTAL HEALTH SERVICE UTILIZATION/HELP-SEEKING

Experiences with Services and Support

The next questions will ask you about your experiences using mental health services. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Diagnosed mental illnesses	dx_dep	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Depression (e.g., major depressive disorder, persistent depressive disorder)	
	dx_bi	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Bipolar (e.g., bipolar I or II, cyclothymia)	
	dx_anx	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Anxiety (e.g., generalized anxiety disorder, phobias)	
	dx OCD	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Obsessive-compulsive or related disorders (e.g., obsessive-compulsive disorder, body dysmorphia)	
	dx_ptsd	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Trauma and Stressor Related Disorders (e.g., posttraumatic stress disorder)	
	dx_neurodev	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Neurodevelopmental disorder or intellectual disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, intellectual disability, autism spectrum disorder)	
	dx_ea	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Eating disorder (e.g., anorexia nervosa, bulimia nervosa)	
	dx_psy	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Psychosis (e.g., schizophrenia, schizo-affective disorder)	
	dx_pers	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Personality disorder (e.g., antisocial personality disorder, paranoid personality disorder, schizoid personality disorder)	
	dx_sa	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Substance use disorder (e.g., alcohol abuse, abuse of other drugs)	
	dx_none	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care	1=No, none of these [mutually exclusive]	

		doctor, psychiatrist, psychologist, etc.)? (Select all that apply)		
	dx_dk	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Don't know	
	dx_dep_1	Specifically, which of the following depression disorders were you diagnosed with by a professional? (Select all that apply)	1=Major depressive disorder	
	dx_dep_2	Specifically, which of the following depression disorders were you diagnosed with by a professional? (Select all that apply)	1=Dysthymia or persistent depressive disorder	
	dx_dep_5	Specifically, which of the following depression disorders were you diagnosed with by a professional? (Select all that apply)	1=Other (please specify)	dx_dep_5_text= Other (please specify)
	dx_dep_6	Specifically, which of the following depression disorders were you diagnosed with by a professional? (Select all that apply)	1=Don't know	
	dx_dep_7	Specifically, which of the following depression disorders were you diagnosed with by a professional? (Select all that apply)	1=Premenstrual dysphoric disorder	
	dx_bip_1	Specifically, which of the following bipolar and related disorders were you diagnosed with by a professional? (Select all that apply)	1=Bipolar I disorder	
	dx_bip_2	Specifically, which of the following bipolar and related disorders were you diagnosed with by a professional? (Select all that apply)	1=Bipolar II disorder	
	dx_bip_3	Specifically, which of the following bipolar and related disorders were you diagnosed with by a professional? (Select all that apply)	1=Cyclothymic disorder	
	dx_bip_4	Specifically, which of the following bipolar and related disorders were you diagnosed with by a professional? (Select all that apply)	1=Other (please specify)	dx_bip_4_text= Other (please specify)
	dx_bip_5	Specifically, which of the following bipolar and related disorders were you diagnosed with by a professional? (Select all that apply)	1=Don't know	
	dx_ax_1	Specifically, which of the following anxiety disorders were you diagnosed with by a professional? (Select all that apply)	1 =Generalized anxiety disorder	
	dx_ax_2	Specifically, which of the following anxiety disorders were you diagnosed with by a professional? (Select all that apply)	1=Panic disorder	
	dx_ax_3	Specifically, which of the following anxiety disorders were you diagnosed with by a professional? (Select all that apply)	1=Agoraphobia	
	dx_ax_4	Specifically, which of the following anxiety disorders were you diagnosed with by a professional? (Select all that apply)	1=Specific phobia (e.g., claustrophobia, arachnophobia, etc.)	
	dx_ax_5	Specifically, which of the following anxiety disorders were you diagnosed with by a professional?	1=Social anxiety disorder (or social phobia)	

		(Select all that apply)		
dx_ax_9	Specifically, which of the following anxiety disorders were you diagnosed with by a professional? (Select all that apply)	1=Other (please specify)	dx_ax_9_text= Other (please specify)	
dx_ax_10	Specifically, which of the following anxiety disorders were you diagnosed with by a professional? (Select all that apply)	1=Don't know		
dx OCD_1	Specifically, which of the following obsessive-compulsive or related disorders were you diagnosed with by a professional? (Select all that apply)	1=Obsessive-compulsive disorder		
dx OCD_2	Specifically, which of the following obsessive-compulsive or related disorders were you diagnosed with by a professional? (Select all that apply)	1=Body dysmorphic disorder		
dx OCD_3	Specifically, which of the following obsessive-compulsive or related disorders were you diagnosed with by a professional? (Select all that apply)	1=Hoarding disorder		
dx OCD_4	Specifically, which of the following obsessive-compulsive or related disorders were you diagnosed with by a professional? (Select all that apply)	1=Trichotillomania (hair-pulling disorder)		
dx OCD_5	Specifically, which of the following obsessive-compulsive or related disorders were you diagnosed with by a professional? (Select all that apply)	1=Excoriation (skin-picking) disorder		
dx OCD_6	Specifically, which of the following obsessive-compulsive or related disorders were you diagnosed with by a professional? (Select all that apply)	1=Other (please specify)	dx OCD_6_text= Other (please specify)	
	Specifically, which of the following obsessive-compulsive or related disorders were you diagnosed with by a professional? (Select all that apply)	1=Don't know		
dx_trauma_1	Specifically, which of the following trauma and stressor related disorders were you diagnosed with by a professional? (Select all that apply)	1=Posttraumatic stress disorder		
dx_trauma_2	Specifically, which of the following trauma and stressor related disorders were you diagnosed with by a professional? (Select all that apply)	1=Acute stress disorder		
dx_trauma_3	Specifically, which of the following trauma and stressor related disorders were you diagnosed with by a professional? (Select all that apply)	1=Adjustment disorder		
dx_trauma_4	Specifically, which of the following trauma and stressor related disorders were you diagnosed with by a professional?	1=Other (please specify)	dx PTSD_4_text= Other (please specify)	

		(Select all that apply)		
		Specifically, which of the following trauma and stressor related disorders were you diagnosed with by a professional? (Select all that apply)	1=Don't know	
	dx_neurodev_1	Specifically which of the following neurodevelopmental disorder or intellectual disability were you diagnosed with by a professional? (Select all that apply)	1=Attention deficit hyperactivity disorder (ADHD or ADD)	
	dx_neurodev_2	Specifically which of the following neurodevelopmental disorder or intellectual disability were you diagnosed with by a professional? (Select all that apply)	1=Other intellectual disability	
	dx_neurodev_3	Specifically which of the following neurodevelopmental disorder or intellectual disability were you diagnosed with by a professional? (Select all that apply)	1=Other (please specify)	dx_att_3_text= Other (please specify)
	dx_neurodev_4	Specifically which of the following neurodevelopmental disorder or intellectual disability were you diagnosed with by a professional? (Select all that apply)	1=Don't know	
	dx_neurodev_5	Specifically which of the following neurodevelopmental disorder or intellectual disability were you diagnosed with by a professional? (Select all that apply)	1=Autism spectrum disorder	
	dx_ea_1	Specifically, which of the following eating disorders were you diagnosed with by a professional? (Select all that apply)	1=Anorexia nervosa	
	dx_ea_2	Specifically, which of the following eating disorders were you diagnosed with by a professional? (Select all that apply)	1=Bulimia nervosa	
	dx_ea_3	Specifically, which of the following eating disorders were you diagnosed with by a professional? (Select all that apply)	1=Binge-eating disorder	
	dx_ea_4	Specifically, which of the following eating disorders were you diagnosed with by a professional? (Select all that apply)	1=Other (please specify)	dx_ea_4_text= Other (please specify)
	dx_ea_5	Specifically, which of the following eating disorders were you diagnosed with by a professional? (Select all that apply)	1=Don't know	
	dx_ea_6	Specifically, which of the following eating disorders were you diagnosed with by a professional? (Select all that apply)	1=Pica	
	dx_ea_7	Specifically, which of the following eating disorders were you diagnosed with by a professional? (Select all that apply)	1=Avoidant/restrictive food intake disorder (selective eating disorder)	
	dx_psy_1	Specifically, which of the following psychotic disorders were you diagnosed with by a professional? (Select all that apply)	1=Schizophrenia	
	dx_psy_2	Specifically, which of the following psychotic disorders	1=Schizo-affective disorder	

		were you diagnosed with by a professional? (Select all that apply)		
	dx_psy_3	Specifically, which of the following psychotic disorders were you diagnosed with by a professional? (Select all that apply)	1=Brief psychotic disorder	
	dx_psy_4	Specifically, which of the following psychotic disorders were you diagnosed with by a professional? (Select all that apply)	1=Delusional disorder	
	dx_psy_5	Specifically, which of the following psychotic disorders were you diagnosed with by a professional? (Select all that apply)	1=Schizophreniform disorder	
	dx_psy_7	Specifically, which of the following psychotic disorders were you diagnosed with by a professional? (Select all that apply)	1=Other (please specify)	dx_psy_7_text= Other (please specify)
	dx_psy_8	Specifically, which of the following psychotic disorders were you diagnosed with by a professional? (Select all that apply)	1=Don't know	
	dx_perso_1	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Antisocial personality disorder	
	dx_perso_2	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Avoidant personality disorder	
	dx_perso_3	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Borderline personality disorder	
	dx_perso_4	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Dependent personality disorder	
	dx_perso_5	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Histrionic personality disorder	
	dx_perso_6	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Narcissistic personality disorder	
	dx_perso_7	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Obsessive-Compulsive personality disorder	
	dx_perso_8	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Paranoid personality disorder	
	dx_perso_9	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Schizoid personality disorder	
	dx_perso_10	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Schizotypal personality disorder	
	dx_perso_11	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Other (please specify)	dx_perso_11_text= Other (please specify)

	dx_perso_12	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Don't know	
	dx_sa_1	Specifically, which of the following substance disorders were you diagnosed with by a professional? (Select all that apply)	1=Alcohol abuse or other alcohol-related disorders	
	dx_sa_2	Specifically, which of the following substance disorders were you diagnosed with by a professional? (Select all that apply)	1=Other (please specify)	dx_sa_2_text= Other (please specify)
	dx_sa_3	Specifically, which of the following substance disorders were you diagnosed with by a professional? (Select all that apply)	1=Don't know	
Knowledge of campus services	knowwher	How much do you agree with the following statement?: If I needed to seek professional help for my mental or emotional health, I would know where to go on my campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
Beliefs about treatment efficacy	med_help	How helpful on average do you think medication is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
	ther_help	How helpful on average do you think therapy or counseling is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
Stigma	stig_pcv_1	How much do you agree with the following statement?: Most people think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
	stig_per_1	How much do you agree with the following statement?: I would think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
Perceived need	percneed	How much do you agree with the following statement?: In the past 12 months, I needed help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	percneed_cur	How much do you agree with the following statement?: I currently need help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display only if previous item answered with at least "somewhat agree"

Help-seeking intentions	talk1_1	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=Professional clinician (e.g., psychologist, counselor, or psychiatrist)	
	talk1_2	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=Roommate	
	talk1_3	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=Friend (who is not a roommate)	
	talk1_4	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=Significant other	
	talk1_5	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=Family member	
	talk1_6	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=Religious counselor or other religious contact	
	talk1_7	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=Support group	
	talk1_8	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=Other non-clinical source (please specify)	talk1_8_text= Other non-clinical source (please specify)
	talk1_9	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=No one [mutually exclusive]	
Use of counseling/therapy	ther_ever	Have you ever received counseling or therapy for mental health concerns?	1=No, never 2=Yes, prior to starting college 3=Yes, since starting college 4=Yes, both of the above (prior to college and since starting college)	SDSo1
	ther_vis	How many total visits or sessions for counseling or therapy have you had in the past 12 months?	0=0 1=1-3 2=4-6 3=7-9 4=10 or more	Display only if previous item answered with "Yes, prior to starting college" or later
	ther_cur	Are you currently receiving counseling or therapy?	1=Yes 0=No	Display only if previous item answered with more than "0" total visits in the past 12 months
	prov_1	From which of the following places did you receive counseling or therapy? (Select all that apply)	1=[Insert name of institution's student counseling services]	Display only if previous item is displayed
	prov_2	From which of the following places did you receive counseling or therapy? (Select all that apply)	1=[Insert name of institution's campus health services]	Display only if previous item is displayed
	prov_3	From which of the following places did you receive counseling or therapy? (Select all that apply)	1=[Insert other campus counseling or health service]	Display only if previous item is displayed
	prov_4	From which of the following places did you receive counseling or therapy?	1=Psychiatric Emergency Services/Psych Emergency Room (ER)	Display only if previous item is displayed

		(Select all that apply)		
	prov_5	From which of the following places did you receive counseling or therapy? (Select all that apply)	1=Inpatient psychiatric hospital	Display only if previous item is displayed
	prov_6	From which of the following places did you receive counseling or therapy? (Select all that apply)	1=Partial hospitalization program	Display only if previous item is displayed
	prov_7	From which of the following places did you receive counseling or therapy? (Select all that apply)	1=Provider in the local community (not on campus)	Display only if previous item is displayed
	prov_8	From which of the following places did you receive counseling or therapy? (Select all that apply)	1=Provider in another location (such as your hometown)	Display only if previous item is displayed
	prov_9	From which of the following places did you receive counseling or therapy? (Select all that apply)	1=Other (please specify)	Display only if previous item is displayed prov_9_text= Other (please specify)
	prov_10	From which of the following places did you receive counseling or therapy? (Select all that apply)	1=Don't know	Display only if previous item is displayed
Satisfaction with counseling/therapy	sat_hours_1	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [Insert name of institution's student counseling services]?: Convenient hours	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_loc_1	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [Insert name of institution's student counseling services]?: Location	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_qual_1	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [Insert name of institution's student counseling services]?: Quality of therapists/counselors	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_priv_1	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [Insert name of institution's student counseling services]?: Respect for your privacy concerns	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_sched_1	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [Insert name of institution's student counseling services]?: Ability to schedule appointments without long delays	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_hours_2	How satisfied/dissatisfied are you with the following	1=Very dissatisfied	

		aspects of your therapy or counseling that you received in the past 12 months at [Insert name of institution's campus health services] ?: Convenient hours	2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_loc_2	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [Insert name of institution's campus health services] ?: Location	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_qual_2	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [Insert name of institution's campus health services] ?: Quality of therapists/counselors	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_priv_2	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [Insert name of institution's campus health services] ?: Respect for your privacy concerns	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_sched_2	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [Insert name of institution's campus health services] ?: Ability to schedule appointments without long delays	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_hours_3	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [Insert other campus counseling or health service] ?: Convenient hours	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_loc_3	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [Insert other campus counseling or health service] ?: Location	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_qual_3	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [Insert other campus counseling or health service] ?: Quality of therapists/counselors	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_priv_3	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [Insert other campus counseling or health service] ?:	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied	

		Respect for your privacy concerns	5=Satisfied 6=Very satisfied	
	sat_sched_3	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [Insert other campus counseling or health service]?: Ability to schedule appointments without long delays	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_hours_4	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Psychiatric Emergency Services/Psych Emergency Room (ER)?: Convenient hours	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_loc_4	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Psychiatric Emergency Services/Psych Emergency Room (ER)?: Location	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_qual_4	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Psychiatric Emergency Services/Psych Emergency Room (ER)?: Quality of therapists/counselors	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_priv_4	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Psychiatric Emergency Services/Psych Emergency Room (ER)?: Respect for your privacy concerns	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_sched_4	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Psychiatric Emergency Services/Psych Emergency Room (ER)?: Ability to schedule appointments without long delays	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_hours_5	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Inpatient psychiatric hospital?: Convenient hours	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_loc_5	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Inpatient psychiatric hospital?: Location	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_qual_5	How satisfied/dissatisfied are you with the following	1=Very dissatisfied	

		aspects of your therapy or counseling that you received in the past 12 months at Inpatient psychiatric hospital ?: Quality of therapists/counselors	2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_priv_5	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Inpatient psychiatric hospital ?: Respect for your privacy concerns	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_sched_5	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Inpatient psychiatric hospital?: Ability to schedule appointments without long delays	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_hours_6	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Partial hospitalization program?: Convenient hours	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_loc_6	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Partial hospitalization program?: Location	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_qual_6	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Partial hospitalization program?: Quality of therapists/counselors	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_priv_6	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Partial hospitalization program?: Respect for your privacy concerns	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_sched_6	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Partial hospitalization program?: Ability to schedule appointments without long delays	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_hours_7	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at a provider in the local community (not on campus)?:	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied	

		Convenient hours	5=Satisfied 6=Very satisfied	
	sat_loc_7	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at a provider in the local community (not on campus)?: Location	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_qual_7	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at a provider in the local community (not on campus)?: Quality of therapists/counselors	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_priv_7	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at a provider in the local community (not on campus)?: Respect for your privacy concerns	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_sched_7	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at a provider in the local community (not on campus)?: Ability to schedule appointments without long delays	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_hours_8	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at a provider in another location (such as your hometown)?: Convenient hours	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_loc_8	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at a provider in another location (such as your hometown)?: Location	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_qual_8	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at a provider in another location (such as your hometown)?: Quality of therapists/counselors	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_priv_8	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at a provider in another location (such as your hometown)?: Respect for your privacy concerns	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_sched_8	How satisfied/dissatisfied are you with the following	1=Very dissatisfied	

		aspects of your therapy or counseling that you received in the past 12 months at a provider in another location (such as your hometown)?: Ability to schedule appointments without long delays	2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_hours_9	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Other (please specify)?: Convenient hours	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_loc_9	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Other (please specify)?: Location	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_qual_9	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Other (please specify)?: Quality of therapists/counselors	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_priv_9	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Other (please specify)?: Respect for your privacy concerns	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_sched_9	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Other (please specify)?: Ability to schedule appointments without long delays	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_hours_10	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Don't Know?: Convenient hours	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_loc_10	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Don't Know?: Location	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_qual_10	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Don't Know?: Quality of therapists/counselors	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied	

			5=Satisfied 6=Very satisfied	
	sat_priv_10	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Don't Know?: Respect for your privacy concerns	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	sat_sched_10	How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at Don't Know?: Ability to schedule appointments without long delays	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
	ther_helped_me	How helpful, overall, do you think therapy or counseling was or has been for your mental or emotional health?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
Use of medication	meds_1	In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)	1=Psychostimulants (methylphenidate (Ritalin or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexeridine), etc.)	
	meds_2	In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)	1=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.)	
	meds_3	In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)	1=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.)	
	meds_4	In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)	1=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.)	
	meds_5	In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)	1=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.)	
	meds_6	In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)	1=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.)	
	meds_7	In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several	1=Other medication for mental or emotional health (please specify)	meds_7_other= Other medication for mental or emotional health (please specify)

		times per week.) (Select all that apply)		
	meds_8	In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)	1=No, none of these [mutually exclusive]	
	meds_9	In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)	1=Don't know	
	meds_reason_1	For what purpose(s) have you taken the medication(s) you just indicated? (Select all that apply)	1=Mental or emotional health	
	meds_reason_2	For what purpose(s) have you taken the medication(s) you just indicated? (Select all that apply)	1=Other health reasons	
	meds_reason_3	For what purpose(s) have you taken the medication(s) you just indicated? (Select all that apply)	1=Academic performance	
	meds_reason_4	For what purpose(s) have you taken the medication(s) you just indicated? (Select all that apply)	1=Recreation/fun	
	meds_reason_5	For what purpose(s) have you taken the medication(s) you just indicated? (Select all that apply)	1=Other (please specify)	meds_reason_5_text= Other (please specify)
	meds_dis	In the past 12 months how many times have you discussed with a doctor or other health professional your use of the medication(s) you just noted?	1=Not at all 2=1-2 times 3=3-5 times 4=More than 5 times 5=Don't know	
	meds_w_1	Who wrote your most recent prescription for the medication(s) you noted in the last question? (Select all that apply)	1=A general practitioner, nurse practitioner, or primary care physician	
	meds_w_2	Who wrote your most recent prescription for the medication(s) you noted in the last question? (Select all that apply)	1=A psychiatrist	
	meds_w_3	Who wrote your most recent prescription for the medication(s) you noted in the last question? (Select all that apply)	1=Other type of doctor (please specify)	meds_w_3_text= Other type of doctor (please specify)
	meds_w_4	Who wrote your most recent prescription for the medication(s) you noted in the last question? (Select all that apply)	1=Took the medication(s) without a prescription	
	meds_w_5	Who wrote your most recent prescription for the medication(s) you noted in the last question? (Select all that apply)	1=Don't know	
	meds_cur_1	Of the medication(s) you just noted, which are you currently taking? (Select all that apply)	1=Psychostimulants (methylphenidate (Ritalin, or Concerta), amphetamine salts (Adderall), dextroamphetamine	

			(Dexerdine), etc.)	
	meds_cur_2	Of the medication(s) you just noted, which are you currently taking? (Select all that apply)	1=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.)	
	meds_cur_3	Of the medication(s) you just noted, which are you currently taking? (Select all that apply)	1=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.)	
	meds_cur_4	Of the medication(s) you just noted, which are you currently taking? (Select all that apply)	1=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.)	
	meds_cur_5	Of the medication(s) you just noted, which are you currently taking? (Select all that apply)	1=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.)	
	meds_cur_6	Of the medication(s) you just noted, which are you currently taking? (Select all that apply)	1=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.)	
	meds_cur_7	Of the medication(s) you just noted, which are you currently taking? (Select all that apply)	1=Other medication for mental or emotional health (please specify)	meds_cur_7_text= Other medication for mental or emotional health (please specify)
	meds_cur_8	Of the medication(s) you just noted, which are you currently taking? (Select all that apply)	1=None of the above [mutually exclusive]	
	meds_cur_9	Of the medication(s) you just noted, which are you currently taking? (Select all that apply)	1=Don't know	
	meds_time_1	During the past year, for how long, in total, have you taken the following medication(s)? Psychostimulants (methylphenidate (Ritalin or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexerdine), etc.)	1=Less than 1 month 2=Between 1 and 2 months 3=2 months or more 4=Did not take	Pipe in selected options from: "In the past 12 months have you taken any of the following types of prescription medications?"
	meds_time_2	During the past year, for how long, in total, have you taken the following medication(s)? Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.)	1=Less than 1 month 2=Between 1 and 2 months 3=2 months or more 4=Did not take	Pipe in selected options from: "In the past 12 months have you taken any of the following types of prescription medications?"
	meds_time_3	During the past year, for how long, in total, have you taken the following medication(s)? Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.)	1=Less than 1 month 2=Between 1 and 2 months 3=2 months or more 4=Did not take	Pipe in selected options from: "In the past 12 months have you taken any of the following types of prescription medications?"
	meds_time_4	During the past year, for how long, in total, have you taken the following medication(s)?	1=Less than 1 month 2=Between 1 and 2 months 3=2 months or more	Pipe in selected options from: "In the past 12 months have you taken any of the following types of prescription medications?"

		Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.)	4=Did not take	
	meds_time_5	During the past year, for how long, in total, have you taken the following medication(s)? Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.)	1=Less than 1 month 2=Between 1 and 2 months 3=2 months or more 4=Did not take	Pipe in selected options from: "In the past 12 months have you taken any of the following types of prescription medications?"
	meds_time_6	During the past year, for how long, in total, have you taken the following medication(s)? Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.)	1=Less than 1 month 2=Between 1 and 2 months 3=2 months or more 4=Did not take	Pipe in selected options from: "In the past 12 months have you taken any of the following types of prescription medications?"
	meds_time_7	During the past year, for how long, in total, have you taken the following medication(s)? Other medication for mental or emotional health (please specify)	1=Less than 1 month 2=Between 1 and 2 months 3=2 months or more 4=Did not take	Pipe in selected options from: "In the past 12 months have you taken any of the following types of prescription medications?"
	meds_helped_me	How helpful, overall, do you think the medication(s) was or has been for your mental or emotional health?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	why_tx_1	Which of the following are important reasons why you received those services? (Select all that apply)	1=I decided on my own to seek help.	Instructions for this item: "Earlier in this survey you reported that you have taken medication and/or received counseling/therapy in the past 12 months for your mental or emotional health."
	why_tx_2	Which of the following are important reasons why you received those services? (Select all that apply)	1=A friend encouraged me to seek help.	Instructions for this item: "Earlier in this survey you reported that you have taken medication and/or received counseling/therapy in the past 12 months for your mental or emotional health."
	why_tx_3	Which of the following are important reasons why you received those services? (Select all that apply)	1=A friend pressured me to seek help.	Instructions for this item: "Earlier in this survey you reported that you have taken medication and/or received counseling/therapy in the past 12 months for your mental or emotional health."
	why_tx_4	Which of the following are important reasons why you received those services? (Select all that apply)	1=A family member encouraged me to seek help.	Instructions for this item: "Earlier in this survey you reported that you have taken medication and/or received counseling/therapy in the past 12 months for your mental or emotional health."
	why_tx_5	Which of the following are important reasons why you received those services? (Select all that apply)	1=A family member pressured me to seek help.	Instructions for this item: "Earlier in this survey you reported that you have taken medication and/or received counseling/therapy in the past 12 months for your mental or emotional health."
	why_tx_6	Which of the following are important reasons why you received those services? (Select all that apply)	1=Someone other than a friend or family member encouraged me to seek help (please specify person's relationship to you).	Instructions for this item: "Earlier in this survey you reported that you have taken medication and/or received counseling/therapy in the past 12 months for your mental or emotional health." why_tx_6_text= Someone other than a friend or family member encouraged me to seek help (please specify person's relationship to you)

	why_tx_7	Which of the following are important reasons why you received those services? (Select all that apply)	1=I was mandated to seek help by campus staff.	Instructions for this item: "Earlier in this survey you reported that you have taken medication and/or received counseling/therapy in the past 12 months for your mental or emotional health."
	why_tx_8	Which of the following are important reasons why you received those services? (Select all that apply)	1=I acquired more information about my options from (please specify where).	Instructions for this item: "Earlier in this survey you reported that you have taken medication and/or received counseling/therapy in the past 12 months for your mental or emotional health." why_tx_8_text= I acquired more information about my options from (please specify where)
	why_tx_9	Which of the following are important reasons why you received those services? (Select all that apply)	1=Other (please specify)	Instructions for this item: "Earlier in this survey you reported that you have taken medication and/or received counseling/therapy in the past 12 months for your mental or emotional health." why_tx_9_text= Other (please specify)
Barriers to help-seeking	bar_hs_1	In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received? (Select all that apply)	1=No need for services	
	bar_hs_2	In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received? (Select all that apply)	1=Financial reasons (too expensive, not covered by insurance)	
	bar_hs_3	In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received? (Select all that apply)	1=Not enough time	
	bar_hs_4	In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received? (Select all that apply)	1=Not sure where to go	
	bar_hs_5	In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received? (Select all that apply)	1=Difficulty finding an available appointment	
	bar_hs_6	In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received? (Select all that apply)	1=Prefer to deal with issues on my own or with support from family/friends	
	bar_hs_7	In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received?	1=Other (please specify)	bar_hs_7_text= Other (please specify)

		(Select all that apply)		
	bar_hs_8	In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received? (Select all that apply)	1=No barriers [mutually exclusive]	
	bar_ns_1	In the past 12 months which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	1=I haven't had the chance to go but I plan to.	
	bar_ns_2	In the past 12 months which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	1=No need for services	
	bar_ns_3	In the past 12 months which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	1=Financial reasons (too expensive, not covered by insurance)	
	bar_ns_4	In the past 12 months which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	1=Not enough time	
	bar_ns_5	In the past 12 months which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	1=Not sure where to go	
	bar_ns_6	In the past 12 months which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	1=Difficulty finding an available appointment	
	bar_ns_7	In the past 12 months which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	1=Prefer to deal with issues on my own or with support from family/friends	
	bar_ns_8	In the past 12 months which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	1=Other (please specify)	bar_ns_8_text= Other (please specify)
	bar_ns_9	In the past 12 months which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	1=No barriers [mutually exclusive]	
Visit to medical providers	anyprovi	In the past 12 months, have you visited any medical provider, such as a primary care doctor or other type of doctor, for a check-up or any other medical reasons?	1=Yes 0=No	
Informal help-seeking	inf_1	In the past 12 months have you received counseling or support for your mental or emotional health from any of the following sources? (Select all that apply)	1=Roommate	
	inf_2	In the past 12 months have you received counseling or	1=Friend (who is not a roommate)	

		support for your mental or emotional health from any of the following sources? (Select all that apply)		
	inf_3	In the past 12 months have you received counseling or support for your mental or emotional health from any of the following sources? (Select all that apply)	1=Significant other	
	inf_4	In the past 12 months have you received counseling or support for your mental or emotional health from any of the following sources? (Select all that apply)	1=Family member	
	inf_5	In the past 12 months have you received counseling or support for your mental or emotional health from any of the following sources? (Select all that apply)	1=Religious counselor or other religious contact	
	inf_6	In the past 12 months have you received counseling or support for your mental or emotional health from any of the following sources? (Select all that apply)	1=Support group	
	inf_7	In the past 12 months have you received counseling or support for your mental or emotional health from any of the following sources? (Select all that apply)	1=Other non-clinical source (please specify)	inf_7_text= Other non-clinical source (please specify)
	inf_8	In the past 12 months have you received counseling or support for your mental or emotional health from any of the following sources? (Select all that apply)	1=No, none of these [mutually exclusive]	
	inf_help	How helpful was it to discuss these concerns?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	talk2_1	If you had a mental health problem that you believed was affecting your academic performance, which people at school would you talk to? (Select all that apply)	1=Professor from one of my classes	
	talk2_2	If you had a mental health problem that you believed was affecting your academic performance, which people at school would you talk to? (Select all that apply)	1=Academic advisor	
	talk2_3	If you had a mental health problem that you believed was affecting your academic performance, which people at school would you talk to? (Select all that apply)	1=Another faculty member	
	talk2_4	If you had a mental health problem that you believed was affecting your academic performance, which people at school would you talk to? (Select all that apply)	1=Teaching assistant	
	talk2_5	If you had a mental health problem that you believed was affecting your academic performance, which people at school would you talk to?	1=Student services staff	

		(Select all that apply)		
	talk2_6	If you had a mental health problem that you believed was affecting your academic performance, which people at school would you talk to? (Select all that apply)	1=Dean of Students or class dean	
	talk2_7	If you had a mental health problem that you believed was affecting your academic performance, which people at school would you talk to? (Select all that apply)	1=Other (please specify)	talk2_7_text= Other (please specify)
	talk2_8	If you had a mental health problem that you believed was affecting your academic performance, which people at school would you talk to? (Select all that apply)	1=No one [mutually exclusive]	
	talkaca	During this school year have you talked with any academic personnel (such as instructors, advisors, or other academic staff) about any mental health problems that were affecting your academic performance?	1=Yes 0=No	
	talksup	Overall, how supportive was the response of the academic personnel with whom you talked?	1=Very supportive 2=Supportive 3=Not supportive 4=Very unsupportive	
Insurance	ins_1	What is the source of your current health insurance coverage? (Select all that apply)	1=I do not have any health insurance coverage (uncovered). [mutually exclusive]	
	ins_2	What is the source of your current health insurance coverage? (Select all that apply)	1=I have health insurance through my parent(s) or their employer.	
	ins_3	What is the source of your current health insurance coverage? (Select all that apply)	1=I have health insurance through my employer.	
	ins_4	What is the source of your current health insurance coverage? (Select all that apply)	1=I have health insurance through my spouse's employer.	
	ins_5	What is the source of your current health insurance coverage? (Select all that apply)	1=I have a student health insurance plan.	
	ins_6	What is the source of your current health insurance coverage? (Select all that apply)	1=I have health insurance through an embassy or sponsoring agency for international students.	
	ins_7	What is the source of your current health insurance coverage? (Select all that apply)	1=I have individual health insurance purchased directly from an insurance carrier.	
	ins_8	What is the source of your current health insurance coverage? (Select all that apply)	1=I have Medicaid or other governmental insurance.	
	ins_9	What is the source of your current health insurance coverage? (Select all that apply)	1=I am uncertain about whether I have health insurance.	
	ins_10	What is the source of your current health insurance coverage?	10=I have health insurance but am uncertain about where it is from.	

		(Select all that apply)		
	ins_mh	Do you know if your health insurance plan would provide any coverage for a visit to a mental health professional (psychiatrist, psychologist, clinical social worker, etc.)?	1=Yes, it definitely would. 2=I think it would but am not sure. 3=I have no idea. 4=I think it would not but am not sure. 5=No, it definitely would not.	
	ins_ade	Does your current health insurance plan meet your needs for mental health services?	1=I have not needed to use my current insurance plan to cover mental health services. 2=Yes, everything I have needed is covered. 3=No, the coverage is inadequate to meet my needs.	
	ins_ina_1	I feel that coverage is inadequate because my plan... (Select all that apply)	1=...doesn't cover any mental health services.	
	ins_ina_2	I feel that coverage is inadequate because my plan... (Select all that apply)	1=...doesn't cover preexisting conditions.	
	ins_ina_3	I feel that coverage is inadequate because my plan... (Select all that apply)	1=...doesn't cover certain conditions.	
	ins_ina_4	I feel that coverage is inadequate because my plan... (Select all that apply)	1=...has a co-pay that is too expensive.	
	ins_ina_5	I feel that coverage is inadequate because my plan... (Select all that apply)	1=...has a deductible that is too expensive.	
	ins_ina_6	I feel that coverage is inadequate because my plan... (Select all that apply)	1=...doesn't cover certain types of services or providers.	
	ins_ina_7	I feel that coverage is inadequate because my plan... (Select all that apply)	1=...has a limit on the number of services that are covered.	
	ins_ina_8	I feel that coverage is inadequate because my plan... (Select all that apply)	1=Other (please specify)	ins_ina_8_text= Other (please specify)
	pay_mh	This semester, how easy or difficult has it been paying for mental health care?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult 7=Not applicable	CCMH

ELECTIVE MODULES:**(4) SUBSTANCE USE**

Substance Use

The next questions will ask you about your experiences with and opinions about alcohol and other drugs. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Personal alcohol use	audit_1	How often do you have a drink containing alcohol?	1=Never 2=Monthly or less 3=2-4 times a month 4=2-3 times a week 5=4 or more times a week	AUDIT (Saunders et al., 1993)
	audit_2	How many drinks containing alcohol do you have on a typical day when you are drinking? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=1 or 2 2=3 or 4 3=5 or 6 4=7 to 9 5=10 or more	AUDIT (Saunders et al., 1993) Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	audit_3_f	How often do you have 4 [female] or more drinks on 1 occasion? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993) Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	audit_3_m	How often do you have 5 [male] or more drinks on 1 occasion? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993) Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	audit_3_o	How often do you have 4 or 5 [not female or male] or more drinks on 1 occasion? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993) Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	audit_4	How often during the last year have you found that you were not able to stop drinking once you had started?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	audit_5	How often during the last year have you failed to do what was normally expected of you because of drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	audit_6	How often during the last year have you needed a drink in the morning to get yourself going after a heavy drinking session?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	audit_7	How often during the last year have you had a feeling of guilt or remorse after drinking?	1=Never 2=Less than monthly	AUDIT (Saunders et al., 1993)

			3=Monthly 4=Weekly 5=Daily or almost daily	
	audit_8	How often during the last year have you been unable to remember what happened the night before of your drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	audit_9	Have you or someone else been injured because you had been drinking?	0=No 1=Yes, but not in the last year 2=Yes, during the last year	AUDIT (Saunders et al., 1993)
	audit_10	Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?	1=No 2=Yes, but not in the last year 3=Yes, during the last year	AUDIT (Saunders et al., 1993)
	alc_tx	Have you ever received counseling or treatment for an alcohol-related problem from a health professional (such as psychiatrist, psychologist, social worker, or primary care doctor)?	1=Yes 0=No	
Personal substance use	drug_mar	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Marijuana	
	drug_coc	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Cocaine (any form, including crack, powder, or freebase)	
	drug_her	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Heroin	
	drug_met	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Methamphetamines (also known as speed, crystal meth, or ice)	
	drug_stim	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed	
	drug_ect	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Ecstasy	
	drug_other	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Other drugs without a prescription (please specify)	drug_other_text= Other drugs without a prescription (please specify)
	drug_none	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=No, none of these [mutually exclusive]	
	drug_opioid	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than	

			prescribed	
	smok_freq	Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	
Perception of risk regarding substance use	risk_alc	How much do you think people risk harming themselves physically or in other ways when they have 5 or more drinks containing alcohol once or twice a week? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012) Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	risk_cig	How much do you think people risk harming themselves physically or in other ways if they smoke 1 or more packs of cigarettes per day?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012)
	risk_mar	How much do you think people risk harming themselves physically or in other ways if they smoke marijuana once or twice a week?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012)
	risk_presc	How much do you think people risk harming themselves physically or in other ways if they use prescription drugs that are not prescribed to them?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012)
Other students alcohol use	peer_alc_1	In the past 30 days, how often have you had to "baby-sit" or take care of another student who drank too much?	1=0 times 2=1 times 3=2 times 4=3 times 5=4 or more times	
	peer_alc_3	In the past 30 days, how often have you experienced an unwanted sexual advance because of other students' drinking?	1=0 times 2=1 times 3=2 times 4=3 times 5=4 or more times	
	peer_alc_4	In the past 30 days, how often have you been a victim of sexual assault or "date rape" because of other students' drinking?	1=0 times 2=1 times 3=2 times 4=3 times 5=4 or more times	
Perceptions of peer substance use	peer_alc_est	In the past 30 days, about what percent of students at your school drank alcohol?	1=_____ % [force numeric, 0-100]	Instructions for this item: "The next few items ask for your perceptions of other students' behaviors regarding alcohol and substance use. Please provide your best guess."
	peer_cig_est	In the past 30 days, about what percent of students at your school smoked cigarettes?	1=_____ % [force numeric, 0-100]	Instructions for this item: "The next few items ask for your perceptions of other students' behaviors regarding alcohol and substance use. Please provide your best guess."
	peer_mar_est	In the past 30 days, about what percent of students at your school smoked (or otherwise used) marijuana?	1=_____ % [force numeric, 0-100]	Instructions for this item: "The next few items ask for your perceptions of other students' behaviors regarding alcohol and substance use. Please provide your best guess."
	alc_prob	How much do you agree with the following statement?: Alcohol use is a problem for students on my campus.	1=Strongly agree 2=Agree 3=Somewhat agree	

			4=Somewhat disagree 5=Disagree 6=Strongly disagree	
--	--	--	--	--

(5) SLEEP (HALF MODULE)

Sleep Habits

The next questions will ask you about your sleep habits. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Sleep habits	sleep_wk1	During this school year, at approximately what time have you typically gone to sleep on: Weeknights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	
	sleep_wd1	During this school year, at approximately what time have you typically gone to sleep on: Weekend nights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am	

			21=8:00am 22=9:00am 23=10:00am 24=11:00am	
	sleep_wk2	During this school year, at approximately what time have you typically woken up on: Weekdays?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	
	sleep_wd2	During this school year, at approximately what time have you typically woken up on: Weekend days?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am	

			24=11:00am	
	sleep_np1	During this school year, on how many days have you taken naps during a typical week?	1=I don't take naps. 2=1 3=2 4=3 5=4 6=5 7=6 8=7	
	sleep_np2	How long is your typical nap?	1=Less than 1 hour 2=Between 1 and 2 hours 3=Between 2 and 3 hours 4=More than 3 hours	
Insomnia severity	isi_1	Difficulty falling asleep	1=None 2=Mild 3=Moderate 4=Severe 5=Very severe	Insomnia Severity Index (Morin et al., 2011) Instruction for this item: "Please rate the current (i.e., last 2 weeks) severity of your insomnia problem(s)."
	isi_2	Difficulty staying asleep	1=None 2=Mild 3=Moderate 4=Severe 5=Very severe	Insomnia Severity Index (Morin et al., 2011) Instruction for this item: "Please rate the current (i.e., last 2 weeks) severity of your insomnia problem(s)."
	isi_3	Problem waking up too early	1=None 2=Mild 3=Moderate 4=Severe 5=Very severe	Insomnia Severity Index (Morin et al., 2011) Instruction for this item: "Please rate the current (i.e., last 2 weeks) severity of your insomnia problem(s)."
	isi_4	How satisfied/dissatisfied are you with your current sleep pattern?	1=Very satisfied 2=Satisfied 3=Moderately satisfied 4=Dissatisfied 5=Very dissatisfied	Insomnia Severity Index (Morin et al., 2011)
	isi_5	How noticeable to others do you think your sleep problem is in terms of impairing the quality of your life?	1=Not at all noticeable 2=A little 3=Somewhat 4=Much 5=Very much noticeable	Insomnia Severity Index (Morin et al., 2011)
	isi_6	How worried/distressed are you about a current sleep problem?	1=Not at all worried 2=A little 3=Somewhat 4=Much 5=Very much worried	Insomnia Severity Index (Morin et al., 2011)
	isi_7	To what extent do you consider a sleep problem to interfere with your daily	1=Not at all	Insomnia Severity Index

		functioning (e.g., daytime fatigue, mood, ability to function at work/daily chores, concentration, memory, etc.) currently?	interfering 2=A little 3=Somewhat 4=Much 5=Very much interfering	(Morin et al., 2011)
--	--	---	---	----------------------

(6) EATING AND BODY IMAGE

Eating and Body Image

The next questions will ask you about your behaviors and attitudes related to eating, body shape and weight. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Weight concerns	wcs_1_f	How much more or less do you feel you worry about your weight and body shape than [other women] your age?	1=I worry a lot less than [other women]. 2=I worry a little less than [other women]. 3=I worry about the same as [other women]. 4=I worry a little more than [other women]. 5=I worry a lot more than [other women].	Weight Concerns Scale (WCS) (Killen et al., 1994; Killen et al., 1996)
	wcs_1_m	How much more or less do you feel you worry about your weight and body shape than [men] your age?	1=I worry a lot less than [men]. 2=I worry a little less than [men]. 3=I worry about the same as [men]. 4=I worry a little more than [men]. 5=I worry a lot more than [men].	Weight Concerns Scale (WCS) (Killen et al., 1994; Killen et al., 1996)
	wcs_1_o	How much more or less do you feel you worry about your weight and body shape than [peers] your age?	1=I worry a lot less than [my peers]. 2=I worry a little less than [my peers]. 3=I worry about the same as [my peers]. 4=I worry a little more than [my peers]. 5=I worry a lot more than [my peers].	Weight Concerns Scale (WCS) (Killen et al., 1994; Killen et al., 1996)
	wcs_2	How afraid are you of gaining 3 pounds?	1=Not afraid of gaining 2=Slightly afraid of gaining 3=Moderately afraid of gaining 4=Very afraid of gaining 5=Terrified of gaining	Weight Concerns Scale (WCS) (Killen et al., 1994; Killen et al., 1996)
	wcs_3	When was the last time you went on a diet?	1=I've never been on a diet. 2=I was on a diet about 1 year ago. 3=I was on a diet about 6 months ago. 4=I was on a diet about 3 months ago. 5=I was on a diet about 1 month ago. 6=I was on a diet less than 1 month ago. 7=I'm now on a diet.	Weight Concerns Scale (WCS) (Killen et al., 1994; Killen et al., 1996)
	wcs_4	Compared to other things in your life, how important is your weight to you?	1=My weight is not important compared to other things in my life. 2=My weight is a little more important than some other things in my life. 3=My weight is more important than most, but not all, things in my life. 4=My weight is the most important thing in my life.	Weight Concerns Scale (WCS) (Killen et al., 1994; Killen et al., 1996)
	wcs_5	Do you ever feel fat?	1=Never 2=Rarely 3=Sometimes 4=Often 5=Always	Weight Concerns Scale (WCS) (Killen et al., 1994; Killen et al., 1996)
	thin_good	Do you need to be very thin in order to feel good about yourself?	1=Yes 0=No	
	body_sr	I think I am...	1=Very underweight 2=Somewhat underweight 3=Normal weight	

			4=Somewhat overweight 5=Very overweight	
	body_con_change	How much do you agree with the following statement?: I have become more concerned about my body shape and weight since I began as a student at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	fresh15	How much do you agree with the following statement?: I am worried about gaining the "freshman fifteen".	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Height/weight	weigh_freq	About how often do you weigh yourself?	1=Never 2=Less than once per month 3=Once per month 4=2 to 3 times per month 5=Once per week 6=2 to 3 times per week 7=4 to 6 times per week 8=Once per day 9=More than once per day	
	height_ft	What is your current height? (If you don't know, please provide your best guess.)	1= _____ feet [force numeric, <=7]	
	height_in	What is your current height? (If you don't know, please provide your best guess.)	1= _____ inches [force numeric, <=11]	
	weight	What is your current weight? (If you don't know, please provide your best guess.)	1= _____ pounds [force numeric]	
	weight_ideal	What would your ideal weight be if you could choose it?	1= _____ pounds (please specify) [force numeric] 2=I don't have an ideal weight for myself.	weight_ideal_text= _____ pounds (please specify)
Eating disorder symptoms	scoff_1	Do you ever make yourself sick because you feel uncomfortably full?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_2	Do you worry that you have lost control over how much you eat?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_3	Have you recently lost more than 15 pounds in a 3-month period?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."

	scoff_4	Do you believe yourself to be fat when others say you are too thin?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	scoff_5	Would you say that food dominates your life?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
Binging and purging	binge	Over the past 4 weeks (28 days), on how many days have you eaten an unusually large amount of food and have had a sense of loss of control at the time?	Range: 0-28 days	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & O'Connor, 2008)
	purge_1	Over the past 4 weeks (28 days), how many times have you made yourself sick (vomit) as a means of controlling your shape or weight?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & O'Connor, 2008)
	purge_2	Over the past 4 weeks (28 days), how many times have you taken laxatives as a means of controlling your shape or weight?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & O'Connor, 2008)
	purge_3	Over the past 4 weeks (28 days), how many times have you taken diuretics (water pills) or diet pills as a means of controlling your shape or weight?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & O'Connor, 2008)
	purge_4	Over the past 4 weeks (28 days), how many times have you exercised in a "driven" or "compulsive" way as a means of controlling your weight, shape or amount of fat, or to burn off calories?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & O'Connor, 2008)
	ea_fast	Over the past 4 weeks (28 days), how many times have you fasted (intentionally not eaten anything at all for at least 8 waking hours)?	[open text]	Eating Disorder Examination Questionnaire (EDE-Q) (Fairburn, Cooper, & O'Connor, 2008)
Eating habits	diet	For about what percentage of the last 12 months were you on a diet?	1=More than 75% (more than 270 days total) 2=Between 50% and 75% (180 to 270 days total) 3=Between 25% and 49% (90 to 179 days total) 4=Less than 25% (1 to 90 days total) 5=I was not on a diet at all in the last 12 months.	
	eat_change	How much do you agree with the following statement?: My eating habits have changed a lot since I began as a student at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	eat_change_how_1	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I think about food more often.	

HMS, ACADEMIC YEAR 2017-2018

	eat_change_how_2	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I think about food less often.	
	eat_change_how_3	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I am more concerned about what I eat.	
	eat_change_how_4	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I am less concerned about what I eat.	
	eat_change_how_5	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I consume more calories on average per day.	
	eat_change_how_6	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I consume fewer calories on average per day.	
	eat_change_how_7	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I eat more junk food/fast food.	
	eat_change_how_8	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I eat less junk food/fast food.	
	eat_change_how_9	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I eat more junk food late at night.	
	eat_change_how_10	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I eat more fruits/vegetables.	
	eat_change_how_11	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I eat less fruits/vegetables.	
	eat_change_how_12	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I became a vegetarian/vegan.	
	eat_change_how_13	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I began limiting (or increased the extent to which I limit) the quantity or types of foods and drinks I consume in order to influence my body shape or weight.	
	eat_change_how_14	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I began purging (vomiting, using laxatives, diet pills etc.).	
	eat_change_how_15	How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=Other (please specify)	eat_change_how_15_text= Other (please specify)
Perception of peers	ed_peer	Do you know at least 1 student at your school who you suspect has an eating disorder?	1=Yes 0=No	

(7) SEXUAL ASSAULT

Perceptions and Experiences of Sexual Assault on Campus

The next set of questions asks you about perceptions and experiences related to sexual assault. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Perceptions of leadership, policies, and reporting	sa_perc_1	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take the report seriously?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	sa_perc_2	If someone were to report a sexual assault to a campus authority, how likely is it that your school would keep knowledge of the report limited to those who need to know in order for your school to respond properly?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	sa_perc_3	If someone were to report a sexual assault to a campus authority, how likely is it that your school would forward the report outside the campus to criminal investigators?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	sa_perc_4	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take steps to protect the safety of the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	sa_perc_5	If someone were to report a sexual assault to a campus authority, how likely is it that your school would support the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	sa_perc_6	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take corrective action to address factors that may have led to the sexual assault?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	sa_perc_7	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take corrective action against the offender?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	sa_perc_8	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take steps to protect the person making the report from retaliation?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	sa_perc_9	If someone were to report a sexual assault to a campus authority, how likely is it that students would label the person making the report as a troublemaker?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	sa_perc_10	If someone were to report a sexual assault to a campus authority, how likely is it that	1=Very likely 2=Moderately likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)

		students would support the person making the report?	3=Slightly likely 4=Not at all likely	
	sa_perc_11	If someone were to report a sexual assault to a campus authority, how likely is it that the alleged offender(s) or their associates would retaliate against the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	sa_perc_12	If someone were to report a sexual assault to a campus authority, how likely is it that the educational achievement/career of the person making the report would suffer?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
Sexual violence and sexual assault	sa_train_pol	Have you received training in policies and procedures regarding incidents of sexual assault (e.g., what is defined as sexual assault, how to report an incident, confidential resources, procedures for investigating)?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	sa_train_prev	Have you received training in prevention of sexual assault?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	sa_train_use	How useful did you think the training was?	1=Very 2=Moderately 3=Somewhat 4=Slightly 5=Not useful	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	sa_res_know	If a friend or I were sexually assaulted, I know where to go to get help.	1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instruction for this item: "Please indicate your level of agreement to the following statements:"
	sa_proc_know	I understand my school's formal procedures to address complains of sexual assault.	1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instruction for this item: "Please indicate your level of agreement to the following statements:"
	sa_proc_conf	I have confidence that my school administers the formal procedures to address complaints of sexual assault fairly.	1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instruction for this item: "Please indicate your level of agreement to the following statements:"
	sa_exp_touch	Forced touching of a sexual nature (forced kissing, touching of private parts, grabbing, fondling, rubbing up against you in a sexual way, even if it was over your clothes)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual or unwanted sexual contact you may have experienced since beginning at your school. The person with whom you had the unwanted sexual contact could have been a stranger or someone you know, such as a family member or someone you were dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact:"

	sa_exp_oral	Oral sex (someone's mouth or tongue making contact with your genitals or your mouth or tongue making contact with someone else's genitals)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual or unwanted sexual contact you may have experienced since beginning at your school. The person with whom you had the unwanted sexual contact could have been a stranger or someone you know, such as a family member or someone you were dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact:"
	sa_exp_inc	Sexual intercourse (someone's penis being put in your vagina or anus)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual or unwanted sexual contact you may have experienced since beginning at your school. The person with whom you had the unwanted sexual contact could have been a stranger or someone you know, such as a family member or someone you were dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact:"
	sa_exp_anal	Anal sex (someone's penis being put in your anus)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual or unwanted sexual contact you may have experienced since beginning at your school. The person with whom you had the unwanted sexual contact could have been a stranger or someone you know, such as a family member or someone you were dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact:"
	sa_exp_pen	Sexual penetration with a finger or object (someone putting their finger or an object like a bottle or a candle in your vagina or anus)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual or unwanted sexual contact you may have experienced since beginning at your school. The person with whom you had the unwanted sexual contact could have been a stranger or someone you know, such as a family member or someone you were dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact:"
	sa_suc_phyforc_1	Has anyone had sexual contact with you by using physical force or threatening to physically harm you?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "The questions below ask about unwanted sexual contact that involved force or threats of force against you since you began at your school. Force could include someone holding you down with his or her body weight, pinning your arms, hitting or kicking you, or using or threatening to use a weapon against you."
	sa_att_phyforc	Has anyone attempted but not succeeded in having sexual contact with you by using or threatening to use physical force against you?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "The questions below ask about unwanted sexual contact that involved force or threats of force against you since you began at your school. Force could include someone holding you down with his or her body weight, pinning your arms, hitting or kicking you, or using or

				threatening to use a weapon against you.”
	sa_drunk_1	Since beginning at your school, has someone had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep?	1=Yes, I am certain this has happened. 2=I suspect this has happened but am not certain. 3=No, this has not happened.	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “The next question asks about your experiences with unwanted sexual contact while you were unable to provide consent or stop what was happening you were passed out, drugged, drunk, incapacitated or asleep. These situations might include times that you voluntarily consumed alcohol or drugs and times that you were given drugs without your knowledge or consent.”
	sa_suc_phyforc_2_1	When the person had sexual contact with you by using or threatening you with physical force, which of the following happened? (Select all that apply)	1=Forced touching of a sexual nature	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “Earlier you indicated that since beginning at your school, someone has had sexual contact with you by using physical force or threatening to physically harm you. The question below asks about that experience.”
	sa_suc_phyforc_2_2	When the person had sexual contact with you by using or threatening you with physical force, which of the following happened? (Select all that apply)	1=Oral sex	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “Earlier you indicated that since beginning at your school, someone has had sexual contact with you by using physical force or threatening to physically harm you. The question below asks about that experience.”
	sa_suc_phyforc_2_3	When the person had sexual contact with you by using or threatening you with physical force, which of the following happened? (Select all that apply)	1=Sexual intercourse	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “Earlier you indicated that since beginning at your school, someone has had sexual contact with you by using physical force or threatening to physically harm you. The question below asks about that experience.”
	sa_suc_phyforc_2_4	When the person had sexual contact with you by using or threatening you with physical force, which of the following happened? (Select all that apply)	1=Anal sex	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “Earlier you indicated that since beginning at your school, someone has had sexual contact with you by using physical force or threatening to physically harm you. The question below asks about that experience.”
	sa_suc_phyforc_2_5	When the person had sexual contact with you by using or threatening you with physical force, which of the following happened? (Select all that apply)	1=Sexual penetration with a finger or object	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “Earlier you indicated that since beginning at your school, someone has had sexual contact with you by using physical force or threatening to physically harm you. The question below asks about that experience.”
	sa_suc_phyforc_2_6	When the person had sexual contact with you by using or threatening you with physical force, which of the following happened? (Select all that apply)	1=Other (please specify)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “Earlier you indicated that since beginning at your school, someone has had sexual contact with you by using physical force or threatening to physically harm you. The question below asks about that

				experience.” sa_suc_phyforc_2_6_text= Other (please specify)
sa_drunk_2_1	When the person had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep, which of the following happened? (Select all that apply)	1=Forced touching of a sexual nature	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience.”	
sa_drunk_2_2	When the person had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep, which of the following happened? (Select all that apply)	1=Oral sex	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience.”	
sa_drunk_2_3	When the person had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep, which of the following happened? (Select all that apply)	1=Sexual intercourse	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience.”	
sa_drunk_2_4	When the person had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep, which of the following happened? (Select all that apply)	1=Anal sex	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience.”	
sa_drunk_2_5	When the person had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep, which of the following happened? (Select all that apply)	1=Sexual penetration with a finger or object	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience.”	
sa_drunk_2_6	When the person had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep, which of the following happened? (Select all that apply)	1= Other (please specify)	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience.”	

				sa_drunk_2_6_text= Other (please specify)
	sa_drunk_2_7	When the person had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep, which of the following happened? (Select all that apply)	1=Don't know [mutually exclusive]	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience."
	sa_drunk_3	Just prior to the incident(s), had you been drinking alcohol?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience. Keep in mind that you are in no way responsible for the assault that occurred, even if you had been drinking."
	sa_drunk_4	Were you drunk?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience."
	sa_drunk_5	Just prior to the incident(s), had you voluntarily been taking or using any drugs other than alcohol?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience."
	sa_drunk_6	Just prior to the incident(s), had you been given a drug without your knowledge or consent?	1=Yes 2=No 3=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience."
Context and disclosure	sa_who_1	Whom did the unwanted behavior involve? (Select all that apply)	1=Stranger	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_who_2	Whom did the unwanted behavior involve?	1=Family member	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)

		(Select all that apply)		Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_who_3	Whom did the unwanted behavior involve? (Select all that apply)	1=Acquaintance	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_who_4	Whom did the unwanted behavior involve? (Select all that apply)	2=Coworker	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_who_5	Whom did the unwanted behavior involve? (Select all that apply)	1=Employer/supervisor	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_who_6	Whom did the unwanted behavior involve? (Select all that apply)	1=College professor/instructor	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_who_7	Whom did the unwanted behavior involve? (Select all that apply)	1=College staff	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_who_8	Whom did the unwanted behavior involve? (Select all that apply)	1=Non-romantic friend	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_who_9	Whom did the unwanted behavior involve? (Select all that apply)	1=Casual or first date	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_who_10	Whom did the unwanted behavior involve? (Select all that apply)	1=Current romantic partner	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."

				below about this experience.”
	sa_who_11	Whom did the unwanted behavior involve? (Select all that apply)	1=Ex-romantic partner	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_who_12	Whom did the unwanted behavior involve? (Select all that apply)	1=Other (please specify)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.” sa_who_12_text= Other (please specify)
	sa_who_stud	Was this person a student at your school?	1=Yes 2=No 3=Don’t know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_who_employ	Was this person affiliated with your school as an employee, staff, or faculty member?	1=Yes 2=No 3=Don’t know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_who_gender	What was the gender of the individual who did this to you?	1=Man 2=Woman 3=Another gender identity (please specify) 4=Don’t know	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.” sa_who_gender_text= Another gender identity (please specify)
	sa_op_substance_1	Did the incident involve any of the following? (Select all that apply)	1=The other person’s use of alcohol	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_op_substance_2	Did the incident involve any of the following? (Select all that apply)	1=Your use of alcohol	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_op_substance_3	Did the incident involve any of the following? (Select all that apply)	1=The other person’s use of drugs	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the

				most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_op_substance_4	Did the incident involve any of the following? (Select all that apply)	1=Your use of drugs	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_op_substance_5	Did the incident involve any of the following? (Select all that apply)	1=None of the above [mutually exclusive]	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_frighten	How frightened were you by the incident?	1=Extremely frightened 2=Somewhat frightened 3=Only a little frightened 4=Not at all frightened	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_loc_off	Where did the incident occur? (Select all that apply)	1=Off-campus	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_loc_on	Where did the incident occur? (Select all that apply)	1=On-campus	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_tell_1	Whom did you tell about the incident? (Select all that apply)	1=No one [mutually exclusive]	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_tell_2	Whom did you tell about the incident? (Select all that apply)	1=Roommate	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_tell_3	Whom did you tell about the incident? (Select all that apply)	1=Close friend other than roommate	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_tell_4	Whom did you tell about the incident?	1=Parent or guardian	Adapted from Not Alone: The First Report of the White House Task Force to

		(Select all that apply)		Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_tell_5	Whom did you tell about the incident? (Select all that apply)	1=Other family member	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_tell_6	Whom did you tell about the incident? (Select all that apply)	1=Counselor	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_tell_7	Whom did you tell about the incident? (Select all that apply)	1=Faculty or staff	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_tell_8	Whom did you tell about the incident? (Select all that apply)	1=Residence hall staff	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_tell_9	Whom did you tell about the incident? (Select all that apply)	1=Police	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_tell_10	Whom did you tell about the incident? (Select all that apply)	1=Romantic partner (other than the one who did this to you)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_tell_11	Whom did you tell about the incident? (Select all that apply)	1=Campus sexual assault advocate	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_tell_12	Whom did you tell about the incident? (Select all that apply)	1=Other (please specify)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the

				most serious incident if you had more than one, and answer the questions below about this experience.” sa_tell_12_text= Other (please specify)
	sa_sch_report	Did you use your school’s formal procedures to report the incident(s)?	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_sch_help	Did your school’s formal procedures help you deal with the problem?	1=Didn’t help me at all 2=Helped me a little 3=Helped, but could have helped more 4=Helped me a lot 5=Completely solved the problem	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondisc1_1	Why did you not tell anyone? (Select all that apply)	1=Ashamed/embarrassed	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondisc1_2	Why did you not tell anyone? (Select all that apply)	1=Is a private matter-wanted to deal with it on own	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondisc1_3	Why did you not tell anyone? (Select all that apply)	1=Concerned others would find out	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondisc1_4	Why did you not tell anyone? (Select all that apply)	1=Didn’t want the person who did it to get in trouble	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondisc1_5	Why did you not tell anyone? (Select all that apply)	1=Fear of retribution from the person who did it	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondisc1_6	Why did you not tell anyone? (Select all that apply)	1=Fear of not being believed	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the

				most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondiscl_7	Why did you not tell anyone? (Select all that apply)	1=Thought I would be blamed for what happened	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondiscl_8	Why did you not tell anyone? (Select all that apply)	1=Didn’t think what happened was serious enough to talk about	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondiscl_9	Why did you not tell anyone? (Select all that apply)	1=Didn’t think others would think it was serious	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondiscl_10	Why did you not tell anyone? (Select all that apply)	1=Thought people would try to tell me what to do	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondiscl_11	Why did you not tell anyone? (Select all that apply)	1=Would feel like an admission of failure	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondiscl_12	Why did you not tell anyone? (Select all that apply)	1=Didn’t think others would think it was important	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondiscl_13	Why did you not tell anyone? (Select all that apply)	1=Didn’t think others would understand	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondiscl_14	Why did you not tell anyone? (Select all that apply)	1=Didn’t have time to deal with it due to academics, work, etc.	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondiscl_15	Why did you not tell anyone?	1=Didn’t know reporting	Adapted from Not Alone: The First Report of the White House Task Force to

		(Select all that apply)	procedure on campus	Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_nondiscl_16	Why did you not tell anyone? (Select all that apply)	1=Feared I or another would be punished for infractions or violations (such as underage drinking)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_nondiscl_17	Why did you not tell anyone? (Select all that apply)	1=Did not feel the campus leadership would solve my problems	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_nondiscl_18	Why did you not tell anyone? (Select all that apply)	1=Feared others would harass me or react negatively toward me	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_nondiscl_19	Why did you not tell anyone? (Select all that apply)	1=Thought nothing would be done	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_nondiscl_20	Why did you not tell anyone? (Select all that apply)	1=Didn't want others to worry about me	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_nondiscl_21	Why did you not tell anyone? (Select all that apply)	1=Wanted to forget it happened	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_nondiscl_22	Why did you not tell anyone? (Select all that apply)	1=Had other things I needed to focus on and was concerned about (classes, work)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	sa_nondiscl_23	Why did you not tell anyone? (Select all that apply)	1=Didn't think the school would do anything about my report	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the

				most serious incident if you had more than one, and answer the questions below about this experience.”
	sa_nondiscl_24	Why did you not tell anyone? (Select all that apply)	1=Other (please specify)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.” sa_nondiscl_24_text= Other (please specify)
Stalking	stalk	In the past 12 months, have you experienced stalking (e.g., someone waiting for you outside of your home, classroom, or workplace; repeated unwanted emails/phone calls)?	1=Yes 0=No	

(8) OVERALL HEALTH

Overall Health

The next questions will ask you about various aspects of your overall health. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Perceived health status	health_perc	Overall, how you would describe your health?	1=Excellent 2=Good 3=Fair 4=Poor 5=Very poor	
Chronic disease	dx_chronic_1	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Diabetes	
	dx_chronic_2	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=High blood pressure	
	dx_chronic_3	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Asthma	
	dx_chronic_4	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Thyroid disease (e.g., hypothyroid or hyperthyroid)	
	dx_chronic_5	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Gastrointestinal disease (e.g., Crohn's Disease, Ulcerative Colitis)	
	dx_chronic_6	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Arthritis	
	dx_chronic_7	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Sickle cell anemia	
	dx_chronic_8	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Seizure disorders (e.g., epilepsy)	
	dx_chronic_9	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Cancers	
	dx_chronic_10	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=High cholesterol	

	dx_chronic_11	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Other chronic disease (please specify)	dx_chronic_11_text= Other chronic disease (please specify)
	dx_chronic_12	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=No, never been diagnosed with a chronic disease. [mutually exclusive]	
	dx_chronic_13	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	1=Don't know	
Exercise	exerc	In the past 30 days, about how many hours per week on average did you spend exercising? (Include any exercise of moderate or higher intensity, where "moderate intensity" would be roughly equivalent to brisk walking or bicycling)	1=Less than 1 hour 2=2-3 hours 3=3-4 hours 4=5 or more hours	
	exerc_changed	How much do you agree with the following statement?: My exercise habits have changed a lot since I began as a student at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	exerc_changed_how	How have your exercise habits changed since you began as a student at your school?	1=I exercise more now. 2=I exercise less now. 3=Other (please specify)	exerc_changed_how_text= Other (please specify)
Concussion history	concussion_1	After reading the above description, how many concussions have you experienced (diagnosed by a medical professional)?	1=None 2=1 3=2 4=3-5 5=6 or more	Michigan TBI Identification Method--NIH (2017) Instructions for this item: "Please read the following definition and symptoms of concussions before answering the next two of questions. <i>Definition of Concussion:</i> A change in brain function following a force to the head, which may be accompanied by temporary loss of consciousness, but is identified in awake individuals with measures of neurologic and cognitive dysfunction. <i>Common concussion symptoms include:</i> Headache, Feeling slowed down, Difficulty concentrating or focusing, Dizziness, balance problems, loss of balance, Fatigue/lack of energy, Feeling in a fog, Irritable, Drowsiness, Forgetting things (that happened before or after the injury), Sensitivity to light/noise, Blurred vision, Nausea. IMPORTANT TO REMEMBER: A concussion can occur without being 'knocked out' or unconscious. Getting your 'bell rung' and 'clearing the

				<p><i>cobwebs' is a concussion."</i></p> <p>Michigan TBI Identification Method--NIH (2017)</p> <p>Instructions for this item: "Please read the following definition and symptoms of concussions before answering the next two of questions. <i>Definition of Concussion:</i> A change in brain function following a force to the head, which may be accompanied by temporary loss of consciousness, but is identified in awake individuals with measures of neurologic and cognitive dysfunction. <i>Common concussion symptoms include: Headache, Feeling slowed down, Difficulty concentrating or focusing, Dizziness, balance problems, loss of balance, Fatigue/lack of energy, Feeling in a fog, Irritable, Drowsiness, Forgetting things (that happened before or after the injury), Sensitivity to light/noise, Blurred vision, Nausea.</i></p> <p>IMPORTANT TO REMEMBER: A concussion can occur without being 'knocked out' or unconscious. Getting your 'bell rung' and 'clearing the cobwebs' is a concussion."</p>
	concussion_2	After reading the above description, how many undiagnosed concussions have you experienced?	<p>1=None 2=1 3=2 4=3-5 5=6 or more</p>	
Nutrition	eatprac_1	Do the following eating practices apply to you?: I am a vegetarian.	<p>1=Yes 0=No</p>	
	eatprac_2	Do the following eating practices apply to you?: I am vegan.	<p>1=Yes 0=No</p>	
	eatprac_3	Do the following eating practices apply to you?: I eat raw food (most of or all the time).	<p>1=Yes 0=No</p>	
	eatprac_frveg	How many servings of fruits and vegetables do you usually have per day? (1 serving is 1 medium piece of fruit, 1 cup raw leafy vegetables, ½ cup fresh/frozen/canned fruits/vegetables, ¾ cup fruit/vegetable juice, or ¼ dried fruit)	<p>1=0 2=1-2 3=3-4 4=5 or more</p>	Definition from American Heart Association 2014
Sexual health and behavior	sex_partner	With how many people have you had oral sex, vaginal intercourse, or anal intercourse in the past 12 months?	<p>1=0 2=1 3=2 4=3 5=4 6=5-9 7=10 or more</p>	
	sex_partner_f	In the past 12 months, did you have sexual partner(s) who were female?	<p>1=Yes 0=No</p>	
	sex_partner_m	In the past 12 months, did you have sexual partner(s) who were male?	<p>1=Yes 0=No</p>	
	sex_partner_t	In the past 12 months, did you have sexual partner(s) who were transgender?	<p>1=Yes 0=No</p>	

	sex_30	In the past 30 days, with how many people have you had oral sex, vaginal intercourse, or anal intercourse?	1=0 2=1 3=2 4=3 or more	
	sex_30_oral	In the past 30 days, did you have oral sex?	1=Yes 2=No 3=Don't know	
	sex_30_vag	In the past 30 days, did you have vaginal intercourse?	1=Yes 2=No 3=Don't know	
	sex_30_anal	In the past 30 days, did you have anal intercourse?	1=Yes 2=No 3=Don't know	
	birthcontrol_1	In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? (Select all that apply)	1=Male condom	
	birthcontrol_2	In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? (Select all that apply)	1=Withdrawal (i.e., "pulling out")	
	birthcontrol_3	In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? (Select all that apply)	1=Contraceptive pills	
	birthcontrol_4	In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? (Select all that apply)	1=Contraceptive patch	
	birthcontrol_5	In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? (Select all that apply)	1=Contraceptive ring (e.g., Nuvaring)	
	birthcontrol_6	In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? (Select all that apply)	1=Contraceptive injectable (e.g., Depo-Provera shot)	
	birthcontrol_7	In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? (Select all that apply)	1=Intrauterine device (IUD)	
	birthcontrol_8	In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? (Select all that apply)	1=Contraceptive implant (e.g., implanon/nexplanon)	
	birthcontrol_9	In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? (Select all that apply)	1=Emergency contraception (i.e., "morning after pill")	
	birthcontrol_10	In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? (Select all that apply)	1=Other contraceptive method (please specify)	birthcontrol_10_text= Other contraceptive method (please specify)
	birthcontrol_11	In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? (Select all that apply)	1=No contraceptive method was used. [mutually exclusive]	
	birthcontrol_12	In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? (Select all that apply)	1=Don't know	
	birthcontrol_alway	In the past 30 days, did you or your partner(s) use some form of birth control	1=Yes	

	s	or protection (e.g. condoms, birth control pills) every single time you had sex?	2=No 3=Don't know	
	preg_no	Have you or a sexual partner (current or past) ever become pregnant? (Select all that apply)	1=No [mutually exclusive]	
	preg_yes_u	Have you or a sexual partner (current or past) ever become pregnant? (Select all that apply)	1=Yes, unintentionally	
	preg_yes_in	Have you or a sexual partner (current or past) ever become pregnant? (Select all that apply)	1=Yes, intentionally	
	preg_dk	Have you or a sexual partner (current or past) ever become pregnant? (Select all that apply)	1=Don't know	
	preg_cur	Are you currently pregnant and/or have you given birth in the last 12 months?	1=Yes 0=No	
Substance use	smok_freq	Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	Included if 'Substance Use' module not selected
	drug_mar	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Marijuana	Included if 'Substance Use' module not selected
	drug_coc	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Cocaine (any form, including crack, powder, or freebase)	Included if 'Substance Use' module not selected
	drug_her	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Heroin	Included if 'Substance Use' module not selected
	drug_opioid	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed	Included if 'Substance Use' module not selected
	drug_met	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Methamphetamines (also known as speed, crystal meth, or ice)	Included if 'Substance Use' module not selected
	drug_stim	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed	Included if 'Substance Use' module not selected
	drug_ect	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Ecstasy	Included if 'Substance Use' module not selected
	drug_other	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Other drugs without a prescription (please specify)	Included if 'Substance Use' module not selected drug_other_text= Other drugs without a prescription (please specify)
	drug_none	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=No, none of these [mutually exclusive]	Included if 'Substance Use' module not selected
Sleep	sleep_wk1	During this school year, at approximately what time have you typically gone to sleep on: Weeknights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm	Included if 'Sleep' module not selected

			<p>8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am</p>	
	sleep_wd1	<p>During this school year, at approximately what time have you typically gone to sleep on: Weekend nights?</p>	<p>1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am</p>	<p>Included if 'Sleep' module not selected</p>
	sleep_wk2	<p>During this school year, at approximately what time have you typically woken up on: Weekdays?</p>	<p>1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm</p>	<p>Included if 'Sleep' module not selected</p>

			11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	
	sleep_wd2	During this school year, at approximately what time have you typically woken up on: Weekend days?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	Included if 'Sleep' module not selected
	sleep_np1	During this school year, on how many days have you taken naps during a typical week?	1=I don't take naps. 2=1 3=2 4=3 5=4 6=5 7=6 8=7	Included if 'Sleep' module not selected
	sleep_np2	How long is your typical nap?	1=Less than 1 hour 2=Between 1 and 2 hours 3=Between 2 and 3 hours 4=More than 3 hours	Included if 'Sleep' module not selected

(g) KNOWLEDGE AND ATTITUDES ABOUT MENTAL HEALTH AND MENTAL HEALTH SERVICES

Knowledge and Beliefs about Services

The next questions will ask you about your knowledge and beliefs about services and treatment for mental health. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Knowledge of mental illness and treatments	know_sp	Relative to the average person, how knowledgeable are you about mental illnesses (such as depression and anxiety disorders) and their treatments?	1=Well above average 2=Above average 3=Average 4=Below average 5=Well below average	
	dep_tx_know_1	As far as you know, which of the following are generally considered highly effective treatments for depression? (Select all that apply)	1=Cognitive behavioral therapy (CBT)	
	dep_tx_know_2	As far as you know, which of the following are generally considered highly effective treatments for depression? (Select all that apply)	1=Antidepressant medication	
	dep_tx_know_3	As far as you know, which of the following are generally considered highly effective treatments for depression? (Select all that apply)	1=Psychoanalysis	
	dep_tx_know_4	As far as you know, which of the following are generally considered highly effective treatments for depression? (Select all that apply)	1=Psychostimulant medication (e.g., Ritalin)	
	dep_sx_know_1	As far as you know, which of the following are common symptoms of depression? (Select all that apply)	1=Sleep changes (substantial increases or decreases)	
	dep_sx_know_2	As far as you know, which of the following are common symptoms of depression? (Select all that apply)	1=Hallucinations or delusions	
	dep_sx_know_3	As far as you know, which of the following are common symptoms of depression? (Select all that apply)	1=Appetite changes (substantial increases or decreases)	
	dep_sx_know_4	As far as you know, which of the following are common symptoms of depression? (Select all that apply)	1=Reduced interest in usual activities	
	anx_help_know_1	As far as you know, which of the following are considered to be effective self-help strategies for reducing anxiety? (Select all that apply)	1=Physical exercise	
	anx_help_know_2	As far as you know, which of the following are considered to be effective self-help strategies for reducing anxiety? (Select all that apply)	1=Spending more time alone	
	anx_help_know_3	As far as you know, which of the following are considered to be effective self-help strategies for reducing anxiety? (Select all that apply)	1=Slow breathing exercises	
	anx_help_know_4	As far as you know, which of the following are considered to be effective self-help strategies for reducing anxiety? (Select all that apply)	1=Meditation	
	ea_sx_know_1	As far as you know, which of the following are common symptoms of eating	1=Dramatic weight loss	

		disorders? (Select all that apply)		
	ea_sx_know_2	As far as you know, which of the following are common symptoms of eating disorders? (Select all that apply)	1=Strong need for control	
	ea_sx_know_3	As far as you know, which of the following are common symptoms of eating disorders? (Select all that apply)	1=Restrictive eating/fasting	
	ea_sx_know_4	As far as you know, which of the following are common symptoms of eating disorders? (Select all that apply)	1=Self-induced vomiting, abuse of laxatives, diet pills and/or diuretics	
	ea_sx_know_5	As far as you know, which of the following are common symptoms of eating disorders? (Select all that apply)	1=Rapid, unintermittible speech	
	ea_sx_know_6	As far as you know, which of the following are common symptoms of eating disorders? (Select all that apply)	1=Eating an unusually large amount of food while feeling out of control	
	gk_1	How much do you agree with the following statement?: I have a good idea of how to recognize that someone is in emotional or mental distress.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	gk_2	How much do you agree with the following statement?: I feel confident in helping someone with a mental health problem.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	gkt_any	Have you ever participated in a mental health gatekeeper-training program? (A program to enhance your skills to recognize signs of emotional distress in other people and refer them to appropriate resources. Examples include Mental Health First Aid, Question, Persuade, Refer (QPR), and At-Risk.)	1=Yes 0=No	
Knowledge and perceptions of campus services	knowwher	How much do you agree with the following statement?: If I needed to seek professional help for my mental or emotional health, I would know where to go on my campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	outreach_aware	Are you aware of mental health outreach efforts on your campus (such as educational programs, awareness events, anti-stigma campaigns, screening days)?	1=Yes 0=No	
	heard	What have you heard from other students about the quality of mental health and psychological counseling services on your campus?	1=I have mostly heard negative opinions. 2=I have heard an even mix of negative and positive opinions. 3=I have mostly heard positive opinions. 4=I haven't heard anything.	
	camp_supp	How much do you agree with the following statement?: There is a good support system on campus for students going through difficult	1=Strongly agree 2=Agree	

		times.	3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Beliefs about treatment efficacy	med_help	How helpful on average do you think medication is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	meds_help_me	How helpful on average do you think medication would be for you if you were having mental or emotional health problems?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	ther_help	How helpful on average do you think therapy or counseling is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	ther_help_me	How helpful on average do you think therapy or counseling would be for you if you were having mental or emotional health problems?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
Identity, secrecy, and disclosure	self_men_ill	How much do you agree with the following statement?: I see myself as a person with mental illness.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	dep_secret	How much do you agree with the following statement?: When I feel depressed or sad, I tend to keep those feelings to myself.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	men_ill_ash	How much do you agree with the following statement?: Sometimes I feel ashamed of having a mental illness.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	men_ill_secret	How much do you agree with the following statement?: Sometimes I keep my mental illness a secret.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	men_ill_discl	How much do you agree with the following statement?: I wish I could disclose to others my mental illness.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Perceived stigma	stig_pcv_1	How much do you agree with the following statement?:	1=Strongly agree	

		Most people would willingly accept someone who has received mental health treatment as a close friend.	2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	stig_pcv_2	How much do you agree with the following statement?: Most people feel that receiving mental health treatment is a sign of personal failure.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	stig_pcv_3	How much do you agree with the following statement?: Most people think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Personal stigma	stig_per_1	How much do you agree with the following statement?: I would willingly accept someone who has received mental health treatment as a close friend.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	stig_per_2	How much do you agree with the following statement?: I feel that receiving mental health treatment is a sign of personal failure.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	stig_per_3	How much do you agree with the following statement?: I would think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Other factors	txfrf	As far as you know, how many of your close friends or family have ever sought professional help for an emotional or mental health problem?	1=None 2=At least 1 or 2 3=3 or more 4=Don't know	

(10) UPSTANDER/BYSTANDER BEHAVIORS (HALF MODULE)

Witnessing and Reacting to Difficult Situations on Campus

The next questions will ask you about difficult situations that you may have witness on your campus in the past year and whether you have intervened (by trying to help). Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Campus climate around upstanding	cli_look	How much do you agree with the following statement?: At my school, we are a campus where we look out for each other.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	cli_resp_fr	How much do you agree with the following statement?: I am responsible to help if a friend is struggling.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	cli_resp_cl	How much do you agree with the following statement?: I am responsible to help if a classmate is struggling.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Witnessing	witness_1	In the past year, I have witnessed the following situations on my campus: (Select all that apply)	1=Someone was drinking too much	
	witness_2	In the past year, I have witnessed the following situations on my campus: (Select all that apply)	1=Someone was at risk of being sexually assaulted	
	witness_3	In the past year, I have witnessed the following situations on my campus: (Select all that apply)	1=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments)	
	witness_4	In the past year, I have witnessed the following situations on my campus: (Select all that apply)	1=Someone was experiencing significant emotional distress or thoughts of suicide	
	witness_5	In the past year, I have witnessed the following situations on my campus: (Select all that apply)	1=There was a physical altercation/fight	
	witness_6	In the past year, I have witnessed the following situations on my campus: (Select all that apply)	1=Other (please specify)	witness_6_text= Other (please specify)
	witness_7	In the past year, I have witnessed the following situations on my campus: (Select all that apply)	1=None of the above [mutually exclusive]	
Upstanding	inter_hy_dr	How much do you agree with the following statement?: If I saw someone was drinking too much, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	inter_hy_sa	How much do you agree with the following statement?: If I saw someone was at risk of being sexually assaulted, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree	

			4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	inter_hy_hl	How much do you agree with the following statement?: If I saw someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments), I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	inter_hy_sui	How much do you agree with the following statement?: If I saw someone was experiencing significant emotional distress or thoughts of suicide, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	inter_y_1	In the past year, I have intervened (by trying to help) in the following situations on my campus: (Select all that apply)	1=Someone was drinking too much	
	inter_y_2	In the past year, I have intervened (by trying to help) in the following situations on my campus: (Select all that apply)	1=Someone was at risk of being sexually assaulted	
	inter_y_3	In the past year, I have intervened (by trying to help) in the following situations on my campus: (Select all that apply)	1=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments)	
	inter_y_4	In the past year, I have intervened (by trying to help) in the following situations on my campus: (Select all that apply)	1=Someone was experiencing significant emotional distress or thoughts of suicide	
	inter_y_5	In the past year, I have intervened (by trying to help) in the following situations on my campus: (Select all that apply)	1=There was a physical altercation/fight	
	inter_y_6	In the past year, I have intervened (by trying to help) in the following situations on my campus: (Select all that apply)	1=Other (please specify)	inter_y_6_text= Other (please specify)
	inter_y_7	In the past year, I have intervened (by trying to help) in the following situations on my campus: (Select all that apply)	1=None of the above [mutually exclusive]	
	inter_help	How much do you agree with the following statement?: When I intervened, I was able to make the situation better. (If you intervened in multiple situations, please consider them as a whole.)	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Bystanding	inter_n_1	In the past year, I witnessed the following risky or difficult situations on my campus but did not intervene: (Select all that apply)	1=Someone was drinking too much	
	inter_n_2	In the past year, I witnessed the following risky or difficult situations on my campus but did not intervene: (Select all that apply)	1=Someone was at risk of being sexually assaulted	
	inter_n_3	In the past year, I witnessed the following risky or difficult situations on my campus but did not intervene:	1=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments)	

		(Select all that apply)		
	inter_n_4	In the past year, I witnessed the following risky or difficult situations on my campus but did not intervene: (Select all that apply)	1=Someone was experiencing significant emotional distress or thoughts of suicide	
	inter_n_5	In the past year, I witnessed the following risky or difficult situations on my campus but did not intervene: (Select all that apply)	1=There was a physical altercation/fight.	
	inter_n_6	In the past year, I witnessed the following risky or difficult situations on my campus but did not intervene: (Select all that apply)	1=Other (please specify)	inter_n_6_text= Other (please specify)
	inter_n_7	In the past year, I witnessed the following risky or difficult situations on my campus but did not intervene: (Select all that apply)	1=None of the above [mutually exclusive]	
	inter_n_why_1	I decided not to intervene because... (Select all that apply)	1=I was afraid of embarrassing myself.	
	inter_n_why_2	I decided not to intervene because... (Select all that apply)	1=I assumed someone else would do something.	
	inter_n_why_3	I decided not to intervene because... (Select all that apply)	1=I didn't know what to do.	
	inter_n_why_4	I decided not to intervene because... (Select all that apply)	1=I didn't feel confident.	
	inter_n_why_5	I decided not to intervene because... (Select all that apply)	1=I felt it was none of my business.	
	inter_n_why_6	I decided not to intervene because... (Select all that apply)	1=I was afraid my friends wouldn't support me.	
	inter_n_why_7	I decided not to intervene because... (Select all that apply)	1=I felt it was unsafe.	
	inter_n_why_8	I decided not to intervene because... (Select all that apply)	1=I was afraid I'd get in trouble.	
	inter_n_why_9	I decided not to intervene because... (Select all that apply)	1=Other (please specify)	inter_n_why_9_text= Other (please specify)

(11) CAMPUS CLIMATE AND CULTURE

Campus Climate and Culture

The next questions will ask you about the campus climate and culture and how you feel about this. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Sense of belonging	belong2	How much do you agree with the following statement?: I fit in well at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Sense of Social and Academic Fit (Walton & Cohen, 2007)
	belong8	How much do you agree with the following statement?: I feel isolated from campus life.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	belong9	How much do you agree with the following statement?: Other people understand more than I do about what is going on at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Sense of Social and Academic Fit (Walton & Cohen, 2007)
Perceptions of campus climate	mh_prior	How much do you agree with the following statement?: At my school, I feel that students' mental and emotional well-being is a priority.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	cli_free	How much do you agree with the following statement?: At my school, I feel that the campus climate encourages free and open discussion about mental and emotional health.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	st_promote	How much do you agree with the following statement?: At my school, students are working to promote mental health on campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	admin_listen	How much do you agree with the following statement?:	1=Strongly agree	

		At my school, the administration is listening to the concerns of students when it comes to health and wellness.	2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	env_mh	How much do you agree with the following statement?: At my school, I feel that the campus environment has a negative impact on students' mental and emotional health.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	env_body	How much do you agree with the following statement?: At my school, I feel that the campus environment has a negative impact on students' eating and body image.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Feelings of safety	safe_on_day	How safe do you feel on your campus during the day?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
	safe_on_night	How safe do you feel on your campus at night?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
	safe_off_day	How safe do you feel in the community surrounding your campus during the day?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
	safe_off_night	How safe do you feel in the community surrounding your campus at night?	1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe	
Diversity and discrimination	divers	How much do you agree with the following statement?: At my school, I have been exposed to diverse opinions, cultures, and values.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

	discrim	In the past 12 months, how many times have you been treated unfairly because of your race, ethnicity, gender, sexual orientation, or cultural background?	1=Never 2=Once in awhile 3=Sometimes 4=A lot 5=Most of the time 6=Almost all of the time	
--	---------	---	---	--

(12) COMPETITION

Stress and Competition

The next questions will ask you about stress and competition. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Stress mindset	stress1	Experiencing stress depletes health and vitality.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013) Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements."
	stress2	Experiencing stress enhances performance and productivity.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013) Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements."
	stress3	Experiencing stress inhibits learning and growth.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013) Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements."
	stress4	The effects of stress are positive and should be utilized.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013) Instructions for this item: "Please rate the extent to which you agree or disagree with the following statements."
Perceived competition	compet_cl	How would you rate the overall competitiveness among students in your current classes?	1=Very competitive 2=Competitive 3=Somewhat competitive 4=Not competitive 5=Very uncompetitive	
	compet_sch	How would you rate the overall competitiveness among students at your school?	1=Very competitive 2=Competitive 3=Somewhat competitive 4=Not competitive 5=Very uncompetitive	
	compet_field	How would you rate the overall competitiveness among students in your field of study?	1=Very competitive 2=Competitive 3=Somewhat competitive 4=Not competitive 5=Very uncompetitive	
	grade_curv	How frequently do instructors in your major/field of study grade your work on a curve (adjust grades based on the	1=Never 2=Almost never	

		grade distribution among students in a class)?	3=Occasionally/Sometimes 4=Almost every time 5=Every time	
Clarifying achievement goals and their impact	achieve1	How much do you agree with the following statements?: It is very important to me to do well in my courses.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Achievement Goal Inventory (Grant & Dweck, 2003)
	achieve4	How much do you agree with the following statements?: It is important to me to confirm my intelligence through my schoolwork.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Achievement Goal Inventory (Grant & Dweck, 2003)
	achieve14	How much do you agree with the following statements?: In school I am always seeking opportunities to develop new skills and acquire new knowledge.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Achievement Goal Inventory (Grant & Dweck, 2003)
	achieve18	How much do you agree with the following statements?: It is very important to me to feel that my coursework offers me real challenges.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Achievement Goal Inventory (Grant & Dweck, 2003)

(13) RESILIENCE AND COPING

Resilience and Coping

The next questions will ask you about how you respond to stressful feelings and experiences. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Psychological inflexibility/Experiential Avoidance	AAQ_1	My painful experiences and memories make it difficult for me to live a life that I would value.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	AAQ_2	I'm afraid of my feelings.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	AAQ_3	I worry about not being able to control my worries and feelings.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	AAQ_4	My painful memories prevent me from having a fulfilling life.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	AAQ_5	Emotions cause problems in my life.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	AAQ_6	It seems like most people are handling their lives better than I am.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
	AAQ_7	Worries get in the way of my	1=Never true	Acceptance and Action Questionnaire-II (AAQ-II)

		success.	2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	(Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of statements. Please rate how true each statement is for you. Use the scale below to make your choice."
Emotional resilience	BRS_1	I tend to bounce back quickly after hard times.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	BRS_2	I have a hard time making it through stressful events.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	BRS_3	It does not take me long to recover from a stressful event.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	BRS_4	It is hard for me to snap back when something bad happens.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	BRS_5	I usually come through difficult times with little trouble.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"
	BRS_6	I tend to take a long time to get over set-backs in my life.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to which you agree with each of the following statements:"

(14) PERSISTENCE AND RETENTION

Academic Experiences and Goals

The next questions will ask you about your experiences as a student, your academic goals, and factors that may affect your classroom performance. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Overall academic experience	choose_sch	How much do you agree with the following statement?: If I could make my choice over, I would still choose to enroll at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	persist	How much do you agree with the following statement?: I am confident that I will be able to finish my degree no matter what challenges I may face.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display if “Non-degree student” not selected for “In what degree program are you currently enrolled?”
	persist_challenge_1	Which of the following challenges are most likely to prevent you from finishing your degree? (Select all that apply)	1=Financial challenges	
	persist_challenge_2	Which of the following challenges are most likely to prevent you from finishing your degree? (Select all that apply)	1=Mental or emotional health problems	
	persist_challenge_3	Which of the following challenges are most likely to prevent you from finishing your degree? (Select all that apply)	1=Other health problems (not directly related to mental or emotional health)	
	persist_challenge_4	Which of the following challenges are most likely to prevent you from finishing your degree? (Select all that apply)	1=Family obligations	
	persist_challenge_5	Which of the following challenges are most likely to prevent you from finishing your degree? (Select all that apply)	1=Family or relationship difficulties	
	persist_challenge_6	Which of the following challenges are most likely to prevent you from finishing your degree? (Select all that apply)	1=Academic challenges (struggling to pass classes)	
	persist_challenge_7	Which of the following challenges are most likely to prevent you from finishing your degree? (Select all that apply)	1=[if not U.S. citizen, ask→Visa or other challenges related to being a non-U.S. citizen]	
	persist_challenge_8	Which of the following challenges are most likely to prevent you from finishing your degree? (Select all that apply)	1=Lack of motivation or desire	
	persist_challenge_9	Which of the following challenges are most likely to prevent you from finishing your degree? (Select all that apply)	1=Work or professional commitments	
	persist_challenge_10	Which of the following challenges are most likely to prevent you from finishing your degree? (Select all that apply)	1=Career opportunities	
	persist_challenge_11	Which of the following challenges are most likely to prevent you	1=Other challenge(s) (please specify)	persist_challenge_11_text

		from finishing your degree? (Select all that apply)		= Other challenge(s) (please specify)
	highestdeg	What is the highest degree you plan to pursue?	1=2-year college degree (associate's) 2=4-year college degree (bachelor's) 3=Master's degree 4=Doctoral degree (JD, MD, PhD, etc.) 5=Other degree (please specify) 6=Don't know	
	doubt_school_1	How much do you agree with the following statement?: I have doubts about whether [college] is worth the time, money, and effort that I'm spending on it.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	doubt_school_2	How much do you agree with the following statement?: I have doubts about whether [graduate school] is worth the time, money, and effort that I'm spending on it.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	fam_support_aca	How much do you agree with the following statement?: My family is very supportive of my educational goals.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	prof_support_aca	How much do you agree with the following statement?: My professors believe in my potential to succeed academically.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	adjust_aca_1	How has it been to adjust to the academic demands of [college] since you began as a student at your school?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult	
	adjust_aca_2	How has it been to adjust to the academic demands of [graduate school] since you began as a student at your school?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult	
	different_maj	Have you decided to pursue a different major since you began as a student at your school?	1=Yes 0=No	
	failed	Have you failed one or more courses since you began as a student at your school?	1=Yes 0=No	
	late_assign	How often have you turned in course assignments late since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week	

			4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
	sleep_class	How often have you fallen asleep in class since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
Experiences with faculty and academic support services	aca_support_serv	How often have you utilized academic support services (e.g., a writing center, tutor, etc.) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
	office_hrs	How often have you interacted with faculty during office hours since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
	faculty_out	How often have you interacted with faculty outside of class or office hours (e.g., by phone, email, text, or in person) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
	advisor_interact	How often have you interacted with academic advisors/counselors (e.g., by phone, email, text, or in person) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
	gradstud_interact	How often have you interacted with graduate students/teaching assistants (e.g., by phone, email, text, or in person) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never	
Overall social experience	friend_devel	How has it been to develop close friendships with other students at your school?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult	
	time_manage	How has it been to manage your time effectively since you began as a student at your school?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult	

Issues affecting academic performance	aca_anx_1	In the past year, how has the following affected your academic performance?: (Select all that apply) Anxiety/stress	1=I did not experience this.	
	aca_anx_2	In the past year, how has the following affected your academic performance?: (Select all that apply) Anxiety/stress	1=I experienced this but it did not affect my academic performance.	
	aca_anx_3	In the past year, how has the following affected your academic performance?: (Select all that apply) Anxiety/stress	1=I received a lower grade on one or more exams or projects.	
	aca_anx_4	In the past year, how has the following affected your academic performance?: (Select all that apply) Anxiety/stress	1=I received a lower grade in one or more courses.	
	aca_anx_5	In the past year, how has the following affected your academic performance?: (Select all that apply) Anxiety/stress	1=I received an incomplete or dropped one or more courses.	
	aca_anx_6	In the past year, how has the following affected your academic performance?: (Select all that apply) Anxiety/stress	1=I had a significant disruption in research, practicum, thesis, or dissertation work.	
	aca_anx_7	In the past year, how has the following affected your academic performance?: (Select all that apply) Anxiety/stress	1=Other	
	aca_dep_1	In the past year, how has the following affected your academic performance?: (Select all that apply) Depression/suicidalty	1=I did not experience this.	
	aca_dep_2	In the past year, how has the following affected your academic performance?: (Select all that apply) Depression/suicidalty	1=I experienced this but it did not affect my academic performance.	
	aca_dep_3	In the past year, how has the following affected your academic performance?: (Select all that apply) Depression/suicidalty	1=I received a lower grade on one or more exams or projects.	
	aca_dep_4	In the past year, how has the following affected your academic performance?: (Select all that apply) Depression/suicidalty	1=I received a lower grade in one or more courses.	
	aca_dep_5	In the past year, how has the following affected your academic performance?: (Select all that apply) Depression/suicidalty	1=I received an incomplete or dropped one or more courses.	
	aca_dep_6	In the past year, how has the following affected your academic performance?:	1=I had a significant disruption in research, practicum, thesis, or dissertation work.	

		(Select all that apply) Depression/suicidality		
	aca_dep_7	In the past year, how has the following affected your academic performance?: (Select all that apply) Depression/suicidality	1=Other	
	aca_eat_1	In the past year, how has the following affected your academic performance?: (Select all that apply) Eating/body image concern	1=I did not experience this.	
	aca_eat_2	In the past year, how has the following affected your academic performance?: (Select all that apply) Eating/body image concern	1=I experienced this but it did not affect my academic performance.	
	aca_eat_3	In the past year, how has the following affected your academic performance?: (Select all that apply) Eating/body image concern	1=I received a lower grade on one or more exams or projects.	
	aca_eat_4	In the past year, how has the following affected your academic performance?: (Select all that apply) Eating/body image concern	1=I received a lower grade in one or more courses.	
	aca_eat_5	In the past year, how has the following affected your academic performance?: (Select all that apply) Eating/body image concern	1=I received an incomplete or dropped one or more courses.	
	aca_eat_6	In the past year, how has the following affected your academic performance?: (Select all that apply) Eating/body image concern	1=I had a significant disruption in research, practicum, thesis, or dissertation work.	
	aca_eat_7	In the past year, how has the following affected your academic performance?: (Select all that apply) Eating/body image concern	1=Other	
	aca_add_1	In the past year, how has the following affected your academic performance?: (Select all that apply) Attention disorder or learning disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, learning disability)	1=I did not experience this.	
	aca_add_2	In the past year, how has the following affected your academic performance?: (Select all that apply) Attention disorder or learning disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, learning disability)	1=I experienced this but it did not affect my academic performance.	
	aca_add_3	In the past year, how has the following affected your academic performance?: (Select all that apply) Attention disorder or learning disability (e.g., attention deficit	1=I received a lower grade on one or more exams or projects.	

		disorder, attention deficit hyperactivity disorder, learning disability)		
	aca_add_4	In the past year, how has the following affected your academic performance?: (Select all that apply) Attention disorder or learning disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, learning disability)	1=I received a lower grade in one or more courses.	
	aca_add_5	In the past year, how has the following affected your academic performance?: (Select all that apply) Attention disorder or learning disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, learning disability)	1=I received an incomplete or dropped one or more courses.	
	aca_add_6	In the past year, how has the following affected your academic performance?: (Select all that apply) Attention disorder or learning disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, learning disability)	1=I had a significant disruption in research, practicum, thesis, or dissertation work.	
	aca_add_7	In the past year, how has the following affected your academic performance?: (Select all that apply) Attention disorder or learning disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, learning disability)	1=Other	
	aca_substance_1	In the past year, how has the following affected your academic performance?: (Select all that apply) Alcohol/substance use	1=I did not experience this.	
	aca_substance_2	In the past year, how has the following affected your academic performance?: (Select all that apply) Alcohol/substance use	1=I experienced this but it did not affect my academic performance.	
	aca_substance_3	In the past year, how has the following affected your academic performance?: (Select all that apply) Alcohol/substance use	1=I received a lower grade on one or more exams or projects.	
	aca_substance_4	In the past year, how has the following affected your academic performance?: (Select all that apply) Alcohol/substance use	1=I received a lower grade in one or more courses.	
	aca_substance_5	In the past year, how has the following affected your academic performance?: (Select all that apply) Alcohol/substance use	1=I received an incomplete or dropped one or more courses.	
	aca_substance_6	In the past year, how has the following affected your academic performance?: (Select all that apply) Alcohol/substance use	1=I had a significant disruption in research, practicum, thesis, or dissertation work.	

	aca_substance_7	In the past year, how has the following affected your academic performance?: (Select all that apply) Alcohol/substance use	1=Other	
	aca_phys_health_1	In the past year, how has the following affected your academic performance?: (Select all that apply) Physical health condition	1=I did not experience this.	
	aca_phys_health_2	In the past year, how has the following affected your academic performance?: (Select all that apply) Physical health condition	1=I experienced this but it did not affect my academic performance.	
	aca_phys_health_3	In the past year, how has the following affected your academic performance?: (Select all that apply) Physical health condition	1=I received a lower grade on one or more exams or projects.	
	aca_phys_health_4	In the past year, how has the following affected your academic performance?: (Select all that apply) Physical health condition	1=I received a lower grade in one or more courses.	
	aca_phys_health_5	In the past year, how has the following affected your academic performance?: (Select all that apply) Physical health condition	1=I received an incomplete or dropped one or more courses.	
	aca_phys_health_6	In the past year, how has the following affected your academic performance?: (Select all that apply) Physical health condition	1=I had a significant disruption in research, practicum, thesis, or dissertation work.	
	aca_phys_health_7	In the past year, how has the following affected your academic performance?: (Select all that apply) Physical health condition	1=Other	
	aca_phys_assault_1	In the past year, how has the following affected your academic performance?: (Select all that apply) Physical assault	1=I did not experience this.	
	aca_phys_assault_2	In the past year, how has the following affected your academic performance?: (Select all that apply) Physical assault	1=I experienced this but it did not affect my academic performance.	
	aca_phys_assault_3	In the past year, how has the following affected your academic performance?: (Select all that apply) Physical assault	1=I received a lower grade on one or more exams or projects.	
	aca_phys_assault_4	In the past year, how has the following affected your academic performance?: (Select all that apply) Physical assault	1=I received a lower grade in one or more courses.	
	aca_phys_assault_5	In the past year, how has the following affected your academic performance?:	1=I received an incomplete or dropped one or more courses.	

		(Select all that apply) Physical assault		
	aca_phys_assault_6	In the past year, how has the following affected your academic performance?: (Select all that apply) Physical assault	1=I had a significant disruption in research, practicum, thesis, or dissertation work.	
	aca_phys_assault_7	In the past year, how has the following affected your academic performance?: (Select all that apply) Physical assault	1=Other	
	aca_sex_assault_1	In the past year, how has the following affected your academic performance?: (Select all that apply) Sexual assault	1=I did not experience this.	
	aca_sex_assault_2	In the past year, how has the following affected your academic performance?: (Select all that apply) Sexual assault	1=I experienced this but it did not affect my academic performance.	
	aca_sex_assault_3	In the past year, how has the following affected your academic performance?: (Select all that apply) Sexual assault	1=I received a lower grade on one or more exams or projects.	
	aca_sex_assault_4	In the past year, how has the following affected your academic performance?: (Select all that apply) Sexual assault	1=I received a lower grade in one or more courses.	
	aca_sex_assault_5	In the past year, how has the following affected your academic performance?: (Select all that apply) Sexual assault	1=I received an incomplete or dropped one or more courses.	
	aca_sex_assault_6	In the past year, how has the following affected your academic performance?: (Select all that apply) Sexual assault	1=I had a significant disruption in research, practicum, thesis, or dissertation work.	
	aca_sex_assault_7	In the past year, how has the following affected your academic performance?: (Select all that apply) Sexual assault	1=Other	

(15) FINANCIAL STRESS

Financial Stress

The next questions will ask you about your financial situation and ways in which this may be impacting your college experience. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	VARIABLE	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Socioeconomic status	fin_past	How would you describe your financial situation while growing up?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	SDS58
	fin_cur	How would you describe your financial situation right now?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	SDS57
	fin_comp1	On a scale from 0 (much poorer) to 10 (much wealthier), how do you think your socioeconomic status compares relative to other students at your school?	1=0=Much poorer than most students at my school 2=1 3=2 4=3 5=4 6=5=Average (about 50% of students are poorer and about 50% are wealthier than me) 7=6 8=7 9=8 10=9 11=10=Much wealthier than most students at my school	
	fin_comp2	How much do you agree with the following statement?: Other students at my school are able to do things that I cannot afford to do.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Financing education	pay_worry	How much do you agree with the following statement?: I am worried about my ability to pay for school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	pay_fam	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by family resources (parents, relatives, spouse, etc.)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	

	pay_self	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by your own resources (income from work, work-study, etc.)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	
	pay_grant	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by aid that need not be repaid (grants, scholarships, military, etc.)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	
	pay_loan	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by aid that must be repaid (loans)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	
	pay_other	How much of the past year's educational expenses (room, board, tuition, and fees) were covered by other sources?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know	

SURVEY ENDINGS:

[SURVEY ENDING #1: CONSENT/ASSENT NOT GRANTED]

Because you have not [consented/assented] to complete the survey you may now close your browser.

[\[local resources\]](#)

If you would like to learn more about the Healthy Minds Study, you can visit healthymindsnetwork.org/research/hms.

[SURVEY ENDING #2, PART 1: SURVEY COMPLETERS, FEEDBACK]

You're almost done!

You answered several questions in this survey that are part of commonly used screening tools to help determine symptom levels and risk for various mental health problems. Please indicate whether you'd like to view your personalized feedback page (which includes scores on screening tools pertaining to Depression, Anxiety, and Eating Disorders. As with all screening instruments, the results (phrases and numbers) correspond simply to your pattern of responding and are compared to other people who have taken the instrument. This screening is not a substitute for a clinical evaluation and is not an actual diagnosis, and only suggests that compared to other people you MAY have the presence of mental health symptoms. You should contact a health professional for more information and a complete evaluation, if you are interested, by consulting the resources noted for your campus.

"Yes, I'd like to view my personalized feedback page"

"No, I would not like to view my personalized feedback page"

[DISPLAY IF ITEM ABOVE ANSWERED "YES"]

Below is some personalized feedback based on your responses. Once you have read this information, please click "CONTINUE" to submit the survey and view a list of resources.

The Healthy Minds Study includes several commonly used screening tools that are used to determine symptom levels and risk for various mental health problems. Note that these results are not diagnoses but we hope they will help put things in perspective for you. To print this feedback page, please feel free to right-click the page and click "print". Here's what your responses indicate:

Depression: You answered a series of 9 questions used to assess symptoms of depression. Scores range from 0 to 27, with higher scores indicating higher levels of depression. Scores are interpreted as follows: 0-4 "no signs of depression", 5-9 "mild depression", 10-14 "moderate depression", 15-19 "moderately severe depression", and 20-27 "severe depression". Your score is [\[insert score\]](#).

Anxiety: You answered a series of 7 questions used to assess symptoms of anxiety. Scores range from 0 to 21, with higher scores indicating higher levels of anxiety. Scores are interpreted as follows: 0-4 "no signs of anxiety", 5-9 "mild anxiety", 10-14 "moderate anxiety", and 15-21 "severe anxiety". Your score is [\[insert score\]](#).

Eating disorder: You answered a series of 5 questions used to assess symptoms of eating disorders. Scores range from 0 to 5, with higher scores indicating higher levels of disordered eating. A score of 2 or higher is considered a positive screen for an eating disorder. Your score is [\[insert score\]](#).

[if reported suicidal ideation→**Because you indicated that you have had suicidal thoughts or attempts in the past year, we are especially concerned about whether you are receiving the support you may need. We urge you to consider the resources shown below and on the next page if you are not already receiving help.**

National Suicide Prevention Lifeline

Phone: 1-800-273-TALK

Website: www.suicidepreventionlifeline.org

The National Suicide Prevention Lifeline is a 24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress.]

[SURVEY ENDING #2, PART 2A: SURVEY COMPLETERS (LOW-RISK), RESOURCES]

Thank you for completing the Healthy Minds Study!

As stated before you began the survey, all of your responses will remain confidential. Your participation will help inform programs and resources for [name of school] students. We also hope that taking this survey has been a valuable experience for you. Below is a list of resources. If you'd like to save this information, please print this page from your web browser now by right-clicking this page and clicking "print". Please click **HERE** if you wish to print a copy of the consent form.

Also, you have been automatically entered into a **sweepstakes for 1 of 2 \$500 prizes or 1 of 10 \$100 prizes**. The drawing will be conducted by researchers at the University of Michigan School of Public Health in Ann Arbor, Michigan in summer 2018. Winners will be notified by email and provided with information about how to collect the prize.

[Insert school's custom incentives if applicable]

Resources:

[local resources]

Other resources:

National Sexual Assault Online Hotline

Website: <https://ohl.rainn.org/online/>

If you would like to learn more about the Healthy Minds Study, you can visit healthymindsnetwork.org/research/hms. To provide feedback about this survey, please email the researchers at healthyminds@umich.edu or [local contact information].

[SURVEY ENDING #2, PART 2B: SURVEY COMPLETERS (HIGH-RISK: DEPRESSION \geq 10, ANXIETY \geq 10, AND/OR EATING DISORDER \geq 2, Suicidal ideation), RESOURCES]

Thank you for completing the Healthy Minds Study!

As stated before you began the survey, all of your responses will remain confidential. Your participation will help inform programs and resources for [name of school] students. We also hope that taking this survey has been a valuable experience for you. Based on your previous responses, you might find it helpful to speak with a trained professional about the topics addressed in this survey. There are resources available for you at [name of school]. Below is a list of resources. If you'd like to save this information, please print this page from your web browser now by right-clicking this page and clicking "print". Please click **HERE** if you wish to print a copy of the consent form.

Also, you have been automatically entered into a sweepstakes for 1 of 2 \$500 prizes or 1 of 10 \$100 prizes. The drawing will be conducted by researchers at the University of Michigan School of Public Health in Ann Arbor, Michigan in summer 201#. Winners will be notified by email and provided with information about how to collect the prize.

[Insert school's custom incentives if applicable]

Campus/local resources:

[local resources]

Other resources:

Crisis Text Line

Website: www.crisistextline.org/

Crisis Text Line serves anyone in any type of crisis, providing them access to free, confidential 24/7 emotional support and counseling they need via text.

Text HEALTH to 741-741.

National Sexual Assault Online Hotline

Website: <https://ohl.rainn.org/online/>

National Eating Disorder Association

Phone: 1-800-931-2237

Website: www.nationaleatingdisorders.org

The National Eating Disorders Association (NEDA) is the leading non-profit organization in the United States advocating on behalf of and supporting individuals and families affected by eating disorders.

ULifeline

Website: www.ulifeline.org

Online resource for college mental health.

If you would like to learn more about the Healthy Minds Study, you can visit healthymindsnetwork.org/research/hms. To provide feedback about this survey, please email the researchers at healthyminds@umich.edu or [local contact information].