

THE HEALTHY MINDS STUDY (HMS): QUESTIONNAIRE MODULES**MENU OF MODULES:**

	Number of Items
Standard Modules¹	
(1) Demographics	27-39
(2) Mental Health Status	34-62
(3) Mental Health Service Utilization/Help-Seeking	10-50
Elective Modules²	
(4) Substance Use	22-26
(5) Sleep (half module)	12-13
(6) Eating and Body Image	26-30
(7) Sexual Assault	26-44
(8) Overall Health	12-32
(9) Knowledge and Attitudes about Mental Health and Mental Health Services	24-26
(10) Upstander/Bystander Behaviors (half module)	8-12
(11) Mental Health Climate	15
(12) Climate for Diversity and Inclusion	25-29
(13) Competition	12
(14) Resilience and Coping	13
(15) Persistence and Retention	22-25
(16) Financial Stress	13
(17) Attitudes about Mobile Resources	18-29

Standard modules are fielded at all participating institutions. The standard modules include a limited number of questions spanning the following topics, in addition to providing rich data on students' demographics, mental health status, and mental health service utilization and help-seeking behaviors.

Elective modules are chosen by participating institution from the options listed above. To ensure that the overall survey (standard modules+elective modules) is a reasonable length, participating institutions typically choose 2 elective modules (2 half modules can be combined to account for 1 module). The number of elective modules is determined by 2 factors: (1) skip logic embedded within the survey (i.e., some measures are assessed only for students who have used certain services), and (2) which elective modules are selected by the participating institution. In terms of the order of modules presented in the survey, the 'Mental Health Status' module is always first, followed by the 'Mental Health Service Utilization/Help-Seeking' module.

order of the remaining modules varies based on which elective modules are selected.

ABOUT THIS DOCUMENT:

outlines all survey items included in HMS, beginning with the standard modules ('Demographics', 'Mental Health Status', and 'Mental Health/Help-Seeking') and then the elective modules.

presented within a table. Above each table is the module name (in all capital letters, bolded and underlined). Directly beneath the module name is the number of student participants at the beginning of that module. For example, students beginning the 'Demographics' module see the following information in that module: "Basic Information: *This section will ask you to provide basic information about yourself*". Information in the column 'Citation/Notes' is not visible to students within the survey.

Some items are based on embedded skip logic within the survey (i.e., some measures are assessed only for students with certain responses). For example, only students who respond "No" to the question "Are you a United States citizen (or permanent resident)?" are asked the follow-up question "What is your country of citizenship (passport country)?" This follow-up question is shown in gray, indicating that the item is based on embedded skip logic.

As such, there are numerous coding and programming decisions (*the vast majority of which are rather boring so we'll skip them*): for example, many items allow student respondents to "Select all that apply". In some cases, one of the response options is "mutually exclusive" (e.g., "None"). A student respondent who selects that response option cannot select any of the other options (e.g., the response category "None" is mutually exclusive with "All of them"). Programming notes are included in blue within the module tables.

Items within the standard modules include a note in red (in the 'Citation/Notes' column) indicating that the item is included only if the elective module on that topic is not selected. In other words, a small number of items about important topics are included even if the elective module on that topic is selected. For example, if an institution does not select the 'Sleep' half module, a small number of items about sleep habits are included in the 'Mental Health Status' module. If an institution selects the 'Sleep' half module, the items about sleep are not included in the 'Mental Health Status' module (because sleep habits are assessed in more detail through the 'Sleep' half module).

NON-EMBEDDED SKIP LOGIC

PROGRAMMING NOTES

ITEMS INCLUDED ONLY IF ELECTIVE MODULE ON THAT TOPIC NOT SELECTED

STANDARD MODULES:

ICS

you to provide basic information about yourself. Remember that your responses are confidential and you may choose to skip questions or stop responding at any

	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
	How old are you? (You must be 18 years or older to complete this survey.)	1= _____ years old	
lity	What was your sex at birth?	1=Female 2=Male 3=Intersex	
	What is your gender identity?	1=Male 2=Female 3=Trans male/Trans man 4=Trans female/Trans woman 5=Genderqueer/Gender non-conforming 6=Self-identify (please specify)	
	How would you describe your sexual orientation? (Select all that apply)	1=Heterosexual 2=Lesbian 3=Gay 4=Bisexual 5=Queer 6=Questioning 7=Self-identify (please specify)	
	How would you characterize your current relationship status?	1=Single 2=In a relationship 3=Married, in a domestic partnership, or engaged 4=Divorced or separated 5=Widowed 6=Other (please specify)	
	What is your race/ethnicity? (Select all that apply)	1=African American/Black 2=American Indian or Alaskan Native 3=Asian American/Asian 4=Hispanic/Latino/a 5=Native Hawaiian or Pacific Islander 6=Middle Eastern, Arab, or Arab American 7=White 8=Self-identify (please specify)	
	Are you an international student?	1=Yes 0=No	Adapt for non-U.S. colleges and u
	What is your country of origin?	1=Afghanistan 2=Albania 3=Angola 4=Antigua and Barbuda 5=Argentina 6=Armenia 7=Australia 8=Austria 9=Azerbaijan	Instructions for this item: “(Use c key to select more than one count Adapted for non-U.S. colleges an

	10=Bahamas 11=Bahrain 12=Bangladesh 13=Barbados 14=Belarus 15=Belgium 16=Belize 17=Bolivia 18=Bosnia and Herzegovina 19=Brazil 20=Brunei 21=Bulgaria 22=Burma 23=Burundi 24=Cambodia 25=Cameroon 26=Canada 27=Central African Republic 28=Chad 29=Chile 30=China 31=Colombia 32=Congo, The Democratic Republic 33=Costa Rica 34=Cote d'Ivoire 35=Croatia 36=Cyprus 37=Czech Republic 38=Denmark 39=Dominica 40=Dominican Republic 41=Ecuador 42=Egypt 43=El Salvador 44=Estonia 45=Ethiopia 46=Finland 47=France 48=Gabon 49=Gambia 50=Gaza Strip 51=Georgia 52=Germany 53=Ghana 54=Greece 55=Guatemala 56=Guinea 57=Guyana 58=Haiti 59=Honduras 60=Hungary 61=Iceland 62=India 63=Indonesia	
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	64=Iran 65=Iraq 66=Ireland 67=Israel 68=Italy 69=Jamaica 70=Japan 71=Jordan 72=Kazakhstan 73=Kenya 74=North Korea 75=South Korea 76=Kosovo 77=Kuwait 78=Kyrgyzstan 79=Laos 80=Latvia 81=Lebanon 82=Libya 83=Lithuania 84=Luxembourg 85=Macedonia 86=Madagascar 87=Malawi 88=Malaysia 89=Mali 90=Mauritania 91=Mauritius 92=Mexico 93=Moldova 94=Mongolia 95=Morocco 96=Mozambique 97=Namibia 98=Nepal 99=Netherlands 100=New Zealand 101=Nicaragua 102=Nigeria 103=Norway 104=Oman 105=Pakistan 106=Palestine 107=Panama 108=Paraguay 109=Peru 110=Philippines 111=Poland 112=Portugal 113=Qatar 114=Romania 115=Russia 116=Saint Kitts and Nevis 117=Saint Lucia	
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		118=Saudi Arabia 119=Senegal 120=Serbia 121=Sierra Leone 122=Singapore 123=Slovakia 124=Slovenia 125=Somalia 126=South Africa 127=Spain 128=Sri Lanka 129=St Vincent and the Grenadines 130=Sudan 131=Swaziland 132=Sweden 133=Switzerland 134=Syria 135=Taiwan 136=Tanzania 137=Thailand 138=Trinidad and Tobago 139=Tunisia 140=Turkey 141=Turkmenistan 142=Uganda 143=Ukraine 144=United Arab Emirates 145=United Kingdom 146=Uruguay 147=Uzbekistan 148=Venezuela 149=Vietnam 150=West Bank 151=Yemen 152=Yugoslavia 153=Zambia 154=Zimbabwe 155=Other	
	What is your country of origin?	[open text]	Display if "Other" is selected for "of origin"
tus	How would you describe your financial situation right now?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	Included if 'Financial Stress' mod CCMH Standardized Data Set
	How would you describe your financial situation while growing up?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	Included if 'Financial Stress' mod CCMH Standardized Data Set
	Within the past 12 months I worried whether our food would run out before we got money to buy more.	1=Often true 2=Sometimes true 3=Never true	Included if 'Financial Stress' mod

	Within the past 12 months the food I bought just didn't last and I didn't have money to get more.	1=Often true 2=Sometimes true 3=Never true	Included if 'Financial Stress' mod
	To what extent do these statements describe your experiences these days? (Please select all that apply)	1=I have difficulty paying for school 2=I have difficulty paying for food 3=I have difficulty paying for transportation 4=I have difficulty paying for childcare 5=I have difficulty paying for health care 6=I have difficulty paying for textbooks or course materials	
istics	What is the current number of children or other dependents living in your household, for whom you are responsible?	1=None 2=1 3=2 4=3 5=4 or more	
ies	What is the average number of hours you work per week during the school year (paid employment only)?	Free response	CCMH Standardized Data Set
	What is the highest level of education completed by your parents or stepparents? Parent 1	This parent's relationship to you: 1=Mother or stepmother 2=Father or stepfather 3=Other This parent's education: 1=8th grade or lower 2=Between 9th and 12th grade (but no high school degree) 3=High school degree 4=Some college (but no college degree) 5=Associate's degree 6=Bachelor's degree 7=Graduate degree 8=Don't know	
	What is the highest level of education completed by your parents or stepparents? Parent 2	This parent's relationship to you: 1=Mother or stepmother 2=Father or stepfather 3=Other This parent's education: 1=8th grade or lower 2=Between 9th and 12th grade (but no high school degree) 3=High school degree 4=Some college (but no college degree) 5=Associate's degree 6=Bachelor's degree 7=Graduate degree 8=Don't know	
	How important is religion in your life?	1=Very important 2=Important 3=Neutral 4=Unimportant 5=Very unimportant	CCMH Standardized Data Set

	What is your religious affiliation? (Select all that apply)	1=Agnostic 2=Atheist 3=Buddhist 4=Catholic 5=Christian 6=Hindu 7=Jewish 8=Muslim 9=No preference [mutually exclusive] 10=Self-identify (please specify)	CCMH Standardized Data Set
tion	In what degree program are you currently enrolled? (Select all that apply)	1=Associate's 2=Bachelor's 3=Master's 4=JD 5=MD 6=PhD (or equivalent doctoral program) 7=Other (please specify) 8=Non-degree student [mutually exclusive]	
	Did you transfer from another campus/institution to this school?	1=Yes, I transferred from a community or junior college. 2=Yes, I transferred from a 4-year college or university. 3=No	
	What year are you in your current degree program?	1=1st year 2=2nd year 3=3rd year 4=4th year 5=5th year 6=6th year 7=7th+ year	Display if "Non-degree student" r what degree program are you cur
	What is your enrollment status?	1=Full-time student 2=Part-time student 3=Other (please specify)	
	What is your field of study? (Select all that apply)	1=Humanities (history, languages, philosophy, etc.) 2=Natural sciences or mathematics 3=Social sciences (economics, psychology, etc.) 4=Architecture or urban planning 5=Art and design 6=Business 7=[if graduate, ask→Dentistry] 8=Education 9=Engineering 10=[if graduate, ask→Law] 11=[if graduate, ask→Medicine] 12=Music, theatre, or dance 13=Nursing 14=Pharmacy 15=[if undergraduate, ask→Pre-professional (pre-business, pre-health, pre-law)] 16=Public health 17=Public policy 18=[if graduate, ask→Social work]	

		19=[if undergraduate, ask→Undecided] [mutually exclusive] 20=Other (please specify)	
	What is your current overall GPA?	0=A+ 1=A 2=A- 3=B+ 4=B 5=B- 6=C+ 7=C 8=C- 9=D+ or below 10=No grade or don't know	
	In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your academic performance?	1=None 2=1-2 days 3=3-5 days 4=6 or more days	
	How much time do you spend during a typical week attending classes/lab?	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
	How much time do you spend during a typical week studying/doing homework?	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
	How much do you agree with the following statement?: I am confident that I will be able to finish my degree no matter what challenges I may face.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Persistence and Retention' selected
	Where do you currently live?	1=On-campus housing, residence hall 2=On-campus housing, apartment 3=Fraternity or sorority house 4=On- or off-campus co-operative housing 5=Off-campus, non-university housing 6=With my parents (or relatives) 7=Other (please specify)	
Activities	What activities do you currently participate in at your school? (Select all that apply)	1=Academic or pre-professional organization 2=Athletics (club) 3=Athletics (intercollegiate varsity) 4=Athletics (intramural) 5=Community service 6=Cultural or racial organization 7=Dance	

		<p>8=Fraternity or sorority 9=Gender or sexuality organization 10=Government or politics (including student government) 11=Health and wellness organization 12=Media or publications 13=Music or drama 14=Religious organization 15=Social organization (that is not a fraternity or sorority) 16=Visual or fine arts 17=Other (please specify) 18=None [mutually exclusive]</p>	
	<p>What sport(s) do you participate in at your school?</p>	<p>1=Baseball 2=Basketball 3=Boxing 4=Cheering and/or dancing 5=Cross country 6=Cycling 7=Fencing 8=Field hockey 9=Football 10=Golf 11=Gymnastics 12=Ice hockey 13=Lacrosse 14=Rowing 15=Rugby 16=Sailing 17=Soccer 18=Softball 19=Swimming and/or diving 20=Tennis 21=Track and field 22=Volleyball 23=Water polo 24=Wrestling 25=Other</p>	<p>Instructions for this item: "(Use a key to select more than 1 sport.)" [multi-select box]</p>
	<p>How satisfied are you with your overall experience at your school?</p>	<p>1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied</p>	
g	<p>How much do you agree with the following statement?: I see myself as a part of the campus community.</p>	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	<p>Adapted from Perceived Cohesion (Bollen & Hoyle, 1990)</p>
e	<p>Have you ever served in the United States Armed Forces, military Reserves, or National Guard?</p>	<p>1=No, never served in the military 2=Yes, currently in Reserve Officers' Training Corps (ROTC)</p>	

		<p>3=Yes, currently in military Reserves or National Guard</p> <p>4=Yes, now on active duty</p> <p>5=Yes, on active duty during the past 12 months, but not now</p> <p>6=Yes, on active duty in the past, but not during the past 12 months</p>	
	Are you registered, with the office for disability services on this campus, as having a documented and diagnosed disability?	<p>1=Yes</p> <p>0=No</p>	CCMH Standardized Data Set
	If you selected, "Yes" for the previous question, please indicate which category of disability you are registered for: (Select all that apply)	<p>1=Attention deficit/hyperactivity disorders</p> <p>2=Deaf or hard of hearing</p> <p>3=Learning disorders</p> <p>4=Mobility Impairments</p> <p>5=Neurological disorders</p> <p>6=Physical/health related disorders</p> <p>7=Psychological disorder/condition</p> <p>8=Visual impairments</p> <p>9=Other (please specify)</p>	CCMH Standardized Data Set
	How often have you used the disability-related accommodations recommended for you?	<p>1=Not at all</p> <p>2=Occasionally</p> <p>3=Frequently</p>	
	Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? (Select all that apply)	<p>1=Diabetes</p> <p>2=High blood pressure</p> <p>3=Asthma</p> <p>4=Thyroid disease (e.g., hypothyroid or hyperthyroid)</p> <p>5=Gastrointestinal disease (e.g., Crohn's Disease, Ulcerative Colitis)</p> <p>6=Arthritis</p> <p>7=Sickle cell anemia</p> <p>8=Seizure disorders (e.g., epilepsy)</p> <p>9=Cancers</p> <p>10=High cholesterol</p> <p>11=HIV/AIDS</p> <p>12=Other autoimmune disorder (please specify)</p> <p>13=Other chronic disease (please specify)</p> <p>14=No, never been diagnosed with a chronic disease. [mutually exclusive]</p> <p>15=Don't know</p>	Included if 'Overall Health' mod

LTH STATUS

al Health

ions will ask you about your overall well-being. Remember that your responses are confidential and you may choose to skip questions or stop responding at any

ITEM	RESPONSE CATEGORIES	CITATION/NOTES
I find a purposeful and meaningful life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with v or disagree. Using the 1-7 scale below, indicate your agree by indicating that response for each statement."
My social relationships are supportive and rewarding.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with v or disagree. Using the 1-7 scale below, indicate your agree by indicating that response for each statement."
I am engaged and interested in my daily activities.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with v or disagree. Using the 1-7 scale below, indicate your agree by indicating that response for each statement."
I actively contribute to the happiness and well-being of others.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with v or disagree. Using the 1-7 scale below, indicate your agree by indicating that response for each statement."
I am competent and capable in the activities that are important to me.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with v or disagree. Using the 1-7 scale below, indicate your agree by indicating that response for each statement."

<p>1 a good person and live a good life.</p>	<p>1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree</p>	<p>Flourishing Scale (Diener & Biswas-Diener, 2009)</p> <p>Instructions for this item: "Below are 8 statements with v or disagree. Using the 1-7 scale below, indicate your agree by indicating that response for each statement."</p>
<p>1 optimistic about my future.</p>	<p>1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree</p>	<p>Flourishing Scale (Diener & Biswas-Diener, 2009)</p> <p>Instructions for this item: "Below are 8 statements with v or disagree. Using the 1-7 scale below, indicate your agree by indicating that response for each statement."</p>
<p>ple respect me.</p>	<p>1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree</p>	<p>Flourishing Scale (Diener & Biswas-Diener, 2009)</p> <p>Instructions for this item: "Below are 8 statements with v or disagree. Using the 1-7 scale below, indicate your agree by indicating that response for each statement."</p>
<p>r the last 2 weeks, how often have you been bothered by any of the owing problems? le interest or pleasure in doing things</p>	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	<p>Patient Health Questionnaire-9 (Kroenke et al., 2001)</p>
<p>r the last 2 weeks, how often have you been bothered by any of the owing problems? ling down, depressed or hopeless</p>	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	<p>Patient Health Questionnaire-9 (Kroenke et al., 2001)</p>
<p>r the last 2 weeks, how often have you been bothered by any of the owing problems? nable falling or staying asleep, or sleeping too much</p>	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	<p>Patient Health Questionnaire-9 (Kroenke et al., 2001)</p>
<p>r the last 2 weeks, how often have you been bothered by any of the owing problems? ling tired or having little energy</p>	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	<p>Patient Health Questionnaire-9 (Kroenke et al., 2001)</p>

<p>Over the last 2 weeks, how often have you been bothered by any of the following problems? Loss of appetite or overeating</p>	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	<p>Patient Health Questionnaire-9 (Kroenke et al., 2001)</p>
<p>Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling bad about yourself—or that you are a failure or have let yourself or your family down</p>	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	<p>Patient Health Questionnaire-9 (Kroenke et al., 2001)</p>
<p>Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble concentrating on things, such as reading the newspaper or watching television</p>	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	<p>Patient Health Questionnaire-9 (Kroenke et al., 2001)</p>
<p>Over the last 2 weeks, how often have you been bothered by any of the following problems? Moving or speaking so slowly that other people could have noticed; or the opposite—being so fidgety or restless that you have been moving around a lot more than usual</p>	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	<p>Patient Health Questionnaire-9 (Kroenke et al., 2001)</p>
<p>Over the last 2 weeks, how often have you been bothered by any of the following problems? Thoughts that you would be better off dead or of hurting yourself in some way</p>	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	<p>Patient Health Questionnaire-9 (Kroenke et al., 2001)</p>
<p>How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?</p>	<p>1=Not difficult at all 2=Somewhat difficult 3=Very difficult 4=Extremely difficult</p>	<p>Adapted from Patient Health Questionnaire-9 (Kroenke et al., 2001)</p>
<p>During that period, how often were you bothered by these problems? Lack of interest or pleasure in doing things</p>	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	<p>Adapted from Patient Health Questionnaire-2 Instructions for this item: “Think about the 2-week period when you experienced the 2 problems below the most frequently.”</p>
<p>During that period, how often were you bothered by these problems? Feeling down, depressed or hopeless</p>	<p>1=Not at all 2=Several days 3=More than half the days 4=Nearly every day</p>	<p>Adapted from Patient Health Questionnaire-2 Instructions for this item: “Think about the 2-week period when you experienced the 2 problems below the most frequently.”</p>

<p>Over the last 2 weeks, how often have you been bothered by the following problems? Feeling nervous, anxious or on edge</p>	<p>1=Not at all 2=Several days 3=Over half the days 4=Nearly every day</p>	<p>GAD-7 (Spitzer et al., 2006)</p>
<p>Over the last 2 weeks, how often have you been bothered by the following problems? Not being able to stop or control worrying</p>	<p>1=Not at all 2=Several days 3=Over half the days 4=Nearly every day</p>	<p>GAD-7 (Spitzer et al., 2006)</p>
<p>Over the last 2 weeks, how often have you been bothered by the following problems? Worrying too much about different things</p>	<p>1=Not at all 2=Several days 3=Over half the days 4=Nearly every day</p>	<p>GAD-7 (Spitzer et al., 2006)</p>
<p>Over the last 2 weeks, how often have you been bothered by the following problems? Not being able to relax</p>	<p>1=Not at all 2=Several days 3=Over half the days 4=Nearly every day</p>	<p>GAD-7 (Spitzer et al., 2006)</p>
<p>Over the last 2 weeks, how often have you been bothered by the following problems? Feeling so restless that it's hard to sit still</p>	<p>1=Not at all 2=Several days 3=Over half the days 4=Nearly every day</p>	<p>GAD-7 (Spitzer et al., 2006)</p>
<p>Over the last 2 weeks, how often have you been bothered by the following problems? Becoming easily annoyed or irritable</p>	<p>1=Not at all 2=Several days 3=Over half the days 4=Nearly every day</p>	<p>GAD-7 (Spitzer et al., 2006)</p>
<p>Over the last 2 weeks, how often have you been bothered by the following problems? Feeling afraid as if something awful might happen</p>	<p>1=Not at all 2=Several days 3=Over half the days 4=Nearly every day</p>	<p>GAD-7 (Spitzer et al., 2006)</p>
<p>How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?</p>	<p>1=Not difficult at all 2=Somewhat difficult 3=Very difficult 4=Extremely difficult</p>	

you need to be very thin in order to feel good about yourself?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected
ink I am...	1=Very underweight 2=Somewhat underweight 3=Normal weight 4=Somewhat overweight 5=Very overweight	Included if 'Eating and Body Image' module not selected
at is your current height? (you don't know, please provide your best guess.)	1=_____ feet [force numeric, <=7] 2=_____ inches [force numeric, <=11]	Included if 'Eating and Body Image' module not selected
at is your current weight? (you don't know, please provide your best guess.)	1=_____ pounds [force numeric]	Included if 'Eating and Body Image' module not selected
you ever make yourself sick because you feel uncomfortably full?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following q as possible."
you worry that you have lost control over how much you eat?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following q as possible."
re you recently lost more than 15 pounds in a 3-month period?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following q as possible."
you believe yourself to be fat when others say you are too thin?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following q

		as possible.”
ould you say that food dominates your life?	1=Yes 0=No	Included if ‘Eating and Body Image’ module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: “Please answer the following q as possible.”
he past year, have you ever done any of the following ntionally? ect all that apply)	1=Cut myself 2=Burned myself 3=Punched or banged myself 4=Scratched myself 5=Pulled my hair 6=Bit myself 7=Interfered with wound healing 8=Carved words or symbols into skin 9=Rubbed sharp objects into skin 10=Punched or banged an object to hurt myself 11=Other (please specify) 12=No, none of these [mutually exclusive]	Instructions for this item: “This question asks about ways yourself on purpose, without intending to kill yourself.”
verage, how often in the past year did you hurt yourself on pose, without intending to kill yourself?	1=Once or twice 2=Once a month or less 3=2 or 3 times a month 4=Once or twice a week 5=3 to 5 days a week 6=Nearly everyday, or everyday	
he past year, did you ever seriously think about attempting ide?	1=Yes 0=No	
he past year, did you make a plan for attempting suicide?	1=Yes 0=No	
he past year, did you attempt suicide?	1=Yes 0=No	

<p>our lifetime, how many times has anyone struck or physically red you?</p>	<p>1=Never 2=1 time 3=2-3 times 4=4-5 times 5=More than 5 times</p>	
<p>en was the last time anyone has struck or physically injured you?</p>	<p>1=Within the last 2 weeks 2=Within the last month 3=Within the last year 4=Within the last 1-5 years 5=More than 5 years ago</p>	
<p>r the past 12 months, did you strike or physically injure anyone?</p>	<p>1=Yes 0=No</p>	
<p>r the past 12 months, were you called names, yelled at, iliated, judged, threatened, coerced, or controlled by another son?</p>	<p>1=Yes 0=No</p>	
<p>r the past 12 months, were you kicked, slapped, punched or rwise physically mistreated by another person?</p>	<p>1=Yes 0=No</p>	
<p>he past 12 months, has anyone had unwanted sexual contact with ? ase count any experience of unwanted sexual contact [e.g., hing of your sexual body parts, oral sex, anal sex, sexual rcourse, and penetration of your vagina or anus with a finger or ct] that you did not consent to and did not want to happen rdless of where it happened.)</p>	<p>1=Yes 0=No</p>	<p>Instructions for this item: “Unwanted sexual contact coul someone touches or grabs your sexual body parts (e.g., bt breasts); someone uses force against you, such as holding or her body weight, pinning your arms, hitting or kicking threatens to hurt you or someone close to you; or you are consent because you are incapacitated, passed out, uncon or asleep. This could happen after you voluntarily used al after you were given a drug without your knowledge or cc</p>
<p>o was the person who had unwanted sexual contact with you? (select all that apply)</p>	<p>1=A stranger 2=Someone you had seen or heard about but not talked to 3=An acquaintance, friend of a friend, or someone that you had just met 4=A professor or teaching assistant 5=A current or ex friend or roommate 6=A current or ex dating partner or spouse 7=Someone else 8=Unsure/don't know</p>	<p>Definition from CDC NISVS 2010</p>

<p>Over the past 2 weeks, did you drink any alcohol?</p>	<p>1=Yes 0=No</p>	
<p>Over the past 2 weeks, about how many times did you have 4 [male]/5 [male]/4 or 5 [not female or male] or more alcoholic drinks in a row? (A drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)</p>	<p>1=0 times 2=1 time 3=2 times 4=3 to 5 times 5=6 to 9 times 6=10 or more times 7=Don't know</p>	<p>Definition adapted from National Institute on Alcohol Abuse and Alcoholism</p>
<p>Over the past 30 days, about how many cigarettes did you smoke per day?</p>	<p>1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs</p>	<p>Included if 'Substance Use' and 'Overall Health' modules</p>
<p>Over the past 30 days, have you used an electronic cigarette or vaped?</p>	<p>1=Yes 2=No</p>	<p>Included if 'Substance Use' and 'Overall Health' modules</p>
<p>What do you think was in the mist you inhaled the last time you used an electronic cigarette or vaped?</p>	<p>1=Any vaping 2=Vaping nicotine 3=Vaping Marijuana 4=Vaping "just flavoring"</p>	<p>Display if "Yes" is selected for "Over the past 30 days, have you used an electronic cigarette or vaped?" National Institutes of Health Monitoring the Future survey</p>
<p>Over the past 30 days, have you used any of the following drugs? (Select all that apply)</p>	<p>1=Marijuana 2=Cocaine (any form, including crack, powder, or freebase) 3=Heroin 4=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed 5=Benzodiazepines (such as Valium, Ativan, Klonopin, Xanax) 6=Methamphetamines (also known as speed, crystal meth, or ice) 7=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed 8=Ecstasy 9=Other drugs without a prescription (please specify) 10=No, none of these [mutually</p>	<p>Included if 'Substance Use' and 'Overall Health' modules</p>

	exclusive]	
he past 30 days, about how many hours per week on average did spend exercising? clude any exercise of moderate or higher intensity, where derate intensity” would be roughly equivalent to brisk walking or (cling)	1=Less than 1 hour 2=2-3 hours 3=3-4 hours 4=5 or more hours	Included ‘Overall Health’ module not selected
ing this school year, at approximately what time have you cally gone to sleep on: knights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	Included if ‘Sleep’ and ‘Overall Health’ modules both not
ing this school year, at approximately what time have you cally gone to sleep on: kend nights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am	Included if ‘Sleep’ and ‘Overall Health’ modules both not

	<p>18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am</p>	
<p>ing this school year, at approximately what time have you ally woken up on: kdays?</p>	<p>1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am</p>	<p>Included if 'Sleep' and 'Overall Health' modules both not</p>
<p>ing this school year, at approximately what time have you ally woken up on: kend days?</p>	<p>1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am</p>	<p>Included if 'Sleep' and 'Overall Health' modules both not</p>

	<p>23=10:00am 24=11:00am</p>	
<p>ing this school year, on how many days have you taken naps ing a typical week?</p>	<p>1=I don't take naps. 2=1 3=2 4=3 5=4 6=5 7=6 8=7</p>	<p>Included if 'Sleep' and 'Overall Health' modules both not</p>
<p>v long is your typical nap?</p>	<p>1=Less than 1 hour 2=Between 1 and 2 hours 3=Between 2 and 3 hours 4=More than 3 hours</p>	<p>Included if 'Sleep' and 'Overall Health' modules both not</p>

LTH SERVICE UTILIZATION/HELP-SEEKING

Services and Support

will ask you about your experiences using mental health services. Remember that your responses are confidential and you may choose to skip questions or stop re

ITEM	RESPONSE CATEGORIES	CITATION/NOTES
<p>Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)</p>	<p>1=Depression (e.g., major depressive disorder, persistent depressive disorder) 2=Bipolar (e.g., bipolar I or II, cyclothymia) 3=Anxiety (e.g., generalized anxiety disorder, phobias) 4=Obsessive-compulsive or related disorders (e.g., obsessive-compulsive disorder, body dysmorphia) 5=Trauma and Stressor Related Disorders (e.g., posttraumatic stress disorder), 6=Neurodevelopmental disorder or intellectual disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, intellectual disability, autism spectrum disorder) 7=Eating disorder (e.g., anorexia nervosa, bulimia nervosa) 8=Psychosis (e.g., schizophrenia, schizo-affective disorder) 9=Personality disorder (e.g., antisocial personality disorder, paranoid personality disorder, schizoid personality disorder) 10=Substance use disorder (e.g., alcohol abuse, abuse of other drugs) 11=No, none of these [mutually exclusive] 12=Don't know</p>	
<p>Specifically, which of the following depression disorders were you diagnosed with by a professional? (Select all that apply)</p>	<p>1=Major depressive disorder 2=Dysthymia or persistent depressive disorder 3=Premenstrual dysphoric disorder 4=Other (please specify) 5=Don't know</p>	
<p>Specifically, which of the following bipolar and related disorders were you diagnosed with by a professional? (Select all that apply)</p>	<p>1=Bipolar I disorder 2=Bipolar II disorder 3=Cyclothymic disorder 4=Other (please specify) 5=Don't know</p>	
<p>Specifically, which of the following anxiety disorders were you diagnosed with by a professional? (Select all that apply)</p>	<p>1=Generalized anxiety disorder 2=Panic disorder 3=Agoraphobia 4=Specific phobia (e.g., claustrophobia, arachnophobia, etc.) 5=Social anxiety disorder (or social phobia) 6=Other (please specify) 7=Don't know</p>	
<p>Specifically, which of the following obsessive-compulsive or related disorders were you diagnosed with by a professional? (Select all that apply)</p>	<p>1=Obsessive-compulsive disorder 2=Body dysmorphic disorder 3=Hoarding disorder</p>	

	4=Trichotillomania (hair-pulling disorder) 5=Excoriation (skin-picking) disorder 6=Other (please specify) 7=Don't know	
Specifically, which of the following trauma and stressor related disorders were you diagnosed with by a professional? (Select all that apply)	1=Posttraumatic stress disorder 2=Acute stress disorder 3=Adjustment disorder 4=Other (please specify) 5=Don't know	
Specifically which of the following neurodevelopmental disorder or intellectual disability were you diagnosed with by a professional? (Select all that apply)	1=Attention deficit hyperactivity disorder (ADHD or ADD) 2=Other intellectual disability 3=Autism spectrum disorder 4=Other (please specify) 5=Don't know	
Specifically, which of the following eating disorders were you diagnosed with by a professional? (Select all that apply)	1=Anorexia nervosa 2=Bulimia nervosa 3=Binge-eating disorder 4=Pica 5=Avoidant/restrictive food intake disorder (selective eating disorder) 6=Other (please specify) 7=Don't know	
Specifically, which of the following psychotic disorders were you diagnosed with by a professional? (Select all that apply)	1=Schizophrenia 2=Schizo-affective disorder 3=Brief psychotic disorder 4=Delusional disorder 5=Schizophreniform disorder 6=Other (please specify) 7=Don't know	
Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Antisocial personality disorder 2=Avoidant personality disorder 3=Borderline personality disorder 4=Dependent personality disorder 5=Histrionic personality disorder 6=Narcissistic personality disorder 7=Obsessive-Compulsive personality disorder 8=Paranoid personality disorder 9=Schizoid personality disorder 10=Schizotypal personality disorder 11=Other (please specify) 12=Don't know	
Specifically, which of the following substance disorders were you diagnosed with by a professional? (Select all that apply)	1=Alcohol abuse or other alcohol-related disorders 2=Other (please specify) 3=Don't know	
How much do you agree with the following statement?: If I needed to seek professional help for my mental or emotional health, I would know where to go on my campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes & Mental Health Services' module n
How helpful on average do you think medication is, when provided	1=Very helpful	Included if 'Knowledge and Attitudes &

	competently, for people your age who are clinically depressed?	2=Helpful 3=Somewhat helpful 4=Not helpful	and Mental Health Services' module n
	How helpful on average do you think therapy or counseling is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	Included if 'Knowledge and Attitudes : and Mental Health Services' module n
	How much do you agree with the following statement?: Most people think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes : and Mental Health Services' module n
	How much do you agree with the following statement?: I would think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes : and Mental Health Services' module n
	How much do you agree with the following statement?: In the past 12 months, I needed help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I currently need help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display only if "Somewhat Agree," "Agree" is selected for "How much do y following statement?: In the past 12, n for emotional or mental health proble sad, blue, anxious or nervous"
ns	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=Professional clinician (e.g., psychologist, counselor, or psychiatrist) 2=Roommate 3=Friend (who is not a roommate) 4=Significant other 5=Family member 6=Religious counselor or other religious contact 7=Support group 8=Other non-clinical source (please specify) 9=No one [mutually exclusive]	
	Have you ever received counseling or therapy for mental health concerns?	1=No, never 2=Yes, prior to starting college 3=Yes, since starting college 4=Yes, both of the above (prior to college and since starting college)	CCMH Standardized Data Set
	How many total visits or sessions for counseling or therapy have you had in the past 12 months?	0=0 1=1-3 2=4-6 3=7-9 4=10 or more	Display only if "Yes, prior to starting c starting college", or "Yes, both of the a and since starting college" is selected f received counseling or therapy for men concerns?"
	Are you currently receiving counseling or therapy?	1=Yes	Display only if previous item answerec

	0=No	total visits in the past 12 months
From which of the following places did you receive counseling or therapy? (Select all that apply)	1=[Insert name of institution’s student counseling services] 2=[Insert name of institution’s campus health services] 3=[Insert other campus counseling or health service] 4=Psychiatric Emergency Services/Psych Emergency Room (ER) 5=Inpatient psychiatric hospital 6=Partial hospitalization program 7=Provider in the local community (not on campus) 8=Provider in another location (such as your hometown) 9=Other (please specify) 10=Don’t know	Display only if “Are you currently receiving therapy” is displayed.
From which campus counseling or health service did you receive counseling or therapy?	[open text]	Display only if “Insert other campus service” is selected for “From which of did you receive counseling or therapy?”
How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: “From which of the following places did you receive counseling or therapy?”]: Convenient hours	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: “From which of the following places did you receive counseling or therapy?”]: Location	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: “From which of the following places did you receive counseling or therapy?”]: Quality of therapists/counselors	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: “From which of the following places did you receive counseling or therapy?”]: Respect for your privacy concerns	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: “From which of the following places did you receive counseling or therapy?”]: Ability to schedule appointments without long delays	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
How helpful, overall, do you think therapy or counseling was or has been for your mental or emotional health?	1=Very helpful 2=Helpful	

	3=Somewhat helpful 4=Not helpful	
In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)	1=Psychostimulants (methylphenidate (Ritalin or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexerline), etc.) 2=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.) 3=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.) 4=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.) 5=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.) 6=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.) 7=Other medication for mental or emotional health (please specify) 8=No, none of these [mutually exclusive] 9=Don't know	
For what purpose(s) have you taken the medication(s) you just indicated? (Select all that apply)	1=Mental or emotional health 2=Other health reasons 3=Academic performance 4=Recreation/fun 5=Other (please specify)	
In the past 12 months how many times have you discussed with a doctor or other health professional your use of the medication(s) you just noted?	1=Not at all 2=1-2 times 3=3-5 times 4=More than 5 times 5=Don't know	
Who wrote your most recent prescription for the medication(s) you noted in the last question? (Select all that apply)	1=A general practitioner, nurse practitioner, or primary care physician 2=A psychiatrist 3=Other type of doctor (please specify) 4=Took the medication(s) without a prescription 5=Don't know	
Of the medication(s) you just noted, which are you currently taking? (Select all that apply)	1=Psychostimulants (methylphenidate (Ritalin, or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexerline), etc.) 2=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.) 3=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.) 4=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam	Pipe in selected options from: "In the 1 you taken any of the following types of medications?"

	(Xanax), buspirone (BuSpar), etc.) 5=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.) 6=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.) 7=Other medication for mental or emotional health (please specify) 8=None of the above [mutually exclusive]	
During the past year, for how long, in total, have you taken the following medication(s)?	1=Less than 1 month 2=Between 1 and 2 months 3=2 months or more 4=Did not take	Pipe in selected options from: "In the past 12 months, have you taken any of the following types of medications?"
How helpful, overall, do you think the medication(s) was or has been for your mental or emotional health?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
Which of the following are important reasons why you received those services? (Select all that apply)	1=I decided on my own to seek help. 2=A friend encouraged me to seek help. 3=A friend pressured me to seek help. 4=A family member encouraged me to seek help. 5=A family member pressured me to seek help. 6=Someone other than a friend or family member encouraged me to seek help (please specify person's relationship to you). 7=I was mandated to seek help by campus staff. 8=I acquired more information about my options from (please specify where). 9=Other (please specify)	Instructions for this item: "Earlier in the survey, you reported that you have taken medication/counseling/therapy in the past 12 months for mental or emotional health."
In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received? (Select all that apply)	1=No need for services 2=Financial reasons (too expensive, not covered by insurance) 3=Not enough time 4=Not sure where to go 5=Difficulty finding an available appointment 6=Prefer to deal with issues on my own or with support from family/friends 7=Other (please specify) 8=No barriers [mutually exclusive]	
In the past 12 months which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	1=I haven't had the chance to go but I plan to. 2=No need for services 3=Financial reasons (too expensive, not covered by insurance) 4=Not enough time 5=Not sure where to go 6=Difficulty finding an available appointment 7=Prefer to deal with issues on my own or with support from family/friends 8=Other (please specify) 9=No barriers [mutually exclusive]	
In the past 12 months, have you visited any medical provider, such as a primary care doctor or other type of doctor, for a check-up or	1=Yes 0=No	

any other medical reasons?		
In the past 12 months have you received counseling or support for your mental or emotional health from any of the following sources? (Select all that apply)	1=Roommate 2=Friend (who is not a roommate) 3=Significant other 4=Family member 5=Religious counselor or other religious contact 6=Support group 7=Other non-clinical source (please specify) 8=No, none of these[mutually exclusive]	
How helpful was it to discuss these concerns?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
If you had a mental health problem that you believed was affecting your academic performance, which people at school would you talk to? (Select all that apply)	1=Professor from one of my classes 2=Academic advisor 3=Another faculty member 4=Teaching assistant 5=Student services staff 6=Dean of Students or class dean 7=Other (please specify) 8=No one [mutually exclusive]	
During this school year have you talked with any academic personnel (such as instructors, advisors, or other academic staff) about any mental health problems that were affecting your academic performance?	1=Yes 0=No	
Overall, how supportive was the response of the academic personnel with whom you talked?	1=Very supportive 2=Supportive 3=Not supportive 4=Very unsupportive	
What is the source of your current health insurance coverage? (Select all that apply)	1=I do not have any health insurance coverage (uncovered). [mutually exclusive] 2=I have health insurance through my parent(s) or their employer. 3=I have health insurance through my employer. 4=I have health insurance through my spouse's employer. 5=I have a student health insurance plan. 6=I have health insurance through an embassy or sponsoring agency for international students. 7=I have individual health insurance purchased directly from an insurance carrier. 8=I have Medicaid or other governmental insurance. 9=I am uncertain about whether I have health insurance. 10=I have health insurance but am uncertain about where it is from.	
Do you know if your health insurance plan would provide any coverage for a visit to a mental health professional (psychiatrist, psychologist, clinical social worker, etc.)?	1=Yes, it definitely would. 2=I think it would but am not sure. 3=I have no idea. 4=I think it would not but am not sure. 5=No, it definitely would not.	

<p>Does your current health insurance plan meet your needs for mental health services?</p>	<p>1=I have not needed to use my current insurance plan to cover mental health services. 2=Yes, everything I have needed is covered. 3=No, the coverage is inadequate to meet my needs.</p>	
<p>I feel that coverage is inadequate because my plan... (Select all that apply)</p>	<p>1=...doesn't cover any mental health services. 2=...doesn't cover preexisting conditions. 3=...doesn't cover certain conditions. 4=...has a co-pay that is too expensive. 5=...has a deductible that is too expensive. 6=...doesn't cover certain types of services or providers. 7=...has a limit on the number of services that are covered. 8=Other (please specify)</p>	
<p>This semester, how easy or difficult has it been paying for mental health care?</p>	<p>1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult 7=Not applicable</p>	

ELECTIVE MODULES:**JSE**

will ask you about your experiences with and opinions about alcohol and other drugs. Remember that your responses are confidential and you may choose to skip any question.

ITEM	RESPONSE CATEGORIES	CITATION/NOTES
How often do you have a drink containing alcohol?	1=Never 2=Monthly or less 3=2-4 times a month 4=2-3 times a week 5=4 or more times a week	AUDIT (Saunders et al., 1993)
How many drinks containing alcohol do you have on a typical day when you are drinking? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=1 or 2 2=3 or 4 3=5 or 6 4=7 to 9 5=10 or more	AUDIT (Saunders et al., 1993) Definition adapted from National Institute on Alcoholism
How often do you have 4 [female]/5 [male]/4 or 5 [not female or male] or more drinks on 1 occasion? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993) Definition adapted from National Institute on Alcoholism
How often during the last year have you found that you were not able to stop drinking once you had started?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
How often during the last year have you failed to do what was normally expected of you because of drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
How often during the last year have you needed a drink in the morning to get yourself going after a heavy drinking session?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
How often during the last year have you had a feeling of guilt or remorse after drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
How often during the last year have you been unable to remember what happened the night before of your drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
Have you or someone else been injured because you had been drinking?	0=No 1=Yes, but not in the last year 2=Yes, during the last year	AUDIT (Saunders et al., 1993)

	Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?	1=No 2=Yes, but not in the last year 3=Yes, during the last year	AUDIT (Saunders et al., 1993)
	Have you ever received counseling or treatment for an alcohol-related problem from a health professional (such as psychiatrist, psychologist, social worker, or primary care doctor)?	1=Yes 0=No	
e	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Marijuana 2=Cocaine (any form, including crack, powder, or freebase) 3=Heroin 4=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed 5=Benzodiazepines (such as Valium, Ativan, Klonopin, Xanax) 6=Methamphetamines (also known as speed, crystal meth, or ice) 7=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed 8=Ecstasy 9=Other drugs without a prescription (please specify) 10=No, none of these [mutually exclusive]	
	Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	
	Over the past 30 days, have you used an electronic cigarette or vape pen?	1=Yes 2=No	Included if 'Substance Use' and 'Overall Health' m selected
	What did you think was in the mist you inhaled the last time you used a vaping device?	1=Any vaping 2=Vaping nicotine 3=Vaping Marijuana 4=Vaping "just flavoring"	Display if "Yes" is selected for "Over the past 30 d electronic cigarette or vape pen?" National Institutes of Health Monitoring the Futu
se	How much do you think people risk harming themselves physically or in other ways when they have 5 or more drinks containing alcohol once or twice a week? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Pr Core Measures Survey (2012) Definition adapted from National Institute on Alcc Alcoholism
	How much do you think people risk harming themselves physically or in other ways if they smoke 1 or more packs of cigarettes per day?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Pr Core Measures Survey (2012)
	How much do you think people risk harming themselves physically or in other ways if they smoke marijuana once or twice a week?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Pr Core Measures Survey (2012)
	How much do you think people risk harming themselves physically	1=No risk	Adapted from Drug Free Communities Support Pr

	or in other ways if they use prescription drugs that are not prescribed to them?	2=Slight risk 3=Moderate risk 4=Great risk	Core Measures Survey (2012)
1	In the past 30 days, how often have you had to "baby-sit" or take care of another student who drank too much?	1=0 times 2=1 times 3=2 times 4=3 times 5=4 or more times	
	In the past 30 days, how often have you experienced an unwanted sexual advance because of other students' drinking?	1=0 times 2=1 times 3=2 times 4=3 times 5=4 or more times	
	In the past 30 days, how often have you been a victim of sexual assault or "date rape" because of other students' drinking?	1=0 times 2=1 times 3=2 times 4=3 times 5=4 or more times	
	In the past 30 days, about what percent of students at your school drank alcohol?	1= _____ % [force numeric, 0-100]	Instructions for this item: "The next few items ask of other students' behaviors regarding alcohol and Please provide your best guess."
	In the past 30 days, about what percent of students at your school smoked cigarettes?	1= _____ % [force numeric, 0-100]	Instructions for this item: "The next few items ask of other students' behaviors regarding alcohol and Please provide your best guess."
	In the past 30 days, about what percent of students at your school smoked (or otherwise used) marijuana?	1= _____ % [force numeric, 0-100]	Instructions for this item: "The next few items ask of other students' behaviors regarding alcohol and Please provide your best guess."
	How much do you agree with the following statement?: Alcohol use is a problem for students on my campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

MODULE)

will ask you about your sleep habits. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

M	RESPONSE CATEGORIES	CITATION/NOTES
<p>ng this school year, at approximately what time have you typically gone to sleep on: knights?</p>	<p>1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am</p>	
<p>ng this school year, at approximately what time have you typically gone to sleep on: kend nights?</p>	<p>1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am</p>	

	23=10:00am 24=11:00am	
During this school year, at approximately what time have you typically woken up on: weekdays?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	
During this school year, at approximately what time have you typically woken up on: weekend days?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	
During this school year, on how many days have you taken naps during a typical week?	1=I don't take naps. 2=1 3=2	

	4=3 5=4 6=5 7=6 8=7	
How long is your typical nap?	1=Less than 1 hour 2=Between 1 and 2 hours 3=Between 2 and 3 hours 4=More than 3 hours	
Difficulty falling asleep	1=None 2=Mild 3=Moderate 4=Severe 5=Very severe	Insomnia Severity Index (Morin et al., 2011) Instruction for this item: "Please rate the (weeks) severity of your insomnia problem"
Difficulty staying asleep	1=None 2=Mild 3=Moderate 4=Severe 5=Very severe	Insomnia Severity Index (Morin et al., 2011) Instruction for this item: "Please rate the (weeks) severity of your insomnia problem"
Frequent waking up too early	1=None 2=Mild 3=Moderate 4=Severe 5=Very severe	Insomnia Severity Index (Morin et al., 2011) Instruction for this item: "Please rate the (weeks) severity of your insomnia problem"
How satisfied/dissatisfied are you with your current sleep pattern?	1=Very satisfied 2=Satisfied 3=Moderately satisfied 4=Dissatisfied 5=Very dissatisfied	Insomnia Severity Index (Morin et al., 2011)
How noticeable to others do you think your sleep problem is in terms of impairing the quality of your life?	1=Not at all noticeable 2=A little 3=Somewhat 4=Much 5=Very much noticeable	Insomnia Severity Index (Morin et al., 2011)
How worried/distressed are you about a current sleep problem?	1=Not at all worried 2=A little 3=Somewhat 4=Much 5=Very much worried	Insomnia Severity Index (Morin et al., 2011)
To what extent do you consider a sleep problem to interfere with your daily functioning (e.g., daytime fatigue, mood, ability to function at work/daily chores, concentration, memory, etc.) currently?	1=Not at all interfering 2=A little 3=Somewhat 4=Much 5=Very much interfering	Insomnia Severity Index (Morin et al., 2011)

BODY IMAGE

age

will ask you about your behaviors and attitudes related to eating, body shape and weight. Remember that your responses are confidential and you may choose to skip any question at any point.

ITEM	RESPONSE CATEGORIES	CITATION/NOTES
How much more or less do you feel you worry about your weight and body shape than [other women/men/peers] your age?	1=I worry a lot less than [other women/men/my peers]. 2=I worry a little less than [other women/men/my peers]. 3=I worry about the same as [other women/men/my peers]. 4=I worry a little more than [other women/men/my peers]. 5=I worry a lot more than [other women/men/my peers].	Weight Concerns Scale (Killen et al., 1994; Killen et al., 1994)
How afraid are you of gaining 3 pounds?	1=Not afraid of gaining 2=Slightly afraid of gaining 3=Moderately afraid of gaining 4=Very afraid of gaining 5=Terrified of gaining	Weight Concerns Scale (Killen et al., 1994; Killen et al., 1994)
When was the last time you went on a diet?	1=I've never been on a diet. 2=I was on a diet about 1 year ago. 3=I was on a diet about 6 months ago. 4=I was on a diet about 3 months ago. 5=I was on a diet about 1 month ago. 6=I was on a diet less than 1 month ago. 7=I'm now on a diet.	Weight Concerns Scale (Killen et al., 1994; Killen et al., 1994)
Compared to other things in your life, how important is your weight to you?	1=My weight is not important compared to other things in my life. 2=My weight is a little more important than some other things in my life. 3=My weight is more important than most, but not all, things in my life. 4=My weight is the most important thing in my life.	Weight Concerns Scale (Killen et al., 1994; Killen et al., 1994)
Do you ever feel fat?	1=Never 2=Rarely 3=Sometimes 4=Often 5=Always	Weight Concerns Scale (Killen et al., 1994; Killen et al., 1994)
Do you need to be very thin in order to feel good about yourself?	1=Yes 0=No	
I think I am...	1=Very underweight 2=Somewhat underweight 3=Normal weight 4=Somewhat overweight 5=Very overweight	
How much do you agree with the following statement?: I have become more concerned about my body shape and weight since I began as a student at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
How much do you agree with the following statement?: I am worried about gaining the "freshman fifteen".	1=Strongly agree 2=Agree 3=Somewhat agree	

	4=Somewhat disagree 5=Disagree 6=Strongly disagree	
In your day-to-day life, how often do people act as if they're better than you because of your weight?	1=Never 2=Rarely 3=Sometimes 4=Often 5=Always	
I am concerned that I will not be treated fairly by others because of my weight.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
About how often do you weigh yourself?	1=Never 2=Less than once per month 3=Once per month 4=2 to 3 times per month 5=Once per week 6=2 to 3 times per week 7=4 to 6 times per week 8=Once per day 9=More than once per day	
What is your current height? (If you don't know, please provide your best guess.)	1= _____ feet [force numeric, <7] 2= _____ inches [force numeric, <11]	
What is your current weight? (If you don't know, please provide your best guess.)	1= _____ pounds [force numeric]	
Do you have an ideal weight for yourself?	1=Yes 2=No	
What would your ideal weight be if you could choose it?	1= _____ pounds (please specify) [force numeric] 2=I don't have an ideal weight for myself.	Display if "Yes" is select an ideal weight for your
Do you ever make yourself sick because you feel uncomfortably full?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, Instructions for this iter following questions as h
Do you worry that you have lost control over how much you eat?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, Instructions for this iter following questions as h
Have you recently lost more than 15 pounds in a 3-month period?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, Instructions for this iter following questions as h
Do you believe yourself to be fat when others say you are too thin?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey,

		Instructions for this iter following questions as h
Would you say that food dominates your life?	1=Yes 0=No	SCOFF questionnaire (Morgan, Reid, & Lacey, Instructions for this iter following questions as h
Over the past 4 weeks (28 days), on how many days have you eaten an unusually large amount of food and have had a sense of loss of control at the time?	Range: 0-28 days	Eating Disorder Examin (EDE-Q) (Fairburn, Cooper, & O')
Over the past 4 weeks (28 days), how many times have you made yourself sick (vomit) as a means of controlling your shape or weight?	[open text]	Eating Disorder Examin (EDE-Q) (Fairburn, Cooper, & O')
Over the past 4 weeks (28 days), how many times have you taken laxatives as a means of controlling your shape or weight?	[open text]	Eating Disorder Examin (EDE-Q) (Fairburn, Cooper, & O')
Over the past 4 weeks (28 days), how many times have you taken diuretics (water pills) or diet pills as a means of controlling your shape or weight?	[open text]	Eating Disorder Examin (EDE-Q) (Fairburn, Cooper, & O')
Over the past 4 weeks (28 days), how many times have you exercised in a 'driven' or 'compulsive' way as a means of controlling your weight, shape or amount of fat, or to burn off calories?	[open text]	Eating Disorder Examin (EDE-Q) (Fairburn, Cooper, & O')
Over the past 4 weeks (28 days), how many times have you fasted intentionally not eaten anything at all for at least 8 waking hours?	[open text]	Eating Disorder Examin (EDE-Q) (Fairburn, Cooper, & O')
For about what percentage of the last 12 months were you on a diet?	1=More than 75% (more than 270 days total) 2=Between 50% and 75% (180 to 270 days total) 3=Between 25% and 49% (90 to 179 days total) 4=Less than 25% (1 to 90 days total) 5=I was not on a diet at all in the last 12 months.	
How much do you agree with the following statement?: My eating habits have changed a lot since I began as a student at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
How have your eating habits changed since you began as a student at your school? (Select all that apply)	1=I think about food more often. 2=I think about food less often. 3=I am more concerned about what I eat. 4=I am less concerned about what I eat. 5=I consume more calories on average per day. 6=I consume fewer calories on average per day. 7=I eat more junk food/fast food. 8=I eat less junk food/fast food. 9=I eat more junk food late at night. 10=I eat more fruits/vegetables. 11=I eat less fruits/vegetables. 12=I became a vegetarian/vegan. 13=I began limiting (or increased the extent to which I limit) the quantity or types of foods and drinks I consume in order to	

	influence my body shape or weight. 14=I began purging (vomiting, using laxatives, diet pills etc.). 15=Other (please specify)	
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ULT

periences of Sexual Assault on Campus

ions asks you about perceptions and experiences related to sexual assault. Remember that your responses are confidential and you may choose to skip questions

ITEM	RESPONSE CATEGORIES	CITATION/NOTES
If someone were to report a sexual assault to a campus authority, how likely is it that your school would take the report seriously?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students from Sexual Assault (2014)
If someone were to report a sexual assault to a campus authority, how likely is it that your school would keep knowledge of the report limited to those who need to know in order for your school to respond properly?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students from Sexual Assault (2014)
If someone were to report a sexual assault to a campus authority, how likely is it that your school would forward the report outside the campus to criminal investigators?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students from Sexual Assault (2014)
If someone were to report a sexual assault to a campus authority, how likely is it that your school would take steps to protect the safety of the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students from Sexual Assault (2014)
If someone were to report a sexual assault to a campus authority, how likely is it that your school would support the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students from Sexual Assault (2014)
If someone were to report a sexual assault to a campus authority, how likely is it that your school would take corrective action to address factors that may have led to the sexual assault?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students from Sexual Assault (2014)
If someone were to report a sexual assault to a campus authority, how likely is it that your school would take corrective action against the offender?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students from Sexual Assault (2014)
If someone were to report a sexual assault to a campus authority, how likely is it that your school would take steps to protect the person making the report from retaliation?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students from Sexual Assault (2014)
If someone were to report a sexual assault to a campus authority, how likely is it that students would label the person making the report as a troublemaker?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students from Sexual Assault (2014)
If someone were to report a sexual assault to a campus authority, how likely is it that students would support the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students from Sexual Assault (2014)
If someone were to report a sexual assault to a campus authority, how likely is it that the alleged offender(s) or their associates would retaliate against the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students from Sexual Assault (2014)

<p>If someone were to report a sexual assault to a campus authority, how likely is it that the educational achievement/career of the person making the report would suffer?</p>	<p>1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely</p>	<p>Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)</p>
<p>Have you received training in policies and procedures regarding incidents of sexual assault (e.g., what is defined as sexual assault, how to report an incident, confidential resources, procedures for investigating)?</p>	<p>1=Yes 0=No</p>	<p>Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)</p>
<p>Have you received training in prevention of sexual assault?</p>	<p>1=Yes 0=No</p>	<p>Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)</p>
<p>How useful did you think the training was?</p>	<p>1=Very 2=Moderately 3=Somewhat 4=Slightly 5=Not useful</p>	<p>Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)</p>
<p>If a friend or I were sexually assaulted, I know where to go to get help.</p>	<p>1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know</p>	<p>Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instruction for this item: "Please indicate your level of agreement to statements:"</p>
<p>Do you understand my school's formal procedures to address complaints of sexual assault.</p>	<p>1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know</p>	<p>Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instruction for this item: "Please indicate your level of agreement to statements:"</p>
<p>Do you have confidence that my school administers the formal procedures to address complaints of sexual assault fairly.</p>	<p>1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know</p>	<p>Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instruction for this item: "Please indicate your level of agreement to statements:"</p>
<p>Did you experience forced touching of a sexual nature (forced kissing, touching of private parts, grabbing, fondling, rubbing up against you in a sexual way, even if it was over your clothes)</p>	<p>1=Yes 0=No</p>	<p>Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual or unwanted sexual contact you may have experienced since beginning at your school. If you had the unwanted sexual contact could have been a stranger or someone you were dating or going out with such as a family member or someone you were dating or going out with you have experienced any of the following five types of unwanted sexual contact:</p>
<p>Did you experience oral sex (someone's mouth or tongue making contact with your genitals or your mouth or tongue making contact with someone else's genitals)</p>	<p>1=Yes 0=No</p>	<p>Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual or unwanted sexual contact you may have experienced since beginning at your school. If you had the unwanted sexual contact could have been a stranger or someone you were dating or going out with you have experienced any of the following five types of unwanted sexual contact:</p>
<p>Did you experience sexual intercourse (someone's penis being put in your vagina or anus)</p>	<p>1=Yes 0=No</p>	<p>Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)</p>

		Instructions for this item: “This section asks about nonconsensual or contact you may have experienced since beginning at your school. If you had the unwanted sexual contact could have been a stranger or someone such as a family member or someone you were dating or going out with you have experienced any of the following five types of unwanted sexual contact: 1=Forced touching of a sexual nature 2=Oral sex 3=Sexual intercourse 4=Anal sex 5=Sexual penetration with a finger or object 6=Other (please specify)
Anal sex (someone’s penis being put in your anus)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “This section asks about nonconsensual or contact you may have experienced since beginning at your school. If you had the unwanted sexual contact could have been a stranger or someone such as a family member or someone you were dating or going out with you have experienced any of the following five types of unwanted sexual contact: 1=Forced touching of a sexual nature 2=Oral sex 3=Sexual intercourse 4=Anal sex 5=Sexual penetration with a finger or object 6=Other (please specify)
Sexual penetration with a finger or object (someone putting their finger or an object like a bottle or a candle in your vagina or anus)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “This section asks about nonconsensual or contact you may have experienced since beginning at your school. If you had the unwanted sexual contact could have been a stranger or someone such as a family member or someone you were dating or going out with you have experienced any of the following five types of unwanted sexual contact: 1=Forced touching of a sexual nature 2=Oral sex 3=Sexual intercourse 4=Anal sex 5=Sexual penetration with a finger or object 6=Other (please specify)
Has anyone had sexual contact with you by using physical force or threatening to physically harm you?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “The questions below ask about unwanted sexual contact that involved force or threats of force against you since you began at your school. This could include someone holding you down with his or her body weight, arms, hitting or kicking you, or using or threatening to use a weapon against you.”
Has anyone attempted but not succeeded in having sexual contact with you by using or threatening to use physical force against you?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “The questions below ask about unwanted sexual contact that involved force or threats of force against you since you began at your school. This could include someone holding you down with his or her body weight, arms, hitting or kicking you, or using or threatening to use a weapon against you.”
Since beginning at your school, has someone had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep?	1=Yes, I am certain this has happened. 2=I suspect this has happened but am not certain. 3=No, this has not happened.	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “The next question asks about your experience with unwanted sexual contact while you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated or asleep. These situations include times that you voluntarily consumed alcohol or drugs and times that you were drugged without your knowledge or consent.”
When the person had sexual contact with you by using physical force or threatening you with physical force, which of the following happened? (Select all that apply)	1=Forced touching of a sexual nature 2=Oral sex 3=Sexual intercourse 4=Anal sex 5=Sexual penetration with a finger or object 6=Other (please specify)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: “Earlier you indicated that since beginning at your school, someone has had sexual contact with you by using physical force or threatening to physically harm you. The question below asks about that experience.”
When the person had sexual contact with you when you were unable to provide consent or stop what was	1=Forced touching of a sexual nature 2=Oral sex	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)

<p>appening because you were passed out, drugged, drunk, incapacitated, or asleep, which of the following appened? Select all that apply)</p>	<p>3=Sexual intercourse 4=Anal sex 5=Sexual penetration with a finger or object 6= Other (please specify) 7=Don't know [mutually exclusive]</p>	<p>Instructions for this item: "Earlier you indicated that since beginning someone has had sexual contact with you when you were unable to p stop what was happening because you were passed out, drugged, dru asleep. The questions below ask about that experience."</p>
<p>ust prior to the incident(s), had you been drinking lcohol?</p>	<p>1=Yes 0=No</p>	<p>Not Alone: The First Report of the White House Task Force to Prote Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning someone has had sexual contact with you when you were unable to p stop what was happening because you were passed out, drugged, dru asleep. The questions below ask about that experience. Keep in mind way responsible for the assault that occurred, even if you had been d</p>
<p>vere you drunk?</p>	<p>1=Yes 0=No</p>	<p>Not Alone: The First Report of the White House Task Force to Prote Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning someone has had sexual contact with you when you were unable to p stop what was happening because you were passed out, drugged, dru asleep. The questions below ask about that experience."</p>
<p>ust prior to the incident(s), had you voluntarily been king or using any drugs other than alcohol?</p>	<p>1=Yes 0=No</p>	<p>Not Alone: The First Report of the White House Task Force to Prote Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning someone has had sexual contact with you when you were unable to p stop what was happening because you were passed out, drugged, dru asleep. The questions below ask about that experience."</p>
<p>ust prior to the incident(s), had you been given a drug ithout your knowledge or consent?</p>	<p>1=Yes 2=No 3=Don't know</p>	<p>Not Alone: The First Report of the White House Task Force to Prote Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning someone has had sexual contact with you when you were unable to p stop what was happening because you were passed out, drugged, dru asleep. The questions below ask about that experience."</p>
<p>Whom did the unwanted behavior involve? Select all that apply)</p>	<p>1=Stranger 2=Family member 3=Acquaintance 4=Coworker 5=Employer/supervisor 6=College professor/instructor 7=College staff 8=Non-romantic friend 9=Casual or first date 10=Current romantic partner 11=Ex-romantic partner 12=Other (please specify)</p>	<p>Adapted from Not Alone: The First Report of the White House Task Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pi incident if you had more than one, and answer the questions below e experience."</p>
<p>Was this person a student at your school?</p>	<p>1=Yes 2=No 3=Don't know</p>	<p>Not Alone: The First Report of the White House Task Force to Prote Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pi incident if you had more than one, and answer the questions below e</p>

		experience.”
Was this person affiliated with your school as an employee, staff, or faculty member?	1=Yes 2=No 3=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick one incident if you had more than one, and answer the questions below based on your experience.”
What was the gender of the individual who did this to you?	1=Man 2=Woman 3=Another gender identity (please specify) 4=Don't know	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick one incident if you had more than one, and answer the questions below based on your experience.”
Did the incident involve any of the following? (Select all that apply)	1=The other person's use of alcohol 2=Your use of alcohol 3=The other person's use of drugs 4=Your use of drugs 5=None of the above [mutually exclusive]	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick one incident if you had more than one, and answer the questions below based on your experience.”
How frightened were you by the incident?	1=Extremely frightened 2=Somewhat frightened 3=Only a little frightened 4=Not at all frightened	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick one incident if you had more than one, and answer the questions below based on your experience.”
Where did the incident occur? (Select all that apply)	1=Off-campus 2=On-campus	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick one incident if you had more than one, and answer the questions below based on your experience.”
To whom did you tell about the incident? (Select all that apply)	1=No one [mutually exclusive] 2=Roommate 3=Close friend other than roommate 4=Parent or guardian 5=Other family member 6=Counselor 7=Faculty or staff 8=Residence hall staff 9=Police 10=Romantic partner (other than the one who did this to you) 11=Campus sexual assault advocate 12=Other (please specify)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick one incident if you had more than one, and answer the questions below based on your experience.”
Did you use your school's formal procedures to report the incident(s)?	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: “For the next set of questions, please pick one incident if you had more than one, and answer the questions below based on your experience.”
Did your school's formal procedures help you deal with the problem?	1=Didn't help me at all 2=Helped me a little	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)

	<p>3=Helped, but could have helped more 4=Helped me a lot 5=Completely solved the problem</p>	<p>Instructions for these items: "For the next set of questions, please pick one incident if you had more than one, and answer the questions below based on your experience."</p>
<p>Why did you not tell anyone? Select all that apply)</p>	<p>1=Ashamed/embarrassed 2=Is a private matter-wanted to deal with it on own 3=Concerned others would find out 4=Didn't want the person who did it to get in trouble 5=Fear of retribution from the person who did it 6=Fear of not being believed 7=Thought I would be blamed for what happened 8=Didn't think what happened was serious enough to talk about 9=Didn't think others would think it was serious 10=Thought people would try to tell me what to do 11=Would feel like an admission of failure 12=Didn't think others would think it was important 13=Didn't think others would understand 14=Didn't have time to deal with it due to academics, work, etc. 15=Didn't know reporting procedure on campus 16=Feared I or another would be punished for infractions or violations (such as underage drinking) 17=Did not feel the campus leadership would solve my problems 18=Feared others would harass me or react negatively toward me 19=Thought nothing would be done 20=Didn't want others to worry about me 21=Wanted to forget it happened 22=Had other things I needed to focus on and was concerned about (classes, work) 23=Didn't think the school would do anything about my report 24=Other (please specify)</p>	<p>Adapted from Not Alone: The First Report of the White House Task Force on Sexual Assault (2014)</p> <p>Instructions for these items: "For the next set of questions, please pick one incident if you had more than one, and answer the questions below based on your experience."</p>
<p>In the past 12 months, have you experienced stalking (e.g., someone waiting for you outside of your home, classroom, or workplace; repeated unwanted texts/emails/phone calls)?</p>	<p>1=Yes 0=No</p>	

ALTH

will ask you about various aspects of your overall health. Remember that your responses are confidential and you may choose to skip questions or stop responding

ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Overall, how would you describe your health?	1=Excellent 2=Good 3=Fair 4=Poor 5=Very poor	
Have you ever been diagnosed with any of the following health conditions, which required ongoing treatment by a healthcare professional (i.e., chronic diseases)? Select all that apply)	1=Diabetes 2=High blood pressure 3=Asthma 4=Thyroid disease (e.g., hypothyroid or hyperthyroid) 5=Gastrointestinal disease (e.g., Crohn’s Disease, Ulcerative Colitis) 6=Arthritis 7=Sickle cell anemia 8=Seizure disorders (e.g., epilepsy) 9=Cancers 10=High cholesterol 11=HIV/AIDS 12=Other autoimmune disorder (please specify) 13=Other chronic disease (please specify) 14=No, never been diagnosed with a chronic disease. [mutually exclusive] 15=Don’t know	
In the past 30 days, about how many hours per week on average did you spend exercising? Include any exercise of moderate or higher intensity, where “moderate intensity” would be roughly equivalent to brisk walking or bicycling)	1=Less than 1 hour 2=2-3 hours 3=3-4 hours 4=5 or more hours	
How much do you agree with the following statement?: My exercise habits have changed a lot since I began as a student at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
After reading the above description, how many concussions have you experienced (diagnosed by a medical professional)?	1=None 2=1 3=2 4=3-5 5=6 or more	Instructions for this item: “Please read the following definition and concussions before answering the next two of questions. Definition: A concussion is a change in brain function following a force to the head, which may lead to temporary loss of consciousness, but is identified in awake individuals by a change of neurologic and cognitive dysfunction. Common concussion symptoms include: Headache, Feeling slowed down, Difficulty concentrating or focusing, Balance problems, loss of balance, Fatigue/lack of energy, Feeling dizzy, Drowsiness, Forgetting things (that happened before or after the injury), Sensitivity to light/noise, Blurred vision, Nausea. Important to remember: A cor

		without being 'knocked out' or unconscious. Getting your 'bell rung/cobwebs' is a concussion."
After reading the above description, how many undiagnosed concussions have you experienced?	1=None 2=1 3=2 4=3-5 5=6 or more	Instructions for this item: "Please read the following definition and concussions before answering the next two of questions. <i>Definitior</i> change in brain function following a force to the head, which may l temporary loss of consciousness, but is identified in awake individ of neurologic and cognitive dysfunction. <i>Common concussion sym Headache, Feeling slowed down, Difficulty concentrating or focu: balance problems, loss of balance, Fatigue/lack of energy, Feeling Drowsiness, Forgetting things (that happened before or after the to light/noise, Blurred vision, Nausea. IMPORTANT TO REME concussion can occur without being 'knocked out' or unconscious. rung' and 'clearing the cobwebs' is a concussion."</i>
Do the following eating practices apply to you?: am a vegetarian.	1=Yes 0=No	
Do the following eating practices apply to you?: am vegan.	1=Yes 0=No	
Do the following eating practices apply to you?: eat raw food (most of or all the time).	1=Yes 0=No	
How many servings of fruits and vegetables do you usually have per day? 1 serving is 1 medium piece of fruit, 1 cup raw leafy vegetables, 1/2 cup fresh/frozen/canned fruits/vegetables, 3/4 cup fruit/vegetable juice, or 1/4 dried fruit)	1=0 2=1-2 3=3-4 4=5 or more	Definition from American Heart Association 2014
With how many people have you had oral sex, vaginal intercourse, or anal intercourse in the past 12 months?	1=0 2=1 3=2 4=3 5=4 6=5-9 7=10 or more	
In the past 12 months, did you have sexual partner(s) who were female?	1=Yes 0=No	
In the past 12 months, did you have sexual partner(s) who were male?	1=Yes 0=No	
In the past 12 months, did you have sexual partner(s) who were transgender?	1=Yes 0=No	
In the past 30 days, with how many people have you had oral sex, vaginal intercourse, or anal intercourse?	1=0 2=1 3=2 4=3 or more	
In the past 30 days, did you have oral sex?	1=Yes 2=No 3=Don't know	
In the past 30 days, did you have vaginal intercourse?	1=Yes 2=No 3=Don't know	
In the past 30 days, did you have anal intercourse?	1=Yes 2=No	

	3=Don't know	
In the past 30 days, what type of birth control method did you or your partner use during your last sexual intercourse experience? Select all that apply)	1=Male condom 2=Withdrawal (i.e., "pulling out") 3=Contraceptive pills 4=Contraceptive patch 5=Contraceptive ring (e.g., Nuvaring) 6=Contraceptive injectable (e.g., Depo-Provera shot) 7=Intrauterine device (IUD) 8=Contraceptive implant (e.g., implanon/nexplanon) 9=Emergency contraception (i.e., "morning after pill") 10=Other contraceptive method (please specify) 11=No contraceptive method was used. [mutually exclusive] 12=Don't know	
In the past 30 days, did you or your partner(s) use some form of birth control or protection (e.g. condoms, birth control pills) every single time you had sex?	1=Yes 2=No 3=Don't know	
Have you or a sexual partner (current or past) ever become pregnant? Select all that apply)	1=No [mutually exclusive] 2=Yes, unintentionally 3=Yes, intentionally 4=Don't know	
Are you currently pregnant and/or have you given birth in the last 12 months?	1=Yes 0=No	Display if "Female" or "Not Answered" is selected for "What was your sex?"
Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	Included if 'Substance Use' module not selected
Over the past 30 days, have you used an electronic cigarette or vape pen?	1=Yes 2=No	Included if 'Substance Use' and 'Overall Health' modules both not selected
What did you think was in the mist you inhaled the last time you used a vaping device?	1=Any vaping 2=Vaping nicotine 3=Vaping Marijuana 4=Vaping "just flavoring"	Display if "Yes" is selected for "Over the past 30 days, have you used a cigarette or vape pen?" National Institutes of Health Monitoring the Future survey (2017)
Over the past 30 days, have you used any of the following drugs? Select all that apply)	1=Marijuana 2=Cocaine (any form, including crack, powder, or freebase) 3=Heroin 4=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed 5=Methamphetamines (also known as speed, crystal meth, or ice) 6=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed	Included if 'Substance Use' module not selected

	<p>7=Ecstasy 8=Other drugs without a prescription (please specify) 9=No, none of these [mutually exclusive]</p>	
<p>during this school year, at approximately what time ave you typically gone to sleep on: Weeknights?</p>	<p>1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am</p>	<p>Included if 'Sleep' module not selected</p>
<p>during this school year, at approximately what time ave you typically gone to sleep on: Weekend nights?</p>	<p>1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am</p>	<p>Included if 'Sleep' module not selected</p>

<p>During this school year, at approximately what time have you typically woken up on: Weekdays?</p>	<p>1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am</p>	<p>Included if 'Sleep' module not selected</p>
<p>During this school year, at approximately what time have you typically woken up on: Weekend days?</p>	<p>1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am</p>	<p>Included if 'Sleep' module not selected</p>
<p>During this school year, on how many days have you taken naps during a typical week?</p>	<p>1=I don't take naps. 2=1 3=2 4=3 5=4</p>	<p>Included if 'Sleep' module not selected</p>

	6=5 7=6 8=7	
How long is your typical nap?	1=Less than 1 hour 2=Between 1 and 2 hours 3=Between 2 and 3 hours 4=More than 3 hours	Included if 'Sleep' module not selected

AND ATTITUDES ABOUT MENTAL HEALTH AND MENTAL HEALTH SERVICES

iefs about Services

will ask you about your knowledge and beliefs about services and treatment for mental health. Remember that your responses are confidential and you may choose not to answer any question at any point.

ITEM	RESPONSE CATEGORIES	CITATION/NOTES
relative to the average person, how knowledgeable are you about mental illnesses (such as depression and anxiety disorders) and their treatments?	1=Well above average 2=Above average 3=Average 4=Below average 5=Well below average	
As far as you know, which of the following are generally considered highly effective treatments for depression? Select all that apply)	1=Cognitive behavioral therapy (CBT) 2=Antidepressant medication 3=Psychoanalysis 4=Psychostimulant medication (e.g., Ritalin)	
As far as you know, which of the following are common symptoms of depression? Select all that apply)	1=Sleep changes (substantial increases or decreases) 2=Hallucinations or delusions 3=Appetite changes (substantial increases or decreases) 4=Reduced interest in usual activities	
As far as you know, which of the following are considered to be effective self-help strategies for reducing anxiety? Select all that apply)	1=Physical exercise 2=Spending more time alone 3=Slow breathing exercises 4=Meditation	
As far as you know, which of the following are common symptoms of eating disorders? Select all that apply)	1=Dramatic weight loss 2=Strong need for control 3=Restrictive eating/fasting 4=Self-induced vomiting, abuse of laxatives, diet pills and/or diuretics 5=Rapid, uninterruptible speech 6=Eating an unusually large amount of food while feeling out of control	
How much do you agree with the following statement?: I have a good idea of how to recognize that someone is in emotional or mental distress.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
How much do you agree with the following statement?: I feel confident in helping someone with a mental health problem.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Have you ever participated in a mental health gatekeeper-training program? A program to enhance your skills to recognize signs of emotional distress in other people and refer them to appropriate resources. Examples include Mental	1=Yes 0=No	

Health First Aid, Question, Persuade, Refer (QPR), and Low-Risk.)		
How much do you agree with the following statement?: If I needed to seek professional help for my mental or emotional health, I would know where to go on my campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Are you aware of mental health outreach efforts on our campus (such as educational programs, awareness events, anti-stigma campaigns, screening days)?	1=Yes 0=No	
What have you heard from other students about the quality of mental health and psychological counseling services on your campus?	1=I have mostly heard negative opinions. 2=I have heard an even mix of negative and positive opinions. 3=I have mostly heard positive opinions. 4=I haven't heard anything.	
How much do you agree with the following statement?: There is a good support system on campus for students going through difficult times.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
How helpful on average do you think medication is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
How helpful on average do you think medication would be for you if you were having mental or emotional health problems?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
How helpful on average do you think therapy or counseling is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
How helpful on average do you think therapy or counseling would be for you if you were having mental or emotional health problems?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
How much do you agree with the following statement?: When I feel depressed or sad, I tend to keep those feelings to myself.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
How much do you agree with the following statement?: Sometimes I feel ashamed of having a mental illness.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree	Display if "Strongly Agree", "Agree", or "Somewhat agree" is selected depressed or sad, I tend to keep those feelings to myself"

	6=Strongly disagree	
How much do you agree with the following statement?: Sometimes I keep my mental illness a secret.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display if “Strongly Agree”, “Agree”, or “Somewhat agree” is selected depressed or sad, I tend to keep those feelings to myself”
How much do you agree with the following statement?: Most people would willingly accept someone who has received mental health treatment as a close friend.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
How much do you agree with the following statement?: Most people feel that receiving mental health treatment is a sign of personal failure.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
How much do you agree with the following statement?: Most people think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
How much do you agree with the following statement?: I would willingly accept someone who has received mental health treatment as a close friend.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
How much do you agree with the following statement?: I feel that receiving mental health treatment is a sign of personal failure.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
How much do you agree with the following statement?: I would think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
As far as you know, how many of your close friends or family have ever sought professional help for an emotional or mental health problem?	1=None 2=At least 1 or 2 3=3 or more 4=Don't know	

/BYSTANDER BEHAVIORS (HALF MODULE)

ating to Difficult Situations on Campus

will ask you about difficult situations that you may have witness on your campus in the past year and whether you have intervened (by trying to help). Remember ential and you may choose to skip questions or stop responding at any point.

ITEM	RESPONSE CATEGORIES	CITATION/NOTES
How much do you agree with the following statement?: At my school, we are a campus where we look out for each other.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
How much do you agree with the following statement?: I am responsible to help if a friend is struggling.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
How much do you agree with the following statement?: I am responsible to help if a classmate is struggling.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
In the past year, I have witnessed the following situations on my campus: (Select all that apply)	1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight 6=Other (please specify) 7=None of the above [mutually exclusive]	
How much do you agree with the following statement?: If I saw someone was drinking too much, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
How much do you agree with the following statement?: If I saw someone was at risk of being sexually assaulted, I would intervene (by trying to help).	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
How much do you agree with the following statement?: If I saw someone was using hurtful language (e.g.,	1=Strongly agree 2=Agree	

<p>bullying, sexist, racist, or homophobic comments), I would intervene (by trying to help).</p>	<p>3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	
<p>How much do you agree with the following statement?: If I saw someone was experiencing significant emotional distress or thoughts of suicide, I would intervene (by trying to help).</p>	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	
<p>In the past year, I have intervened (by trying to help) in the following situations on my campus: Select all that apply)</p>	<p>1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight 6=Other (please specify) 7=None of the above [mutually exclusive]</p>	
<p>How much do you agree with the following statement?: When I intervened, I was able to make the situation better. If you intervened in multiple situations, please consider them as a whole.)</p>	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	
<p>In the past year, I witnessed the following risky or difficult situations on my campus but did not intervene: Select all that apply)</p>	<p>1=Someone was drinking too much 2=Someone was at risk of being sexually assaulted 3=Someone was using hurtful language (e.g., bullying, sexist, racist, or homophobic comments) 4=Someone was experiencing significant emotional distress or thoughts of suicide 5=There was a physical altercation/fight. 6=Other (please specify) 7=None of the above [mutually exclusive]</p>	
<p>I decided not to intervene because... Select all that apply)</p>	<p>1=I was afraid of embarrassing myself. 2=I assumed someone else would do something. 3=I didn't know what to do. 4=I didn't feel confident. 5=I felt it was none of my business. 6=I was afraid my friends wouldn't support me. 7=I felt it was unsafe.</p>	

8=I was afraid I'd get in trouble. 9=Other (please specify)	
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ALTH CLIMATE

| Culture

will ask you about the campus climate and culture and how you feel about this. Remember that your responses are confidential and you may choose to skip questions.

	ITEM	RESPONSE CATEGORIES	CITATION/NOTE
	How much do you agree with the following statement?: I fit in well at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Sense of Academic Fit (Walton & Cohen, 2011)
	How much do you agree with the following statement?: I feel isolated from campus life.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: Other people understand more than I do about what is going on at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Sense of Academic Fit (Walton & Cohen, 2011)
s	How much do you agree with the following statement?: At my school, I feel that students' mental and emotional well-being is a priority.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my school, I feel that the campus climate encourages free and open discussion about mental and emotional health.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my school, students are working to promote mental health on campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my school, the administration is listening to the concerns of students when it comes to health and wellness.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: At my school, I feel that the campus environment has a negative impact on students' mental and emotional	1=Strongly agree 2=Agree	

health.	<p>3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	
<p>How much do you agree with the following statement?: At my school, I feel that the campus environment has a negative impact on students' eating and body image.</p>	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	
<p>How safe do you feel on your campus during the day?</p>	<p>1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe</p>	
<p>How safe do you feel on your campus at night?</p>	<p>1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe</p>	
<p>How safe do you feel in the community surrounding your campus during the day?</p>	<p>1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe</p>	
<p>How safe do you feel in the community surrounding your campus at night?</p>	<p>1=Very safe 2=Safe 3=Somewhat safe 4=Somewhat unsafe 5=Unsafe 6=Very unsafe</p>	
<p>How much do you agree with the following statement?: At my school, I have been exposed to diverse opinions, cultures, and values.</p>	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	
<p>In the past 12 months, how many times have you been treated unfairly because of your race, ethnicity, gender, sexual orientation, or cultural background?</p>	<p>1=Never 2=Once in awhile 3=Sometimes 4=A lot 5=Most of the time 6=Almost all of the time</p>	

R DIVERSITY AND INCLUSION

Diversity and Inclusion

You will be asked to answer questions about your perceptions of campus climate, sense of belonging, and student identity. Remember that your responses are confidential, your participation is voluntary, and you can skip questions or stop responding at any point.

ITEM	RESPONSE CATEGORIES	CITATIONS/NOTE
Using the scale below, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Friendly - Hostile	1=Very friendly 2=Somewhat friendly 3=Neither friendly nor hostile 4=Somewhat hostile 5=Very hostile	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this section: "Please read the following definition of climate before questions. <i>Definition of Climate:</i> Climate refers to your view of how things generally are in the campus environment e.g.: common attitudes, practices, or behaviors.
Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Cooperative - Uncooperative	1=Very cooperative 2=Somewhat cooperative 3=Neither cooperative nor uncooperative 4=Somewhat uncooperative 5=Very uncooperative	Adapted from Perception of Campus Climate (Rankin, 1998)
Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Welcoming - Not welcoming	1=Welcoming 2=Somewhat welcoming 3=Neither welcoming nor not welcoming 4=Somewhat not welcoming 5=Not Welcoming	Adapted from Perception of Campus Climate (Rankin, 1998)
Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Respectful - Disrespectful	1=Very respectful 2=Somewhat respectful 3=Neither respectful nor disrespectful 4=Somewhat disrespectful 5=Very disrespectful	Adapted from Perception of Campus Climate (Rankin, 1998)
Using a scale of 1-5, please rate the overall climate at [school name] over the past 12 months on the following dimensions: Comfortable - Uncomfortable	1=Very comfortable 2=Somewhat comfortable 3=Neither comfortable nor uncomfortable 4=Somewhat uncomfortable 5=Very uncomfortable	Adapted from Perception of Campus Climate (Rankin, 1998)
Students with disabilities	1=Hostile 2=Somewhat hostile 3=Neutral	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008)

		4=Somewhat welcoming 5=Welcoming	Instructions for this item: "Please rate the climate at [school name] in general for the following backgrounds:"
	Women students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for the following backgrounds:"
	Racial/ethnic minority students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for the following backgrounds:"
	Gay, lesbian and bisexual students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for the following backgrounds:"
	Transgender and genderqueer students	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for the following backgrounds:"
	Students from religious beliefs and backgrounds other than Christian	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for the following backgrounds:"
	Students with Christian religious beliefs and backgrounds	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for the following backgrounds:"
	Students who are immigrants	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for the following backgrounds:"

Students who are the first in their family to attend college (first-generation)	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for the following backgrounds:"
Students who are not U.S. citizens	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for the following backgrounds:"
Students who are non-native English speakers	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for the following backgrounds:"
Students of low socioeconomic status	1=Hostile 2=Somewhat hostile 3=Neutral 4=Somewhat welcoming 5=Welcoming	Climate for Diverse Groups (Hutchinson, Raymond, & Black, 2008) Instructions for this item: "Please rate the climate at [school name] in general for the following backgrounds:"
African American/African/Black	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for the following racial/ethnic backgrounds?
American Indian/Alaskan Native	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for the following racial/ethnic backgrounds?
Asian/Asian American	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for the following racial/ethnic backgrounds?
South Asian/Indian	1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: How would you rate the climate at [school name] for the following racial/ethnic backgrounds?

	Hispanic/Latinx	<p>1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know</p>	<p>Adapted from Perception of Campus Climate (Rankin, 1998)</p> <p>Instructions for this item: How would you rate the climate at [school name] for following racial/ethnic backgrounds?</p>
	Middle Eastern/Arab/Arab American	<p>1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know</p>	<p>Adapted from Perception of Campus Climate (Rankin, 1998)</p> <p>Instructions for this item: How would you rate the climate at [school name] for following racial/ethnic backgrounds?</p>
	Pacific Islander/Native Hawaiian	<p>1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know</p>	<p>Adapted from Perception of Campus Climate (Rankin, 1998)</p> <p>Instructions for this item: How would you rate the climate at [school name] for following racial/ethnic backgrounds?</p>
	White	<p>1=Very respectful 2=Respectful 3=Disrespectful 4=Very disrespectful 5=Don't know</p>	<p>Adapted from Perception of Campus Climate (Rankin, 1998)</p> <p>Instructions for this item: How would you rate the climate at [school name] for following racial/ethnic backgrounds?</p>
	<p>You just answered several questions about the climate at [school name]. What most shaped your answers and your sense of the climate at [school name]? (Click-and-drag to rank-order the influences below)</p>	<p>1=Your experiences in the classroom 2= Dynamics in your department, major, or school 3=General campus-wide news and events 4=National events, news, and headlines 5=Interactions with other students 6=Interactions with faculty 7=Interactions with staff 8=Other (please specify)</p>	<p>Adapted from Perception of Campus Climate (Rankin, 1998)</p>
	<p>Over the past 12 months, have you observed any conduct or communications directed toward a person or group of people at [school name] that you believe has created an exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) working, learning or living environment?</p>	<p>1= Yes 2= No</p>	<p>Adapted from Perception of Campus Climate (Rankin, 1998)</p>

<p>What do you believe were the bases for this conduct? (Select all that apply)</p>	<p>1=Age 2=Ancestry (where persons family or relatives are from) 3=Country of origin (where person was born or raised) 4=Discipline of study 5=Educational level 6=English language proficiency/accnt 7=Ethnicity 8=Gender identity (how a person identifies; for example as male, female, transgender, gender fluid, or something else) 9=Gender expression (usually expressed through behavior, clothing, haircut or voice; may or may not conform to socially defined behaviors and characteristics typically associated with being masculine or feminine) 10=Immigrant/citizen status 11=International status 12=Learning/intellectual disability 13=Marital status (e.g., single, married, partnered) 14=Medical condition 15=Participation in an organization/tem (Please specify in the box below) 16=Military/veteran status 17=Parental status (e.g., having children) 18=Height/weight 19=Physical disability 20=Philosophical views 21=Political views 22=Position (staff, faculty, student) 23=Pregnancy 24=Psychological condition 25=Race 26=Religious/spiritual views 27=Sexual identity/orientation 28=Socioeconomic status 29=Don't know 30=Other (please specify)</p>	<p>Adapted from Perception of Campus Climate (Rankin, 1998)</p>
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	I feel valued as an individual at this school.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Considering your experiences over the past 12 months to which you agree or disagree with the following statements:"
	I feel I belong at this school.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Considering your experiences over the past 12 months to which you agree or disagree with the following statements:"
	I have considered leaving this school because I felt isolated or unwelcomed.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Considering your experiences over the past 12 months to which you agree or disagree with the following statements:"
	This university is a place where I am able to perform up to my full potential.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Considering your experiences over the past 12 months to which you agree or disagree with the following statements:"
	I have found one or more communities or groups where I feel I belong at this school.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Considering your experiences over the past 12 months to which you agree or disagree with the following statements:"
	Faculty	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	Student instructors (GSIs/TAs)	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"

	Other students	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	Staff members	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	University administrators	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	Other university mentors/advisors	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "At [school], I feel valued and listened to by:"
	...on campus in general	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Please rate the extent to which you agree or disagree statements: 'I am treated fairly and equitably...'"
	...in classrooms and classroom settings (e.g., labs, recitation sessions, clinical environments, etc.)	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Please rate the extent to which you agree or disagree statements: 'I am treated fairly and equitably...'"
	...in out-of-classroom University spaces (e.g., workshops, co-curricular offerings, etc.)	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Instructions for this item: "Please rate the extent to which you agree or disagree statements: 'I am treated fairly and equitably...'"

	I have been concerned about my personal safety on campus.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	We are interested in learning about your experiences at your school in the past 1 indicate the extent to which you agree or disagree with the following statement:
	Over the past 12 months, have you personally experienced any exclusionary (e.g., shunned, ignored), intimidating, offensive and/or hostile (bullied, harassing) behavior at your school?	1= No 2=Yes, but it did not interfere with my ability to work or learn. 3=Yes, and it interfered with my ability to work or learn.	Adapted from Perception of Campus Climate (Rankin, 1998)
	Age	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Ancestry	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Country of origin	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Discipline of study	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Educational level	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	English language proficiency/accent	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998)

			Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Ethnicity	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Gender identity	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Gender expression	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Immigrant/citizen status	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	International status	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Learning/intellectual disability	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Marital status (e.g., single, married, partnered)	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Medical condition	1=Never 2=1-2 times	Adapted from Perception of Campus Climate (Rankin, 1998)

		3=3 or more times 4=Not applicable	Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Military/veteran status	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Parental status (e.g, having children)	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Participation in an organization/team (please specify in box below)	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Height/weight	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Physical disability	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Philosophical views	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Political views	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"

	Position (e.g., staff, faculty, student)	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Pregnancy	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Psychological condition	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Race	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Religious/spiritual views	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Sexual identity/orientation	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Socioeconomic status	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Don't know	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998)

			Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Other (please specify in box below)	1=Never 2=1-2 times 3=3 or more times 4=Not applicable	Adapted from Perception of Campus Climate (Rankin, 1998) Instructions for this item: "What do you believe the conduct was based upon, an experienced it?"
	Being treated rudely or disrespectfully	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experie following events in the past year at [school]:"
	Being accused of something or treated suspiciously	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experie following events in the past year at [school]:"
	Others reacting to you as if they were afraid or intimidated	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experie following events in the past year at [school]:"
	Your ideas or opinions minimized, ignored or devalued	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experie following events in the past year at [school]:"
	Overhearing or being told an offensive joke or comment	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experie following events in the past year at [school]:"
	Being treated as if you were "stupid", being "talked down to"	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experie following events in the past year at [school]:"
	Not being taken seriously	1=Never 2=Couple times per year	Adapted from Daily Hassles (Harrell, 1997)

		3=Couple times a month 4=Couple times a week 5=Every day	Instructions for this item: "Please note whether and how often you have experie following events in the past year at [school]:"
	Being treated in an "overly" friendly or superficial way	1=Never 2=Couple times per year 3=Couple times a month 4=Couple times a week 5=Every day	Adapted from Daily Hassles (Harrell, 1997) Instructions for this item: "Please note whether and how often you have experie following events in the past year at [school]:"
	...did professors call on you less than others because of your race/ethnicity?	1=Almost never 2=Not very often 3=Sometimes 4=Fairly often 5=Very often	Adapted from Classroom Inferiorization Scale (Gomez & Treiweiller, 1999) Instructions for this item: For the following questions, please think about your c your classes . In your classes, how often...
	...did you have fears of representing your racial/ethnic group in a negative way discouraged you from participating in class?	1=Almost never 2=Not very often 3=Sometimes 4=Fairly often 5=Very often	Adapted from Classroom Inferiorization Scale (Gomez & Treiweiller, 1999) Instructions for this item: For the following questions, please think about your c your classes . In your classes, how often...
	...did you feel that others were taking your opinion as speaking for all members of your racial/ethnic group?	1=Almost never 2=Not very often 3=Sometimes 4=Fairly often 5=Very often	Adapted from Classroom Inferiorization Scale (Gomez & Treiweiller, 1999) Instructions for this item: For the following questions, please think about your c your classes . In your classes, how often...
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	Please indicate the extent to which you agree or disagree with the following statement: I have a group, community, or social circle at [school] where I feel I belong (feel at home, known, connected to, supported in my identity)	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	
	Please describe this group/community/social circle:	[open text]	
	Participating in this community is a positive thing for you.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012) Instructions for this item: " Thinking about this group, community or social circ extent to which you agree or disagree with the following statements:"

	You feel a bond with this community.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012) Instructions for this item: "Thinking about this group, community or social circle extent to which you agree or disagree with the following statements:"
	You are proud of this community.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012) Instructions for this item: "Thinking about this group, community or social circle extent to which you agree or disagree with the following statements:"
	It is important to you to be active in this community.	1=Strongly disagree 2=Somewhat disagree 3=Somewhat agree 4=Strongly agree	Adapted from Connectedness to the LGBT Community Scale (Frost & Meyer, 2012) Instructions for this item: "Thinking about this group, community or social circle extent to which you agree or disagree with the following statements:"
	Racial/ethnic identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: "What percentage of your friends share your:"
	Sexual identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: "What percentage of your friends share your:"
	Gender/gender identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: "What percentage of your friends share your:"
	Religious/spiritual identity	1=0-25% 2=26-50% 3=51-75% 4=76-100%	Instructions for this item: "What percentage of your friends share your:"
	Racial/ethnic identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: "How often do you attend meetings, events, activities, gatherings, etc., that support your:"
	Sexual identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly	Instructions for this item: "How often do you attend meetings, events, activities, gatherings, etc., that support your:"

		5=Multiple times per week 6=Every day	
	Gender/gender identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: "How often do you attend meetings, events, activities, gatherings, etc., that support you?"
	Religious/spiritual identity	1=Never 2=Less than once per month 3=1-3 times per month 4=Weekly 5=Multiple times per week 6=Every day	Instructions for this item: "How often do you attend meetings, events, activities, gatherings, etc., that support you?"
	I have spent time trying to find out more about my ethnic group, such as its history, traditions, and customs.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Revised MEIM-R (adapted from Phinney, 1992 and Phinney & Ong, 2007) Instructions for this item: "The following questions ask you about your ethnic id there are no right or wrong answers, just answer as accurately as possible. Pleas which you agree or disagree with the following statements:"
	I have often done things that will help me understand my ethnic background better.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Revised MEIM-R (adapted from Phinney, 1992 and Phinney & Ong, 2007) Instructions for this item: "The following questions ask you about your ethnic id there are no right or wrong answers, just answer as accurately as possible. Pleas which you agree or disagree with the following statements:"
	I have often talked to other people in order to learn more about my ethnic group.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Revised MEIM-R (adapted from Phinney, 1992 and Phinney & Ong, 2007) Instructions for this item: "The following questions ask you about your ethnic id there are no right or wrong answers, just answer as accurately as possible. Pleas which you agree or disagree with the following statements:"
	Being a member of my racial/ethnic group is an important reflection of who I am.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	(Crocker, 1992;Sellers, 1998) Instructions for this item: "People may think about their racial or ethnic identity Please respond how much you agree or disagree with the following statements."
	I have a strong sense of belonging with other people in my racial/ethnic group.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	(Crocker, 1992 and Sellers, 1998) Instructions for this item: "People may think about their racial or ethnic identity Please respond how much you agree or disagree with the following statements."

	<p>I have a strong attachment to other people in my racial/ethnic group.</p>	<p>1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree</p>	<p>(Crocker, 1992 and Sellers, 1998)</p> <p>Instructions for this item: "People may think about their racial or ethnic identity Please respond how much you agree or disagree with the following statements."</p>
<p>campus efforts</p>	<p>Please check the policies, programs or initiatives that you are aware your school has (check all that apply):</p>	<p>1=Diversity, Equity, Inclusion or related strategic plan 2=Chief Diversity Officer or other senior-level administrator focused on diversity, equity and inclusion 3=President who cares about diversity, equity and inclusion 4=LGBTQ Center 5=Multicultural student Center 6=Resources for international students 7=Diversity, inclusion and equity are part of the core mission of the university 8=Race, ethnicity, diversity or related course requirement 9=Ample opportunities and options to enhance student learning about diversity, inclusion and equity issues on campus and within the larger community 10=Many resources for faculty/staff to support the development of inclusive teaching and meet the needs of a diverse campus. 11=Scholarships designed to help diversify the student body 12=In state tuition, funding or scholarships available for undocumented students 13=Gender neutral bathroom options 14=Comprehensive nondiscrimination policy that includes race, sex, gender identity and</p>	<p>Awareness of Campus Diversity, Equity, and Inclusion Efforts</p>

	expression, sexuality, color, religion, creed, national origin or ancestry, age, and marital status 15=Policy/procedure allowing students to indicate their preferred name and pronoun on campus records (e.g. course rosters and directory listings) 16=Veterans services coordinator 17=Other (please specify)	
[School name] makes a genuine effort to recruit a diverse community of students.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Racial Climate subscale (Reid & Radhakrishnan, 2003) Instructions for this item: "Please rate the extent to which you agree or disagree statements:..."
[School name] fosters respect for cultural differences.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Racial Climate subscale (Reid & Radhakrishnan, 2003) Instructions for this item: "Please rate the extent to which you agree or disagree statements:..."
[School name] has made a special effort to help students from diverse backgrounds feel like they belong on campus.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Racial Climate subscale (Reid & Radhakrishnan, 2003) Instructions for this item: "Please rate the extent to which you agree or disagree statements:..."
How much time do you spend during a typical week participating in campus activities, organizations, sports, or extracurriculars connected to [School name]? (Do not include time spent in classes or homework.)	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
What is your citizenship status in the U.S.? (Select all that apply)	1=U.S. citizen 2=Permanent Resident 3=A visa holder (F-1, J-1, H1-B, A, L, G, E, and TN) 4=Other legally documented status (e.g., adjustment of status to Permanent	Adapted from Perception of Campus Climate (Rankin, 1998)

		Resident) 5=Undocumented resident 6=I don't feel comfortable identifying my citizenship status in the U.S.	
	At what age did you come to live in the U.S.?	1=U.S.-born 2=Less than 12 years 3=12-17 years 4=18-35 years 5=More than 35 years	
	What language was spoken at home growing up?	1=Only English 2=Mostly English 3=Both English and native language equally 4=Mostly native language 5=Only native language	
	What language do you use when you speak with your friends?	1=Only English 2=Mostly English 3=Both English and native language equally 4=Mostly native language 5=Only native language	
	Regardless of your own immigration or citizenship status, how much do you worry that you, a family member, or a close friend could be deported?	1=Not at all 2=Not too much 3=Some 4=A lot	(Pew Hispanic Center, 2007 National Survey of Latinos)

IN

ion
will ask you about stress and competition. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Experiencing stress depletes health and vitality.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013) Instructions for this item: "Please rate the extent to which you disagree with the following statements."
Experiencing stress enhances performance and productivity.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree	Crum, Salovey, & Achor (2013) Instructions for this item: "Please rate the extent to which you disagree with the following statements."

		5=Strongly agree	
	Experiencing stress inhibits learning and growth.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013) Instructions for this item: "Please rate the extent to which you disagree with the following statements."
	The effects of stress are positive and should be utilized.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Crum, Salovey, & Achor (2013) Instructions for this item: "Please rate the extent to which you disagree with the following statements."
1	How would you rate the overall competitiveness among students in your current classes?	1=Very competitive 2=Competitive 3=Somewhat competitive 4=Not competitive 5=Very uncompetitive	
	How would you rate the overall competitiveness among students at your school?	1=Very competitive 2=Competitive 3=Somewhat competitive 4=Not competitive 5=Very uncompetitive	
	How would you rate the overall competitiveness among students in your field of study?	1=Very competitive 2=Competitive 3=Somewhat competitive 4=Not competitive 5=Very uncompetitive	
	How frequently do instructors in your major/field of study grade your work on a curve (adjust grades based on the grade distribution among students in a class)?	1=Never 2=Almost never 3=Occasionally/sometimes 4=Almost every time 5=Every time	
it	How much do you agree with the following statements?: It is very important to me to do well in my courses.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Achievement Goal Inventory (Grant & Dweck, 2003)
t	How much do you agree with the following statements?: It is important to me to confirm my intelligence through my schoolwork.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Achievement Goal Inventory (Grant & Dweck, 2003)
	How much do you agree with the following statements?: In school I am always seeking opportunities to develop new skills and acquire new knowledge.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Achievement Goal Inventory (Grant & Dweck, 2003)
	How much do you agree with the following statements?: It is very important to me to feel that my coursework offers me real challenges.	1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree	Adapted from Achievement Goal Inventory (Grant & Dweck, 2003)

AND COPING

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will ask you about how you respond to stressful feelings and experiences. Remember that your responses are confidential and you may choose to skip questions or

	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
ial	My painful experiences and memories make it difficult for me to live a life that I would value.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of s rate how true each statement is for you. Use the scale below to make your choice."
	I'm afraid of my feelings.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of s rate how true each statement is for you. Use the scale below to make your choice."
	I worry about not being able to control my worries and feelings.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of s rate how true each statement is for you. Use the scale below to make your choice."
	My painful memories prevent me from having a fulfilling life.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of s rate how true each statement is for you. Use the scale below to make your choice."
	Emotions cause problems in my life.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of s rate how true each statement is for you. Use the scale below to make your choice."
	It seems like most people are handling their lives better than I am.	1=Never true 2=Very seldom true 3=Seldom true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011)

	4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of s rate how true each statement is for you. Use the scale below to make your choice."
Worries get in the way of my success.	1=Never true 2=Very seldom true 3=Seldom true 4=Sometimes true 5=Frequently true 6=Almost always true 7=Always true	Acceptance and Action Questionnaire-II (AAQ-II) (Bond, Hayes, Baer, Carpenter, Guenole, Orcutt, Waltz, & Zettle, 2011) Instructions for this item (adapted from AAQ-II (Bond et al., 2011)): "Below you will find a list of s rate how true each statement is for you. Use the scale below to make your choice."
I tend to bounce back quickly after hard times.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to w each of the following statements:"
I have a hard time making it through stressful events.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to w each of the following statements:"
It does not take me long to recover from a stressful event.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to w each of the following statements:"
It is hard for me to snap back when something bad happens.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to w each of the following statements:"
I usually come through difficult times with little trouble.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to w each of the following statements:"
I tend to take a long time to get over set-backs in my life.	1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree	Brief Resilience Scale (BRS) (Smith, Dalen, Wiggins, Tooley, Christopher, & Bernard, 2008) Instructions for this item (adapted from BRS (Smith et al., 2008)): "Please indicate the extent to w each of the following statements:"

E AND RETENTION

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will ask you about your experiences as a student, your academic goals, and factors that may affect your classroom performance. Remember that your responses a kip questions or stop responding at any point.

	ITEM	RESPONSE CATEGORIES	CI
erience	How much do you agree with the following statement?: If I could make my choice over, I would still choose to enroll at my school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I am confident that I will be able to finish my degree no matter what challenges I may face.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Dis stu for proc cui
	Which of the following challenges are most likely to prevent you from finishing your degree? (Select all that apply)	1=Financial challenges 2=Mental or emotional health problems 3=Other health problems (not directly related to mental or emotional health) 4=Family obligations 5=Family or relationship difficulties 6=Academic challenges (struggling to pass classes) 7=[if not U.S. citizen, ask→Visa or other challenges related to being a non-U.S. citizen] 8=Lack of motivation or desire 9=Work or professional commitments 10=Career opportunities 11=Other challenge(s) (please specify)	
	What is the highest degree you plan to pursue?	1=2-year college degree (associate's) 2=4-year college degree (bachelor's) 3=Master's degree 4=Doctoral degree (JD, MD, PhD, etc.) 5=Other degree (please specify) 6=Don't know	
	How much do you agree with the following statement?: I have doubts about whether [college/graduate school] is worth the time, money, and effort that I'm spending on it.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: My family is very supportive of my educational goals.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: My professors believe in my potential to succeed academically.	1=Strongly agree 2=Agree	

		3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree
	How has it been to adjust to the academic demands of [college/graduate school] since you began as a student at your school?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult
	Have you decided to pursue a different major since you began as a student at your school?	1=Yes 0=No
	Have you failed one or more courses since you began as a student at your school?	1=Yes 0=No
lty and /ices	How often have you utilized academic support services (e.g., a writing center, tutor, etc.) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never
	How often have you interacted with faculty during office hours since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never
	How often have you interacted with faculty outside of class or office hours (e.g., by phone, email, text, or in person) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never
	How often have you interacted with academic advisors/counselors (e.g., by phone, email, text, or in person) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never
	How often have you interacted with graduate students/teaching assistants (e.g., by phone, email, text, or in person) since you began as a student at your school?	1=Everyday or nearly everyday 2=2 to 3 times per week 3=Once per week 4=1 to 2 times per month 5=1 to 2 times per semester 6=Never
nce	How has it been to develop close friendships with other students at your school?	1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult
	How has it been to manage your time effectively since you began as a student at your	1=Very easy

	school?	2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult	
mic	In the past year, how has the following affected your academic performance?: (Select all that apply) Anxiety/stress	1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other	Ad Co: As: Co: As:
	In the past year, how has the following affected your academic performance?: (Select all that apply) Depression/suicidality	1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other	
	In the past year, how has the following affected your academic performance?: (Select all that apply) Eating/body image concern	1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other	
	In the past year, how has the following affected your academic performance?: (Select all that apply) Attention disorder or learning disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, learning disability)	1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other	
	In the past year, how has the following affected your academic performance?: (Select all that apply) Alcohol/substance use	1=I did not experience this. 2=I experienced this but it did not affect my academic performance.	

		<p>3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other</p>
	<p>In the past year, how has the following affected your academic performance?: (Select all that apply) Physical health condition</p>	<p>1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other</p>
	<p>In the past year, how has the following affected your academic performance?: (Select all that apply) Physical assault</p>	<p>1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other</p>
	<p>In the past year, how has the following affected your academic performance?: (Select all that apply) Sexual assault</p>	<p>1=I did not experience this. 2=I experienced this but it did not affect my academic performance. 3=I received a lower grade on one or more exams or projects. 4=I received a lower grade in one or more courses. 5=I received an incomplete or dropped one or more courses. 6=I had a significant disruption in research, practicum, thesis, or dissertation work. 7=Other</p>

FTRESS

will ask you about your financial situation and ways in which this may be impacting your college experience. Remember that your responses are confidential and p responding at any point.

ITEM	RESPONSE CATEGORIES	CI
How would you describe your financial situation while growing up?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	CC Da
How would you describe your financial situation right now?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	CC Da
On a scale from 0 (much poorer) to 10 (much wealthier), how do you think your socioeconomic status compares relative to other students at your school?	1=0=Much poorer than most students at my school 2=1 3=2 4=3 5=4 6=5=Average (about 50% of students are poorer and about 50% are wealthier than me) 7=6 8=7 9=8 10=9 11=10=Much wealthier than most students at my school	
How much do you agree with the following statement?: Other students at my school are able to do things that I cannot afford to do.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
Within the past 12 months I worried whether our food would run out before we got money to buy more.	1=Often true 2=Sometimes true 3=Never true	
Within the past 12 months the food I bought just didn't last and I didn't have money to get more.	1=Often true 2=Sometimes true 3=Never true	
To what extent do these statements describe your experiences these days? (Please select all that apply)	1=I have difficulty paying for school 2=I have difficulty paying for food 3=I have difficulty paying for transportation 4=I have difficulty paying for childcare 5=I have difficulty paying for health care 6=I have difficulty paying for textbooks or course materials	
How much do you agree with the following statement?: I am worried about my ability to pay for school.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree	

	5=Disagree 6=Strongly disagree
How much of the past year's educational expenses (room, board, tuition, and fees) were covered by family resources (parents, relatives, spouse, etc.)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know
How much of the past year's educational expenses (room, board, tuition, and fees) were covered by your own resources (income from work, work-study, etc.)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know
How much of the past year's educational expenses (room, board, tuition, and fees) were covered by aid that need not be repaid (grants, scholarships, military, etc.)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know
How much of the past year's educational expenses (room, board, tuition, and fees) were covered by aid that must be repaid (loans)?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know
How much of the past year's educational expenses (room, board, tuition, and fees) were covered by other sources?	1=None 2=\$1-\$2,999 3=\$3,000-\$5,999 4=\$6,000-\$9,999 5=\$10,000-\$14,999 6=\$15,000 or more 7=Don't know

ABOUT MOBILE RESOURCES

↑ MOBILE RESOURCES

As we continue to grow and develop, we are offered more and more opportunities to use smartphone apps to help us manage our well-being or mental/emotional health. Examples include meditation apps, mood-tracking apps, therapy apps, etc.

ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Would you be open to using an app for wellness or mental/emotional health?	1=Yes 2=Maybe 3=No	
What would you hope to get out of an app for wellness or mental/emotional health?	[open text]	Display if “Yes” or “Maybe” is selected for “Would you be open to using an app for wellness or mental/emotional health?”
Would you prefer to use a mental health app instead of seeing a mental health professional, if you were experiencing a mental health condition?	1=Yes 2=Maybe 3=No	Display if “Yes” or “Maybe” is selected for “Would you be open to using an app for wellness or mental/emotional health?”
If you were using a wellness or mental/emotional health, how frequently would you like to use it?	1=Daily 2=Weekly 3=Monthly 4=I don't know 5=Other	Display if “Yes” or “Maybe” is selected for “Would you be open to using an app for wellness or mental/emotional health?”
Why would you not use a mental health app?	[open text]	Display if “No” is selected for “Would you be open to using an app for wellness or mental/emotional health?”
Have you ever used a smartphone app to manage your wellness or mental/emotional health?	1=No, never 2=Yes	
What are the reasons why you have not used a mental health app? (Select all that apply)	1=I have concerns about privacy and security of data 2=There is a lack of research support available 3=I'm unsure about how useful the app will be 4=I have concerns about cost 5=Apps seem difficult to use 6=I don't know if I could find a suitable app 7=I don't know which app to download 8=I don't have a suitable device/enough space to download new apps I don't have time to use apps 9=I'm not interested in using mental health apps 10=I don't think I need these kinds of apps 11=Other (please specify)	Display if “No, never” is selected for “Have you ever used a smartphone app to manage your wellness or mental/emotional health?”
When did you use a smartphone app to manage your wellness or mental/emotional health?	1=Before starting college 2=Since starting college 3=I currently use an app	Display if “Yes” is selected for “Have you ever used a smartphone app to manage your wellness or mental/emotional health?”

<p>What were your reasons for using a wellness or mental/emotional health app? (Select all that apply)</p>	<p>1=To help with mental health problems or symptoms, such as depression, anxiety, etc. 2=To manage stress 3=To better myself and improve overall wellbeing 4=To help me during a difficult time 5=Other (please specify)</p>	<p>Display if “Yes” is selected for ‘ a smartphone app to manage y mental/emotional health?’</p>
<p>How helpful, overall, do you think the smartphone app(s) was or has been for your mental or emotional health?</p>	<p>1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful</p>	<p>Display if “Yes” is selected for ‘ a smartphone app to manage y mental/emotional health?’</p>
<p>What prompted your decision use a smartphone app for wellness or mental/emotional health? (Select all that apply)</p>	<p>1=I decided to use the app(s) on my own 2=A friend encouraged me to use the app(s) 4=A family member recommended using the app(s) 5=A medical professional recommended using the apps 6=A college advisor or counselor recommended using the apps 7=Someone else recommended using the app(s) (please specify person’s relationship to you) 8=I heard about apps for wellness or mental/emotional health somewhere else (please specify where) 9=Other (please specify)</p>	<p>Display if “Yes” is selected for ‘ a smartphone app to manage y mental/emotional health?’</p>
<p>What do you like about the wellness or mental/emotional health app(s) you have used? Please choose your top three.</p>	<p>1=They are easy to use 2=They are nicely designed and visually appealing 3=They contain high quality graphics and images 4=They are written in simple language, with easy to follow instructions 5=They have well-written, coherent content 6=There is research supporting their effectiveness 7=They are fun/entertaining to use 8=They have interactive features 9=I feel positive effects from using them 10=They don’t require me to invest too much time to use them 11=I enjoyed the activities in the app 12=They have useful reminders and prompts</p>	<p>Display if “Yes” is selected for ‘ a smartphone app to manage y mental/emotional health?’ Select top three and then rank three selected</p>
<p>How important are each of these three features to your experience of using the app?</p>	<p>1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5 = Very important</p>	<p>Display if previous item is ans v like about the wellness or men app(s) you have used? Please c three.”</p>
<p>Around how often did you use the mental health app(s)?</p>	<p>1=A few times a day 2=Once a day 3=A few times a week 4=Once a week 5=A few times a month 6=Once a month 7=Less frequently</p>	<p>Display if “Yes” is selected for ‘ a smartphone app to manage y mental/emotional health?’</p>

<p>Imagine you are looking for an app for wellness or mental/emotional health - where would you start your search? (Select all that apply)</p>	<p>1=App store (Android Play store, Apple iTunes store) 2=Search engine (e.g. Google) 3=My school's website or online resources 4=My school's on-campus resources 5=Ask a medical professional for a recommended app 6=Ask a college counselor/advisor for a recommended app 7=Ask a friend/family member for a recommended app 8=I don't know 9=Somewhere else – please specify</p>	
<p>Where do you hear about new mental health apps? (Select all that apply)</p>	<p>1= Medical professional (please specify which type of medical professional – e.g. nurse, general practitioner, psychiatrist) 2=Public advertisements 3=Independent search 4=Friends 5=Family 6=Social Media 7=College counselor/Advisor 8=Other college resources (please specify) 9=Website (please specify which website(s)) 10=Other (please specify) 11=Not applicable - I don't hear anything about new mental health apps</p>	
<p>Which social media platforms?</p>	<p>1=Facebook 2=Twitter 3=Instagram 4=SnapChat 5=Pinterest 6=Other (please specify)</p>	<p>Display if "Social Media" is selected you hear about new mental health apps</p>
<p>How much do you agree with the following statement?: "If I wanted to seek out a wellness or mental/emotional health app, I would know how to find an app I could trust."</p>	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	
<p>Now imagine you are trying to decide which wellness or mental/emotional health app to use. How important would each of the following features be in your decision?: The app has research supporting it's benefits</p>	<p>1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important</p>	
<p>Now imagine you are trying to decide which wellness or mental/emotional health app to use. How important would each of the following features be in your decision?: The app is well designed and easy to use</p>	<p>1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important</p>	

<p>Now imagine you are trying to decide which wellness or mental/emotional health app to use. How important would each of the following features be in your decision?: The app has information about data privacy and storage policies</p>	<p>1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important</p>	
<p>Now imagine you are trying to decide which wellness or mental/emotional health app to use. How important would each of the following features be in your decision?: The app has reviews from users</p>	<p>1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important</p>	
<p>Now imagine you are trying to decide which wellness or mental/emotional health app to use. How important would each of the following features be in your decision?: The app has reviews from experts in the field (e.g. psychologist)</p>	<p>1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important</p>	
<p>Now imagine you are trying to decide which wellness or mental/emotional health app to use. How important would each of the following features be in your decision?: The app developer</p>	<p>1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important</p>	
<p>Now imagine you are trying to decide which wellness or mental/emotional health app to use. How important would each of the following features be in your decision?: The cost of the app</p>	<p>1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important</p>	
<p>Now imagine you are trying to decide which wellness or mental/emotional health app to use. How important would each of the following features be in your decision?: The time commitment required by the app seems manageable to me</p>	<p>1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important</p>	
<p>Now imagine you are trying to decide which wellness or mental/emotional health app to use. How important would each of the following features be in your decision?: Something else (please specify)</p>	<p>1= Not at all important 2=Slightly important 3=Moderately important 4=Important 5=Very important</p>	
<p>How helpful on average do you think wellness or mental/emotional health apps are for people your age who are having mental or emotional health problems?</p>	<p>1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful</p>	
<p>How much do you agree with the following statement? “If I wanted to seek out a smartphone app for my mental/emotional health, I would know what kind of app to look for, given my needs.”</p>	<p>1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree</p>	

